

Basketball Apparel Guide

LAST UPDATED 7-26-2023

For all instances when a player's apparel does not conform to the restrictions/requirements outlined in the rules and guidelines, the player shall not be allowed to participate until the violation is corrected. If an apparel violation is noticed as the player is being subbed into the game, they will not be allowed to enter until the violation is corrected. If an apparel violation is noticed with a player already in the game, they will be directed to correct the violation. If it cannot be corrected in a reasonable amount of time, the player will be removed from the court (substituted for) and will not be allowed to reenter until the violation is corrected.

GENERAL UNIFORM

Rolled Waistbands

- Rolled waistbands are legal if there are no exposed drawstrings and comply with the restrictions on logos.



*All of these rolled waistbands would be **illegal** because they either have exposed drawstrings and/or do not comply with restrictions on logos.*



Make certain that drawstrings are not exposed to prevent significant injury.

Numbers on Shorts

- Individual player numbers are permitted on shorts.



Numbers on uniform shorts are okay.

UNDERGARMENTS

Undershirts

- Undershirts can be black or a single solid color similar to the color of the torso of the jersey (under visiting team dark jerseys only).
- While not all members of the team must wear undershirts, undershirts worn by different members of the same team shall match.
- Exposed sleeves shall not be frayed or slit (ends must be hemmed), and the sleeve lengths for each individual player shall be the same length.
- Sleeve lengths are not required to have the same sleeve lengths between them (*i.e., some players may have short sleeves while other players may have longer sleeves*).



All of these players' undershirts are legal.

Undershorts

- Visible compression shorts or tights must match the color of any/all accessories (or meet accessory color requirements if no accessories are worn) for both the individual player and all teammates.



Compression shorts are okay because are solid white.

ACCESSORIES

- Accessories such as sleeves (including neoprene compression garments for arms, legs, knees, and elbows), headbands and wristbands must be a single, solid color of white, black, beige, or other predominant color of the uniform shirt.
- Any/all accessories worn by individual players must be the same color, and any accessory worn must be the same color for all teammates.



*These accessories would be **illegal** because they are not an acceptable single, solid color.*



*All these players are wearing **legal** accessories. They are a single, solid color and match any other accessory or visible undershorts or tights.*



*These accessories (headbands) do not match the tights and would, therefore, be **illegal**.*

Detached Sleeves

- Sleeves, including padded compression-style, are NOT to be considered medical braces. They must comply with the color restrictions for all other accessories.



*While these padded sleeves are perfectly **legal** to wear, they are not braces and would still be governed by color and logo restrictions. In this case, they would be okay because they each have one logo and are solid black. They would also be required to match any other accessory or visible undershorts or tights.*

NOTE: If a player's sleeve is accompanied by a doctor's note or prescription, it will be allowed without regard to color restrictions/requirements.

Headbands

- A non-abrasive material (e.g., cloth, elastic, or pre-wrap) no more than 3" in width may be used as a band around the head.
- Headbands with tails and knots are not permitted to be worn during contests.



*This is considered a headband and not a hair-restraining device because it encompasses the entire head. It is **legal** but must still comply with all color restrictions/requirements.*



*This headband is **illegal**. Headbands may not include knots or tails. This eliminates using any headband that must be tied around the head.*

Wristbands

- Moisture-absorbing wristbands not exceeding 4 inches wide may be worn below the elbow and are limited to one per arm.



*This wristband is **legal** and worn in a proper position. This must still comply with all color restrictions/requirements.*



*This player's wristbands are **illegal** because they are not designed to absorb moisture and they do not match in color.*



*While this wristband appears to be **legal** in size (≤ 4 ") and in color but is **illegal** because it is positioned above the elbow.*

Hair Control Devices

- Hard items, including both but not limited to beads, barrettes, bobby pins, and other adornments in the hair that are securely fastened to the head and does not present an increased risk to the player, teammates, or opponents are allowed.
- There are no color restrictions/requirements. This only applies to items that are solely and specifically designed to restrict hair (not headbands).



These hair control devices are **legal**. They are flexible and/or soft and are not subject to color restrictions/requirements.



These hair control devices are **illegal** because they have hard or sharp components and are not fastened to the head.



This decorative bow is **illegal** because of the knot that is included and the tails that extend.

Socks and Shoes

- Socks and shoes are exempt from any color or logo restrictions and individual players are not required to match their teammates'.



Socks and shoes can be of any color and have any logo, and players of the same team are not required to match.



Jewelry

- Jewelry is not allowed. Taping over jewelry does not satisfy this restriction. Jewelry is prohibited EVEN IF TAPED.
- If an athlete is wearing a religious medal, it must be taped to the body and under the uniform. If an athlete is wearing a medical alert, it must be taped to the body and visible. Both are not considered jewelry.



Jewelry worn by players is dangerous and can cause severe injuries to the player, teammates, and opponents.

TEAM AND MANUFACTURER LOGOS

A single logo from the school or apparel manufacturer is permitted on any article of apparel if it is limited to 2-1/4 inches square. There are no numbers allowed on a player's apparel except for the player number located on the uniform shirt or shorts.



*These apparel items are **legal** because the logo is limited in size and one logo per item.*

PROTECTIVE EQUIPMENT

Braces

- Manufactured knee and ankle braces are not subject to color and logo restrictions. Braces can be made of a variety of materials and include one or more devices or inserts to support the joint. It may include hinges, straps, or an opening over the knee cap. NOTE: Padded compression sleeves are not considered braces and are subject to color and logo restrictions.



All of these are considered braces and are not subject to color restrictions/requirements.