

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION

Region 16-2 Track & Field Meet

Milan High School

Friday, May 20, 2020

Milan Welcomes the Following Schools

Adrian ~ Carleton Airport ~ Chelsea ~ Dearborn Hts-Annapolis
Dundee ~ Flat Rock ~ Grosse Ile ~ Milan ~ Monroe Jefferson ~ New Boston Huron
Pinckney ~ Riverview ~ Romulus ~ Romulus Summit Academy ~ Tecumseh ~ Trenton

HOST::

Milan High School
200 Big Red Drive
Milan, MI 48160
734/439-5088 Athletic Office - 734-439-5084 fax

MEET MGRS:

Steve Porter – Head Girls Coach porters@milanareaschools.org
Chad Lawver – Head Boys Coach lawverc@milanareaschools.org
Raymond Geist raygeist@wowway.com

DATE:

Friday, May 20, 2022

GATES OPEN:

9:30AM

ADMISSION:

All tickets will be digital, sold via GoFan and cost \$7.00. A mobile device is required. Links for GoFan will be on each site hosts GoFan account found at www.GoFan.co

ATHLETIC TRAINER:

Available on site. Please bring your own water and taping supplies

FACILITY:

Metric Track; 8 lanes (42"); Polyurethane rubber surface

Only 1/4-inch spikes will be allowed on the track.

The shot put and discus circles are concrete slabs.

Long Jump, High Jump and Pole Vault runways are Polyurethane rubber.

Contact:

Steve Porter – 734-223-7481 cell porters@milanareaschools.org

PARKING:

Team bus parking must be done in the High School parking lot.
200 Big Red Drive, Milan, MI. Lot is behind the school. We ask that buses drop off students then park towards the back of the high school lot. Leave closer spaces for spectators.

Spectators can park in the lot behind the high school.

PICTURES:

Photos may only be shared with athletes in non-restricted areas.

COACHES MEETING:

10:30 a.m. – Questions/meet review location to be announced.

REPORTING IN:

Coaches report to the main gate to pick up meet packets. Only athletes in uniform will be admitted free.

2021 REGION 16-2 TRACK & FIELD CHAMPIONSHIP

Friday, May 20, 2022

- ENTRIES:** Please read and review MHSAA Regional Track and Field DEADLINE page **Entries and Substitutions have changed this year.**
- ENTRIES DUE:** **Entries are due Tuesday, May 17 2022 no later than 11:59 p.m and use www.athletic.net for your entries.**
- (Late fee: \$50 late fee will be charged. The late fee may not be used to change any time, height, or distance.
- FALSE TIMES:** Confirmed false times will be placed in last position or first section without seeding. The coach challenging must submit verification.
Coaches – please do not place your athletes in this position.
- INFIELD AREA:** **NO COACHES WILL BE ALLOWED IN THE INFIELD AREA**
- TENTS:** Tents are allowed in the area outside the track fence.
- COACHES AREA:** Coaches and athletes must stay off the infield, and behind all areas of flagging. Only those athletes competing may be in approved competition areas. Coaching boxes will be designated for field events.
- Entrance to and from the track facility will be through the main gate only. No radios, cassette players or open-air speaker systems allowed. **NO baseball, football, frisbee or any such playing will be allowed at the complex. This is a track and field championship meet, not a recreational/field day.**
- WARM-UP AREA:** All warm ups must be done outside the track area. No athletes will be allowed on the field or on the track for warming up while running events are taking place
- SCORING AND MEDALS:** Top 8 score (10-8-6-5-4-3-2-1); Medals to top 8 places
- THROWS WEIGH-IN:** Shot Put and Discus weigh-in will be set up in the ticket booth window just outside the main gates. Implements will be weighed and marked for certification. Implements not meeting standards will be held in this room until the completion of all the throwing event.
Weigh In will be from 10:00a.m. Until 11:15a.m.

2022 REGION 16-2 TRACK & FIELD CHAMPIONSHIP

Friday, May 20, 2022

POLE VAULT:

At Milan High School

Girls: 11:00 a.m. Starting Height 7'3", 8'0", 8'6", 9'0", 9'3"

Boys **1 hour** after the conclusion of girls pole vault.

Boys: Starting Height 10'6", 11'6", 12'1", 12'8", 13'2"

This event will be run in rotations of "five-alive" when possible.

HIGH JUMP:

Boys and Girls will be contested at the same time.

Boys: 11:30 a.m. Starting height: 5'7", 5'10", 6'0", 6'2"

Girls: 11:30 a.m. Starting height: 4'6", 4'9", 5'0", 5'2"

This event will be run in rotations of "five-alive" when possible.

(Increments for PV & HJ may change once remaining competitors are 8 or fewer)

LONG JUMP:

Boys and Girls will be contested at the same time.

Boys: 11:30 a.m. Open order for 1 hour. Top 9 to finals after conclusion of prelims.

Girls: 11:30 a.m. Open order for 1 hour. Top 9 to finals after conclusion of prelims.

Finals will be open pit for 30 minutes after final call.

SHOT PUT:

Boys: 11:30 a.m. – Top 9 to finals, 10 minutes after conclusion of prelims.

Girls: 30 minutes after conclusion of boys

Event will be run in flights, throwing 1-1-1.

Finals will be reverse order of best throw from prelims.

DISCUS THROW:

Girls: 11:30 a.m. – Top 9 to finals 10 minutes after conclusion of prelims.

Boys: 30 minutes after conclusions of boys

Event will be run in flights, throwing 1-1-1.

Finals will be reverse order of best throw from prelims.

RESULTS:

Results for all events will be posted on Athletic.net after they have been verified. Team scoring can also be followed on Athletic.net.

HIP NUMBERS:

All track competitors will be issued hip numbers (anchor only for relays).

800, 1600, 3200 competitors will also be issued chest numbers.

Athletes are to pick up their hip number when checking in for their event.

Athletes will likely have a different hip number for each event.

MARKING MATERIAL:

Chalk will be the only allowable marking material to be used on the track and high jump surface areas. No marks will be allowed on the long jump or pole vault runway surfaces, marks are allowable on the side or grass area only.

RELAY CARDS:

Relay teams will be required to present a card with their team members upon check in with the Clerk. Relay members should also be entered online.

CONCESSIONS:

Restrooms will be available. Full concessions will be available.

T-shirt sales will be in the Sprit Booth next to the concession stand.

2022 REGION 16-2 TRACK & FIELD CHAMPIONSHIP

Friday, May 20, 2022

SUMMARY OF RULES INFRACTIONS

Good meets require preventative officiating and good coaching. **COACHES** – please emphasize these points to keep your athletes in the meet! Thanks in advance for helping!

INFRACTION

1. Stepped on or over inside lane line (3 consecutive steps)
2. Impeded another competitor by jostling
3. Impeded another competitor by running across opponent's path
4. Ran on or inside of a corner curved line (3 consecutive steps)
5. Illegally ran outside the assigned lane or course

THE HURDLER

6. Did not attempt to clear each hurdle
7. Advanced or trailed a leg or foot alongside of hurdle
8. Ran over hurdle not in the assigned lane
9. Ran around a hurdle
10. Impeded another hurdler

RELAY TEAMS

11. Violation of substitution
12. Failure to pass baton in exchange zone
13. Baton not handed between runners
14. Incoming runner pushes outgoing runner
15. Throwing the baton after race is ended

UNIFORMS

16. Failure to wear the school uniform including assigned contestant number
17. Failure of relay team to wear matching school uniforms
18. Exposed undergarments with writing or mismatched colors

CONDUCT – UNACCEPTABLE

19. Disrespectfully addressing an official
20. Using profanity
21. Criticizing an opponent or an official
22. Willful failure to follow an official's directions
23. Pacing or assisting a contestant
24. Leaving track and re-entering to continue race
25. Contestants joining hands to finish in tie
26. Using an aid during a race

2022 REGION 16-2 TRACK & FIELD CHAMPIONSHIP

Friday, May 20, 2022

OFFICIALS

| | |
|------------------------------|--------------------------------------|
| Meet Manager: | Steve Porter, Chad Lawver, Ray Geist |
| Referee: | Bob Krueger |
| Head Field Event Judge: | Bob Krueger |
| Starters: | Larry Sanford |
| | Dave Wint |
| Clerk of Course: | Annie Riddel |
| Clerk of Course: | Gina Collins |
| | |
| Announcer: | Jenn Bussell |
| Awards: | Kim Taylor |
| FAT Timing: | Kyle Cooley |
| Meet Monitor and Head Scorer | Ray Geist |
| Assistant Scorer | Kiel Porter |

Jury of Appeals:

TBA

MHSAA Regional Track and Field Meet #16 - Entries

DEADLINES

Entries: **11:59 PM** Tuesday, May 17, 2022

Preliminary Scratches/Substitutions: **7-10:30 AM** Friday, May 20
Scratches and substitutions for 100, 200, HH, HJ, LJ, PV, Girls Discus,
Boys Shot Put, 4x800 (or update relay members)

Final Scratches/Substitutions: **noon-1:45 PM** Friday, May 20
Scratches and substitutions for all remaining events including updating relay team members

All entries, substitutions, scratches, relay members are to be **completed by the coach on Athletic.net** during the times listed above.

CATEGORIES OF ENTRIES

- Events with Additional Qualifiers
- Events without Additional Qualifiers
- Relays

EVENTS WITH ADDITIONAL QUALIFIERS

When three (3) or more athletes have met the additional regional qualifying standard set by the MHSAA:

- Enter the top two seeds in Varsity
- Enter any other qualifying athlete in Additional Qualifier
- All qualifying marks must be achieved by the Entries deadline
- Seed times or marks cannot be improved from the original entry

After the entry deadline, only scratches will be accepted for this category

EVENTS WITHOUT ADDITIONAL QUALIFIERS

By rule, only two athletes are allowed to compete in each event. The MHSAA recommends only entering two (2) in Varsity by the Entries deadline.

- Substitutions as well as scratches can be made during the Preliminary and Final Sub/Scratch time periods listed above.
- No substitutions after the deadlines. Any scratch after the deadlines will count toward the athlete's four events.
- Seed times or marks cannot be improved from the original entry

RELAYS

Any roster athlete may participate in a relay. It will assist meet management if relay members are entered online by the deadlines listed above.



MHSAA Regional Track and Field Meet #16 at Milan High School Friday, May 20, 2022

Meet Schedule (all time are tentative)

See **DEADLINES** document for additional entry information

10:30 p.m. COACHES MEETING - PRELIMINARY SCRATCHES DUE

11:00 a.m. Pole Vault (Girls) one flight, Boys to follow

11:30 a.m. Long Jump (Girls & Boys) Separate Runways
Open Pit order 11:30 a.m. to 12:30 p.m. (top 9 to finals)
Shot Put (Boys) ~ will be run in flights; (top 9 to finals) Girls to follow
Discus (Girls) ~ will be run in flights; (top 9 to finals) Boys to follow
High Jump (Girls & Boys) Jump in separate pits.

1:00 p.m. PRELIMS: (Boys Run First in all Events) If Required

100m Dash Prelims
110m Hurdles Prelims (boys)
100m Hurdles Prelims (girls)
200m Dash Prelims
4x800m Relay Finals

12:00 to 1:45 p.m. FINAL SCRATCHES DUE

2:25 p.m. National Anthem

2:30 p.m. FINALS (Boys Run First in All Events)

110m High Hurdles (boys)
100m Hurdles (girls)
100m Dash
4x200m Relay
1600m Run
4x100m Relay
400m Dash
300m Hurdles
800m Run
200m Dash
3200m Run
4x400m Relay

PRESENTATION OF AWARDS Boys – Girls

Result will be posted on the athletic.net app (no hard copies)

QR Code will be available on site.

**Full Menu on sale at the concession. Support Milan Track and Field
Regional and Huron League Merchandise on sale near concessions.**

Special thanks to: J.D's Pizza & Grinder's downtown Milan, Cabela's of Dundee