

MHSAA Track and Field Region 9
Friday May 20, 2022 hosted by Lapeer Community Schools
Track located at Center for Innovation - West Campus
170 Millville Rd. Lapeer, MI 48446

- 9:30AM Pole vault inspection begins in the blue barn located near the track.
- 10:00 -11:30 AM Weigh in for shot/discus in the blue barn located near the track.
- 10:30AM Coaches Meeting: Finish Line Area
- 10:55AM National Anthem
- 11:00AM Boys and Girls Pole Vault (2 pits)
All other field event warm ups begin
Morning scratches are due to the timer at the start/finish line
- 12:00PM Boys High Jump (Girls to follow)
Girls Discus (Top 9 to Finals) (Boys to follow)
Boys Shot Put (Top 9 to Finals) (Girls to follow)
Girls Long Jump (Top 9 to Finals) (Boys To follow)
- 1:00PM **Running Events Begin (Boys run first)**
4x800 Meter Relay Final
100 Meter Dash Preliminaries
100 Meter High Hurdles Preliminaries
200 Meter Dash Preliminaries
- Afternoon scratches are due to the timer at the start/finish line 15 minutes after completion of preliminaries**
- Break (1 hour between preliminaries and finals)
- Finals Introduction, National Anthem
- Final running events begin (Boys run first)**
110/100 Meter High Hurdles Final
100 Meter Dash Finals
4x200 Meter Relay Final
1600 Meter Run Final
4x100 Meter Relay Final
400 Meter Dash Final
300 Meter Hurdles Final
800 Meter Run Final
200 Meter Dash Final
3200 Meter Run Final (1 heat each gender)
4x400 Meter Relay Final

Meet Day General Information

Admission/Tickets: 2022 Tournament Admission information TBD

Team Drop Off and Set-Up Area: Teams should be dropped off in the south parking lot on Millville Rd. Team Set Up Area will be either in the field between the track stadium and the baseball fields or inside the stadium along the fence on the north (visitors) side of the stadium. Please do not set up near the main entrance.

Packet Pick Up: Will be located at the tent near the start/finish area of the track.

Bus Parking: After dropping off athletes, buses will be directed to park in the north parking lot off Oregon Rd. Turn right on Millville when exiting the south parking lot then turn right on Oregon.

Trainer Area: We will have an athletic trainer on site located in a tent near the start finish line. Should athletes need to be taped, please ask them to make sure they allow adequate time to have this done.

Weigh-In for Shot Put/Discus and Pole Vault Pole Inspection: This will take place in the blue barn located near the stadium.

FAT Timing and Results: Track n' Time will be the official timers of the meet. Live results will be available online during the meet at live.athletic.net. Medal packets will be available at the start/finish line at the end of the meet.

Inclement Weather: In the event of inclement weather, teams will be directed to take shelter inside the Center for Innovation building. Event staff will direct teams should this be necessary.

Parking: Spectators will use the parking lot on Millville road. Weather permitting overflow parking will be available in the grass field located in the south east corner of the parking lot.

Warm-Up Area for Athletes: Athletes may use the infield for warming up. Please keep all other athletes outside of the track area. No food or drinks are permitted in the infield.

Clerking Area: All running events (except 200m dash and 300m hurdles) will be clerked in the west end zone near the 100m start line. The 300m hurdles and 200m dash will be clerked at

their respective starting areas. Athletes must be checked in by final call or they will be removed from the event. **If an athlete is competing in another event, please send another athlete or coach to the clerking area to check that athlete in.** All field events will be clerked at the location of their event.

Coach's Box: Coach's boxes will be present at all 5 field events.

Locker Rooms/Restrooms: Locker Rooms are **not** available at the track facility. Restrooms are located on the walkway in front of the tennis courts. In addition, portable restrooms will be available near the shot put/discuss areas.

Concessions: There will be a concession stand available on the day of the meet.

Merchandise: E.A. Graphics will be onsite selling 2022 Regional Track Merchandise

Questions: Contact Shad Spilski, Athletic Director **307-399-6364** or shadwin.spilski@lapeerschools.org

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