

# 2009 GIRLS CROSS COUNTRY - LP ONLY

## 575 SCHOOLS

Contact Mark Uyl

### DIVISION 1

(Enrollment 1168 and above)

Allen Park  
Alpena  
Ann Arbor-Huron  
Ann Arbor-Pioneer  
Auburn-Bay City Western  
Battle Creek-Central  
Battle Creek-Lakeview  
Bay City-Central  
Belleville  
Berkley  
Beverly Hills-Wylie E Groves  
Birmingham-Seaholm  
Brighton  
Brownstown-Woodhaven  
Caledonia  
Canton  
Canton-Plymouth  
Canton-Salem  
Clarkston  
Clinton Township-Chippewa Valley  
Commerce-Walled Lake Northern  
Davison  
Dearborn  
Dearborn Heights-Crestwood  
Dearborn-Edsel Ford  
Dearborn-Fordson  
Detroit-Cass Technical  
Detroit-Cody  
Detroit-Denby Tech & Prep  
^ Detroit-Finney  
Detroit-Henry Ford  
Detroit-Martin Luther King  
Detroit-Mumford  
Detroit-Northwestern  
Detroit-Osborn  
Detroit-Pershing  
Detroit-Southeastern  
Detroit-Western International  
East Kentwood  
Eastpointe-East Detroit  
Fair Haven-Anchor Bay  
Farmington  
Farmington Hills-Harrison

Farmington Hills-Mercy  
Farmington Hills-North Farmington  
Fenton  
Flint Central  
Flint-Carman-Ainsworth  
Flushing  
Fraser  
Garden City  
Grand Blanc  
Grand Haven  
Grand Ledge  
Grand Rapids-Forest Hills Central  
Grand Rapids-Kenowa Hills  
Grandville  
Greenville  
Grosse Pointe North  
Grosse Pointe South  
Harrison Township-L'Anse Creuse  
Hartland  
Highland-Milford  
Holland  
Holland-West Ottawa  
Holly  
Holt  
Howell  
Hudsonville  
Jackson  
Jenison  
Kalamazoo Central  
Kalamazoo-Loy Norrix  
Lake Orion  
Lansing-Eastern  
Lansing-Everett  
Lathrup Village-Southfield-Lathrup  
Lincoln Park  
Livonia-Adlai E Stevenson  
Livonia-Churchill  
Livonia-Franklin  
Lowell  
Macomb-Dakota  
Macomb-L'Anse Creuse North  
Midland  
Midland-HH Dow  
Monroe  
Muskegon  
Muskegon-Reeths-Puffer

Northville  
Norton Shores-Mona Shores  
Novi  
Oak Park  
Okemos  
Ortonville-Brandon  
Oxford  
Pinckney  
Pontiac  
Port Huron  
Port Huron Northern  
Portage Central  
Portage Northern  
Redford Union  
Rochester Hills-Rochester  
Rochester Hills-Stoney Creek  
Rochester-Adams  
Rockford  
Romeo  
Roseville  
Royal Oak  
Saginaw-Arthur Hill  
Saginaw-Heritage  
Saline  
Shelby Township-Utica Eisenhower  
South Lyon  
Southfield  
Southgate Anderson  
Sterling Heights  
Sterling Heights-Utica Ford II  
Sterling Heights-Utica Stevenson  
Swartz Creek  
Taylor-John F Kennedy  
Temperance-Bedford  
Traverse City Central  
Traverse City West  
Troy  
Troy-Athens  
Utica  
Walled Lake Central  
Walled Lake Western  
Warren Mott  
Warren-Cousino  
Waterford Kettering  
Waterford Mott  
Wayne Memorial

\* = cooperative team

^ = opted up

K-1

West Bloomfield  
Westland-John Glenn  
White Lake-Lakeland  
Wyandotte-Roosevelt  
Ypsilanti-Lincoln  
**140 Schools**

### DIVISION 2

(Enrollment 1167-631)

Ada-Forest Hills Eastern  
Adrian  
Algonac  
Allegan  
Alma  
Ann Arbor-Skyline  
Auburn Hills-Avondale  
Battle Creek-Harper Creek  
Battle Creek-Pennfield  
Bay City-John Glenn  
Benton Harbor  
Beverly Hills-Detroit Country Day  
Big Rapids  
Bloomfield Hills-Andover  
Bloomfield Hills-Cranbrook Kingswood  
Bloomfield Hills-Lahser  
Bloomfield Hills-Marian  
Byron Center  
Cadillac  
Carleton-Airport  
Cedar Springs  
Center Line  
Charlotte  
Cheboygan Area  
Chelsea  
Clio  
Coldwater  
Comstock Park  
Coopersville  
Corunna  
Croswell-Lexington  
Dearborn Heights-Annapolis  
Dearborn Heights-Robichaud  
Dearborn-Divine Child  
Detroit Academy of Arts & Sciences  
Detroit International Academy

Detroit-Central  
Detroit-Chadsey  
Detroit-Cooley  
Detroit-Crockett Technical  
Detroit-Renaissance  
Detroit-Southwestern  
DeWitt  
Dexter  
East Grand Rapids  
East Lansing  
Eaton Rapids  
Edwardsburg  
Ferndale  
Flint Northern  
Flint Southwestern Academy  
Flint-Kearsley  
Flint-Luke M Powers Catholic  
Fowlerville  
Fremont  
Fruitport  
Gaylord  
Gibraltar-OA Carlson  
Goodrich  
Grand Rapids-Catholic Central  
Grand Rapids-Christian  
Grand Rapids-Creston  
Grand Rapids-Forest Hills Northern  
Grand Rapids-Northview  
Grand Rapids-Ottawa Hills  
Grand Rapids-South Christian  
Grand Rapids-Union  
Grand Rapids-West Catholic  
Grant  
Grosse Ile  
Hamilton  
Haslett  
Hastings  
Hazel Park  
Highland Park Community  
Holland Christian  
Howard City-Tri County Area  
Hudsonville-Unity Christian  
Imlay City  
Inkster  
Ionia  
Jackson-Northwest  
Kalamazoo-Comstock  
Lake Odessa-Lakewood  
Lansing-JW Sexton  
Lansing-Waverly

Lapeer East  
Lapeer West  
Linden  
Livonia-Ladywood  
Ludington  
Madison Heights-Lamphere  
Marine City  
Marshall  
Marysville  
Mason  
Mattawan  
Middleville-Thornapple Kellogg  
Milan  
Monroe-Jefferson  
Mt Morris-EA Johnson  
Mt Pleasant  
Muskegon-Orchard View  
New Boston-Huron  
Niles  
North Branch  
Otisville-Lakeville Memorial  
Otsego  
Owosso  
Parma-Western  
Paw Paw  
Petoskey  
Plainwell  
Pontiac-Notre Dame Preparatory School  
Redford-Thurston  
Remus-Chippewa Hills  
Richland-Gull Lake  
Richmond  
Riverview Community  
Saginaw  
South Haven  
South Lyon East  
Sparta  
Spring Lake  
St Clair  
St Clair Shores-Lake Shore  
St Clair Shores-Lakeview  
St Johns  
St Joseph  
Stevensville-Lakeshore  
Sturgis  
Tecumseh  
Three Rivers  
Trenton  
Vicksburg  
Warren Woods-Tower

Warren-Lincoln  
Warren-Regina  
Wayland Union  
West Branch-Ogemaw Heights  
Whitehall  
Williamston  
Wyoming Park  
Wyoming-Rogers  
Yale  
Ypsilanti  
Zeeland East  
Zeeland West  
**148 Schools**

**DIVISION 3**  
**(Enrollment 630-348)**

Addison  
Adrian-Madison  
Albion  
Allen Park-Cabrini  
Allendale  
Almont  
Ann Arbor-Gabriel Richard  
Armada  
Bad Axe  
Bangor  
Belding Area  
Benzonia-Benzie Central  
Berrien Springs  
Birch Run  
Blissfield  
Bloomington  
Boyne City  
Bridgeport  
Bronson  
Brooklyn-Columbia Central  
Buchanan  
Burton-Bendle  
Byron Area  
Capac  
Caro  
Carrollton  
Carson City-Crystal  
Cass City  
Charlevoix  
Chesaning  
Clare  
Clawson  
Clinton  
Coloma

Constantine  
Dearborn-Henry Ford Academy  
Delton Kellogg  
Detroit-Cesar Chavez Academy  
Detroit-Cleveland Intermediate  
Detroit-Communication Media Arts  
Detroit-Consortium College Prep  
Detroit-University Prep  
Dowagiac Union  
Dundee  
Durand Area  
East Jackson  
East Jordan  
Elk Rapids  
Elkton-Pigeon-Bay Port Laker  
Erie-Mason  
Essexville-Garber  
Farwell Area  
Fennville  
Ferndale-Academy Of Oak Park  
Flat Rock  
Frankenmuth  
Freeland  
Galesburg-Augusta  
Gladwin  
Gobles  
Grand Rapids-NorthPointe Christian  
Grandville-Calvin Christian  
Grass Lake  
Hanover-Horton  
Harper Woods  
Harper Woods-Chandler Park Academy  
Harrison Community  
Hart  
Hartford  
Hemlock  
Hillsdale  
Hopkins  
Ida  
Ithaca  
Jackson-Lumen Christi  
Jackson-Vandercook Lake  
Jonesville  
Kalamazoo-Hackett Catholic Central  
Kalkaska  
Kent City  
Kingsley Area  
Laingsburg  
Lake City Area  
Lakeview

Lansing-Catholic Central  
Leroy-Pine River Area  
Leslie  
Linden-Lake Fenton  
Livonia-Clarenceville  
Macomb-Lutheran North  
Madison Heights-Bishop Foley  
Manchester  
\* Manistee  
Marlette  
Michigan Center  
Midland-Bullock Creek  
Monroe-St Mary Catholic Central  
Montague  
Montrose-Hill Mc Cloy  
Morley Stanwood  
Muskegon-Oakridge  
Napoleon  
Newaygo  
Niles-Brandywine  
Olivet  
Onsted  
Oscoda  
Ovid-Elsie  
Parchment  
Perry  
Pinconning Area  
Portland  
Quincy  
Redford-Michigan Technical Academy  
Reed City  
Reese  
Riverview-Gabriel Richard  
Romulus-Summit Academy North  
Roscommon  
Saginaw-Nouvel Catholic Central  
Saginaw-Swan Valley  
Saginaw-Valley Lutheran  
Sandusky  
Sanford-Meridian  
Schoolcraft  
Scottville-Mason County Central  
Shelby  
Shepherd  
St Charles  
St Louis  
Standish-Sterling  
Stanton-Central Montcalm  
Stockbridge  
Tawas City-Tawas Area

Union City  
Vassar  
Vermontville-Maple Valley  
Watervliet  
White Cloud  
Whitmore Lake  
Wyoming-Godwin Heights  
Wyoming-Kelloggsville  
Wyoming-Lee  
Ypsilanti-Willow Run  
**144 Schools**  
**DIVISION 4**  
**(Enrollment 347-1)**  
Adrian-Lenawee Christian  
Akron-Fairgrove  
Alba  
Ann Arbor-Greenhills  
Athens  
Au Gres-Sims  
Auburn Hills-Oakland Christian  
Baldwin Community Schools  
Bath  
\* Battle Creek-St Philip Catholic Central  
\* Bear Lake  
Bellaire  
Bellevue  
Benton Harbor-Countryside Academy  
Big Rapids-Crossroads Charter Academy  
Birmingham-Roeper  
Blanchard-Montabella  
Breckenridge  
Bridgman  
\* Britton-Macon  
Brown City  
Buckley  
Byron Center-Zion Christian  
Cadillac Heritage Christian School  
Camden-Frontier  
Canton-Plymouth Christian Academy  
Carsonville-Port Sanilac  
Central Lake  
Centreville  
Charlevoix-Northwest Academy  
Climax-Scotts  
Coldwater-Pansophia Academy  
Coleman  
Colon Community  
Concord  
Custer-Mason County Eastern

Dearborn-Riverside Academy-West  
Detroit-Allen Academy  
Detroit-Weston Preparatory Academy  
Eastpointe-Eaton Academy  
Eau Claire  
Ellsworth Community  
Ewart  
Fairview  
Fowler  
Frankfort  
Gaylord-St Mary Cathedral  
Genesee  
Grand Rapids-North Hills Classical Academy  
Hale  
Harbor Beach Community  
Harbor Springs  
Hesperia Community  
Hillsdale Academy  
Hillsdale-Will Carleton Academy  
Holland-Black River  
Holton  
Homer  
Howell-Kensington Woods  
Hudson Area  
Hudsonville-Freedom Baptist  
Indian River-Inland Lakes  
International Academy of Flint  
Jackson Christian School  
Johannesburg-Lewiston  
Kalamazoo Christian  
Kalamazoo-Heritage Christian Academy  
Kentwood-West Michigan Lutheran  
Lake Leelanau-St Mary  
Lansing Christian  
Lansing-Ingham Academy  
Lawrence  
Lawton  
Litchfield  
Lutheran HS Westland  
Mackinaw City  
Mancelona  
Manton  
Maple City-Glen Lake  
Marcellus  
Marcellus-Howardsville Christian School  
Marine City-Cardinal Mooney Catholic  
Marion  
Mayville  
Mc Bain  
Mc Bain-Northern Michigan Christian

Mendon  
Merrill  
Mesick  
Middleton-Fulton  
Morenci Area  
Morrice  
Mt Pleasant-Beal City  
Mt Pleasant-Sacred Heart Academy  
New Buffalo  
New Haven-Merritt Academy  
New Lothrop  
Newport-Lutheran HS South  
North Muskegon  
Novi-Franklin Road Christian  
Onaway Area  
Ottawa Lake-Whiteford  
Pentwater  
Pewamo-Westphalia  
Pittsford  
Pontiac Academy for Excellence  
Pottersville  
Ravenna  
Reading  
Redford-Covenant  
Rochester Hills-Lutheran Northwest  
Rogers City  
Royal Oak-Shrine Catholic  
Saginaw-Michigan Lutheran Seminary  
Saline-Washtenaw Christian Academy  
Sand Creek  
Saranac  
Saugatuck  
Southfield Christian  
Southfield-Bradford Academy  
Springport  
St Joseph-Lake Michigan Catholic  
Suttons Bay  
Taylor-Trillium Academy  
Tekonsha  
Three Oaks-River Valley  
Traverse City Christian School  
Traverse City College Prep Academy  
Traverse City-Grand Traverse Academy  
Traverse City-St Francis  
Uby  
Unionville Sebewaing  
Vestaburg  
Waldron  
Walkerville  
Warren-Michigan Collegiate

\* Waterford-Our Lady Of The Lakes

Webberville Community

West Bloomfield-Frankel Jewish Academy

White Pigeon

Wolverine

Wyandotte-Mt Carmel

Wyoming-Tri-unity Christian

**143 Schools**

# 2009 GIRLS CROSS COUNTRY - UP ONLY

## 35 SCHOOLS

Contact Mark Uyl

\* = cooperative team

^ = opted up

K-1

### DIVISION 1

Rock-Mid Peninsula

(Enrollment 317 and above)

14 Schools

Calumet  
Escanaba  
Gladstone  
Gwinn  
Houghton  
Ishpeming-Westwood  
\* Kingsford  
Marquette  
Menominee  
Negaunee  
\* Sault Ste Marie-Sault Area

11 Schools

### DIVISION 2

(Enrollment 316-224)

Iron River-West Iron County  
Ironwood-Luther L Wright  
\* Ishpeming  
L'Anse  
Munising  
Newberry  
Norway  
Rudyard  
St Ignace-La Salle  
Stephenson  
10 Schools

### DIVISION 3

(Enrollment 223-1)

Carney-Nadeau  
Cedarville  
Chassell  
Cooks-Big Bay de Noc  
Crystal Falls-Forest Park  
DeTour  
Dollar Bay  
Eben Junction-Superior Central  
Hancock  
Painesdale-Jeffers  
Pickford  
Powers-North Central  
Rapid River