



"Be The Referee" is a series of one-minute messages designed to help educate people on the rules of different sports, to help them better understand the art of officiating, and to recruit officials. "Be The Referee" features MHSAA Assistant Director Mark Uyl's insights on officiating.

Cheer Safety

Cheerleaders – usually at the college level - get in the sports headlines whenever an accident occurs causing a serious injury. In Michigan, the sport of Competitive Cheer doesn't make the news in that regard.

Why? Because this sport, created by Michigan schools, has built in safety guidelines for competition, including the proper matting, rules which prohibit dangerous stunts, and safety judges observing the routines, whose responsibility is to detect, record and report safety violations when they occur, and to penalize those who commit them.

This format is exclusive to Michigan and just another way that high school sports take the extra step to make the games our children play are as safe as they can possibly be.

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