

**MHSAA TRACK Final
DIV 4
HOUSEMAN FIELD
6/4/16**

Coaches,

Just a few tidbits for you with reference to the Final Meet

- 1) Gates open at 8:00am. Tents can be placed in front of the bleachers on the Press Box side from the last stairway on the East side to the end of the bleacher line west. They can also be placed against the fence behind the Press Box, against the fence by the Discus area, under the North Bleachers and next to the bleachers in the Pole Vault, Long Jump venue.**
- 2) Bus parking along Houseman and Diamond streets adjacent to the Stadium.**
- 3) No, drink or backpacks on the infield. Gate personal will remind you if they observe violation of the rule.**
- 4) Only athletes in uniform and coaches with wristbands are allowed on the infield. During the Shot Put and High Jump, spectators can observe in the roped area by the goal posts.**
- 5) Be aware of the subtleties of the uniform rule. If any question arises ask an official.**
- 6) Athletes observed wearing the tights with the large logos on waist band will be asked to roll the tights over to hide the logo.**
- 7) Shirts tucked in at the start of each race.**
- 8) Starting Heights: Boys PV 10'6", HJ 5'8" Girls PV 7'9", HJ 4'7"**
- 9) There will be 3 warm up throws between flights in the Shot and Disc.**
- 10) Long Jump will be conducted using the open pit method for the prelims 10:00AM TO 11:15AM Finals will start at 11:30AM(open pit for 1hr)**
- 11) 3200M Relay starts at 10:30AM followed by the first round in the 100m, High Hurdles and 200. Heat winners and the next best times needed to create a final heat of 8 will advance.**

- 12) There will most likely be two heats of the 800m and 1600m runs with the 12 fastest plus ties in the second heat of the 800m, 16 fastest plus ties in the second heat of the 1600m.
- 13) One heat of the 4x800 relay unless the number of entries exceeds 20 teams. If this occurs there will be 2 heats with the 12 fastest plus ties in heat 2.
- 14) Weigh-ins will be conducted in the brown shed located in the Northeast Corner of the Stadium. They will start at 8:00am and run for 1hr. Implements that do not meet regulation will be confiscated and held until after the meet. Weigh in for second session will begin at 11:30am
- 15) Pole inspection will also begin at 8:00am at the Pole Vault Venues. (Poles can be checked and stored on Friday starting at 4:0pm)
- 16) Awards will be presented throughout the day at the awards stand, located at the 50 yrd line on the Press Box side. If you have an athlete who is an award winner, please pay attention to the calls to report for the event ceremony
- 17) First Round scratches are due by 9:00am, Final scratches are due by 12:00pm
- 18) Please remind your athletes not to cross in front of the Finish Line camera at any time once the races have begun. This can cause a problem for the Finish line readers in getting a true picture of the finish.
- 19) God luck to all and don't hesitate to get in touch if there are any questions.

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