

MHSAA Track & Field Regional 13-2  
Friday May 17, 2013

Tentative Time Schedule

First Session

10:00am Gates Open  
11:00am Implement weigh-in for first session at the First-aid building.  
Boy's shot put and girl's discus.  
11:15am Scratch forms for the first session must be handed in by this time to the Press Box. Coaches Meeting in First-aid building.  
12:00noon Field Events: Boy's High Jump  
Boy's & girl's Long Jump – open order – 90 minute  
Finals will start 15 minutes after completion of prelims  
Girl's Discus  
Boy's Shot Put  
12:30 pm 100 Dash Preliminaries  
12:50 pm 100 High Hurdles Preliminaries  
1:05 pm 110 High Hurdles Preliminaries  
1:20 pm 200 Dash Preliminaries  
1:45 pm 3200 Relay Finals – One heat  
2:10 pm 100 Dash Semi-Finals  
2:25 pm 100 High Hurdles Semi-Finals  
2:35 pm 110 High Hurdles Semi-Finals  
2:45 pm 200 Dash Semi-Finals  
3:00 pm Implement weigh-in for second session at the First-aid building.  
Girl's shot put and boy's discus.  
3:00 pm Scratch forms for second session must be handed in by this time to the Press box.

Second Session

3:25 pm National Anthem  
3:30 pm Field Events: Girl's High Jump  
Boy's Discus  
Girl's Shot Put  
3:30 pm 100 High Hurdles Finals  
110 High Hurdles Finals  
100 Dash Finals  
800 Relay  
1600 Run – 2 heats if entries exceed 24  
400 Relay  
400 Dash  
300 Intermediate Low Hurdle  
800 Run – 2 heats if entries exceed 20  
200 Dash Finals  
3200 Run – one heat  
1600 Relay  
Trophy Presentation and Coaches pick up medals & results in the Press Box.