# Baseball Pitching Limitations

# MHSAA HANDBOOK Regulation II

SECTION 10 (A)—Individuals are subject to the following limitations:

# 1. BASEBALL

A player may not pitch more than three consecutive days regardless of the outs pitched; and a player may not pitch for two calendar days following that in which he pitched his 30th out. A student may participate in no more than two games per school day.

### COMMENTS AND INTERPRETATIONS

- Regardless of the number of outs pitched, no player may pitch more than three consecutive days.
- MHSAA tournament pitching regulations shall not displace regular season pitching regulations. The "30 out" tournament rule is not automatic unless the player has not pitched for two consecutive calendar days prior to the MHSAA tournament in question.
- 3. Following the 30th out in any sequence which does not include a two-day rest period, a player may not pitch for two calendar days.
- 4. Violations of the 30 out rule are considered the same as a school using an ineligible player. The minimum penalty in this case is forfeiture of the game.
- At the beginning of each day of competition coaches of teams competing shall exchange upto-date "rotation" records.
- 6. Failure to present the up-to-date **Pitching Rotation Record** form will require verification by the violating school athletic director the next school day. If verification is not provided the penalty will be the same as for using an ineligible player.
- 7. If a pitcher exceeds the 30-out limit because a batter hits into a double or triple play, that pitcher will be credited with 30 outs and removed from the game as a pitcher. The one or two outs beyond the 30 will not be credited to any pitcher.

### MHSAA PITCHING ROTATION RECORD

School:	Phone:		
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Coach:	Phone:		

A copy of this form, up-to-date, shall be given to each opponent coach at the beginning of each day of competition.

# MHSAA PITCHING ROTATION RECORD

Pitcher	Date	Outs Pitched	30-Out Date	Opponent

Copy this form...give a copy to the opposing coach before the contest begins