

STUDENT MENTAL HEALTH SUMMIT

October 8, 2019



Michigan Association of Secondary School Principals



This event seeks to provide a unique opportunity for building principals, counselors, student leadership advisers and student leaders to come together to discuss and seek solutions for student mental health concerns impacting our schools.

KEYNOTES:

- Kevin Fischer - Student Mental Health Trends by the numbers
- Eric Hipple: Depression and Suicidal Awareness [Sponsored by MHSAA]
- Kristin Walker: Mental Health News Radio [Sponsored by Michigan Virtual]
- Angela Kennecke: Investigative Reporter: Opioid Crisis [Sponsored by SETSEG]

BREAKOUT TOPICS:

A number of prominent mental health professionals and schools with programming in place will share their best practice on the following topics:

- Community Resources & Support Networks
- Stress Release, Mindfulness and School/life Balance
- Effects of Digital Media
- Supporting Students with Chronic Health Issues
- Supporting Students with a Mental Illness Diagnosis
- Depression/Anxiety
- Suicide Awareness and Responsiveness
- Trauma Informed Schools/ACES programming
- Addiction: Indicators and Prevention

What the Numbers Indicate

FACT:

Suicide is the 3rd leading cause of death in youth ages 10-24.



20%

20% of youth ages 13-18 live with a mental health condition.



11%

11% of youth have a mood disorder.



8%

8% of youth have an anxiety disorder.



50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24.

37% of students with a mental health condition age 14 and older drop out of school - the highest dropout rate of any disability group.



This textbox cites statistics provided by the National Institute of Mental Health. www.nimh.nih.gov

For more information on the Student Mental Health Summit, [click here.](#)

WHO SHOULD ATTEND?

A team from each school inclusive of: Principal, Counselor, Student Leadership Adviser and 3-5 student leaders. Discounted pricing will be provided for teams!

- Thank you to our event sponsors -



- Thank you to our event partners -

