



2022-23 CALENDAR

**Calendar subject to change. Always consult MHSAA.com for most updated version.*

SPORT	FIRST PRACTICE DATE	FIRST CONTEST DATE	DAYS OR CONTESTS	OPT OUT DUE DATE	DUE DATE OF RATINGS	MHSAA TOURNAMENT DATES				
						DISTRICTS	REGIONALS	QTR FINALS	SEMI FINALS	FINALS
FALL *										
Cross Country: LP	Aug 8	Aug 17	15D	Oct 14			Oct 28 or 29			Nov 5
Cross Country: UP	Aug 8	Aug 17	15D	Oct 7						Oct 22
Football - 8 Player	Aug 8	Aug 25	9C	N/A	Dec 1		Oct 28 or 29 & Nov 4 or 5		Nov 12	Nov 18 or 19
Football - 11 Player	Aug 8	Aug 25	9C	N/A	Dec 1	Oct 28 or 29 & Nov 4 or 5	Nov 11 or 12		Nov 19	Nov 25 & 26
Golf: LP Girls	Aug 8	Aug 15	16D	Sep 16			Oct 3, 4, 5, 6, 7 or 8			Oct 14-15
Soccer: LP Boys	Aug 8	Aug 17	18C	Sep 21	Dec 1	Oct 12-14, Oct 17-22	Oct 25-29		Nov 2	Nov 5
Swimming: LP Girls	Aug 8	Aug 17	17D	Nov 14 Dive: Nov 8			Dive: Nov 10			Nov 18-19
Tennis: LP Boys	Aug 8	Aug 15	16D	Sep 28			Oct 5, 6, 7 or 8			Oct 13-15
Tennis: UP Girls	Aug 8	Aug 15	16D	Sep 23						Sep 28-Oct 1
Volleyball	Aug 8	Aug 17	18D	Oct 5	Dec 1	Oct 31-Nov 2, Nov 3 or 4 or 5	Nov 8 & 10	Nov 15	Nov 17-18	Nov 19
WINTER										
Basketball: Boys	Nov 14	Dec 5	20C	Feb 15	Apr 1	Mar 6 & 8 & 10	Mar 13 & 15	Mar 21	Mar 23-24	Mar 25
Basketball: Girls	Nov 7	Nov 28	20C	Feb 8	Apr 1	Feb 27 & Mar 1 & 3	Mar 7 & 9	Mar 14	Mar 16-17	Mar 18
Bowling: Boys & Girls	Nov 10-UP Nov 14-LP	Nov 26-UP Dec 3-LP	24D	Feb 3			Feb 24-25			Mar 3-4
Competitive Cheer	Nov 7	Nov 21	12D	Feb 3	Apr 1	Feb 17-18	Feb 25			Mar 3-4
Gymnastics	Oct 31	Nov 19	15D	Feb 24			Mar 4			Mar 10-11
Ice Hockey	Oct 31	Nov 14	25C	Feb 3	Apr 1		Feb 20-Mar 1	Mar 4	Mar 9-10	Mar 11
Skiing: Boys & Girls	Nov 14	Dec 10	17C	Feb 6			Feb 13-17			Feb 27
Swimming: LP Boys	Nov 21	Dec 3	17D	Mar 6 Dive: Feb 28			Dive: Mar 2			Mar 10-11
Swimming: UP Boys & Girls	Nov 7	Nov 19	17D	Feb 13						Feb 18
Wrestling: Individual	Nov 14	Dec 7	14D	Jan 26	Apr 1	Feb 11	Feb 18	ALPHA WEIGH-IN		Mar 3-4
Wrestling: Team	Nov 14	Dec 7	14D	Jan 26	Apr 1	Feb 8 & 9	Feb 15	10/24/22 - 1/31/23		Feb 24-25
SPRING										
Baseball	Mar 13	Mar 22	38C	May 10	June 20	May 30, June 2 or 3	June 7 & 10	June 10	June 15-16	June 17
Golf: LP Boys	Mar 13	Mar 20	16D	May 10			May 29, 30, 31, Jun 1, 2 or 3			Jun 9-10
Golf: UP Boys & Girls	Mar 13	Mar 20	16D	May 19						May 31, Jun 1, 2, or 3
Lacrosse: Boys	Mar 13	Mar 22	18C	Apr 26	June 20		May 18-31	Jun 2 or 3	June 7	June 10
Lacrosse: Girls	Mar 13	Mar 22	18C	Apr 26	June 20		May 18-Jun 3		June 7	June 10
Soccer: LP Girls	Mar 13	Mar 22	18C	May 10	June 20	May 24-26, May 30-Jun 3	Jun 6-10		June 13-14	June 16-17
Softball	Mar 13	Mar 22	38C	May 10	June 20	May 30, June 2 or 3	June 10	June 13	June 15-16	June 17
Tennis: LP Girls	Mar 13	Mar 20	16D	May 10			May 17, 18, 19 or 20			Jun 1-3
Tennis: UP Boys	Mar 13	Mar 20	16D	May 26						May 31-Jun 3
Track & Field	Mar 13	Mar 22	18D	May 16			May 18, 19 or 20			Jun 3

* Junior high/middle school fall sports practices may begin on Monday, Aug. 22, 2022 (14th Monday before Thanksgiving).