

Regulation III

SECTION 12 (B)—A junior high/middle school student who has competed on a senior high school athletic team shall be ineligible for junior high/middle school athletics, except that a 9th-grade student who has competed on a high school team in a school organized on the 8-4 plan, still is eligible under this Regulation for junior high/middle school competition if that student transfers to a junior high/middle school.

SECTION 12 (C)—After once representing any MHSAA school in competition in any MHSAA Tournament sport a student shall not compete at any time in any sport under MHSAA jurisdiction in any of the following events: (1) Any event which is or purports to be an “All-Star” contest, regardless of the method of selection or one in which there is participation by one or more all-star teams; (2) “All-Star” fund-raising events or similar exhibitions if they involve participants other than the students and faculty of that student’s school; (3) Any event which is or purports to be a national junior high or middle school championship, or the qualification thereto. Participation in such a contest by a junior high/middle school student shall cause that student to become ineligible for all interscholastic athletics for a maximum period of one year of school enrollment from the date of the athlete’s last violation of this Regulation.

SECTION 12 (D)—A student MAY participate as an individual without loss of interscholastic eligibility:

1. As a member of a National Team, (and the actual, direct tryouts thereto), which is defined as one selected by the national governing body of the sport on a national qualification basis either through a defined selective process or actual tryouts for the purpose of international competition which requires the entries to officially represent their respective nations, although it is not necessary there be team scoring by nation; or
2. In an Olympic Development Program (ODP), which is defined as a training program or competition:
 - a. conducted or sponsored by the United States Olympic Committee (USOC); or
 - b. directly funded in major part and conducted by the USOC member national governing body (NGB) on a national level (e.g., NGB national championship competition and the direct qualifications thereto); or
 - c. specifically authorized by a national governing body involving only athletes previously identified by the NGB as having bona-fide potential for participation in national or international competition in the sport involved.

The following procedures are required in (1) and (2):

- a. Participation, if during the school year, shall be approved by the student’s school principal, and the MHSAA is notified in writing by the principal at least 30 days prior to the event; and
- b. The student shall make prior arrangement to complete missed academic lessons, assignments and tests before the last day of classes of the credit grading period in which that student’s absence occurs; and

The following additional principles apply in (2):

- c. An ODP student-athlete shall be allowed no more than one training or competition event during the school sport season.
- d. The ODP student-athlete shall miss no MHSAA-sponsored tournament event involving that student’s school team in that sport.

INTERPRETATIONS—SECTION 12

(Interpretations 155-173 of Regulation I, Section 12 are applicable to junior high/middle schools.)

**REGULATION IV—RULES FOR CONTESTS
INVOLVING JUNIOR HIGH/MIDDLE SCHOOLS**

SECTION 1—COMPETITION LIMITED TO ELIGIBLES

SECTION 1—No junior high/middle school shall enter any athletes or athletic teams in any contest or scrimmage unless the athletes or athletic teams of that junior high/middle school are eligible under Regulation I or III; nor shall any school knowingly permit its athletes or athletic teams to compete in a game, contest or scrimmage against a member school in which an ineligible athlete is used. This Regulation applies to all interscholastic teams sponsored by the school in MHSAA Tournament sports for high schools.

INTERPRETATIONS—SECTION 1

(Interpretations 174-180, of Regulation II, Section 1 are applicable to junior high/ middle schools.)

SECTION 2—ADMINISTRATION

SECTION 2—The principal of the junior high/middle school, or that member of the faculty approved by the principal, shall administer the teams representing the school, and shall sign all contest and officials contracts.

INTERPRETATION—SECTION 2

(Interpretation 181 of Regulation II, Section 2 is applicable to junior high/middle schools.)

SECTION 3—COACHES OF TEAMS

SECTION 3—The person responsible for the immediate training or coaching of a junior high/middle school athletic team SHOULD be a member of the regular teaching staff of the school district. If a non-faculty member is used (paid or volunteer), that person must be registered by the school with the MHSAA on a form provided for that purpose BEFORE beginning duties. A non-faculty member coach must be at least eighteen (18) years of age and not a high school student.

Note: The Representative Council URGES that all schools strive to the standard that only qualified faculty members are used as head coaches for interscholastic athletic teams, and that all non-faculty coaches complete the MHSAA's Coaches Advancement Program (CAP) or equivalent program.

273. An individual high school student may serve as an unpaid volunteer and assist the junior high/middle school coach (the person the junior high/ middle school designates as the person responsible for the immediate training or coaching of a secondary school athletic team) but may not participate in practices thereby increasing his or her own training as an athlete in that sport. All involvement must occur during the junior high/middle school season and must be supervised onsite at all times by the designated school coach. The student's involvement is allowed only with district administration approval and applicable only to students from high schools which either (1) are subject to the same governing board or (2) are of the same religious denomination as the junior high/middle school and from which at least 25 percent of the students in the previous year's 8th grade attended that high school. (Single gender high schools count only 8th grade students of that gender.) These students are not to be considered or registered as non-faculty coaches. Undue influence and out of season coaching restrictions continue to apply.

INTERPRETATIONS—SECTION 3

(Interpretations 182-184 of Regulation II, Section 3 are applicable to junior high/middle schools.)

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SECTION 4—MASTER ELIGIBILITY LISTS

SECTION 4—Schools shall prepare a Master Eligibility List of all students eligible for that sport under the provisions of the Regulations, including current term academic record. Additions to the squad should be duly added. Current copies of the Master Eligibility List are to be available to competing schools upon request.

INTERPRETATIONS—SECTION 4

(Interpretations 185-187 of Regulation II, Section 4 are applicable to junior high/middle schools.)

SECTION 5—APPROVED IN-STATE MEETS OR TOURNAMENTS

SECTION 5 (A)—Any meet or tournament with three or more teams held within Michigan for Michigan schools and sponsored by a non-member school or organization, must be approved by the MHSAA prior to the contest.

SECTION 5 (B)—Competition held in Michigan, conducted by member schools, needs no MHSAA approval. All such meets and tournaments shall be conducted in accordance with all rules and regulations as set forth by the MHSAA.

INTERPRETATIONS—SECTION 5

(Interpretations 188-189 of Regulation II, Section 5 are applicable to junior high/middle schools.)

274. MHSAA member school teams or individuals may not participate in any event that is or purports to be a state junior high/middle school championship in any MHSAA Tournament sport.

SECTION 6—CONTESTS WITH OUT-OF-STATE SCHOOLS

SECTION 6 (A)—No MHSAA member junior high/middle school may participate in competition at a site where a school from another state or country is competing unless all schools are in good standing with their respective National Federation member high school association (if eligible), and there is compliance with MHSAA travel limitations.

SECTION 6 (B)—Schools which desire to conduct practice sessions out of state at a site more than 600 highway miles round-trip from their location must complete and submit to the MHSAA office the “Travel Form for Out-of-State Practice” at least 30 days in advance of departure.

INTERPRETATIONS—SECTION 6

(Interpretations 190-197 of Regulation II, Section 6 are applicable to junior high/ middle schools.)

SECTION 7—USE OF REGISTERED OFFICIALS

SECTION 7—Junior high/middle schools shall use, in the sports concerned, only those athletic officials who are registered with the Michigan High School Athletic Association of the current year in football, basketball, girls competitive cheer, baseball, ice hockey, wrestling, girls gymnastics, boys and girls lacrosse, softball, girls volleyball and soccer. The referee and/or starter used in all junior high/middle school swimming, cross country or track and field meets must be registered for the current year in that sport: In girls volleyball, the referee and umpire must be registered.

INTERPRETATIONS—SECTION 7

(Interpretations 198-202 of Regulation II, Section 7 are applicable to junior high/middle schools.)

SECTION 8—SPORTS LIMITATIONS - PLAYING RULES

SECTION 8—It is a matter of local school determination if a 7th or 8th-grade student may be a member of an interscholastic team in more than one sport at the same time. This includes students who are participating with a high school team as allowed under Regulation I, Section 1(D).

INTERPRETATION—SECTION 8

(Interpretations 203-205, of Regulation II, Section 8 are applicable to junior high/ middle schools.)

275. When junior high/middle schools desire to compete in interscholastic athletics in more than one division for sake of uniformity, it is recommended that such divisions be established on the basis of height, age and weight.

SECTION 9—TIMES OF GAMES

SECTION 9—Whenever possible, junior high/middle school competition should be played before 5 p.m. and should not be scheduled at a time and place which would require unreasonable hours or overnight trips.

**SECTION 10—LIMITATIONS OF COMPETITION
JUNIOR HIGH/MIDDLE SCHOOL VARIATIONS**

SECTION 10 (A)—A junior high/middle school may have any number of teams but no school may allow any team or student to participate in more than the following number of games or meets within a period of 13 consecutive weeks in the sports concerned, and in accordance with the conditions indicated.

SECTION 10 (B)—Fall sports practices for 7th and 8th grades may begin on the 14th Monday before Thanksgiving, regardless of the date of the first day of school. When school begins before the first allowable practice date, fall sports for a school may begin on the first day of classes for that school. Ninth-grade football teams of junior high/middle schools may begin practice on the same date as the grade 10-12 football teams of that school district if the 9th-grade team is comprised only of 9th-graders or students who have been approved for eligibility advancement. Other seasons and starting dates will be established by the local district, league or conference.

SECTION 10 (C)—9th-grade students may engage in interscholastic athletic competition as representatives of their school, if the junior high/middle school elects to have them do so, under the same limitations of competition and other senior high school eligibility rules that are allowed 9th-graders in senior high schools. There shall be mutual agreement by competing schools to the modifications allowed 9th-graders of junior high/middle schools as hereinbefore provided, otherwise the competitive policies for the sports hereinafter listed as applying to junior high/middle schools are in effect.

SECTION 10 (D)—Each school team and all players are allowed a maximum of four scrimmages per season; one allowed in ice hockey. (See Regulation II, Section 11 (B) and (C) for definitions and applications).

1. BASEBALL/SOFTBALL—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than 10 days of competition. The maximum softball pitching distance for junior high/middle school fast-pitch 7th & 8th-grade softball shall be 40 feet.

2. BASKETBALL—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than 12 games. A student or team shall participate in no more than one (1) game of interscholastic basketball per day except that a student or team may participate in two games on a day not followed by a day of school for either team. The two games must be on the same gender team and on the same level for each student. Each game, one or two on a day, shall count as one game each toward the total of 12 allowed games. Games involving only students below the 9th

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grade shall be played in a maximum of eight (8) minute quarters. A school sponsoring games involving teams which combine 9th grade students with the 8th and/or 7th grades may be played in a maximum of eight (8) minute quarters.

1. The regulation size basketball will be used for 7th and 8th-grade boys basketball unless the two competing teams (by contract or league adoption) mutually agree to use the smaller ball.
2. The three-point line and goal will be used for all boys and girls interscholastic competition unless the two competing teams (by contract or league adoption) mutually agree not to do so.

3. COMPETITIVE CHEER—

—The season shall be a maximum of 13 consecutive weeks during which a student or team shall participate in no more than eight dates. A student or team shall participate in no more than one competition per day and no more than two competitions per week (Monday through Sunday).

1. All school-sponsored cheerleading competition must be in the MHSAA competitive cheer format, but consisting of a Required Round and an Open Round only.
2. During competition a minimum of four and a maximum of 16 team members are allowed on the floor for competition in either round.

4. CROSS COUNTRY—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than 10 meets per season with a maximum of two meets per week. Students shall not participate in two meets on the same day.

Rules of junior high/middle school cross country are those printed in the National Federation Track and Field Rule Book with MHSAA modifications included in Regulation IV, Section 7 of the MHSAA *Handbook*.

Cross Country distances may be shortened by mutual consent of the competing schools prior to the date of the meet.

5. FOOTBALL—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than six games. Games involving only students in grades 7 and/or 8 shall be played in a maximum of ten (10) minute quarters. Games which include a combination of 9th grade students and those in the 8th and/or 7th grades may be played in a maximum of ten (10) minute quarters. A student or team shall not participate in more than one game of interscholastic football in six consecutive calendar days. There shall be no competition between junior high/middle school and senior high school teams in football, except that junior high/middle schools may participate in football with 9th-grade teams from four-year schools provided the games are played under rules governing junior high/middle school football.

Regulation II, Section 9(B-C-D) and Interpretations 206-215 are applicable to junior high/middle schools.

6. LACROSSE—

—The season shall be a maximum of 13 consecutive weeks during which a student or team shall participate in no more than 12 dates.

A student or team shall participate in no more than three games Monday through Sunday, but only two of the three games may occur on a day or night before a school day.

A student or team shall participate in no more than one game of interscholastic lacrosse per school day.

A student or team may participate in a multi-team tournament in which the total allowable playing time for any student or team is no more than 150 running time minutes and the event counts as one of the 12 regular-season contests. The following provisions would apply:

1. A student or team shall participate in no more than two (boys)/three (girls) multi-team tournaments in its regular-season schedule, each tournament counting as one of the 12 games of allowed competition.
2. No more than 25-minute running time halves could have been played. Clock stops for injuries with one time out allowed per team per half. For girls, two regular games may be played (no overtimes permitted).
3. Multi-team tournaments may only be held on non school days.
4. There are no overtimes permitted, the games shall end in a tie.
5. If a student or team participates in a multi-team tournament, that student or team shall participate in no more than two regulation games or scrimmages that week, Monday through Sunday, in addition to the multi-team tournament.

Boys games involving teams with 8th and/or 7th-graders may not exceed 10-minute quarters.

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7. SOCCER—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than 12 games. A game shall consist of four (4) 15 minute quarters. Games that are tied at the end of regulation playing time shall remain tied.

8. SWIMMING AND DIVING—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than two meets per week and a maximum of 12 days of competition.

ORDER OF EVENTS

—All events for junior high/middle school are as published in the National Federation Swimming and Diving Rules Book. Distances may be shortened or events eliminated by mutual consent of competing schools prior to the day of the meet.

SCORING

—All dual league and invitational meets—Scoring is to be in accordance with provisions of the current year National Federation Swimming and Diving Rules Book.

ENTRIES

—A student may participate in a total of four (4) events, two of which must be relays. Preliminary trials and/or finals constitute participation in one event. Diving and relays are considered as events.

9. TENNIS—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than 12 days of competition and no more than three (3) individual matches daily. There are no weekly limitations. USTA rules are to be used (with only MHSAA modifications allowed).

10. TRACK AND FIELD—

—The events are to be in accordance with the Michigan High School Athletic Association approved Track and Field List for junior high/middle schools.

A student may participate in any three track and/or field events from the approved list of Junior High/Middle School order of events.

Preliminary trials and relays are considered as events. A student shall not participate in events in 2 track meets held on the same date or 1 meet held on two days which would be in violation of these limitations of competition for 1 meet.

The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than 10 days of competition.

TRACK AND FIELD—ORDER OF EVENTS

Note 1: When boys and girls meets are conducted simultaneously, the events listed below are to be used. The boys events shall precede the girls events in even years; the girls events shall precede the boys events in odd years. If meets are not run simultaneously, the events listed for those not participating are to be eliminated. Schools must mutually agree to run the order of events in yards or meters prior to the meet. If schools cannot mutually agree, the host school will decide. Distances may be shortened or events may be eliminated by mutual consent of competing schools before the meet begins.

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Junior High/Middle School Order of Events for Boys and Girls

1. 3200 Meter Run
2. 55 Meter Hurdles (5 hurdles) (33" boys, 30" girls)
3. 4 X 200 Meter Relay
4. 800 Meter Run
5. 1600 Meter Run
6. 100 Meter Dash
7. 400 Meter Dash
8. 4 X 800 Meter Relay
9. 70 Meter Dash
10. 200 Meter Hurdles (5 hurdles, 35 meter intervals) (30")
11. 200 Meter Dash
12. 4 X 400 Meter Relay
13. 4 X 100 Meter Relay

Field Events

1. Pole Vault
2. Shot Put (8 lb. 13 oz. or 4 Kg. for boys; 6 lb. for girls)
3. Running High Jump
4. Running Long Jump

Note 2: The 3200 Meter Run must be conducted during the field events.

Note 3: Both the boys and girls 55-meter hurdles will be over five hurdles spaced as follows: 13 meters to the first hurdle 8.5 meters between the hurdles and 8.0 meters from the last hurdle to the finish.

Note 4: 200-meter (30") low hurdles: If using a facility with a common finish line and the traditional 200-meter start on the curve, the 30" low hurdles are set 50 meters from the start, 35 meters between hurdles and 10 meters to the finish.

Note 5: One false start shall be permitted in Junior High/Middle School competition (When the above order of events are used.)

Scoring — Dual Meets — Individual events are to be scored 5-3-1

Other Than Dual Meets — Scoring is to be in accordance with the National Federation Edition of the Track and Field Rules Book and the current year.

Scoring Note: By prior mutual agreement of competing schools or by league or conference adoption, teams may score four places in dual meets and five places in triangular meets.

11. GIRLS VOLLEYBALL—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than 12 days of competition, and no more than 15 sets (games) per day. A student or team shall participate in no more than three days of competition per week and only two may be on a day or night before a school day. A student or team shall compete in no more than five days of competition during any 14-day period Monday through Sunday.

If there is no prior mutual consent by competing schools to lower the net height, the net would be set at the National Federation regulation height of 7 feet 4 1/8 inches for girls or 7 feet, 11 5/8 inches for boys.

12. WRESTLING—

—The season shall be a maximum of 13 consecutive weeks from the start of practice, including tryouts, during which a student or team shall participate in no more than 12 days of competition with a limit of 60 days of practice and or competition. A student or team shall participate in no more than three days of competition Monday through Sunday. A student shall participate in no more than five matches per day. Only two of the days of competition may occur on a day of school (Monday-Thursday). A student shall participate in no more than 42 total matches (six events of five matches and six events of two matches [(6 x 5) + (6 x 2) =42].

RULES AND WEIGHT CLASSES

The National Federation Wrestling Rules Book shall be followed except as indicated below:

1. In dual or tournament competition, matches shall consist of three (3) periods, one and one-half (1 1/2) minutes each.
2. An overtime match shall be a maximum of one minute. The overtime tie-breaker period will remain a maximum of 30 seconds.

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3. All schools shall provide legal uniforms for the team no later than the third year of the school sponsorship of a wrestling program.
4. Leagues may establish their own weight classification procedure for league, dual meet and league tournaments. Unless mutual agreement is made prior to the date of the competition they shall use the mutual pairings procedure using the weight classification chart as **guidelines for determining those pairings**, no wrestler shall be paired where the difference of weight between them is more than one weight class.

70 lbs.	95 lbs.	120 lbs.	155 lbs.
75 lbs.	100 lbs.	125 lbs.	167 lbs.
80 lbs.	105 lbs.	130 lbs.	185 lbs.
85 lbs.	110 lbs.	137 lbs.	Heavyweight
90 lbs.	115 lbs.	145 lbs.	

Note: All contestants in the Heavyweight Class must weigh at least 168 lbs. The maximum weight allowable for heavyweight wrestlers shall not exceed 250 lbs.

5. It is recommended that the Wrestling Nutrition Education Program be presented by the local nutrition education coordinator to schools sponsoring junior high/middle school wrestling.
6. It is strongly recommended that in non-tournament competition team scores be eliminated. If final team scores must be kept, they shall be based on actual matches wrestled.
7. A junior high/middle school may participate in the minimum weight program. However, all calculations must be conducted at the local level. The MHSAA will not process the skinfold data.

INTERPRETATIONS—SECTION 10

(Interpretations 216-219 of Regulation II, Section 10 are applicable to junior high/ middle schools.)

276. Competition limitations pertain to both boys and girls.
277. Out of season coaching limitations also apply to junior high/middle schools. See Regulation II, Section 10, (B, C, D); Section 11, (B, C, D and H); and Interpretations for additional limitations of competition and scrimmage regulations. The Preseason Down Time out-of-season restriction shall apply 14 calendar days prior to the start of practice in the fall and 14 calendar days prior to the first day of practice in subsequent seasons for junior high/middle schools. The Summer Dead Period applies to all levels of MHSAA member schools; coaches and students in grades 7-12.
278. It is optional with junior high/middle schools to have separate 9th-grade teams in any sport and if they elect to do so these teams may compete against other 9th-grade junior high/middle school teams or against senior high school teams under the same regulations pertaining to number of games, length of games, or competition limitations that apply to senior high schools. In the event there are any 7th or 8th-grade members on a junior high/middle school team, junior high/middle school regulations pertaining to length of games and limitations of competition are to be in effect for the competition.
279. Junior high/middle school football has the same practice limitation as high schools football.
280. Game or contest conditions usually involve league, tournament or organized play or when admission is charged.
281. A school is required to conduct a minimum of ten (10) days of practice in wrestling prior to the first contest, to be included within the 13-week period.
282. A student ineligible under any of the provisions of Regulations I or III, or one who has competed in a meet or tournament in accordance with the maximum limitations of competition for that meet or tournament in the sport concerned, may not take part in a meet or tournament immediately preceding, during, or immediately after either of the above in a so-called "exhibition or practice event," or in one in which points may not be scored.
283. Alternatives to the lengths of contests are permitted as long as no student exceeds the maximum minutes of playing time stated in specific game rules and the total extra playing time for the team does not exceed 25 percent of a regulation game or contest.
284. If a school district chooses to sponsor interscholastic sports competition for 6th or lower grades, it is recommended that those teams should not exceed the limitations of competition for grades 7-8 in the *MHSAA Handbook*.

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SECTION 11—"ALL-STAR" CONTESTS/NATIONAL CHAMPIONSHIPS

SECTION 11 (A)—No athletic director, coach, teacher, or administrator of a MHSAA member school, and no athletic official registered with the Michigan High School Athletic Association, shall at any time during the school year for his or her school, assist either directly or indirectly with the coaching, management, direction, selection or transportation of players, promotion, or officiating of any "All-Star" exhibition or similar contest, or of any contest that is or purports to be a national high school or a national junior high or middle school championship event or the qualification thereto, in any MHSAA tournament sport if any of the participants is enrolled in an MHSAA member junior high/middle school at the time of the event.

SECTION 11 (B)—Any junior high/middle school which uses an individual as a coach or manager of an interscholastic athletic team who has violated the provisions of Section A of this Regulation or Regulation II, Section 13 shall be placed on probation for one year and offending coach or coaches shall not be permitted to coach in any sport at that school for a one-year period and shall not coach for a one-year period at any other member school in any MHSAA tournament in any sport.

SECTION 11 (C)—Any individual who violates the provisions of Section A of this Rule shall be ineligible for registration as an athletic official with the Michigan High School Athletic Association for a period of at least one year.

INTERPRETATIONS—SECTION 11

(See Interpretations 162-169)

(Interpretation 248 of Regulation II, Section 13 is applicable to junior high/middle schools.)

REGULATION V—VIOLATIONS BY SENIOR AND JUNIOR HIGH/MIDDLE SCHOOLS

Introduction

Attorney General Opinion No. 6352 (1986) states that “while a school district is not bound by decisions rendered by the MHSAA regarding rule violations, the Michigan High School Athletic Association may condition eligibility for and participation in its tournaments on compliance with its rules and its determinations concerning rules violations and the penalties to be imposed upon school districts for violations of its rules.”

School districts which desire to be members of the MHSAA and/or participate in MHSAA tournaments must be in “good standing” which means they have applied Regulations I through IV and have enforced the penalties of Regulation V.

The expectations of member schools include:

- Educating student-athletes, staff and other involved personnel about MHSAA rules and procedures.
- Monitoring compliance year-around.
- Investigating possible violations and reporting findings.
- Administering penalties.

SECTION 1—ALLEGATIONS

SECTION 1—Allegations concerning violations of MHSAA Regulations I through V and their Interpretations should be submitted in writing to the MHSAA and be signed by the principal of the junior high/middle school or senior high school or the superintendent of schools. Definite evidence upon which the allegations are based should be stated. MHSAA staff may request or conduct investigations on the basis of any information in any form from any source. Member schools are obligated to follow the rules regardless of whether an allegation has been made.

INTERPRETATIONS—SECTION 1

285. When the eligibility of any player is questioned, or allegations against member schools arise, the information should be communicated quickly and **confidentially** to the superintendent or principal of that school. If the matter is not satisfactorily settled, notice concerning the violation or allegation should be submitted in writing to the MHSAA.
286. If a school has information regarding the ineligibility of a student of another school, it must be communicated to that school before contests are played rather than after their completion or **both** schools will be subject to MHSAA penalties.
287. Protest is not allowed by the MHSAA when it is based on judgment decisions of officials or on misinterpretation or misapplication of playing rules. **The use of video for review on site or subsequently is not permitted unless specifically allowed by the playing rules of the sport and specifically adopted by the MHSAA.**

SECTION 2—FAILURE TO KEEP CONTRACTS

SECTION 2—Failure on the part of a junior high/middle school or senior high school to fulfill a contract, properly executed by the superintendent, principal, or athletic director, may subject a school to probation or suspension.

Note: The MHSAA will not be involved in investigating or mediating contract disputes between member schools of the same league or conference.

INTERPRETATION—SECTION 2

288. a. Contest and officials contracts should include specific dates, times and financial guarantee provisions. No protest involving violation of contract, either on the part of a school or athletic official, will be considered unless there are properly executed contracts for the contest in question.
b. Officials are not obligated to work optional, voluntarily-extended periods (e.g., fifth quarters in basketball, **additional sets of volleyball after the winner is determined, exhibition heats in swimming & diving**) unless the official’s contract stipulates such may or will occur.
289. If a member school forfeits a varsity football contest and it is alleged by the opponent that the forfeit is for reasons other than health or risk issues or other compelling circumstances but rather to avoid competition, the forfeiting school athletic director, coach and principal must appear before the Executive Committee to show cause why other sanctions should not be applied.

SECTION 3—SPORTSMANSHIP

SECTION 3 (A)—If a team is removed from competition in protest, the contest is forfeited to the opponent and the coach and principal of the removed team must appear before the Executive Committee to indicate why additional action should not be taken. The Executive Committee may also require the appearance of personnel from other schools and game officials.

SECTION 3 (B)—If the coach is ejected from the contest and an assistant coach, or an assigned school representative is not available to continue as the coach the event is terminated and forfeited to the opponent.

SECTION 3 (C)—When a contest ends prematurely because of breakdown of proper sportsmanship and whether or not the on-site officials forfeit the contest to one team, one or both schools may be subjected to any or all, but not limited to, the following: censure, probation with competition, probation without competition, forfeiture, loss of privilege of revenue sharing, expulsion. In addition, it may be required of one or both schools that their coaches and administrators appear before the Executive Committee to indicate why additional action should not be taken.

SECTION 3 (D)—The following policies for disqualification shall apply in all sports:

1. When a student is disqualified during a contest for flagrant or unsportsmanlike conduct, that student shall be withheld by his/her school for the remainder of that day of competition and for at least the next day of competition for that team (two or more dates for ice hockey. See ice hockey playing rule adoptions).
If a disqualification occurs during an MHSAA tournament, the next day of disqualification must be served during the next day of that team's MHSAA tournament participation that season as well as the next non-MHSAA tournament contest (if any) prior to the next day of competition in the MHSAA tournament for that team. MHSAA Tournament disqualification does not carry over to the next MHSAA tournament in another sport.
2. When a coach is disqualified during a contest for unsportsmanlike conduct, that coach shall be prohibited by his/her school from coaching for the remainder of that day of competition and from coaching at or attending at least the next day of competition for that coach's team (two or more dates for ice hockey. See ice hockey playing rule adoptions).
If a disqualification occurs during an MHSAA tournament, the next day of disqualification must be served during the next day of that team's MHSAA tournament participation that season as well as the next non-MHSAA tournament contest (if any) prior to the next day of competition in the MHSAA tournament for that team. MHSAA Tournament disqualification does not carry over to the next MHSAA tournament in another sport. That person shall not be present on site or within sight, sound or communication.
3. Failure of the school for any reason to enforce this regulation will prohibit the school from entry in the next MHSAA tournament for that sport, or from the remainder of the current tournament if the disqualification occurs during an MHSAA tournament or during the last regular-season contest.
4. Disqualifications from one season carry over to the next season in that sport for undergraduates and coaches, or the next contest in any other sport for seniors.
5. If the playing rules for a sport specify an additional penalty or more rapid progression, or use of such a progression for other violations, the playing rules apply.
6. Any coach who is disqualified for unsportsmanlike conduct two or more times during a season, any player who is disqualified for unsportsmanlike conduct three or more times during a season, and any coach or player who is ejected for spitting at, hitting, slapping, kicking, pushing or intentionally and/or aggressively physically contacting an official at any time during that season, or who commits such acts after being ejected, is not eligible to participate in the MHSAA tournament for that sport that season. If the tournament disqualifying ejection for that individual occurs during the MHSAA tournament, that player or coach is ineligible for the remainder of that tournament. The disqualified coach shall not be present on site or within sight, sound or communication.

INTERPRETATIONS—SECTION 3

290. Taunting includes any actions or comments by coaches, players or spectators which are intended to bait, anger, embarrass, ridicule or demean others, whether or not the deeds or words are vulgar or racist. Included is conduct that berates, needles, intimidates or threatens based on race, gender, ethnic origin or background, and conduct that attacks religious beliefs, size, economic status, speech, family, special needs or personal matters.
Examples of taunting that would lead to ejection include but are not limited to, 'trash talk;' physical intimidation outside the spirit of the game; reference to sexual orientation; 'in the face' confrontation by one player to another; standing over/straddling a tackled or fallen player.
291. In all sports, officials are to consider taunting a flagrant unsportsmanlike foul that disqualifies the offending bench personnel or contestant from the contest/day of competition (and the next contest/day of competition). A warning may be given but is not required before ejection.
292. At all MHSAA tournament venues, tournament management may give spectators one warning for taunting. Thereafter, spectators who taunt others are to be ejected by security.
293. Allegations of registered officials or administrators of member schools that representatives of member schools exhibited poor sportsmanship before, during or after an interscholastic contest shall be investigated and resolved by the schools involved and also may be investigated by the Executive Director or designee, who may impose the penalties described in this Section.
294. It is the official's responsibility to notify the MHSAA and the offending school whenever disqualification from a succeeding contest/day of competition for a coach or athlete is necessitated. However, whether or not the school receives notification, it is the school's responsibility to be aware of the violation and enforce the regulation.
295. Pursuant to Item No. 2 of the Due Process Procedure (p. 19) and consistent with Interpretation 287, there is no appeal of a penalty that automatically results in a suspension either from the next day of competition or the MHSAA tournament. Neither inaction by an official nor an ejection by an official resulting in suspension, either for the next day of competition or the entire MHSAA tournament, is reviewable by MHSAA staff, Executive Committee or Representative Council.

SECTION 4—VIOLATIONS AND PENALTIES

SECTION 4 (A)—Violations of *Handbook* regulations I through V and their Interpretations shall subject a member school to any or all, but not limited to, the following: censure, probation with competition, probation without competition, forfeiture, loss of privilege of tournament hosting or revenue sharing, denial of entry into or removal from MHSAA tournaments in one or more sports, suspension, expulsion.

SECTION 4 (B)—Accidental, intentional or other use of ineligible players by a junior high/middle school or senior high school shall require that team victories are forfeited to opponents; and any one or more of these additional actions may be taken: (1) that individual or team records and performances achieved during participation by such ineligibles be vacated or stricken; and (2) that team or individual awards earned by such ineligibles be returned to the MHSAA.

SECTION 4 (C)—If a student is ineligible according to MHSAA rules but is permitted to participate in interscholastic competition contrary to such MHSAA rules but in accordance with the terms of a court restraining order or injunction against his/her school and/or the MHSAA, and that injunction is subsequently voluntarily or involuntarily vacated, stayed, reversed or finally determined by the courts that injunctive relief is not or was not justified or expires without further judicial determination, those actions stipulated in SECTION 4 (B) shall be taken.

SECTION 4 (D)—If a contestant or team competes in a meet, match, or tournament in violation of any of the limitations of competition of Regulations II and IV, the entire meet or contest is forfeited. Individual students or teams which participate in excess of the season limitations for a sport as stipulated in Regulation II, Section 11 (A) shall not be permitted to participate in that season's MHSAA tournament in that sport. Students or teams exceeding the maximum number of contests/days of competition allowed during the regular season shall forfeit the contests in excess of the season maximum and not be allowed to enter or advance in the MHSAA tournament.

INTERPRETATIONS—SECTION 4

296. Even if a student later satisfies the normal conditions of eligibility, that student may be deemed **ineligible** for the same number of semesters, trimesters, weeks, contests or days of competition as he or she had participated in while ineligible. The period of ineligibility shall be determined by the MHSAA executive director.
297. Individual honors and finals qualifying marks by teammates of ineligible athletes remain standing even if the team must forfeit a place, award or championship for use of ineligible. NFHS and MHSAA sport records are not considered individual honors for the purpose of this interpretation.
298. **Probation**, which may be applied for any length of time, may serve only as a warning that if schools commit additional violations of MHSAA regulations, additional penalties may be imposed, including suspension from MHSAA membership. Probation may be accompanied with additional provisions, including, but not limited to:
1. Prohibition from membership on one or more MHSAA committees for one or more years.
 2. Prohibition from hosting one or more MHSAA tournaments for one or more years.
 3. Prohibition from revenue sharing, if any, for one or more years.
 4. Prohibition from reimbursement of expenses for participation in one or more MHSAA tournaments for one or more years.
 5. Prohibition from participation in one or more MHSAA tournaments for one or more years.
- It is within the discretion of the Executive Director, Executive Committee or Representative Council to reduce or eliminate any of the above conditions or the probationary status when the school takes internal action to correct the personnel and/or procedures which caused the violation.
299. **Suspension** which may be applied for any length of time, addresses membership status. A school's membership in the MHSAA and thus **all** the privileges of membership, may be revoked during a school year and or renewal of membership may be prohibited for any period of future years determined by the Executive Director, Executive Committee or Representative Council.
300. Any league or association of schools may, by notification to the MHSAA, determine the standing of schools within its own league or organization with reference to forfeiture.
301. Failure to comply with the concussion protocols shall result in forfeiture of contests (see MHSAA Concussion Protocols, page 111).

CLASSIFICATION OF MHSAA MEMBER HIGH SCHOOLS

Classification of member high schools for MHSAA tournaments is the responsibility of the Representative Council and is based on enrollment as reported by member schools on their Enrollment Declaration forms. Classification is necessary before any school is permitted to compete in MHSAA Meets or Tournaments.

Schools may choose to play at any higher classification in a sport for a minimum of two years.

Applications for fall sports must be submitted by April 15. Applications for winter sports must be submitted by Aug.

15. Applications for spring sports must be submitted by Oct. 15.

The determination of enrollment is based on the following:

1. Students shall be counted for MHSAA purposes on the State of Michigan February pupil accounting date or, if the State of Michigan does not require a count date in February, then on the first Wednesday of February. The form should be mailed to the MHSAA within ten days of the count date.
2. Private and Parochial schools not required to prepare an official count for State Department of Education purposes are to use the same date as public schools (see No. 1) MHSAA enrollment day.
3. Students who are 19 years of age prior to Sept. 1 and in grades 9, 10 or 11 of the current school year, are subtracted from the count for classification purposes on the Enrollment Declaration Form.
4. All students enrolled in school on the official count date and substantiated by either their presence in school on that date, or through knowledge of their whereabouts with intention of attending on a daily basis, are to be included in the count. (This includes international students, including foreign exchange students, and students receiving credit for online courses)
5. Each student shall be counted as one (1), regardless of the percentage of hours enrolled. (This includes students receiving credit for online courses)
6. Students who are certified by Individual Educational Planning Team (IEPT) and assigned to another school for more than 50 percent of the school day shall not be counted for athletic eligibility purposes by either the sending or receiving school. Any IEPT student who remains in his or her home (original) school must be counted for athletic classification purposes.
7. Students enrolled on a "Shared Time" basis shall be counted by the school where the permanent records are on file.
8. The determination of which school, if any, must count students in non-traditional programs (sponsors no interscholastic athletic program in any sport) is controlled by Interpretation 48.
 - a. For a student to be considered eligible in the interscholastic athletic program of a traditional MHSAA member school, the student must meet at least the minimum requirements of MHSAA *Handbook* Regulation I. In addition, the governing board of the traditional school must have determined that the students of this non-traditional school may participate on its interscholastic sports teams.
 1. The administration of that traditional school must have named the actual program(s) and counted on the MHSAA Enrollment Declaration Form of the previous February all the students who are enrolled in the non-traditional program(s) who reside in the attendance area of the traditional program.
 2. Non-traditional or alternative school programs may or may not be housed in the same building as the traditional high school, may or may not have school administration separate from the base (original) school and may or may not grant credit toward graduation or a certificate of completion at the base (original) school.
 3. In a school which sponsors a non-traditional program for its students only or one which is open to students of any school district without connection to any other school district, **all students enrolled in the non-traditional program regardless of residence**, must be counted and the actual program(s) named on the Enrollment Declaration Form if any of those students are permitted to participate on that school's interscholastic teams.
 4. If a school is involved in a non-traditional school or program through a consortium of more than one school district, only those students who reside in that district, or attendance area of a multi high school district, must be counted and the actual program(s) named on the Enrollment Declaration Form if any of those students are permitted to participate on that school's interscholastic teams.
 5. Traditional schools without attendance boundaries must name the non-traditional program on the form and count all former students who were enrolled in that traditional school immediately before they began to take their course work in the non traditional program.

Classification

- b. Once MHSAA classifications or tournament divisions are publicized the previous March or April, a school may add a non-traditional school or program and adjust its count upward when three conditions exist: (1) The Board of Education or Governing Body of a non-public school officially adds a newly created non-traditional program that did not exist at the time the Enrollment Declaration Form was submitted; (2) Students of grades 10, 11 and 12 in the new program were counted in the basic enrollment count submitted on the Form; and (3) The program addition does not cause a change in division/classification that would alter that school's published tournament division unless the change is prior to when MHSAA tournament assignments are made for the sport(s) involved or Oct. 15, whichever occurs first. This may be granted on a case by case basis by the Executive Director upon the written request of a member school.
9. If, under Interpretation 51, a school allows one of its students to remain eligible for its interscholastic teams after enrolling at another MHSAA member school which it has determined has a specialized curriculum under Interpretation 52, then the school must count all similarly situated students. That is, it must count all of its former students who are enrolled at that school.
10. Students enrolled in a high school and taking classes at the college level shall be counted by the high school.
11. In schools where the enrollment is made up of 75 percent or more of one gender, the enrollment of the majority gender is doubled and added with the enrollment of the other gender for classification purposes for the majority gender. This could provide a double classification for that school.
12. All high schools must report and count their 9th-grade enrollment UNLESS the 9th grade is part of a junior high/middle school in a separate building under separate administration.
13. If the 9th-graders of a junior high/middle school are permitted to participate on the high school teams, the entire 9th-grade enrollment must be included with grades 10, 11 and 12 of the high school.
14. In cases where a high school consists of grades 10, 11 and 12, or any combination of these grades, the enrollment must be determined on an equated basis for classification purposes. The equated figure is calculated by taking the total enrollment of the high school grades, dividing by three and adding that figure to the actual school enrollment. In the event that fractional numbers are involved in connection with the procedure, the next highest number is to be used for addition purposes.

Notes:

- a. The final figure of the official count submitted to the State Department of Education may be different than the count submitted to the MHSAA.
- b. After schools are notified by the MHSAA in writing of their classification, no change or correction will be allowed that lowers enrollment figures submitted by any school.
- c. The enrollment figure submitted in February and on which the following school year's classifications are based may differ from the school's actual enrollment at the start of that school year.

MHSAA TOURNAMENT CLASSIFICATION POLICY

(Adopted by the Representative Council, May 6, 1991)

PRINCIPLES

1. If there are fewer than 32 schools which sponsor a sport in a class, those schools will be combined in a single tournament with another class in that sport.
2. If those two classes combined total fewer than 32 schools which sponsor the sport, those schools will be combined in a single tournament with a third class in that sport.
3. If those three classes combined total fewer than 32 schools which sponsor the sport, those schools will be combined in a single tournament with the fourth class. See Girls Gymnastics.
4. When school sponsorship fluctuates and classification groupings may be affected, it will be policy to preserve the status quo until the sport demonstrates several years of one grouping or the other.
5. The Representative Council will consider exceptions to this policy for the tournament in a specific sport after review with comment and/or recommendation by the Classification Committee following affirmative input from the MHSAA staff, tournament management for the sport, the appropriate sport committee, and a survey of member schools that the modified format would better serve the MHSAA membership and that sport. (Adopted May 2, 1994.)

SEE CLASSIFICATIONS FOR THE CURRENT SCHOOL YEAR ON THE NEXT PAGE

Classification

2014-15 Classification Variations for Statewide Tournaments

Tournament Classification Variations

Baseball - 4 divisions
Boys Basketball - Class A,B,C,D
Girls Basketball - Class A,B,C,D
Boys Bowling - 4 divisions
Girls Bowling - 4 divisions
Girls Competitive Cheer - 4 divisions
Boys Cross Country - 4 divisions
Girls Cross Country - 4 divisions
Football (11-Player) - 8 divisions
Football (8-Player) - 1 division
Boys Golf - 4 divisions
Girls Golf - 4 divisions
Girls Gymnastics - 1 division
Ice Hockey - 3 divisions
Boys Lacrosse - 2 divisions
Girls Lacrosse - 2 divisions
Boys Skiing - 2 divisions
Girls Skiing - 2 divisions
Boys Soccer - 4 divisions
Girls Soccer - 4 divisions
Girls Softball - 4 divisions
Boys Swimming & Diving - 3 divisions
Girls Swimming & Diving - 3 divisions
Boys Tennis - 4 divisions
Girls Tennis - 4 divisions
Boys Track & Field - 4 divisions
Girls Track & Field - 4 divisions
Wrestling (Individual) - 4 divisions
Wrestling (Team) - 4 divisions
Girls Volleyball - Class A, B, C, D

Traditional Calendar Date of MHSAA Final

3rd Saturday after Memorial Day
4th Saturday in March
3rd Saturday in March
1st Saturday in March and preceding Friday
1st Saturday in March and preceding Friday
1st Saturday in March and preceding Friday
1st Saturday in November
1st Saturday in November
Friday and Saturday of Thanksgiving Weekend
Friday or Saturday before Thanksgiving
2nd Friday and Saturday after Memorial Day
3rd Friday and Saturday in October
2nd Saturday in March
2nd Saturday in March
2nd Saturday after Memorial Day
2nd Saturday after Memorial Day
Last Monday in February
Last Monday in February
1st Saturday in November
3rd Saturday after Memorial Day
3rd Saturday after Memorial Day
2nd Saturday in March
Weekend before Thanksgiving
3rd Saturday in October
Saturday after Memorial Day
Saturday after Memorial Day
Saturday after Memorial Day
1st Saturday in March
Last Saturday in February
Saturday before Thanksgiving

Tournament Classification Variations

2013-14 For Upper Peninsula Tournaments

Boys and Girls Swimming & Diving - 1 division
Boys Tennis - 2 divisions
Girls Tennis - 2 divisions
Boys and Girls Cross Country - *3 divisions
Boys and Girls Golf - *3 divisions
Boys Soccer
Girls Soccer
Boys and Girls Track & Field - *3 divisions

Traditional Calendar Date of Upper Peninsula MHSAA Final

3rd Saturday in February
Wed.-Sat. after Memorial Day
2 weeks earlier than fall (Wed.-Sat.) L.P.
2 weeks earlier than L.P.
Wed.-Sat. after Memorial Day
2nd Saturday after Memorial Day (not held in 2015)
Last Saturday in October (not held in 2014)
Saturday after Memorial Day

** UP 3 division formula: Sponsoring Class A, B and C schools divided into 2 divisions; Sponsoring Class D schools will be the third division*

Upper Peninsula Athletic Committee

UPPER PENINSULA ATHLETIC COMMITTEE

At the Representative Council meeting on Dec. 7-8, 1933, the Council formally adopted the concept of an Upper Peninsula Athletic Committee to deal with sport championships for Upper Peninsula schools. The committee met for the first time on Dec. 16, 1933 to select sites for basketball and spring sport Regionals. Teams did not advance beyond the Region level.

In 1946, the UP Athletic Committee continued scheduling tournament competition in the Upper Peninsula until 1948 when the Boys Basketball Regional champions advanced to competition downstate.

The UP Committee operates at the pleasure of the Representative Council. It may not modify anything within the MHSAA Handbook and may not alter policies, procedures or schedules of MHSAA tournaments without permission of the Council. The committee acts essentially as a site and officials selection committee for statewide as well as Upper Peninsula tournaments. The committee is also a sounding board to filter suggestions from coaches' organizations and schools regarding any number of issues related to high school sports in the Upper Peninsula.

The current UP Athletic Committee is made up of seven elected persons who meet three times yearly. The UP Athletic Committee consists of individuals representing the following:

1 Class A & B Schools	1 Representative Council Member
1 Class C Schools	Class A & B Schools
2 Class D Schools	1 Representative Council Member
1 Athletic Coach	Class C & D Schools

The existence and makeup of the UP Athletic Committee is within the jurisdiction of the Representative Council and changes in its makeup do not require amending of the MHSAA Constitution. Elections and length of terms are similar to that of the Representative Council (two years). The Council may appoint additional persons to serve and has done so when one geographic region is underrepresented.

UPPER PENINSULA SCHOOLS' PARTICIPATION IN MHSAA TOURNAMENTS

(Adopted by MHSAA Executive Committee, August 5, 1987)

When a new Michigan High School Athletic Association tournament is initiated or the format of an existing tournament is significantly altered, MHSAA member schools of the Upper Peninsula will be contacted regarding their intention to participate in the new or revised tournament.

When Upper Peninsula schools choose to participate in the statewide tournament, no Upper Peninsula tournament is sponsored by the MHSAA in that sport. If Upper Peninsula schools choose not to participate in the statewide tournament, then the MHSAA will conduct an Upper Peninsula tournament.

There cannot be an Upper Peninsula championship and Upper Peninsula schools' participation in the statewide meet in the same sport. If there is no Upper Peninsula championship in a sport, Upper Peninsula schools are welcome in the statewide meet if their local administration authorizes their participation in it. (A 2003 Federal Court Order prohibits schools' participation in MHSAA Lower Peninsula Soccer Tournaments.)

The role of the Upper Peninsula Athletic Committee is not to determine if Upper Peninsula schools will participate in an Upper Peninsula tournament or the statewide tournament, but to help plan and facilitate their involvement in one or the other place as the schools themselves determine as a group.

Sports Participation

FACTS ABOUT THE MHSAA, INC.

1. There were 751 member public, private and parochial Senior high schools and 725 junior high/middle schools in the MHSAA during 2013-14. Schools do not pay membership dues nor are they assessed entry fees for tournament participation.
2. There were 293,921 participants in sports for which the Association sponsored postseason tournaments during 2012-13.
3. Over 500 different people, including Representative Council members, served on 43 MHSAA committees last year. They helped to determine policies and make plans for the wide range of sponsored activities.
4. There were 10,495 athletic officials registered with the MHSAA during 2013-14.

MHSAA SPORTS PARTICIPATION 2013-14

There were 742 of the MHSAA's 751 member high schools which participated in MHSAA Tournaments during 2013-14. Last year, participating schools offered the following MHSAA Tournament sports:

Boys Sports	No. of Schools (2013-14)	Girls Sports	No. of Schools (2013-14)
1. Basketball	729/3	1. Basketball	720/3
2. Track & Field	664/15	2. Volleyball	707/4
3. Baseball	630/15	3. Track & Field	657/16
4. Football	620/39	4. Softball	622/11
5. Cross Country	614/11	5. Cross Country	610/11
6. Golf	534/8	6. Soccer	466/12
7. Soccer	482/15	7. Tennis	343/4
8. Wrestling	458/16	8. Bowling	349/8
9. Bowling	351/8	9. Competitive Cheer	333/4
10. Tennis	313/5	10. Golf	322/4
11. Swimming & Diving	217/49	11. Swimming & Diving	225/51
12. Ice Hockey	159/111	12. Skiing	73/31
13. Lacrosse	111/19	13. Lacrosse	72/16
14. Skiing	74/28	14. Gymnastics	52/23

Note: The first number indicates all schools sponsoring the sport, including primary schools in cooperative programs. The second number is the number of additional schools participating in the sport through cooperative programs. (In many cases, girls play on teams listed under "Boys Sports.")

Source: School's actual sponsorship for MHSAA Tournaments (not the year-end participation survey).

Effective Date: May 13, 2014

Catastrophic Insurance

ATHLETES AND OFFICIALS CATASTROPHIC ACCIDENT MEDICAL INSURANCE

*(This is **not** intended to be a complete description of coverage and exclusions)*

Since the 1970-71 school year, the Michigan High School Athletic Association has provided participants at each member school and all registered officials with insurance that is intended to help pay catastrophic excess accident medical bills to administer to injuries sustained in athletic activities under MHSAA jurisdiction. Here are the traditional features:

Coverage is provided for grades 7-12 for all students accidentally injured while students are engaged in interscholastic athletic activities under the jurisdiction of the Michigan High School Athletic Association; namely: baseball, basketball (boys and girls), bowling (boys and girls), cross country (boys and girls), football, golf (boys and girls), gymnastics (girls), competitive cheer (girls), ice hockey, lacrosse (boys and girls), soccer (boys and girls), softball (girls), alpine skiing (boys and girls), swimming and diving (boys and girls), tennis (boys and girls), track and field (boys and girls), volleyball (girls), and wrestling.

All eligible students who participate in interscholastic athletic activities at an MHSAA member school in sports which end with an MHSAA tournament are covered provided their school principal attests in writing and the MHSAA agrees that they were eligible under all MHSAA regulations at the time of the injury. **Eligible** student athletes are covered while traveling directly to and from a scheduled event as a representative of the school while traveling in transportation sponsored by the school, and while participating in season in an allowed activity under the direct supervision of a full-time school employee or coach designated by the school acting within the scope of his/her coaching duties in those sports for which the MHSAA provides a tournament series.

Student-athletes ineligible under MHSAA Regulations are not covered.

- Students who are ineligible under local school rules but would be eligible under MHSAA rules would be covered if they were allowed to practice with their school team.
- Students who are otherwise eligible but are suspended from contests under Regulation V, Section 3 (contest disqualifications) would be covered if they were to continue practicing with the school team.

Officials must be on the premises of the contest to be covered under the policy.

Sideline cheerleaders are covered while traveling directly to and from interscholastic athletic events as a representative of the school while traveling in transportation sponsored by the school, and while cheering at interscholastic athletic events under the direct supervision of a school employee designated by the school.

MHSAA Catastrophic Accident Medical Insurance does NOT cover ANY out-of-season activities or any activities occurring beyond the mileage limits of Regulation II, Section 6, Interpretation 193, even if those activities are not expressly prohibited by the MHSAA.

This coverage is provided at no cost to the eligible athletes of MHSAA member schools and to registered officials. The MHSAA is the policyholder and pays the premium for this layer of catastrophic accident medical coverage. It will pay up to \$500,000 in medical expenses **after a deductible of \$25,000 in paid medical expenses per claim has been met**. The MHSAA arranged program will then pay medical expenses above the \$25,000 deductible left unpaid by the parents' or official's insurance or any other sources such as school purchased insurance.

A payment of a catastrophic cash benefit payment of up to \$50,000 will be made if a covered person is paralyzed or in a coma within 180 days after the accident. Payment will not be made until a physician certifies that, after a 16-month waiting period, the injury is permanent and irreversible. This payment is in addition to those payments already covered for medical expenses and must result in disability. This payment is in addition to those payments already covered for medical expenses.

The first medical expense must be incurred within 90 days after the date of the accident. The \$25,000 deductible must be met within 2 years of the date of the accident. An accidental death or dismemberment benefit of \$10,000 is paid if either event occurs within 365 days of the date.

The Claims Administrators' name, telephone number and e-mail address is:

Mr. Bryan Cronen, FIRST AGENCY, INC., 5071 West H Avenue
Kalamazoo, MI 49009-8501
Phone: 269.381.6630 Fax: 269.381.3055
Email: bcronen@1stagency.com

MAKE SURE ALL HIGH SCHOOLS AND JUNIOR HIGH/MIDDLE SCHOOLS IN YOUR DISTRICT ARE DESIGNATED BY YOUR BOARD OF EDUCATION AS MHSAA MEMBER SCHOOLS SO ATHLETES ON BOTH LEVELS ARE COVERED BY THIS MHSAA-PURCHASED PLAN

**TOBACCO AND ALCOHOL POLICY
AT MHSAA TOURNAMENTS
May 1992**

Policy

For coaches and officials at all MHSAA tournaments, use of tobacco products of any kind within sight of players and spectators and use of alcohol during a contest or at any time before it on the day of the contest is prohibited.

Enforcement

Tobacco: It is not intended that a violation of the tobacco policy should lead to immediate ejection of a coach. He or she should be reminded of the policy and reported to his or her school administration after the contest. Only if the coach is unwilling to comply promptly shall he or she be disqualified from coaching at the event.

Officials should be reminded of the tobacco policy and reported in writing by the tournament manager to the MHSAA.

Alcohol: Historically, officials promptly disqualified coaches, and tournament managers immediately replaced officials who were under the influence of alcohol; and no change in such procedures is intended by these policies.

**GAME SUSPENSION POLICIES
(Inclement Weather Affecting Outdoor Venues)**

- I. On threatening days, game management should consult with contest officials about steps to be followed if conditions worsen.
- II. When suspending an outdoor contest, officials and game management shall follow these policies.
 - A. When lightning is observed or thunder is heard, the contest must be suspended. The occurrence of lightning or thunder is not subject to Interpretation or discussion — *lightning is lightning; thunder is thunder.*
 - B. Severe weather in the form of rain or snow may make the field unplayable.
- III. When a contest is suspended, the home school administration shall attempt to arrange for the security of all participants.
 - A. Contestants and support personnel shall be moved to appropriate indoor facilities.
 - B. When lightning is observed or thunder is heard and the contest is suspended, contestants shall not return to the playing field until lightning has been absent from the local sky and thunder has not been heard for 30 minutes.
 - C. Spectators shall be advised of the action being taken to seek shelter. (Some hosts may be able to offer shelter to spectators but are not required to do so.)
- IV. In considering resumption of competition, the following steps shall be followed.
 - A. Delays for contests scheduled prior to 3 p.m. must not exceed three hours. Delays for contests scheduled for 3 p.m. or later must not exceed one and one half hour. Delays on nights not followed by school for all the competing teams may be longer by mutual agreement of participating schools. A postponed contest shall be rescheduled on a date/time mutually agreed to by the schools involved.
 - B. A decision to resume the contest within the time frame must be made by the officials who shall consult the home team administration and visiting school administration present at the contest.
 - C. The home school is responsible for facilities and will be given priority consideration in the final decision if there is not consensus among the three parties.
 - D. The final decision shall consider liability and conditions of facilities as well as future schedules, need to play the contest and finally the quality of all other options.

Note: MHSAA tournament policies for MHSAA tournament contests, or more restrictive local policies for regular-season contests would supersede these policies and should be shared with the opponents and officials prior to the contest, preferably in writing.

Otherwise, and to the extent allowed by the playing rules code, the official(s) shall make the final decision regarding game suspension once the game begins.

REGULAR-SEASON CONTEST DELAYS

When a league or conference does not have a written policy regarding late contest start time, the following MHSAA policy shall apply:

1. If a team fails to arrive for a regular-season contest at the time stated on the contract, it shall be necessary for the host administration to delay the contest, declare the game forfeited, reschedule the contest, or declare the event "no contest."
 2. If the host management has been notified of the reason for the delay and projected arrival, the officials must stand by for 60 minutes beyond the scheduled starting time. When the team arrives, a reasonable amount of time must be provided for the visiting team to conduct a pregame warm-up. In any case, warm-up shall not be less than 15 minutes.
 3. If the host management has not been notified that there is a delay and the reason for it, the officials have permission to leave the site, without obligation, 30 minutes after the contracted start time has passed.
- (In MHSAA tournament play, the Participating School Tournament Information for each sport will prescribe the specific action to be taken. For regular-season play, league and conference policy supercedes the policy above, so coaches and officials should inquire with their league to see if any policy exists.)

RESCHEDULING AND REFUND POLICY December 2008

Rescheduling: If an MHSAA tournament meet or contest is postponed or suspended because the facility becomes unusable or as a result of acts of persons or nature, and the playing rules require that the meet or contest must be played or resumed, the meet or contest must be played or completed on the first available subsequent date, at the same facility.

If that facility is unavailable at any future time within the tournament schedule, MHSAA staff shall determine if other facility options are available. If no reasonable options exist, the contest(s) shall not be played and a coin toss or tosses will determine which team or teams shall advance to the next level of the tournament. If it is the championship game of the entire tournament series, co-champions shall be named and awards provided.

Refunds: Refunds on admission tickets or parking are not provided by the MHSAA for postponed or suspended MHSAA tournament meets or contests, or for such meets or contests that are terminated before their normal conclusion for any reason. Tickets shall be honored for admission to a rescheduled or resumed contest.

TORNADO POLICY
May 1981, Revised May 2004

- I. IF THERE IS A WATCH OR WARNING AT AN MHSAA TOURNAMENT SITE —
- A. Watch or warning issued **at least three hours** prior to the event:
1. If the local district policy closes the tournament facility, all participating teams must be called and informed of postponement with information pertaining to next playing date and time included in the call.
 2. If the host district policy **does not** close the facility, all participating schools who have not called the host must be called to be sure all who are scheduled to play will be present. (The participating school local policy must prevail).
 - a. If one team of a dual type competition (i.e. Baseball Tournament) cannot be present by their policy, no contest shall be held. The competition for that day/night must be rescheduled on the next possible day.
 - b. If the competition is multiple team type (i.e. Track, Tennis), the meet shall be conducted as long as a reasonable number of teams (60 percent) can be present.
- B. Watch or warning **less than three hours** before event:
1. If the competing teams are enroute, no decision shall be made until both teams in a bracket have arrived or contact has been made, unless local policy forbids use of facility once the watch or warning has been issued.
 2. If competing teams arrive, are on the premises, and local policy permits, play the contest when and if time permits.
 3. If it is not possible that date, reschedule for next playable date.
 4. Local policy shall always prevail.
- C. Watch or warning first issued during contest:
1. Suspend play.
 2. Take necessary steps and precautions as directed by local policy.
 3. Resume play at the point of suspension as soon as permitted. If not that day/night, then reschedule for the next possible date.
- II. IF THE WATCH OR WARNING IS IN AN AREA OF ONE OR MORE COMPETING SCHOOLS AND NOT AT A TOURNAMENT SITE:
- A. It shall be the responsibility of the competing school to inform the manager of the tournament immediately.
- B. The decision as to play or not to play shall be made by the Tournament Manager, based on the information presented and the type of sport event involved.
1. If one or more local policies do not permit travel or competition, the game, games, or tournament shall be postponed.
 2. If the scheduled competition is of a multiple team nature (i.e. Track and Field), the competition may take place even though all teams are not able to be present. (60 percent is suggested guideline).
 3. The rationale for No. 1 and No. 2 hinges on the fact that in No. 1, both teams of a dual type competition must be present if a contest is to take place. No. 2 permits competition, even though all teams cannot be present.
- C. If one or more schools are on the road to the tournament site at the time of watch or warning, no decision shall be and until contact has been made with all concerned. (An authorized person from the assigned schools).
- D. If one school arrives on site and the opponent cannot travel due to local policy, the game shall be postponed and rescheduled on the next possible date.

GENERAL GUIDELINE: The local Tournament Manager has full jurisdiction over the policies of the tournament site. If the above guidelines do not cover a certain situation, the decision on the matter shall be that of the Tournament Manager.

BASEBALL PITCHING LIMITATIONS

May 1978

A player shall not pitch more than three consecutive days regardless of the outs pitched; and a player shall not pitch for two calendar days following that in which he pitched his 30th out. A student shall participate in no more than two games per school day.

Comments and Interpretations.

1. Regardless of the number of outs pitched, no player shall pitch more than three consecutive days.
2. MHSAA tournament pitching regulations shall not displace regular-season pitching regulations. The "30 out" tournament rule is not automatic unless the player has not pitched for two consecutive calendar days prior to the MHSAA tournament in question.
3. Following the 30th out in any sequence which does not include a two-day rest period, a player shall not pitch for two calendar days.
4. Violations of the 30 out rule are considered the same as a school using an ineligible player. The minimum penalty in this case is forfeiture of the game.
5. At the beginning of each day of competition coaches of teams competing shall exchange up-to-date "rotation" records.
6. Failure to present the up-to-date **Pitching Rotation Record** form will require verification by the violating school athletic director the next school day. If verification is not provided the penalty will be the same as for using an ineligible player.
7. A pitcher is allowed a maximum of 30 outs in each of the following rounds of the baseball tournament: District Quarterfinal Round; District Semifinal and Final Round (if preceded by at least two days rest); Regional Semifinal and Final Round; Quarterfinal Round; Semifinal and Final Round.

Note: If a pitcher exceeds the 30-out limit because a batter hits into a double or triple play, that pitcher shall be credited with 30 outs and removed from the game as a pitcher. The one or two outs beyond the 30 shall not be credited to any pitcher.

It is critical to recognize that the Pitching Limitation Rule can be observed in two ways. **First, a player shall qualify for a new set of 30 outs by voluntarily resting two calendar days after pitching less than 30 outs. Secondly, a player shall qualify for a new set of outs following a required rest of two consecutive calendar days after pitching the 30th out.** Finally, in order to begin a new set of 30 outs, there must be two days of required or voluntary rest, regardless of the number of outs credited to a player. The "three-day period" is interpreted as the most recent three days.

GIRLS GYMNASTICS

May 1992

Many high school coaches of gymnastics work with gymnasts who also take lessons and participate in Club Gymnastics. Therefore, high school coaches and the school administration must make decisions regarding the amount of time a club gymnast spends in high school practice during the high school season.

The MHSAA Gymnastics Committee developed, and the Representative Council approved, the following guideline regarding this concern:

"The school administration should determine the amount of practice time each gymnast must participate with the high school team. In addition, the school administration should determine a reasonable date in the season when no more athletes may become part of the team. This suggestion is based on the philosophy that steps should be taken to keep the team concept intact."

Requirements for Regular-Season Meets

Dual Meets

- (1) Exhibition performances are prohibited.
- (2) There can be no more than 6 competitors per team event when 2 judges are contracted to judge the events.
- (3) There can be no more than 7 competitors per team per event when 4 judges are contracted and 2 events are conducted simultaneously.

Double Dual Meets or Quad Meets

- (1) Exhibition performances are prohibited.
- (2) No more than 6 competitors per team can compete in each event.
- (3) There can be no more than 7 competitors per team per event when 4 judges are contracted and 2 events are conducted simultaneously.

Tri Meets

- (1) Exhibition performances are prohibited.
- (2) There can be no more than five competitors per team per event when two judges are contracted to judge each event.
- (3) There can be no more than seven competitors per team per event when four judges are contracted and two events are conducted simultaneously.

2014-15 MHSAA PLAYING RULE ADOPTIONS

(Including Point Differential Rules)

Regulation II, Section 8 (A) states that schools shall adhere to the playing rules adopted by the Michigan High School Athletic Association. The source for playing rules for competition involving one or more member schools include the National Federation of State High School Associations for most sports, the MHSAA for alpine skiing and girls competitive cheer, the U.S. Bowling Congress, the U.S. Golf Association and the U.S. Tennis Association. Currently there are no adoptions or modifications of playing rules listed for alpine skiing, golf, or bowling. Schools and officials should consult Regulations II, Sections 8-10, Representative Council Policies in the back of the *Handbook*, the sport specific rule book, Participating School Tournament Information and Tournament Managers Material for complete sports playing rule information.

BASEBALL and GIRLS SOFTBALL

I. Regulation Game

- A. A regulation called game where a winner cannot be determined, shall be counted as 1/2 game won and 1/2 lost for each team. (MHSAA allowed – requires league adoption)

II. Game Shortening/Ending Procedures

- A. The four options listed are the only permitted game-shortening procedures allowed for baseball and softball games at the varsity and subvarsity levels. (Schools, leagues or invitational tournament management shall determine which are to be utilized with prior mutual written consent): Item '1' shall be observed for every game of the MHSAA Baseball and Girls Softball tournament series.
 - 1. Requires games to be terminated when there is a 15-run difference after three innings or a 10-run difference after five innings;
 - 2. Allow a team to discontinue play any time it trails by more than 15 runs;
 - 3. Establish shortened games of five or six innings in doubleheaders.
 - 4. Establish a time limit at the subvarsity level (1 hour, 45 minutes recommended if a time limit is used).
- B. For MHSAA softball tournament games the tiebreaker will be used with the beginning of the 11th inning. For regular-season games, the tiebreaker may be used by local league and conference adoption beginning with the 8th inning.

III. Equipment

- A. Middle School Bats: For games at the middle school level, member schools may deviate from National Federation rules and use the bat standard currently allowed by Little League Baseball.
- B. Double First Base: During MHSAA Tournament contests, the double first base will not be used and must be manually removed. For regular-season games, use of the double first base is optional by mutual consent of competing teams or by league adoption. If not used, the double first base is not required to be removed.

IV. Protests

- A. The MHSAA does NOT recognize protests of any playing rule, disqualification or ejection.
See Baseball Pitching Limitations (page 103).

BASKETBALL

I. Point-Differential Rule

- A. At all levels of play and in MHSAA tournaments, after the first half when one team has a lead of 40 points or more, a running clock shall be established. The clock shall revert to regular time schemes should the score be reduced to a 30-point lead or less. During any running clock mode, the clock shall be stopped as normal for all timeouts and between quarters; and for free throws during the last two minutes of the game. By league or conference adoption the point differentials (both to establish a running clock and then resume normal timing) may be modified at the junior high middle school level only.

II. Coaching Box

- A. A 14-foot coaching box for regular-season and tournament games shall be used.

Representative Council Policies

FOOTBALL

I. Pregame Coin Toss

- A. For regular-season games, the pregame coin toss may be held on the field 20 minutes prior to kickoff games rather than three minutes prior. For tournament games, it is required that the coin toss be held 20 minutes prior to kickoff.

II. Point Differential Rule

- A. The running clock, 35-point margin rule shall be used for all football games, regular season and playoffs, varsity and subvarsity, high school and junior high/middle school. After the first half, any time the score differential reaches 35 points or more, the following changes, and only these changes, shall be made regarding rules determining when the clock will and will not be stopped. The clock shall run continuously except for the following situations when it will be stopped (**T I P S**):

1. Timeouts (charged to a team)
2. Intermission (between 3rd and 4th quarters, and after a score)
3. Penalty enforcement (whistle to ready-to-play)
4. Safety reasons (injuries, etc.)

Normal timing procedures shall resume if the point differential is reduced to less than 35 points. Additionally, should the point margin increase to a 50 point differential any time in the second half, the clock will run continuously except for officials' timeouts for injured players.

Note: The use of this option does not preclude the use of Rule 3-1-3 which reads: "A period or periods may be shortened in any emergency by agreement of the opposing coaches and the referee. By mutual agreement of the opposing coaches and the referee any remaining periods may be shortened at any time or the game may be terminated."

- B. In 9th-grade and junior varsity contests, the clock shall start on the ready-for-play signal rather than the snap following a change of possession.

III. Overtime

- A. The 10-yard-line overtime rule outlined in the National Federation Football Rules Book will be in effect for all varsity regular-season games and MHSAA Playoff games which end with scores tied at the end of regulation.

IV. Competition Against Non-school Teams

- A. Only subvarsity football teams may schedule games with non-school teams as is currently allowed in all other sports. Regulation II, Section 9 (D) requires senior high school varsity teams compete only against teams composed exclusively of high school students and representing high schools.

V. Eight-Player Football

- A. Schools may support teams using the Eight Player Format. Recommended field size is 100 x 40 yards. National Federation published eight player rules will be used.

VI. Casts

- A. Authorization for players to compete while wearing a legally padded cast must be in writing from an M.D., D.O., Physician's Assistant or Nurse Practitioner.

GIRLS GYMNASTICS

I. Mechanics of Scoring

- A. Regular-season and MHSAA tournament gymnastics shall use open scoring.
- B. An inquiry of an official's score is permitted within 10 minutes after all scores for that team have been recorded for that individual event (rather than 5 minutes). The MHSAA allows unlimited inquiry.

See Requirements for regular-season Gymnastic Meets (page 100).

ICE HOCKEY

I. Goal Differential Rule

- A. The 8-goal differential rule is in effect for both the regular season and MHSAA Tournament: A running clock shall be used when a team leads by 8 or more goals during the first and second periods. After two periods of play or anytime during the third period, the game will be terminated when a team leads by 8 goals. During the first or second period when the score differential drops beneath 8 goals, regular time shall be reinstated until an 8-goal margin is reached. The rule is not optional nor shall it be modified.

Representative Council Policies

II. Length of Periods

- A. As allowed by National Federation Rule 6-37, leagues and conferences may, by prior mutual agreement, permit schools to play 17 minute periods during regular-season games. If there is no prior mutual agreement, periods shall be a maximum of 15 minutes in length. In MHSAA Tournament games, periods will be 17 minutes in length.

III. Regular-Season Overtime Procedures

- A. For regular-season tournaments involving four or more teams played on days not followed by a school day (weekend tournament/holiday tournament), any number of overtimes periods up to eight minutes in length each may be played to determine a winner. Local tournament management may elect to limit the number of overtimes played and break ties by statistical methods.
- B. Schools are not required to play overtime periods however in regular-season single games one eight-minute overtime period may be played after which a game shall end as a tie if no goals are scored in the overtime period. For regular-season single games the MHSAA tournament overtime procedure (See IV below) may be used with written approval from the MHSAA (after either two or four regular eight-minute overtime periods).
- C. Instead of ending in a tie or using the one allowed overtime without a shootout, a third option of proceeding immediately to a shootout to break ties is allowed for regular season conference games by prior adoption or by mutual consent of both teams in non-conference games tied at the end of regulation. The shootout procedures would be as follows:
 - At the end of regulation, the head official will instruct the timekeeper to put two minutes on the clock and immediately start the clock.
 - The other two officials will request a list of three shooters from each coach.
 - The head official will meet at center ice with the captains to explain the protocol during the two-minute period.
 - The goalkeepers remain at the same ends as the third period.
 - The home team has the option of shooting first or defending first in Round 1, with the order reversed in Round 2. Teams will have their three shooters alternate shots in each round. The shootout ends if a team scores more times in its round than the opponent does in its round (1-0, 2-1, 3-2). Each team has an equal number of chances to shoot before a winner is declared.
 - If the shootout remains tied at the end of two rounds, each coach will select a different shooter, this time in a sudden death situation. Neither team may use a repeat shooter until each skater on the smallest team's roster has shot. For example, if Team A has 17 skaters but Team B has only 12 skaters, both may use repeat shooters on the 13th penalty shot but not before.

Only the above options are allowed for regular-season contests that end tied in regulation.

IV. MHSAA Tournament Overtime Procedures

- A. During MHSAA Tournament contests, four sudden-victory overtime periods not to exceed eight minutes in length followed by unlimited 4-on-4 periods will be used to determine a winner. Procedures for resurfacing are stated in the MHSAA hockey Participating School Tournament Information and Tournament Managers Manual.

V. Tournament Netting Requirements

- A. All MHSAA ice hockey tournament facilities shall have protective netting behind the goal area, or restrict seating behind the goals.

VI. Neck Guards

- A. The MHSAA has approved mandatory use of neck guards for all players, including goalies in both MHSAA regular-season games and MHSAA tournament games. Neck guards are to be worn properly during the game and also during pregame and between period warm-up time.

VII. Sportsmanship - Next Game Disqualifications

- A. The MHSAA penalty for player or coach game disqualifications in the same season is as follows: first game disqualification – two-game suspension; second game disqualification – four-game suspension; third game disqualification – the coach or player is suspended for the remainder of the season.

VIII. Players in Uniform

- A. A maximum of 22 players, including goalkeeper, may dress for and play in a game.

Representative Council Policies

LACROSSE (Boys and Girls)

I. Suspended Games

- A. All regular-season and MHSAA tournament games shall be resumed from the point of suspension whether continued on the original date or on a future date.
- B. A regular-season or tournament game is legal and complete after 80 percent of play is completed (40 minutes for girls, three quarters for boys).

II. Casts

- A. Authorization for players to compete while wearing a legally padded cast must be in writing from an M.D., D.O., Physician's Assistant or Nurse Practitioner.

III. Misconduct/Disqualification

- A. In girls lacrosse, follow MHSAA Regulation V, Section 3(D). A spectator ejection does not necessitate the head coach be assessed a card.

SOCCER (Boys and Girls)

I. Goal Differential Rule

- A. The 8-goal differential rule is in effect for the MHSAA Tournament and regular-season varsity play. It is optional for leagues and schools to adopt for subvarsity regular-season competition. A game shall be terminated when a team is ahead by 8 goals or more anytime after the first half is completed. (Note: officials must be aware of this adoption by schools or leagues before the contest begins).

II. Overtime Procedures

- A. **Tournament:** The required MHSAA tournament procedures are two full ten-minute overtimes with no golden goal conclusion (play full time regardless of score). Teams shall change ends of the field at the conclusion of the first overtime. If still tied at the end of the second full 10-minute overtime, the shootout (penalty kick) process is used.
- B. **Regular Season:** Leagues and conferences may use the MHSAA tournament overtime procedures (above) or any lesser combination of time for the two periods and/or shootouts. All overtime periods must be of equal length. Shootouts or sudden-victory golden goals may or may not be used in the regular season. Overtime may consist of only shootouts.

III. Yellow Card

- A. A player who receives a second yellow card is disqualified from the game (and the next day of competition).

IV. Uniforms (Caps)

- A. Players may wear soft and yielding ski caps during inclement weather. Caps must be alike in color.
- B. The requirement that home teams wear white jerseys has been delayed until the 2014-15 school year.
- C. A team not complying with the playing rules for colors of jerseys would be responsible for wearing whatever options are used to attain different jersey colors.

VII. Casts

- A. Authorization for players to compete while wearing a legally padded cast must be in writing from an M.D., D.O., Physician's Assistant or Nurse Practitioner.

VIII. Tournament Procedures

- A. The minimum requirement for an official game in an MHSAA tournament game is 60 minutes if the difference in score is one goal or less at the time the game is suspended and cannot be resumed.
- B. Vuvuzela horns are banned at all MHSAA Soccer Tournament matches.

SOFTBALL *See Baseball and Girls Softball*

Representative Council Policies

SWIMMING & DIVING

I. Water Depth

- A. DEQ Regulation states a pool must have 79 inches of water in order to use starting platforms. (Pools with at least 60 inches of water have been grandfathered by the DEQ).

II. Step-Up starts will be used

III. Final Meet Qualifying

- A. At the MHSAA Finals, the qualifying criteria has been modified so as to qualify approximately 32 individuals or relay teams per event, per division.

IV. Events

- A. Schools may request approval from the MHSAA to modify events for invitationals.

V. Diving

- A. Practice dives are permitted only prior to each session of the swimming meet. Divers are permitted adequate warm up, not to exceed 10 minutes immediately prior to the start of diving.

TENNIS - U.S. Tennis Association USTA

I. Scoring

- A. Schools may use no-ad scoring or play pro-sets or shorten the rest period between the second and third set.

II. Misconduct, Sportsmanship

- A. Cumulative Point Penalty System applies for all levels of the MHSAA Tournament.
- B. The penalty for unsportsmanlike conduct after or during a match by a player or non-player (Regional or Final) shall be: individual is defaulted for the rest of the tournament (Regional and Final) and one point is subtracted from the team total.
- C. MHSAA Point Penalty System is: warning, point, default.

III. Rest Periods

- A. The continuous play rule has been modified; breaks occur at each odd game (including the first game) and a set break of a maximum of two minutes is allowed.
- B. The rest period between second and third set is a maximum of five minutes. Coaching is allowed during every change over, set break and five-minute break between the second and third sets.

IV. Seeding

- A. At the Finals, up to six players (per flight) may be seeded.
- B. Seeds at the Regional and Final will be placed, therefore no coin flip is needed.
- C. No appeals or protests regarding the placement or seeds of the Seed Committees for the Regional and Final levels of the MHSAA Tournament are allowed or may be considered by those Committees, MHSAA Staff or MHSAA Executive Committee after the Seed Committee adjourns.
This does not preclude the MHSAA from removing students from the tournament for violations of MHSAA Regulations.

V. Uniforms

- A. The minimum uniform requirement is an unaltered shirt with sleeves, preferably in school colors or with school identification. (Exception: females may wear a sleeveless dress/shirt, including a racer-back top) All uniforms must be approved by the school. Team shorts/skirts are required and shall be the same color. Penalty: Match will not start unless the individual/team has uniform on. Point penalty system for lateness will be used.

TRACK & FIELD and CROSS COUNTRY

I. Uniforms, Attire, Adornments

- A. The only head attire that may be worn during competition will be a knit stocking cap, sweat band, ski band; or hood of a one piece uniform; all must be unadorned, single-colored cloth.
- B. Should the uniform jersey hang below the waistband of the shorts, jerseys must be tucked in.
- C. Ribbons worn to secure the hair do not have to be a solid color. If multiple ribbons are worn they do not have to be the same color.
- D. Sunglasses may be worn in competition only if they are prescription glasses, or prescribed by a physician.
- E. Competitors may not wear temporary body adornment (painted or fastened) during competition.

Representative Council Policies

II. Events

- A. A student shall participate in no more than four events per meet (National Federation listed events only but not javelin in any form).
- B. Schools may request approval from the MHSAA to modify events for invitationals.

GIRLS VOLLEYBALL

I. Match Format

- A. The fourth or fifth set of a match may be played even after one team has won its third set.
- B. Modification of match format is permitted for competition other than varsity dual matches.

II. Warm-Up Time in MHSAA Tournament

- A. During the MHSAA Tournament, the pre-match warm-up is 20 minutes. The first four minutes is shared time; the second four minutes is home team; the next four minutes is visitor; next four minutes is home team; last four minutes is visitor.

III. Ball

- A. During regular-season matches, teams may use a solid white ball or a multi-colored ball with gray, white and royal blue panels. The gray, white and royal blue panel ball will be used for all MHSAA tournament rounds. Effective 2014-15 the gray, white and royal blue ball will be required for regular season and all MHSAA Tournament Rounds.

WRESTLING

I. Home weigh-ins

- A. Home weigh-ins are permitted by mutual consent for all regular-season contests.

MHSAA PROTOCOL FOR IMPLEMENTATION OF NATIONAL FEDERATION SPORTS PLAYING RULES FOR CONCUSSIONS

“Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the contest and shall not return to play until cleared by an appropriate health care professional.”

The language above, which appears in all National Federation sports rule books, reflects a strengthening of rules regarding the safety of athletes suspected of having a concussion. This language reflects an increasing focus on safety and acknowledges that the vast majority of concussions do not involve a loss of consciousness.

This protocol is intended to provide the mechanics to follow during the course of contests when an athlete sustains an apparent concussion.

1. The officials will have no role in determining concussion other than the obvious one where a player is either unconscious or apparently unconscious. Officials will merely point out to a coach that a player is apparently injured and advise that the player should be examined by a health care professional for an exact determination of the extent of injury.
2. If it is confirmed by the school's designated health care professional that the student did not sustain a concussion, the head coach may so advise the officials during an appropriate stoppage of play and the athlete may reenter competition pursuant to the contest rules.
3. Otherwise, if competition continues while the athlete is withheld for an apparent concussion, that athlete may not be returned to competition that day but is subject to the return to play protocol.
 - a. Only an M.D., D.O., Physician's Assistant or Nurse Practitioner may clear the individual to return to activity.
 - b. The clearance must be in writing.
 - c. The clearance may not be on the same date on which the athlete was removed from play.
4. Following the contest, an Officials Report shall be filed with a removed player's school and the MHSAA.
5. In cases where an assigned MHSAA tournament physician (MD/DO/PA/NP) is present, his or her decision to not allow an athlete to return to activity may not be overruled.

SANCTIONS FOR NON-COMPLIANCE WITH CONCUSSION MANAGEMENT POLICY

Following are the consequences for not complying with National Federation and MHSAA rules when players are removed from play because of a concussion:

- A concussed student is ineligible to return to any athletic meet or contest on the **same day** the concussion is sustained.
- A concussed student is ineligible to enter a meet or contest on a **subsequent day** without the written authorization of an M.D., D.O., Physician's Assistant or Nurse Practitioner.

These students are considered ineligible players and any meet or contest which they enter is forfeited.

In addition, that program is placed on probation through that sport season of the following school year.

For a second offense in that sport during the probationary period – that program is continued on probation through that sport season of the following school year and not permitted to participate in the MHSAA tournament in that sport during the original and extended probationary period.

Individual school, districts and leagues may have more stringent requirements and protocols including but not limited to mandatory periods of inactivity, screening and post-concussion testing prior to the written clearance for return to activity.

MHSAA FORMS

All of the following forms are available on the MHSAA Website at MHSAA.com under **Administrators**, then **“Forms and Resources”** from the left-hand navigation bar.

1. MHSAA Master Eligibility List
2. Educational Transfer Form
3. Registration for High School Non-Faculty Coaches
4. Registration for Jr. High/Middle School Non-Faculty Coaches
5. Eligibility Advancement Form
6. Travel Form For Out-Of-State Practice
7. Cooperative Agreement Applications and Disolution Forms
8. Approved International Student Program Forms

Representative Council Policies

MHSAA FOOTBALL PRACTICE POLICIES Adopted March 21, 2014. Effective August 2014

1. During the first week of practice of the season, only helmets are allowed the first two days, only shoulder pads may be added on the third and fourth days, and full pads may not be worn until the fifth day of team practice.
2. Before the first regular-season game, schools may not schedule more than one “collision” practice in a day.
 - A “collision” practice is one in which there is live, game-speed, player-vs.-player contact in pads (not walk-throughs) involving any number of players. This includes practices with scrimmages, drills and simulations where action is live, game-speed, player-vs.-player.
 - If any part of a drill or scrimmage involves live game-speed player-vs.-player contact in pads, it is a collision practice even if players do not execute full tackles at a competitive pace that takes players to the ground.
 - During any additional practice sessions that day, players may wear helmets and other pads (neither is mandatory). Blocking and tackling technique may be taught and practiced. However, full-speed contact is limited to players vs. pads, shields, sleds or dummies.
3. After the first regular-season game, teams may conduct no more than two collision practice days in any week, Monday through Sunday. During other days of practice, players may wear helmets and other protective pads (neither is mandatory). Blocking and tackling technique may be taught and practiced. However, full-speed contact is limited to players vs. pads, shields, sleds or dummies.
4. No single practice may exceed three hours, and the total practice time for days with multiple practice sessions may not exceed five hours.
 - Warm-up, stretching, speed and agility drills and cool down are all considered part of practice. Neither strength/weight training activities nor video/classroom sessions are considered practice for the purposes of the three- or five-hour limits.

FOOTBALL PRACTICE Q & A

1. **Q** Would the proposals apply at both the high school and junior high/middle school levels?
A Yes.
2. **Q** Is the purpose of the proposals to improve student-athlete acclimatization or reduce head trauma?
A Both.
3. **Q** What is the Task Force position on “girdle pads” during the first week of practice?
A Girdle pads may be worn under or in place of shorts during the first four days of acclimatization practice that precede the first day in full pads.
4. **Q** Does the three-hour limit on single practices and the five-hour limit for multiple practices on the same day apply only to football?
A Yes. The Task Force recommends that the limits be added as soon as possible to the MHSAA “Model Policy for Managing Heat & Humidity” and apply to all sports.
5. **Q** How much time is required between sessions on days with multiple practices?
A Because practice venues differ greatly and some may raise questions regarding supervision and the possibility of injury risks as great off the field as on, the Task Force declined to set a maximum and minimum length of rest periods. However, one hour between practices when there is no physical activity is the minimum recommendation. Classroom sessions would be allowed during the period of physical rest. To be clear, break time is not included in the five-hour limit.
6. **Q** Can a team have different collision days for different players?
A If varsity and subvarsity squads practice separately, their collision days may be different days. However, if the squads practice together, then their collision days must be the same.

MODEL POLICY FOR MANAGING HEAT & HUMIDITY
Adopted March 22, 2013

1. Thirty minutes prior to the start of an activity, and again 60 minutes after the start of that activity, take temperature and humidity readings at the site of the activity. Using a digital sling psychrometer is recommended. Record the readings in writing and maintain the information in files of school administration. Each school is to designate whose duties these are: generally the athletic director, head coach or certified athletic trainer.
2. Factor the temperature and humidity into the Heat Index Calculator and Chart to determine the Heat Index. If a digital sling psychrometer is being used, the calculation is automatic.

3. If the Heat Index is below 95 degrees:

- All Sports
 - o Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
 - o Optional water breaks every 30 minutes for 10 minutes in duration.
 - o Ice-down towels for cooling.
 - o Watch/monitor athletes carefully for necessary action.

If the Heat Index is 95 degrees to 99 degrees:

- All Sports
 - o Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
 - o Optional water breaks every 30 minutes for 10 minutes in duration.
 - o Ice-down towels for cooling.
 - o Watch/monitor athletes carefully for necessary action.
- Contact sports and activities with additional equipment:
 - o Helmets and other possible equipment removed while not involved in contact.
- Reduce time of outside activity. Consider postponing practice to later in the day.
- Recheck temperature and humidity every 30 minutes to monitor for increased Heat Index.

If the Heat Index is above 99 degrees to 104 degrees:

- All Sports
 - o Provide ample amounts of water. This means that water should always be available and athletes should be able to take in as much water as they desire.
 - o Mandatory water breaks every 30 minutes for 10 minutes in duration.
 - o Ice-down towels for cooling.
 - o Watch/monitor athletes carefully for necessary action.
 - o Alter uniform by removing items if possible.
 - o Allow for changes to dry t-shirts and shorts.
 - o Reduce time of outside activity as well as indoor activity if air conditioning is unavailable.
 - o Postpone practice to later in the day.
- Contact sports and activities with additional equipment
 - o Helmets and other possible equipment removed if not involved in contact or necessary for safety. If necessary for safety, suspend activity.
- Recheck temperature and humidity every 30 minutes to monitor for increased Heat Index.

If the Heat Index is above 104 degrees:

- All sports
 - o Stop all outside activity in practice and/or play, and stop all inside activity if air conditioning is unavailable.

Note: When the temperature is below 80 degrees there is no combination of heat and humidity that will result in need to curtail activity.

MHSAA Tournament Managers at all levels will follow this policy without exception
A Heat Index Calculation Chart can be downloaded from the Health & Safety Page of MHSAA.com

RECOMMENDATIONS FOR OUT-OF-SEASON PROGRAM RELATIONSHIPS

The following statements were adopted March 27, 1992, as Representative Council recommendations for local school district policy with respect to out-of-season programs, with the intent that these statements encourage and guide local school districts' prevention of or solutions to out-of-season abuses:

1. The mission of MHSAA member schools is to provide well-rounded individuals. The purpose of interscholastic athletics is to help educate boys and girls and not to prepare students for college athletics, which is a by-product of interscholastic participation available to less than 1 percent of high school athletes.
2. For almost all students, specialization in a single athletic activity is not in their best long-term interests.
3. Students should be encouraged by coaches, administrators and parents to participate in a variety of school activities, including more than one sport during the school year.
4. Schools should not allow priority use of school equipment and facilities by non-school organizations which promote a philosophy contrary to Numbers 1, 2 and 3 above.
5. There should be no promotion or publicity within a school for non-school programs which promote a philosophy contrary to No. 1, 2 and 3 above.
6. Neither students nor school coaches should engage in non-school activities during the school year which resemble in any way a school team practicing or competing out-of-season, and thus violate the spirit of rules adopted by Michigan schools to limit out-of-season sports activities sponsored by schools.

SUMMER POLICY STATEMENT OF THE MHSAA REPRESENTATIVE COUNCIL

The following statement was adopted by the Representative Council of the Michigan High School Athletic Association on May 7, 1990, as a recommendation to be considered by school administrators and their boards of education as well as their leagues and conferences, and to be communicated to educational groups in Michigan.

The Representative Council is opposed to the tradition of a small but possibly growing number of schools and/or their coaches to arrange for some or all of the members of a team to practice together regularly and to participate together extensively in summer leagues or a series of team camps. The Representative Council urges MHSAA member schools to discourage their coaches and athletes from engaging together in any regular schedule of practice and competition in the summer, and reminds all involved that **mandatory** practices, competition or camp attendance in the summer is a violation of MHSAA regulations (as are similar activities limited exclusively to prospective members of the interscholastic teams in a particular sport).

The Representative Council also cautions school districts to reduce their exposure to liability for athletic injuries during summer programs by providing no funding or equipment for students to participate in athletic activities at facilities and in programs that are not controlled by the school district. Do not become the "deep pocket" for a personal injury by handling funds for or lending equipment to a student in a program that is not under school district control. (MHSAA catastrophic athletic accident insurance does not cover out-of-season activities.)

In addition to all other policies governing the involvement of schools and coaches outside the school year (Regulation II, Section 11[H]), it is **recommended** that school districts and conferences consider these or more restrictive limitations during the month of July and/or other periods of the summer:

- a) A school district may not conduct or hold in its **indoor facilities** any summer leagues or team camps which involve students entering grades 7 through 12.
- b) A school district may not allow its **equipment** (including football helmets) to be used in summer leagues or team camps which involve any of its students entering grades 7 through 12.
- c) A school district may not allow its **personnel**, including designated nonfaculty coaches (whether paid or volunteer), to be involved in organizing, directing or coaching in a summer league or team camp in basketball, football, soccer, volleyball, ice hockey, lacrosse or wrestling if it involves more than three of its students entering grades 7 through 12.

**RECOMMENDATIONS FOR ATHLETIC CAMPS, CLINICS,
COMBINES, COMPETITIONS**

As a service to its member schools and their students, parents, coaches and administrators, and for the purpose of promoting high standards at athletic camps, clinics, combines and competitions for junior high/middle school and senior high school students, the Michigan High School Athletic Association Representative Council adopted the following recommendations on May 5, 1997:

No. 1 — EDUCATIONAL PERSPECTIVE

- A. The program should be designed and scheduled to require no loss of classroom instructional time for participants' travel or actual participation. It should not encourage lengthy travel on school nights to practice or compete. It should not be so lengthy or exhausting on Sundays that students miss school on Monday to recover from competition and/or travel.
- B. The program should be designed and scheduled so no interference is created with the practice or competition schedule of a student on his or her school team. It should not discourage students from participation in other school activities.
- C. There should be written assurances from the sponsors and organizers that there is compliance with all MHSAA regulations.
- D. In addition to the teaching of sports skills and strategies, educational programs should be provided to participants at multi-day events.
- E. The emphasis of the program should be to teach skills and to conduct drills rather than to provide competition where participants display skills which have been developed at other times and places.
- F. Coaches and counselors should be screened, selected and trained for appropriate interaction with youth. No one who would fail the background check for employees of schools and/or child care facilities should have assignments as either paid or volunteer staff.

No. 2 — FINANCIAL RESPONSIBILITY

- A. All participants must be charged the same fee. All teams must be treated the same: if one team receives reimbursement, all must be reimbursed by the same formula.
- B. No fees or admissions may be charged to spectators for any portion of a camp, clinic or combine.
- C. Merchandise gifts and symbolic awards to participants must not exceed \$25 retail value.
- D. Equipment and apparel given to participants for use during the program must not be retained by the participants at the conclusion of the program unless the actual cost of those items is included in the fee paid by all participants.
- E. No compensation may be paid either directly or indirectly to any person for facilitating the attendance of any participant or group of participants.
- F. All participants should be covered by excess accident medical insurance with a deductible no higher than \$25,000 and a maximum benefit per injury no lower than \$100,000.
- G. The program sponsor should have in force a comprehensive general liability policy with a per occurrence limit of \$1,000,000 or higher.

No. 3 — PROMOTION

- A. Participants must not be solicited or admitted on the basis of past performance or future potential in interscholastic athletics.
- B. Promotional literature should not suggest attendance by college recruiters or that participation in the program will enhance the prospects that a participating student may receive an intercollegiate athletic scholarship.
- C. Promotional literature should accurately reflect the content and schedule of the program.

**MODEL POLICY FOR TRANSFERS FOLLOWING VIOLATIONS OF A SCHOOL'S
STUDENT/ATHLETIC CODE
December 1998**

_____ High School will enforce upon a transfer student any period of ineligibility to which that student would have been subject as a result of a student or athletic code violation(s) at that student's most recent previously attended school.

A student who transfers to _____ High School after becoming ineligible because of a student or athletic conduct code violation(s) at the previously attended school shall remain ineligible at _____ High School for not less than the period of ineligibility imposed by the previously attended school. This would be the case even if the student's situation would otherwise satisfy one or more of the exceptions to the transfer regulation of _____ High School and the Michigan High School Athletic Association (Regulation I, Section 9), and even if the act which caused the student's ineligibility at the previous school would not be a violation or cause the same period of ineligibility at _____ High School.

That student was subject to the rules and penalties of the previous school and shall not be allowed to escape the consequences of his/her conduct and, in doing so, displace students of _____ High School from teams, positions, events and awards at least until the full period of ineligibility has been served.

Note: *The name of the school adopting this policy would be inserted on each blank line above.*

**VOLLEYBALL RECOMMENDATIONS
May 1992
(Revised May 2003)**

The MHSAA recommends the following guidelines for local school districts, understanding that the location and conference affiliations (or lack thereof) of some schools may require variation from these recommended standards:

1. A school should compete in no more than six invitational meets during a season, preferring member school-sponsored meets over those conducted by colleges and other organizations which might be less familiar with the standards and practices of member schools.
2. No meet should exceed 10 hours in length or extend beyond 10 p.m.
3. Before school administrators agree to allow a team to compete in an invitational tournament, they are encouraged to review the tournament information and determine how many schools will compete and how many courts will be used, as well as how many sets (games) a team is guaranteed. Such an evaluation of the tournament will assist administrators in determining whether the stay at the site, as well as travel time, is too lengthy and not worthy of a team's participation.
4. To assist in MHSAA approving member school and non-school invitational tournaments, the following policies should be forwarded to the hosts:
 - a. MHSAA registered officials must be contracted to work as referees.
 - b. Timed sets (games) are discouraged.
 - c. Two-set (game) matches are approved for pool-play.

PUBLIC ACT 31 (1990) REQUIRES NOTICE THAT POSSESSION/USE OF STEROIDS IS A CRIME

In 1990, the Michigan Legislature enacted Public Law 31 which requires athletic service providers – including both educational and recreational athletic facilities – to post notice that warns that any person who uses or knowingly possesses an androgenic anabolic steroid violates Michigan law and is punishable by imprisonment and fine.

PUBLIC ACT 187 (1999) PROHIBITS PROMOTION/DISTRIBUTION OF PERFORMANCE ENHANCING SUPPLEMENTS

Michigan public school employees and volunteers are prohibited by Public Law 187 from promoting or supplying dietary supplements which carry claims of enhanced athletic performance. The Law covers androstenedione, creatine and any compound labeled as performance enhancing. See MCL 380.1317.

PUBLIC ACTS 111 AND 112 (2004) PROHIBIT AND PENALIZE HAZING

In 2004, the Michigan Legislature enacted legislation that prohibits hazing activities at educational institutions and provides penalties.

Hazing is defined in the law as an intentional, knowing or reckless act by a person who acted alone or with others that was directed against an individual and that person knew or should have known would endanger the physical health or safety of the individual, and that was done for the purpose of affiliation with, participation in, or maintaining membership in any organization. The law does not apply to an activity that was normal and customary in an athletic program sanctioned by the educational institution.

If the violation resulted in physical injury, the person would be guilty of a misdemeanor punishable by imprisonment for not more than 93 days, a fine of not more than \$1,000, or both. A violation resulting in impairment of a body function would be a felony resulting in imprisonment of up to five years and a fine up to \$2,500, or both. A violation resulting in death of the person hazed would be punishable by up to 15 years imprisonment and a maximum fine of \$10,000 or both.

PUBLIC ACT 215 (2006) BANNED DRUGS

The law requires all public school districts and academies to include in their local codes of conduct that possession or use of any National Collegiate Athletic Association banned drug is not permitted and shall subject the student to the same penalties that the school district has established for possession/use of tobacco, alcoholic beverages and illegal drugs.

- (1) The board of a school district or board of directors of a public school academy shall ensure that its policies concerning a pupil's eligibility for participation in interscholastic athletics include use of a performance-enhancing substance by the pupil as a violation that will affect a pupil's eligibility, as determined by the board or board of directors. The governing body of a nonpublic school is encouraged to adopt an eligibility policy that meets the requirements of this section.
- (2) For the purposes of this section, the Department of Community Health shall develop, periodically update and make available to school districts, public school academies and nonpublic schools a list of performance-enhancing substances. The Department of Community Health shall base the list on the list of banned drugs contained in the Bylaws of the National Collegiate Athletic Association.

PUBLIC ACTS 342 AND 343 (2012) CONCUSSION AWARENESS IN NON-MHSAA SPORTS ACTIVITIES

The law mandates that the Michigan Department of Community Health (MDCH) establish a concussion awareness website for youth sports sponsoring organizations (including schools) with educational material in **non-MHSAA** sports activities including physical education, intramurals, out-of-season activities, as well as out-of-season camps or clinics.

- Adult coaches must complete a one-time designated online concussion awareness course and the sponsoring organization maintain a record of completion.
- Students and parents must review concussion material and the organization maintain an acknowledgment of this material until age 18 or the student discontinues the activity.
- Participants with a suspected concussion must be withheld from activity and evaluated by an appropriate health care provider and not be returned to activity until written approval is provided by an appropriate health care provider. For MHSAA practices and competition, an MD or DO must provide written return to play. See MHSAA Concussion Protocol on Page 111.

The MDCH Website is accessible through MHSAA.com Health & Safety Page or directly at michigan.gov/sports-concussion

Anticipated* 2015 MICHIGAN MERIT EXAM DATES

*At the time of the MHSAA Handbook publication a determination by the Michigan Legislature was pending as to the future of the Michigan Merit Exam. The Dept. of Education recommended the Smarter Balanced Assessment online testing program be conducted by schools within a window of several weeks. If the MME test returns in its current form, the anticipated corresponding dates in 2015 would be March 3-5, 2015 with make-up dates of March 17-19, 2015. This period of time conflicts with several MHSAA winter sports tournaments dates listed below. Schools should check the Dept. of Education testing program in their school with the MHSAA calendar as soon as possible.

DATES	CONFLICTS
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March 3	Ice Hockey Regionals
March 4	Girls Basketball Districts, Ice Hockey Regionals
March 5	Individual Wrestling Finals, Ice Hockey Regionals, LP Dive Regionals

MAKEUP DATES

March 17	Girls Basketball Quarterfinals
March 18	None
March 19	Girls Basketball Semifinals

2014-15 NATIONAL TESTING DATES

Please advise students of the 2014-15 test date schedule. Your students should be aware of athletic tournament dates and should attempt to schedule their respective test date away from tournament dates of the sport or sports in which they are interested and participate. Following are test dates for 2014-15 (publicized as of May 15, 2014) and dates where tournaments would create conflict.

ACT ASSESSMENT DATES	CONFLICTS
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September 13, 2014	None
October 25, 2014	LP Boys Soccer Regionals, LP Cross Country Regionals
December 13, 2014	None
February 7, 2015	Individual Wrestling Districts
April 18, 2015	None
June 13, 2015	Baseball Finals; Softball Finals, LP Girls Soccer Finals

SAT TESTING DATES	CONFLICTS
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SAT dates are anticipated as of May 2014 – Check Final Dates

October 11, 2014	LP Girls Golf Regionals, LP Boys Tennis Regionals
November 8, 2014	Volleyball Districts, 11-Player Football Districts, 8-Player Football Regionals
December 6, 2014	None
January 24, 2015	None
March 14, 2015	Girls Gymnastics Finals, Ice Hockey Finals, LP Boys Swimming & Diving Finals
May 2, 2015	None
June 6, 2015	Baseball Regionals, Softball Regionals, LP Boys Golf Finals, Boys Lacrosse Finals, Girls Lacrosse Finals, LP Girls Soccer Regionals

AP EXAM DATES	CONFLICTS
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May 4-8, 11-15, 2015	Boys Lacrosse Regionals, Girls Lacrosse Regionals, Track Regionals, LP Girls Tennis Regionals
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(Advanced Placement Exams are administered over a five-day period for each subject)

**CALENDAR OF CORRESPONDING TOURNAMENT DATES
FOR MHSAA SPONSORED SPORTS ACTIVITIES
2014-2015 THROUGH 2020-2021**

SPORT	2014-2015	2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021
BASEBALL							
Districts	May 26, 29 or 30 June 6	May 31, Jun 3 or 4 June 11	May 30, Jun 2 or 3 June 10	May 29, Jun 1 or 2 June 9	May 28, 31 or Jun 1 June 8	May 26, 29 or 30 June 6	June 1, 4 or 5 June 22
Regionals	June 9	June 14	June 13	June 12	June 11	June 9	June 15
Quarterfinals	June 11-13	June 16-18	June 15-17	June 14-16	June 13-15	June 11-13	June 17-19
BASKETBALL							
Girls Districts	Mar 2 & 4 & 6 Mar 10 & 12	Feb 29 & Mar 2 & 4 Mar 8 & 10	Feb 27 & Mar 1 & 3 Mar 7 & 9	Feb 26 & 28 & Mar 2 Mar 6 & 8	Feb 25 & 27 & Mar 1 Mar 5 & 7	Mar 2 & 4 & 6 Mar 10 & 12	Mar 1 & 3 & 5 Mar 9 & 11
Girls Regionals	Mar 17, 19-21	Mar 15, 17-19	Mar 14, 16-18	Mar 13, 15-17	Mar 12, 14-16	Mar 17, 19-21	Mar 16, 18-20
Girls Quarters, Semis & Finals	Mar 9 & 11 & 13	Mar 7 & 9 & 11	Mar 6 & 8 & 10	Mar 5 & 7 & 9	Mar 4 & 6 & 8	Mar 9 & 11 & 13	Mar 8 & 10 & 12
Boys Districts	Mar 16 & 18	Mar 14 & 16	Mar 13 & 15	Mar 12 & 14	Mar 11 & 13	Mar 16 & 18	Mar 15 & 17
Boys Regionals	Mar 24, 26-28	Mar 22, 24-26	Mar 21, 23-25	Mar 20, 22-24	Mar 19, 21-23	Mar 24, 26-28	Mar 23, 25-27
Boys Quarters, Semis & Finals	Feb 27-28 Mar 6-7	Feb 26-27 Mar 4-5	Feb 24-25 Mar 3-4	Feb 23-24 Mar 2-3	Feb 22-23 Mar 1-2	Feb 28-29 Mar 6-7	Feb 26-27 Mar 5-6
BOWLING							
Regionals	Feb 20-21	Feb 19-20	Feb 17-18	Feb 16-17	Feb 15-16	Feb 21-22	Feb 19-20
Districts	February 28	February 27	February 25	February 24	February 23	February 29	February 27
Finals	March 6-7	March 4-5	March 3-4	March 2-3	March 1-2	March 6-7	Mar 5-6
COMPETITIVE CHEER							
UP Finals	October 18	October 24	October 22	October 21	October 20	October 19	Oct 24
LP Boys & Girls Regionals	Oct 24 or 25	Oct 30 or 31	Oct 28 or 29	Oct 27 or 28	Oct 26 or 27	Oct 25 or 26	Oct 30 or 31
LP Boys & Girls Finals	November 1	November 7	November 5	November 4	November 3	November 2	November 7
FOOTBALL							
Earliest Practice	August 11	August 10	August 8	August 7	August 6	August 12	August 10
First Game Date (Varsity)	August 28 Oct 31 or Nov 1	August 27 Oct 30 or 31	August 25 Oct 28 or 29	August 24 Oct 27 or 28	August 23 Oct 26 or 27	August 29 Nov 1 or 2	August 27 Oct 30 or 31 & Nov 6 or 7
8 Player Regionals	& Nov 7 or 8	& Nov 6 or 7	& Nov 4 or 5	& Nov 3 or 4	& Nov 2 or 3	& Nov 8 or 9	
8 Player Semifinals & Final	Nov 15 & 21 or 22	Nov 14 & 20 or 21	Nov 12 & 18 or 19	Nov 11 & 17 or 18	Nov 10 & 16 or 17	Nov 16 & 22 or 23	Nov 14 & 20 or 21
11 Player Districts	Oct 31 or Nov 1 & Nov 7 or 8	Oct 30 or 31 & Nov 6 or 7	Oct 28 or 29 & Nov 4 or 5	Oct 27 or 28 & Nov 3 or 4	Oct 26 or 27 & Nov 2 or 3	Nov 1 or 2 & Nov 8 or 9	Oct 30 or 31 & Nov 6 or 7
11 Player Regionals	Nov 14 or 15	Nov 13 or 14	Nov 11 or 12	Nov 10 or 11	Nov 9 or 10	Nov 15 or 16	Nov 13 or 14
11 Player Semifinals	November 22	November 21	November 19	November 18	November 17	November 23	November 21
11 Player Finals	Nov 28-29	Nov 27-28	Nov 25-26	Nov 24-25	Nov 23-24	Nov 29-30	Nov 27-28

**CALENDAR OF CORRESPONDING TOURNAMENT DATES
FOR MHSAA SPONSORED SPORTS ACTIVITIES
2014-2015 THROUGH 2020-2021**

SPORT	2014-2015	2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021
GOLF							
LP Girls Regionals	Oct 8, 9, 10 or 11	Oct 7, 8, 9 or 10	Oct 6, 7, 8 or 9	Oct 11, 12, 13 or 14	Oct 10, 11, 12 or 13	Oct 9, 10, 11 or 12	Oct 7, 8, 9 or 10
LP Girls Finals	Oct 17-18	Oct 16-17	Oct 15-16	Oct 20-21	Oct 19-20	Oct 18-19	Oct 16-17
LP Boys Districts	May 20, 21, 22 or 23	May 25, 26, 27 or 28	May 24, 25, 26 or 27	May 23, 24, 25 or 26	May 22, 23, 24 or 25	May 20, 21, 22 or 23	May 26, 27, 28 or 29
LP Boys Regionals	May 27, 28, 29 or 30	June 1, 2, 3 or 4	May 31, June 1, 2 or 3	May 30, 31, June 1 or 2	May 29, 30, 31 or June 1	May 27, 28, 29 or 30	June 2, 3, 4 or 5
LP Boys Finals	June 5-6	June 10-11	June 9-10	June 8-9	June 7-8	June 5-6	June 11-12
UP Boys & Girls Finals	May 27-30	Jun 1-4	May 31 - Jun 3	May 30 - Jun 2	May 29-31 & Jun 1	May 27-30	June 2-5
GYMNASTICS							
LP Regionals	March 7	March 5	March 4	March 3	March 2	March 7	March 6
LP Finals	March 13-14	March 11-12	March 10-11	March 9-10	March 8-9	March 13-14	March 12-13
HOCKEY							
Regionals	Mar 2-7	Feb 29 - Mar 5	Feb 28 - Mar 4	Feb 27 - Mar 3	Feb 25 - Mar 2	Mar 2-7	Mar 1-6
Quarters, Semis & Finals	March 10-11, 12-14	March 8-9, 10-12	March 7-8, 9-11	March 6-7, 8-10	March 5-6, 7-9	March 10-11, 12-14	March 9-10, 11-13
LACROSSE							
Boys Regionals	May 14-30	May 19-Jun 4	May 18-Jun 3	May 17-Jun 2	May 16-Jun 1	May 14-30	May 20 - June 5
Boys Semifinals	June 3	June 8	June 7	June 6	June 5	June 3	June 9
Boys Finals	June 6	June 11	June 10	June 9	June 8	June 6	June 12
Girls Regionals	May 14-30	May 19-Jun 4	May 18-Jun 3	May 17-Jun 2	May 16-Jun 1	May 14-30	May 20 - June 5
Girls Semifinals	June 3	June 8	June 7	June 6	June 5	June 3	June 9
Girls Finals	June 6	June 11	June 10	June 9	June 8	June 6	June 12
SKIING							
Boys & Girls Regionals	Feb 9-13	Feb 15-19	Feb 13-17	Feb 12-16	Feb 11-15	Feb 10-14	Feb 8-12
Boys & Girls Finals	February 23	February 29	February 27	February 26	February 25	February 24	Feb 22
SOCCER							
LP Boys Districts	Oct 13-18	Oct 19-24	Oct 17-22	Oct 16-21	Oct 15-20	Oct 14-19	Oct 19-24
LP Boys Regionals	Oct 21-25	Oct 27-31	Oct 25-29	Oct 24-28	Oct 23-27	Oct 22-26	Oct 27-31
LP Boys Semifinals	October 29	November 4	November 2	November 1	October 31	October 30	November 4
LP Boys Finals	November 1	November 7	November 5	November 4	November 3	November 2	November 7
LP Girls Districts	May 26-30	May 31-Jun 4	May 30-Jun 3	May 29-Jun 2	May 28 - Jun 1	May 26-30	June 1-5
LP Girls Regionals	June 2-6	June 7-11	June 6-10	June 5-9	June 4-8	June 2-6	June 8-12
LP Girls Semifinals	June 10	June 15	June 14	June 13	June 12	June 10	June 16
LP Girls Finals	June 13	June 18	June 17	June 16	June 15	June 13	June 19

**CALENDAR OF CORRESPONDING TOURNAMENT DATES
FOR MHSAA SPONSORED SPORTS ACTIVITIES
2014-2015 THROUGH 2020-2021**

SPORT	2014-2015	2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021
SOFTBALL							
Districts	May 26, 29 or 30	May 31, Jun 3 or 4	May 30, Jun 2 or 3	May 29, June 1 or 2	May 28, 31 or Jun 1	May 26, 29 or 30	June 1, 4 or 5
Regionals	June 6	June 11	June 10	June 9	June 8	June 6	June 12
Quarterfinals	June 9	June 14	June 13	June 12	June 11	June 9	June 15
Semifinals & Finals	June 11-13	June 16-18	June 15-17	June 14-16	June 13-15	June 11-13	June 18 & 19
SWIMMING							
Girls LP Diving Qualifier	November 13	November 12	November 10	November 9	November 8	November 14	November 12
Girls LP Prelims & Final	Nov 21-22	Nov 20-21	Nov 18-19	Nov 17-18	Nov 16-17	Nov 22-23	Nov 20-21
Boys LP Diving Qualifier	March 5	March 3	March 2	March 1	Feb 28	March 5	March 4
Boys LP Prelims & Final	Mar 13-14	Mar 11-12	Mar 10-11	Mar 9-10	Mar 8-9	Mar 13-14	Mar 12-13
UP Boys & Girls Finals	February 21	February 20	February 18	February 17	February 16	February 15	February 20
TENNIS							
Boys LP Regionals	Oct 9 or 10 or 11	Oct 8 or 9 or 10	Oct 6 or 7 or 8	Oct 12 or 13 or 14	Oct 11 or 12 or 13	Oct 10 or 11 or 12	Oct 8 or 9 or 10
Boys LP Finals	Oct 17-18	Oct 16-17	Oct 14-15	Oct 20-21	Oct 19-20	Oct 18-19	Oct 16-17
Boys UP Finals	May 27-30	June 1-4	May 31 - June 3	May 30 - June 2	May 29 - June 1	May 27-30	June 2-5
Girls LP Regionals	May 14 or 15 or 16	May 19 or 20 or 21	May 18 or 19 or 20	May 17 or 18 or 19	May 16 or 17 or 18	May 14 or 15 or 16	May 20 or 21 or 22
Girls LP Finals	May 29-30	June 3-4	June 2-3	June 1-2	May 31 - June 1	May 29-30	June 4-5
Girls UP Finals	Oct 1-4	Sep 30 - Oct 3	Sep 28 - Oct 1	Oct 4-7	Oct 3-6	Oct 2-5	Sep 30 - Oct 3
TRACK							
Boys & Girls Regionals	May 15 or 16	May 20 or 21	May 19 or 20	May 18 or 19	May 17 or 18	May 15 or 16	May 21 or 22
Boys & Girls Finals	May 30	June 4	June 3	June 2	June 1	May 30	June 5
VOLLEYBALL							
Districts (1st Rounds, Finals)	Nov 3-5, 6 or 7 or 8	Nov 2-4, 5 or 6 or 7	Oct 31 - Nov 2, Nov 3 or 4 or 5	Oct 30 - Nov 1, Nov 2 or 3 or 4	Oct 29-31, Nov 1 or 2 or 3	Nov 4-6, 7 or 8 or 9	Nov 2-4, 5 or 6 or 7
Regionals	Nov 11 & 13	Nov 10 & 12	Nov 8 & 10	Nov 7 & 9	Nov 6 & 8	Nov 12 & 14	Nov 10 & 12
Quarterfinals	November 18	November 17	November 15	November 14	November 13	November 19	November 17
Semifinals & Finals	Nov 20-21 & 22	Nov 19-20 & 21	Nov 17-18 & 19	Nov 16-17 & 18	Nov 15-16 & 17	Nov 21-22 & 23	Nov 19-20 & 21
WRESTLING							
Team Districts	Feb 11 & 12	Feb 10 & 11	Feb 8 & 9	Feb 7 & 8	Feb 6 & 7	Feb 12 & 13	Feb 10 & 11
Team Regionals	February 18	February 17	February 15	February 14	February 13	February 19	February 17
Team Quarters, Semis & Finals	Feb 27, 28	Feb 26, 27	Feb 24, 25	Feb 23, 24	Feb 22, 23	Feb 28, 29	Feb 26, 27
Individual Districts	February 14	February 13	February 11	February 10	February 9	February 15	February 13
Individual Regionals	February 21	February 20	February 18	February 17	February 16	February 22	February 20
Individual Finals	Mar 5-7	Mar 3-5	Mar 2-4	Mar 1-3	Feb 28 - Mar 2	Mar 5-7	Mar 4-6

**CALENDAR OF CORRESPONDING TOURNAMENT DATES
FOR MHSAA SPONSORED SPORTS ACTIVITIES
2014-2015 THROUGH 2020-2021**

SPORT	2014-2015	2015-2016	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021
ANNUAL BUSINESS MEETING	October 8	TBA	TBA	TBA	TBA	TBA	TBA
OFFICIALS' BANQUET	May 2	April 30	May 6	May 5	May 4	May 3	May 1
REPRESENTATIVE COUNCIL	December 5	December 4	December 2	December 1	November 30	December 6	December 4
REPRESENTATIVE COUNCIL	March 27	March 25	March 24	March 23	March 22	March 27	March 26
REPRESENTATIVE COUNCIL	May 3-4	May 1-2	May 7-8	May 6-7	May 5-6	May 4-5	May 2-3
WISL CONFERENCE		Feb 7-8		Feb 4-5		Feb. 2-3	

SCHEDULING DATES

(School Years 2014-2015 Through 2023-2024)

ACADEMIC YEAR	THANKSGIVING *	M.M.E. INITIAL DATES	EASTER SUNDAY	MEMORIAL DAY *
2014-2015	2014 -- November 27	2015: TBA	2015 -- April 5	2015 -- May 25
2015-2016	2015 -- November 26	2016: TBA	2016 -- March 27	2016 -- May 30
2016-2017	2016 -- November 24	2017: TBA	2017 -- April 16	2017 -- May 29
2017-2018	2017 -- November 23	2018: TBA	2018 -- April 1	2018 -- May 28
2018-2019	2018 -- November 22	2019: TBA	2019 -- April 21	2019 -- May 27
2019-2020	2019 -- November 28	2020: TBA	2020 -- April 12	2020 -- May 25
2020-2021	2020 -- November 26	2021: TBA	2021 -- April 4	2021 -- May 31
2021-2022	2021 -- November 25	2022: TBA	2022 -- April 17	2022 -- May 30
2022-2023	2022 -- November 24	2023: TBA	2023 -- April 9	2023 -- May 29
2023-2024	2023 -- November 23	2024: TBA	2024 -- March 31	2024 -- May 27

* Thanksgiving and Memorial Day control scheduling for many MHSAA tournaments. Because Easter varies and affects many schools' spring vacations, those dates are provided to assist schools' regular season scheduling.

2014-15 MHSAA QUICK REFERENCE SPORTS CALENDAR

**Calendar subject to change. Always consult mhsaa.com for most updated version.*

SPORT	FIRST PRACTICE DATE	FIRST CONTEST DATE	DAYS OR CONTESTS	OPT OUT DUE DATE	DUE DATE OF RATINGS	MHSAA TOURNAMENT DATES				
						DISTRICTS	REGIONALS	QTR FINALS	SEMI FINALS	FINALS
FALL *										
Cross Country: LP	Aug 13	Aug 22	15D	Oct 17			Oct 24 or 25			Nov 1
Cross Country: UP	Aug 13	Aug 22	15D	Oct 10						Oct 18
Football - 8 Player	Aug 11	Aug 28	9C	N/A	Dec 1		Oct 31 or Nov 1 & Nov 7 or 8		Nov 15	Nov 21 or 22
Football - 11 Player	Aug 11	Aug 28	9C	N/A	Dec 1	Oct 31 or Nov 1 & Nov 7 or 8	Nov 14 or 15		Nov 22	Nov 28 & 29
Golf: LP Girls	Aug 13	Aug 20	16D	Sep 26			Oct 8, 9, 10 or 11			Oct 17-18
Soccer: LP Boys	Aug 13	Aug 22	18C	Sep 24	Dec 1	Oct 13-18	Oct 21-25		Oct 29	Nov 1
Swimming: LP Girls	Aug 13	Aug 22	17D	Nov 17			Dive: Nov 13			Nov 21-22
Tennis: LP Boys	Aug 13	Aug 20	16D	Oct 1			Oct 9 or 10 or 11			Oct 17 & 18
Tennis: UP Girls	Aug 13	Aug 20	16D	Sep 26						Oct 1-4
Volleyball	Aug 13	Aug 22	18D	Oct 8	Dec 1	Nov 3-5 & 6 or 7 or 8	Nov 11 & 13	Nov 18	Nov 20-21	Nov 22
WINTER										
Basketball: Boys	Nov 17	Dec 8	20C	Feb 11	Apr 1	Mar 9 & 11 & 13	Mar 16 & 18	Mar 24	Mar 26-27	Mar 28
Basketball: Girls	Nov 10	Dec 1	20C	Feb 4	Apr 1	Mar 2 & 4 & 6	Mar 10 & 12	Mar 17	Mar 19-20	Mar 21
Bowling: Boys & Girls	Nov 13-UP Nov 17-LP	Nov 29-UP Dec 6-LP	24D	Feb 6			Feb 27-28			Mar 6-7
Competitive Cheer	Nov 10	Nov 24	12D	Feb 6	Apr 1	Feb 20-21	Feb 28			Mar 6-7
Gymnastics	Oct 27	Nov 15	15D	Feb 27			Mar 7			Mar 13-14
Ice Hockey	Nov 3	Nov 17	25C	Feb 6	Apr 1		Mar 2-7	Mar 10-11	Mar 12-13	Mar 14
Skiing: Boys & Girls	Nov 17	Dec 13	15C	Feb 2			Feb 9-13			Feb 23
Swimming: LP Boys	Nov 24	Dec 6	17D	Mar 9			Dive: Mar 5			Mar 13-14
Swimming: UP Boys & Girls	Nov 10	Nov 22	17D	Feb 16						Feb 21
Wrestling: Individual	Nov 17	Dec 10	14D	Jan 21	Apr 1	Feb 14	Feb 21	ALPHA WEIGH-IN		Mar 5-7
Wrestling: Team	Nov 17	Dec 10	14D	Jan 21	Apr 1	Feb 11 & 12	Feb 18	10/27/14 - 1/30/15		Feb 27-28
SPRING										
Baseball	Mar 9	Mar 18	38 C	May 6	Jun 1	May 26, 29 or 30	Jun 6	Jun 9	Jun 11-12	Jun 13
Golf: LP Boys	Mar 9	Mar 16	16D	May 6		May 20, 21, 22 or 23	May 27, 28, 29 or 30			Jun 5-6
Golf: UP Boys & Girls	Mar 9	Mar 16	16D	May 6						May 27-30
Lacrosse: Boys & Girls	Mar 9	Mar 18	18C	Apr 22	Jun 1		May 14-30		Jun 3	Jun 6
Soccer: LP Girls	Mar 9	Mar 18	18C	May 6	Jun 1	May 26-30	Jun 2-6		Jun 10	Jun 13
Softball	Mar 9	Mar 18	38 C	May 6	Jun 1	May 26, 29 or 30	Jun 6	Jun 9	Jun 11-12	Jun 13
Tennis: LP Girls	Mar 9	Mar 16	16D	May 6			May 14 or 15 or 16			May 29-30
Tennis: UP Boys	Mar 9	Mar 16	16D	May 22						May 27-30
Track & Field	Mar 9	Mar 18	18D	May 12			May 15 or 16			May 30

5/9/2014

* Junior high/middle school fall sports practices may begin on Monday, Aug. 25, 2014 (14th Monday before Thanksgiving).

2015-16 MHSAA QUICK REFERENCE SPORTS CALENDAR

**Calendar subject to change. Always consult mhsaa.com for most updated version.*

SPORT	FIRST PRACTICE DATE	FIRST CONTEST DATE	DAYS OR CONTESTS	OPT OUT DUE DATE	DUE DATE OF RATINGS	MHSAA TOURNAMENT DATES				
						DISTRICTS	REGIONALS	QTR FINALS	SEMI FINALS	FINALS
FALL *										
Cross Country: LP	Aug 12	Aug 21	15D	Oct 16			Oct 30 or 31			Nov 7
Cross Country: UP	Aug 12	Aug 21	15D	Oct 9						Oct 24
Football - 8 Player	Aug 10	Aug 27	9C	N/A	Dec 1		Oct 30 or 31 & Nov 6 or 7		Nov 14	Nov 20 or 21
Football - 11 Player	Aug 10	Aug 27	9C	N/A	Dec 1	Oct 30 or 31 & Nov 6 or 7	Nov 13 or 14		Nov 21	Nov 27 & 28
Golf: LP Girls	Aug 12	Aug 19	16D	Sep 25			Oct 7, 8, 9 or 10			Oct 16-17
Soccer: LP Boys	Aug 12	Aug 21	18C	Sep 23	Dec 1	Oct 19-24	Oct 27-31		Nov 4	Nov 7
Swimming: LP Girls	Aug 12	Aug 21	17D	Nov 16			Dive: Nov 12			Nov 20-21
Tennis: LP Boys	Aug 12	Aug 19	16D	Oct 2			Oct 8 or 9 or 10			Oct 16 & 17
Tennis: UP Girls	Aug 12	Aug 19	16D	Sep 25						Sep 30 - Oct 3
Volleyball	Aug 12	Aug 21	18D	Oct 7	Dec 1	Nov 2-4 & 5 or 6 or 7	Nov 10 & 12	Nov 17	Nov 19-20	Nov 21
WINTER										
Basketball: Boys	Nov 16	Dec 7	20C	Feb 10	Apr 1	Mar 7 & 9 & 11	Mar 14 & 16	Mar 22	Mar 24-25	Mar 26
Basketball: Girls	Nov 9	Nov 30	20C	Feb 3	Apr 1	Feb 29 & Mar 2 & 4	Mar 8 & 10	Mar 15	Mar 17-18	Mar 19
Bowling: Boys & Girls	Nov 12-UP Nov 16-LP	Nov 28-UP Dec 5-LP	24D	Feb 5			Feb 26-27			Mar 4-5
Competitive Cheer	Nov 9	Nov 23	12D	Feb 5	Apr 1	Feb 19-20	Feb 27			Mar 4-5
Gymnastics	Nov 2	Nov 21	15D	Feb 26			Mar 5			Mar 11-12
Ice Hockey	Nov 2	Nov 16	25C	Feb 5	Apr 1		Feb 29-Mar 5	Mar 8-9	Mar 10-11	Mar 12
Skiing: Boys & Girls	Nov 16	Dec 12	15C	Feb 8			Feb 15-19			Feb 29
Swimming: LP Boys	Nov 23	Dec 5	17D	Mar 7			Dive: Mar 3			Mar 11-12
Swimming: UP Boys & Girls	Nov 9	Nov 21	17D	Feb 15						Feb 20
Wrestling: Individual	Nov 16	Dec 9	14D	Jan 20	Apr 1	Feb 13	Feb 20	ALPHA WEIGH-IN		Mar 3-5
Wrestling: Team	Nov 16	Dec 9	14D	Jan 20	Apr 1	Feb 10 & 11	Feb 17	10/26/15 - 1/29/16		Feb 26-27
SPRING										
Baseball	Mar 14	Mar 23	38 C	May 11	June 1	May 31, June 3 or 4	June 11	June 14	June 16-17	June 18
Golf: LP Boys	Mar 14	Mar 21	16D	May 11		May 25, 26, 27 or 28	June 1, 2, 3 or 4			June 10-11
Golf: UP Boys & Girls	Mar 14	Mar 21	16D	May 11						June 1-4
Lacrosse: Boys & Girls	Mar 14	Mar 23	18C	Apr 27	June 1		May 19-June 4		June 8	June 11
Soccer: LP Girls	Mar 14	Mar 23	18C	May 11	June 1	May 31-June 4	Jun 7-11		June 15	June 18
Softball	Mar 14	Mar 23	38 C	May 11	June 1	May 31, June 3 or 4	June 11	June 14	June 16-17	June 18
Tennis: LP Girls	Mar 14	Mar 21	16D	May 11			May 19 or 20 or 21			June 3-4
Tennis: UP Boys	Mar 14	Mar 21	16D	May 27						June 1-4
Track & Field	Mar 14	Mar 23	18D	May 17			May 20 or 21			June 4

5/9/2014

* Junior high/middle school fall sports practices may begin on Monday, Aug. 24, 2015 (14th Monday before Thanksgiving).

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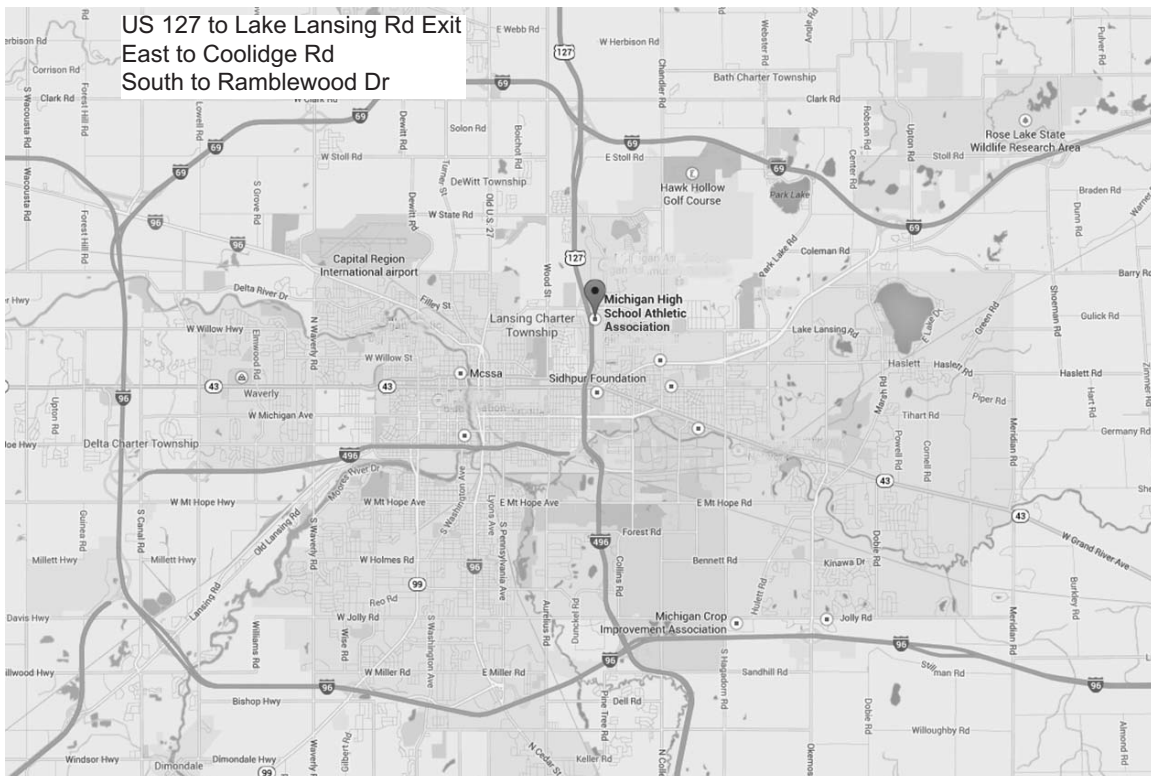
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Ten Basic Beliefs of Michigan Interscholastic Athletics

1. Interscholastic athletics were begun outside the school day and curriculum and remain there as voluntary, extracurricular programs in which qualifying students earn the privilege of participation.
2. Interscholastic athletics are not courses offered by schools but are tools used by schools to reach and motivate students and to rally support within the community for school's academic and activity programs.
3. In order to justify school sponsorship, interscholastic athletics must be compatible with the academic mission of schools, giving priority deference to the academic schedule and requiring proper decorum at athletic events.
4. Interscholastic athletics are secondary to the academic program of schools and are partners with the schools' non-athletic activities in providing students opportunities to develop loyalty and school spirit, to practice teamwork, hard work, discipline, sacrifice, leadership and sportsmanship and to gain lifetime appreciation of the arts, sports and healthy lifestyle.
5. There is equal potential to achieve these objectives in every sport and on the subvarsity as well as the varsity level.
6. A proper philosophy of interscholastic athletics emphasizes participation by many, not for few, and academic scholarship in school, not athletic scholarships to college.
7. To promote competitive equity and a program that is educational in both its means and its ends, the policies and procedures of interscholastic athletics must be determined by school representatives, not by courts, legislatures or commercial interests.
8. Schools, through their elected boards of education and their appointed administrators, are solely responsible, legally and practically, for governing and conducting interscholastic athletics at the local and league levels.
9. Any statewide organization which schools join to assist their administration of interscholastic athletics must be independent of outside interests and guided exclusively by the direct input of its member schools.
10. Interstate competition in interscholastic athletics is unnecessary in most situations; regional and national events are harmful to the purposes of interscholastic athletics in Michigan.



CALENDARS FOR 2014-15-16

See MHSAA Calendar of Events for 2014-15 through 2020-21 on pages 119-122