

2013 MHSAA Track & Field Regional Managers Information Form

Please complete the following form, save it to your computer and then e-mail the document to:
results@mhsaa.com

As the MHSAA receives the documents, they will be linked to your site on the
Track and Field Regional Assignment page of the MHSAA Website.

HOST SITE South Lyon East High School

DIVISION 2

REGION NUMBER 14

DATE Saturday, May 18, 2013

REGIONAL MANAGER Adam Beutel & Sonita Harris

E-Mail Address beutela@slcs.us & sonitaharris@mac.com

MANAGER PHONE NUMBER 248-217-4926

FAX NUMBER 248-486-4256

NUMBER OF SCHOOLS AT THIS REGIONAL 15

SCHEDULE

Implement Weigh-In 10:30 am

Coaches Meeting 10:30 am

Location of Meeting Field House at North end of the Track

All Field Events and Prelim Running Event Scratches are due by 11:00 am to the clerk at the North end of the track

Field Events

(Boys HJ/Shot/Pole Vault 11:30 am; Girls HJ/Shot/Pole Vault 30 minutes from conclusion of first event)

(Girls Discus/LJ 11:30 am; Boys Discus/LJ 30 minutes from conclusion of first event)

NOTE: For all running events in 2013, Girls will run first

Running Prelims 12:30 pm

Girls 100 M Dash

Boys 100 M Dash

Girls 110 M Hurdles

Boys 100 M Hurdles

Girls 200 M Dash

Boys 200 M Dash

3200m Relay 1:30 pm

(Run between Prelims & Semis)

Running Event Semifinals Immediately following 3200m Relay

Girls 100 M Dash

Boys 100 M Dash

Girls 110 M Hurdles

Boys 100 M Hurdles

Girls 200 M Dash

Boys 200 M Dash

All Remaining Event Scratches are due at 3:00 pm

Finals National Anthem 3:25 pm

Running Event Finals Begin 3:00 pm

Girls 100 MH/Boys 110 MH
100 M Dash
800 M Relay (4 x 200)
1600 M Run
400 M Relay (4 x 100)
400 M Dash
Girls 300 MH/Boys 300 MH
800 M Run
200 M Dash
3200 M Run
1600 M Relay (4 x 400)

Presentation of Awards and trophies at conclusion of all events

ADDITIONAL INFORMATION

ADMISSION at all Regional sites is \$5 for all non-participating students and adults. League/Season passes **WILL NOT** be honored.

WARM-UPS - The track/infield will be available for warm-up activity until 12:15 pm at which time all participants must clear the areas for competition. The track will be available during the break before Finals until 2:45 pm.

TRAINER - An athletic trainer will be at the meet. Ice and water will be provided.

TEAM PARKING - Team buses/vans should park at the following location - lower parking lot off of Johns Road entrance

TEAM CAMPS - Team tents/gatherings may not be set up in the infield of the track. They may be set up outside the perimeter of the track. Remind teams that they must removed trash from their areas before leaving the facility.

LOCKER ROOMS - Showers/Lockers will not be available to participants.

SECURITY - Remind your athletes to not leave bags unattended.

RESULTS will be available for coaches approximately 15 minutes after completion of the final event. The MHSAA will post results to its website by the Tuesday following the meet, provided files are submitted electronically.