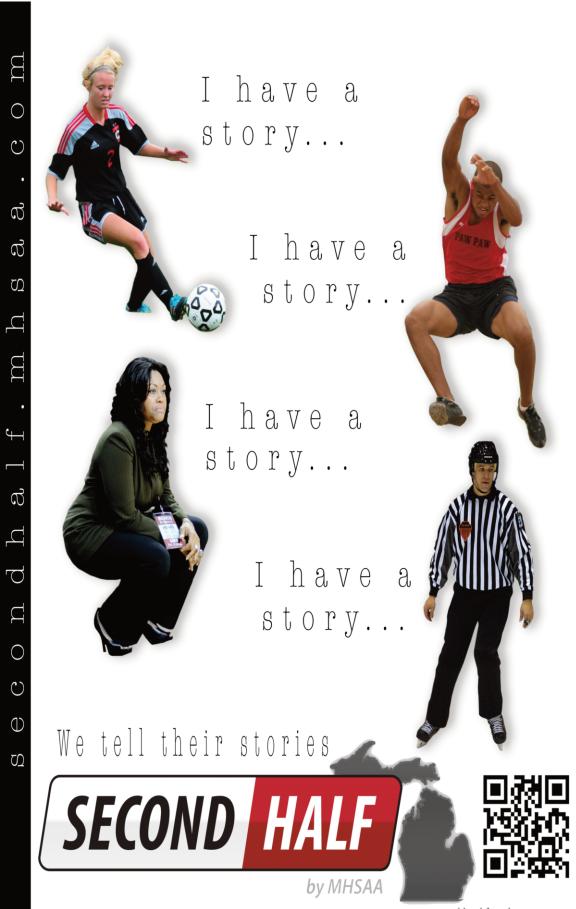
## Vinter 2020 Vol. 11 No. 2 Denchmanks mhsaa

into the

Decade Closes with Video Review and MPR Tournament Seeding. What Lies Ahead?





### Cover Story: Roaring into the '20s



4

As the 20-teens came to a close, MHSAA fall tournaments offered a glimpse of the future with successful endeavors into video replay during the football finals, and utilizing its own Michigan Power Ratings to seed the boys soccer tournament for the first time.

#### **MHSAA Full-Time Staff**

Tony Bihn, Director of Information Systems Jordan Cobb, Assistant Director, Information Systems Andy Frushour, Director of Brand Management Nate Hampton, Assistant Director Dan Hutcheson, Assistant Director Cody Inglis, Assistant Director John R. Johnson, Director of Broadcast Properties Rob Kaminski, Website & Publications Coordinator Geoff Kimmerly, Media & Content Coordinator Camala Kinder, Administrative Assistant Cole Malatinsky. Administrative Assistant Peggy Montpas, Accounting Manager Andrea Osters. Assistant Director Thomas M. Rashid, Associate Director Brent Rice, Assistant Director Laura Roberts, Receptionist/Officials Registrar Adam Ryder, Assistant Director, Information Systems Mark Uyl, Executive Director Jamie VanDerMoere, Administrative Assistant Faye Verellen, Administrative Assistant Tricia Wieferich, Administrative Assistant Kathy Vruggink Westdorp, Assistant Director Paige Winne, Administrative Assistant Karen Yonkers. Executive Assistant

*benchmarks* is published three times per year by the Michigan High School Athletic Association, Inc., 1661 Ramblewood Drive, East Lansing, MI 48823 (Phone 517-332-5046). Edited by Rob Kaminski. *benchmarks* welcomes contributions of articles, information or photos which focus on coaching and officiating in Michigan. Send them to benchmarks@mhsaa.com.

© 2020 Michigan High School Athletic Association

### The Vault – 12

Looking Back The last decade included some ground-breaking activity within the MHSAA. Here's a look back.

#### MHSAA News - 22

Survey Says . . . The 2019 Update Meeting Opinion Poll focused on issues pertaining to in-school and out-of-school competition, and limits on activities.

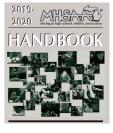




#### Regulations Review – 28 Booster Club Review Booster clubs are a valuable source of support and revenue for school sports. Keep in-

regarding these groups.

formed on MHSAA guidelines



### **Departments**

Wide Angle
Leading Off
Outside Shots
Health & Safety11
Student Spotlight16
Officially Speaking
Reviewing the Regulations
MHSAA Business

wide angle: from the publisher

### The Games We Play

State high school associations and their staffs are trusted with the tremendous privilege of safeguarding and promoting interscholastic athletic programs and the students, coaches and officials who together provide the best value of athletic entertainment anywhere.

This labor of love can at times be a juggling act.

We must make sure our product takes place in the safest environments possible, and must keep health and safety issues at the forefront.

We must also take a diverse array of more than 700 schools from vastly different communities and make our games equitable for all.

We must keep in step with communication methods that continually flip the roles of those in our hallways; media which is better taught by the students, and learned by the teachers.

We must stay atop the changing landscape of school choices and set regulations which track student enrollment from one building to the next.

We must become versed in legal rights and legal fights as they pertain to the educational setting.

And yet, we must never forget our main mission, which is to administer tournaments which showcase our student-athletes, coaches and officials at the apex of their abilities when the stakes are highest. Without these events, we cease to exist.

As we move into the next decade, we will strive to continue to improve our tournaments by listening to the desires of our membership, then developing programs and processes to best meet those wishes.

The MHSAA took a couple of steps which proved successful this past fall during our boys soccer tournament and the football Finals.

Seeding has been a hot topic for years during sport committee meetings, and with the diligence and teamwork of several talented MHSAA staff, our own Michigan Power Ratings system was developed. MPR was used to seed the boys soccer tournament in the fall, and early returns have been positive.

At the football Finals, limited use of video review was implemented for the first time, and the process successfully accomplished its goal: to get the most critical plays correct without interrupting the flow of the contests.

As we move forward, the MHSAA will continue its quest to nurture our unparalleled product from all angles, while keeping our games at the forefront.

Mark Uyl

Mark Uyl MHSAA Executive Director



The 2019 MHSAA Boys Soccer Tournament utilized the Michigan Power Ratings to seed schools for the first time last fall.





### **CAP Requirement for Head Coaches**

Each head coach of a varsity team hired for the first time as a high school head varsity coach at any MHSAA member high school shall have completed either Level 1 or Level 2 of the MHSAA Coaches Advancement Program (CAP). If the head coach does not complete CAP Level 1 or 2 prior to the established deadline, that coach shall be prohibited from coaching in that season's MHSAA tournament. The Regulation reads as follows:



#### MHSAA Handbook Regulation II, Section 3(C)

Each head coach of a varsity team in an MHSAA tournament sport hired for the first time as a high school varsity head coach at any MHSAA member high school shall have completed either Level 1 or Level 2 of the MHSAA Coaches Advancement Program (CAP). If the head coach does not complete CAP Level 1 or 2 prior to the established deadline, that coach shall be prohibited from coaching in that season's MHSAA tournament for the sport involved and shall not be present at the facility where the MHSAA tournament involving that coach's team is being held. See Regulation II, Section 15 H(4). An administrator or faculty member designee of that school shall be present with supervisory capacity over the school's competitors. Failure to receive reminder notifications (email or other) does not change the requirement of this Section. The MHSAA may substitute an alternative coach's education program for late hires which will fulfill the requirement on a temporary basis.

The Spring 2020 deadline is April 16

### How You Help Us Operate

The winter months are laden with committee meetings at the MHSAA Office, the lifeblood for effecting change in the rules and regulations which serve our constituents so well and provide level playing fields (and courts, pools, mats, diamonds, etc.) for the vast span of enrollments and demographics that make Michigan so unique. We encourage you to keep the following in mind in the coming weeks as the committees are putting their best efforts forward on your behalf.

#### **Committee Work**

The winter months are the busiest for MHSAA committees, especially for those that must review or prepare recommendations for changes for the following school year.

Each year, up to 20 MHSAA committees consider proposals for Representative Council action relative to MHSAA tournament policies or procedures or *Handbook* regulations or interpretations.

Committees are asked to keep in mind health and safety issues as well as policies and procedures relative to subvarsity and junior high/middle school students while also concentrating on Annual Update Meeting Opinion Poll responses on hot topics around the state.

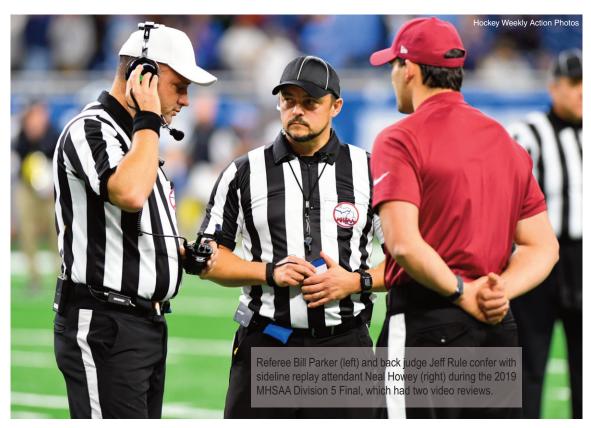
MHSAA committees are dominated by coaches, but they are not a rubber stamp for proposals that proceed from that sport's high school coaches association. The difference of opinion often results from the committee seeing things differently than a coaches association leadership that the committee believes is not representative of schools of diverse size, location and demographics.

It is appropriate for committees to ask: Who was not in the room when this recommendation was drafted? Who will not be served well by this change?

When committees go through this process, they tend to reduce the quantity but improve the quality of recommendations to the Representative Council, which increases the percentage of recommendations the Council adopts.

# Roaring into the '20s

As the decade came to a close with the recent 2019 fall tournaments, the MHSAA enjoyed successful forays into video replay at the football Finals, and seeding the boys soccer tournament with its Michigan Power Ratings.



The curtain came down on a decade's worth of competition and tournament administration during last fall's MHSAA championships, and some of the final acts set the stage for continued success as the calendar flips to the 2020s.

After years of discussion, tournament seeding will become more of the norm than the exception, as the MHSAA's own Michigan Power Ratings was used to set up the 2019 boys soccer tournament. This winter, boys and girls basketball will follow suit, and more sports will certainly implement the system in coming seasons, including a revamped computer formula for football next fall.

Speaking of the gridiron, history was made at Ford Field in November as video review was employed for the first time ever during the Finals in a limited capacity. Deemed a success in its first year, the process could be expanded in years to come. Football followed basketball and ice hockey, which began to use video review in some capacity at the Finals level during the past decade.

Following is a look at the two processes that closed 2019 and will help usher in the new year.



### **Football Video Review Generates Positive Results**

MHSAA Assistant Director Nate Hampton (left) assembled the first video replay crew for MHSAA Football Finals, from left: Will McKoy, Darren Hamilton, Harold Deines and Kendall Sherman. Not pictured: field attendant Neal Howey.

ess than 10 minutes. That's all it took for the first video review in MHSAA Football Finals history to take place last November at Ford Field.

With 2:20 remaining in the first quarter of the Division 8 Final between Reading and Beal City, Reading appeared to have intercepted a pass near the sideline but the defender was ruled out of bounds. The crew upstairs at Ford Field quickly reviewed the play and alerted on-field replay attendant Neal Howey, who communicated via headset to referee Guy Marcoux that the play needed another look.

It was determined that the Reading defender indeed possessed the ball inbounds, and the call was reversed. The system worked efficiently, and most importantly delivered on its purpose.

"With the technology available to us today – from headsets within officiating crews to the expedient and sophisticated replay systems made available to us at a great facility like Ford Field – it made sense to implement this service for the schools which work so hard to reach the Finals," said MHSAA Assistant Director Nate Hampton.

In this first year, video review was limited to turnovers and scoring plays that were not clearly definitive. "With the technology available to us today . . . it made sense to implement this service for the schools which work so hard to reach the Finals." — MHSAA Assistant Director Nate Hampton

Hampton, who along with MHSAA Assistant Director Brent Rice and Executive Director Mark Uyl felt that the time was right to put the plan into action, determined it was important that the kind of reviewable plays be limited in scope for this first year.

"We believed that by reviewing only scores and turnovers – only fumbles and interceptions – that we were addressing two of the most impactful types of plays to a game," Rice said.

Once this was approved by the Representative Council, the priority then became determining who would best serve as the replay team. Harold Deines, longtime Big Ten and Mid-Amer-*– continued next page* 



The 2019 MHSAA Football Finals kicked off with Reading vs. Beal City in Division 8.Less than 10 minutes in, history was made with the first-ever video review.

ican Conference official, was selected because of his extensive experience as a replay official at the collegiate level. Working alongside him was current college-level official, Will McKoy. In addition to their familiarity with the review process, their connection to MHSAA member schools and high school sports was also an important factor.

Deines is a retired athletic director at Greenville High School, while McKoy is the current AD at Summit Academy in Romulus. They were accompanied by veteran MHSAA football official Kendall Sherman, who was present to assist with any potential NFHS rule concerns that might arise in the process. The team was rounded out by two replay technicians – one on the field and one in the booth – used by the NFL for Detroit Lions home games. The sideline attendant was MHSAA official Neal Howey, and the booth tech was Darren Hamilton.

"This was one of the most experienced and balanced teams that could have been assembled for this inaugural year," said Rice.

Hampton praised the group for its diligence, expertise, and long hours.

"This group was fantastic; over and beyond our expectations, and we are so grateful to the work performed by these individuals," Hampton said. "Remember, a typical day for replay personnel consists of one game, just as it does for our onfield officials. These people had to be onpoint and attentive for eight games."

And during the marathon weekend, just four plays were reviewed, with three on-field calls overturned.

"The biggest confirmation replay provided was something we already knew: that MHSAA officials are putting in hard work and dedication and getting the vast majority of their plays cor"The biggest confirmation replay provided was something we already knew: that MHSAA officials are putting in hard work and dedication and getting the vast majority of their plays correct in real-time, live action." — MHSAA Assistant Director Brent Rice

rect in real-time, live action," Rice said. "When needed though, competent replay officials were right on top of the situation to correct the plays without challenges, without controversy and with very little delay in the process."

Early reaction seems to indicate that replay is here to stay.

"It was a great two-day event," said Deines. "There were some minor first-time issues, but nothing extraordinary. I enjoyed every minute of the weekend."

Whether to expand the process is something that will certainly be discussed in the near future. Any changes made to the system will be discussed and deliberated, such as adding a second replay crew to alleviate some of the burden on those involved.

While Deines remarked that he was up to the task and comfortable working the entire weekend, it was difficult for the replay team to meet with each crew prior to each game due to tight scheduling. Equally important is meeting with the personnel in the television truck each day.

"Our team needs to meet with the TV truck prior to each day," Deines said. "We weren't always on the same page Friday, but we talked Saturday morning about the process, and that day went without any problems."

It is that type of feedback that will help the MHSAA moving forward.

"The philosophy of incremental adjustments will continue to make certain that we don't move too far, too quickly," Rice said.

Following is a summary of the 2019 Finals provided by Deines.

- Only plays involving a turnover or potential turnover (fumble, interception only) and scoring plays or potential scoring plays involving a touchdown, try, field goal or safety were subject to instant replay.
- To be consistent, **all plays** that met the MHSAA requirements were reviewed and confirmed by replay booth personnel. Play continued if the ROF (Ruling on the Field) by the covering official(s) could be confirmed by video evidence without stopping the game prior to the next snap.
- If the ROF could not be confirmed with the views available, the game was stopped by the replay officials for "further review."

### • In the 16 games, a total of 75 plays were reviewed by the replay booth.

• There were four stoppages for "further review" resulting in three calls being changed and one call being allowed to stand.

Confirmations on Scoring plays and Turnovers by Divisions: (75 total)

•	D8	11
•	D2	11
•	D6	4
•	D4	9
•	D7	6
•	D1	10
•	D5	18
•	D3	6

Stoppages by Divisions: (4 total)

•	D8	1
•	D2	0
•	D6	0
•	D4	0
•	D7	0
•	D1	1
•	D5	2
•	D3	0

The box below details each stoppage and subsequent ruling.

### Getting it Right

Just four video reviews were needed during the eight MHSAA Football Finals in November, with three rulings on the field being reversed, and one upheld. Following is a summary of the reviews.

- Division 8: Reading vs Beal City 1st quarter 2:20 Ruling on Field: Incomplete pass canceling interception by defense. Video Evidence: Camera angles showed defender had foot inbounds with control of the ball. Decision: Ruling on Field was changed. Defense was awarded ball, 1st and 10.
   Division 1: Brighton vs. Davison – 1st quarter 7:23 Ruling on Field: Touchdown. Video Evidence: No goal line view available to confirm or change the Ruling on Field. Decision: Ruling on Field stands.
   Division 5: Lansing Catholic vs. Almont – 4th quarter 8:37 Ruling on Field: Runner was down before ball came out. Video Evidence: Camera angle showed ball was out and loose before runner was down by rule. Decision: Changed the Ruling on Field to fumble with clear recovery by the defense. Ball awarded to defense, 1st and 10.
   Division 5: Lansing Catholic vs. Almont – 4th quarter 3:41
- Division 5: Lansing Catholic vs. Almont 4th quarter 3:41 Ruling on Field: Incomplete pass, receiver out of bounds, no TD. Video Evidence: Camera angle shows receiver gaining control of the pass with one foot inbounds. Decision: Changed Ruling of Field to touchdown for offense.

### Soccer Nets Winner with MHSAA's MPR Seeding



Three overtime games – two of which went to a shootout – out of four MHSAA Boys Soccer Finals last fall is exactly the scenario fans clamor for when following tournaments and attending the events.

Thanks in part to the MHSAA's Michigan Power Ratings, boys soccer could be just the first in a long line of tournaments producing the most nailbiting finishes between top teams in the state each step of the way.

Following a test run during the 2019 MHSAA Boys Lacrosse season, MPR will be used in five tournaments this school year to seed the District level, the first being boys soccer last fall. Joining the mix this winter are boys and girls basketball, while boys lacrosse and girls soccer will implement the system in tournament seeding this coming spring.

"By and large, our member soccer-playing schools were extremely satisfied with District seeding via the guidance of MPR," said MHSAA Assistant Director Andy Frushour, who oversees soccer and developed the ratings system. "It was gratifying to see the hard work of so many staff here during recent years accomplished our goals: rewarding regular-season performance as schools entered the postseason, and generating more enthusiasm and competitive matchups as the tournament progressed."

The Michigan High School Soccer Coaches Association conducted a postseason survey of its members following the fall season just completed. With 164 surveys received to date, initial findings reflect the MHSAA's enthusiasm and confidence moving forward.

Among the findings:

- 81.7% of coaches are happy with the MPR system for selecting the top two seeds in each District.
- 62.0% favor the District being played over a week-and-a-half instead of all in one week

This season, formulas for District seeding was released prior to the season. However, the coaches association expressed interest in withholding the formula until one week prior to the tournament to prevent potential manipulation to yield a more favorable draw.

Hard data revealed that the method meted out its intended mission: to pair the strongest teams in District Finals and beyond.

• No. 1 and No. 2 seeds met in the District Finals in 43-of-64 Districts (67.2%). This

#### Boys Soccer MPR

Michigan Power Ratings (MPR)

This page is a statewide listing of all Michigan Power Ratings (MPR) for teams entered into the MHSAA postseason tournament. The data updates every five minutes. **Click on the column headings to sort the data**. You can also use the drop down menu to show teams in one Division, or type a District number in the box to filter teams for that District.

MRR is calculated using wins. Isses and tee for games played between teams entered into the MHSA4 tournament. Scores of games, margin of victory and location of games are not included in the MRR formula. The final MRR number is 25% of the team's winning percentage, plus 50% of its opponent's winning percentage, plus 25% of its opponent's popenet's visioning percentage.

For more detailed information about calculating MPR, learning more about the background of MPR, or for tips on using the MPR pages on this website, visit the <u>MPR FAQ page</u>. Also, see the <u>draw formula and blank brackets for the 2019 Boys Soccer Districts</u>.

#### MPR Listings - Boys Soccer

Division: ANY •

District: # or School Name Show Seeding Day Info: 🛙

Team	Division	District	W-L-T	MPR W-L-T	W96	OW %	00W %	MPR
Okemos	1	3	15-1	15-1	0.938	0.622	0.571	0.688
Richland Gull Lake	2	19	16-0-1	16-0-1	0.971	0.591	0.594	0.687
Troy Athens	1	12	16-2-1	16-2-1	0.868	0.604	0.582	0.665
Holland Christian	3	34	14-0-2	14-0-2	0.938	0.559	0.574	0.657
New Baltimore Anchor Bay	1	10	14-0-2	14-0-2	0.938	0.565	0.556	0.656
Mattawan	2	17	14-3-3	14-3-3	0.775	0.631	0.579	0.654
Traverse City West	1	1	13-4-2	13-3-2	0.778	0.636	0.566	0.654
Grand Rapids Forest Hills Northern	2	29	16-0-1	16-0-1	0.971	0.531	0.548	0.645
Marshall	2	19	16-1-2	16-1-2	0.895	0.562	0.551	0.643
Adrian Lenawee Christian	4	53	15-5	15-5	0.750	0.650	0.515	0.641
Birmingham Seaholm	1	13	12-3-1	12-3-1	0.781	0.606	0.564	0.639
St Joseph	2	17	14-5-1	14-5-1	0.725	0.617	0.569	0.632
Saline	1	5	13-2-5	13-2-5	0.775	0.598	0.556	0.632
DeWitt	2	20	11-3-4	11-3-4	0.722	0.616	0.571	0.631
Hudsonville Unity Christian	3	35	11-0-6	11-0-6	0.824	0.562	0.574	0.630
Clarkston	1	15	10-3-2	10-3-2	0.733	0.605	0.576	0.630
Rockford	1	2	13-3-1	13-3-1	0.794	0.570	0.582	0.629
Berkley	1	12	14-3-4	14-3-4	0.762	0.597	0.556	0.628

follows same rate as test runs for 2019 Boys Basketball (66.7%) and 2019 Girls Basketball (66.2%).

- In District games, the higher-rated team won 81.0% of games (289-68).
- All eight MHSAA finalists were No. 1 seeds at the District level.

Seeds were determined 10 days before the start of the tournament in the inaugural year. If the MHSAA had waited until the night before the tournament, the seeds would have remained the same in 49 of 64 Districts. In seven Districts the No. 1 and No. 2 seeds would have flip-flopped. In the other eight Districts the No. 3 seed would have snuck into one of the two top seeds.

District winners included 35 No. 1 seeds and 21 No. 2 seeds. If all the teams would have been seeded, there would have been three champions as a No. 3 seed, two No. 4 seeds, one No. 5, one No. 6 and one team that did not play enough games to be seeded.

Additionally, feedback from coaches often included the following sentiments:

- In a seven-team bracket the No. 2 seed received the bye. Coaches contemplated scenarios where a team would intentionally lose a game in order to get the No. 2 seed instead of the No. 1 seed. For this reason, they want the formula released just prior to announcing final MPR seeds.
- Some coaches predict larger schools will schedule smaller, but good schools, with high winning percentages in lower divisions, in order to elevate their MPR.

"It was gratifying to see the hard work of so many staff here during recent years accomplished our goals: rewarding regular-season performance as schools entered the postseason, and generating more enthusiasm and competitive matchups as the tournament progressed." — MHSAA Assistant Director Andy Frushour

- Games ending in a shootout have always resulted in a win or loss. Some think these should be ties for MPR purposes, especially in shortened games.
- How short of a game is too short for MPR purposes? All games of at least 40 minutes were counted last fall.

There were numerous residual positive effects cascading from the first year of MPR.

First, the accuracy and rate of score reporting to the MHSAA Score Center jumped immensely.

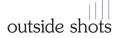
"The coaches association did a phenomenal of promoting this responsibility to its members," Frushour said. "In addition, an automated MHSAA email sent to coaches/ADs three hours after start time resulted in many more scores reported in a timely fashion."

More scores, and the nightly results continually updating the MPR web page in real time, generated more interest statewide.

In 2018, from Aug 1 to the MHSAA Finals, team schedule pages were viewed 150,515 times on MHSAA.com. In the same time period in 2019, those pages were viewed 340,932 times (2.27 times as many views). The statewide MPR page was viewed an additional 35,708 times.

With 50 of 64 Districts reporting for 2019, attendance is up 63% compared to 2018 (which was an extremely down year) and up 16% compared to the previous five-year average.





### "Commit" is a Verb, not a Noun

When is "commit" not a verb? According to Webster's never – that is, unless the reference is to where the high school's star quarterback is headed to college.

Even in game stories, the "top" players on high school teams are often referred to as a "(name of college) commit." It seems innocent enough, but the continual focus on a player's advancement to the next level is concerning given the current – and future – landscape of college sports.



With the NCAA's recent decision to allow athletes to earn compensation for their name, image and likeness, high school sports governed by the NFHS and its member state associations will be the last bastion of pure amateur competition in the nation. And it must remain that way.

The focus on the individual rather than the team that often grabs the headlines in college basketball and football cannot become a part of high school sports. In college basketball, there is constant discussion about who the "one and done" players will be. At the end of the season in college football, the talk is about which juniors are turning pro and which players are sitting out bowl games to guard against injury.

Although we recognize that this decision by the NCAA was perhaps inevitable as a result of the earlier "Fair Pay to Play Act" by California Governor Gavin Newsom, we are concerned that it will further erode the concept of amateurism in the United States.

While only about one percent of high school boys basketball players and about 2.8 percent of high school 11-player football players will play at the NCAA Division I level, the perks offered to attend certain colleges will be "As the new model develops at the college level, the education-based nature of high school sports must be preserved."

enhanced and recruiting battles could escalate. Current issues with parents pushing their kids into specialization in the fight for scholarships could intensify as they consider the "best offer" from colleges.

This weakening of the amateur concept at the college level must not affect the teambased concept in education-based high school sports. The age-old plan of colleges relying on high schools for their players will continue; however, high school coaches and administrators must guard against an individual's pursuit of a college scholarship overriding the team's goals.

As the new model develops at the college level, the education-based nature of high school sports must be preserved. These programs cannot become a training ground or feeder program for college sports.

Instead, the focus should be on the millions of high school student-athletes who commit (an action verb) to being a part of a team and gain untold benefits throughout their high school days. Some of these individuals will play sports at the college level and move on to their chosen careers; others will take those values of teamwork, discipline and self-confidence from the playing field directly into their future careers.

There is nothing more sacred and fundamental to the past – and future – stories of high school sports in the United States than the concept of amateurism. It is up to the NFHS and its member state associations to ensure that education remains the tenet of high school sports.

> — Karissa Niehoff NFHS Executive Director

Niehoff is in her second year as executive director of the NFHS. She is the first female to head the national organization and the sixth full-time executive director of the NFHS.

health and safety

### **Sports Medicine Advisory Committee Convenes**

s the MHSAA continues to set its sights on the health and safety of student-athletes, the newly formed MHSAA Sports Medicine Advisory Committee (SMAC) convened in October for its first meeting.

The Sports Medicine Advisory Committee was charged with the review and discussion of six specific topics: MHSAA preparticipation physicals; opioid awareness and prevention; MHSAA concussion policy; mental health initiatives; emergency action plans, and epidemic policy.

#### **Preparticipation Physicals**

Provided for the committee were both of the MHSAA Physical Forms, as well as numerous forms from other associations, and letters concerning the MHSAA forms.

Discussion regarding preparticipation physicals developed into three areas:

- 1. Should a firm date be provided?
- 2. Should the preparticipation physical be allowed to be provided in schools or at a primary care physician's office; or should the requirement that physicals only be provided at a physician office?
- 3. How should the physicals be retained?

#### **Opioid Awareness and Prevention**

Staff provided updated information regarding Senate Bill 307 which proposes the Department of Health and Human Services (DHHS) should develop, adopt, or approve educational materials on the risk of opioid addiction to youth athletes who were prescribed opioids after suffering injuries while participating in athletic activities. This bill would also require coaches and young athletes to watch a specific opioid addiction video and be given pamphlets on the dangers of taking opioids.

#### **MHSAA Concussion Policy**

MHSAA Protocol for Implementation of National Federation Sports Playing Rules for Concussions was received and reviewed by the committee.

In addition, summary reports were provided from the MHSAA Head Injury Reporting System for the 2018-19 school year relative to sport specific injuries and the explanation was provided as to the utilization of these reports in MHSAA sport committee meetings.

The reporting of concussions has been part of a three-pronged advance by the MHSAA in concussion care which started in the 2015-16 school year. In the spring of 2017, the MHSAA completed the largest-ever state high school association sideline concussion testing pilot program with a sample of schools from across the state who over two years used one of two screening tests designed to detect concussions – at no cost to the schools. The MHSAA is also the first state association to provide

all participants at every member high school and junior high school with insurance intended to pay accident medical expense benefits – covering deductibles and co-pays left unpaid by other policies – resulting from head injuries sustained during school practices or competitions and at no cost to either schools or families.

#### Mental Health Initiatives

Documents were shared regarding the MHSAA Speaker's Bureau, a recent co-sponsored Student Mental Health Summit and a Student Mental Health School Assessment Survey, among other items which focused on the mental wellness of studentathletes.

Several of the committee members spoke to their own initiatives that were occurring in secondary schools including the focus on skill building, mindfulness, coping issues, and a referral network. Several schools are in the beginning stages of having Mental Health committees.

#### **Emergency Action Plans**

A document which covers underlying emergency preparedness principles and sets out the MHSAA's approach to understanding risks and mitigation while providing guidance to the response process utilized to prepare for and respond to disasters and critical incidents that could occur at school athletic events was reviewed by the committee. This plan includes six steps to athletic event emergency preparedness planning which include: (1) Solicit and Obtain Buy-In; (2) Vulnerability Assessment; (3) Creating the Plan; (4) Warning and Communications; (5) Funding, and (6) Force Multipliers.

Additional information which was shared included a number of emergency action plans that are contained in the MHSAA Coaches Advancement Program as well as an "Anyone Can Save A Life – Emergency Action Plan Worksheet."

#### **Epidemic Policy**

Included on the agenda was information regarding the Eastern Equine Encephalitis (EEE) virus.

Current MHSAA policy includes that for regular-season events, within the restrictions of the governing health authority, that the local superintendents of schools or designees within that county will determine if their facilities may host interscholastic events and if their students and spectators will be permitted to participate in interscholastic events at other locations within the county or in other counties not directly affected by the health authorities' restrictions.

Further discussion on these and other topics will continue at the next meeting set for April 2020.



*Visit the Health*  $\mathcal{E}$  *Safety page of MHSAA.com or scan the code at left for a library of valuable resources and the full minutes of this meeting.* 

the mhsaa vault

### Where to Next? A Look at the Decade Just Past

This edition of the "Vault" examines MHSAA happenings during the last decade.

From technology to tournament venues to health concerns new and old, the past decade offered plenty of change for MHSAA member schools. Using history as a teacher, a couple certainties lie ahead for the next decade: that the challenges of change will continue, and that MHSAA school leaders will continue to rise to the occasion.

# 2010 2011 2012 2013 2014 2015 2016

### MHSAA.tv Brings HS Sports Home to Millions

here was perhaps no bigger story during the past decade – or arguably none with a greater impact on the promotion of high school sports in Michigan than the development and growth of live video streaming of school sporting events from every corner of the state.

Launched just prior to the turn of last decade under the guidance of then-MHSAA Communication Director Jon Johnson, MHSAA.tv brought 400 events to viewers during 2008-09, a figure of which the association was most proud.

But, in 2009-10, a pilot video streaming program would change everything and create an explosion of content for years to come. The School Broadcast Program, first implemented in the Capital Area Activities Conference in mid-Michigan, provided schools with a

safe place to stream video of their athletic and non-athletic school events, provide a hands-on learning experience for students interested in video production, and serve as an exciting new fundraising platform. More than 600 events were streamed live (non-athletic events) and on-demand (athletic events) on MHSAA.tv that year.

How far has the program come? Well, for two consecutive weeks in mid-January of this year, 600 high school sporting events were streamed live as viewers now enjoy thousands of contests from their homes each month during the school year.

And, Johnson's title has since changed to MHSAA Director of Broadcast Properties.

### MHSAA Continues to Lead in Coaches Education

When it comes to coaching the coaches – providing quality and engaging educational coursework for those at the forefront of developing studentathletes, the MHSAA is unparalleled in its efforts. The Coaches Advancement Program under the guidance of MHSAA Assistant Director Kathy Westdorp

has been going strong since 2004 and improving every year, both in depth and scope, and in number of coaches served.

Since 2010-11, enrollment figures have been close to or exceeding 2,000 annually, with the top three totals coming in the most recent three years. Last year's total of 2,927 courses completed was an all-time high, as was the 1,591 coaches who completed a CAP 1 level course. Since CAP began, more than 30,000 courses have been completed.

Benefits of CAP completion includes liability insurance coverage in the amount of \$1 million per occurrence. This protection extends to coaches' performance of duties for the school team during the interscholastic season. Additionally, State Continuing Education Clock Hours (SCECHs) are available to coaches and can be used for the renewal of selected certificates issued by the Michigan Department of Education. Coaches who complete a six-hour session are eligible to receive 6 SCECHs.



COACHES ADVANCEMENT

PROCRAM

For more information and registration info please scan this code.







### Spinning the Web

The MHSAA website design remained largely unchanged in the last decade but it received a huge boost in content in 2011 when former *Lansing State Journal* Prep Sports Editor Geoff Kimmerly joined the staff to create and maintain MHSAA Second Half, a complementary feature site to MHSAA.com. Launched in January 2012, the site has been a huge success, not only previewing and recapping MHSAA Tournament activity, but offering school sports features from around the state using a talented roster of statewide reporters. Site traffic has increased each year, and has averaged about 800,000 page views over the last four years. The site could break 1 million views for 2019-20. The recent totals are staggering, considering that there are 178,000 high school athletes in Michigan annually. Moving forward, MHSAA.com will receive a facelift in the coming years, with the redesign being largely content-driven in the format people have come to enjoy at MHSAA Second Half.



# 2017 2018 2019... Insta-What?

The fall 2010 issue of *benchmarks* focused on the social media wave and how school sports might best utilize the relatively new technology.

How much does technology change in a decade? Well, in six pages on the topic there was no mention of Instagram or Snapchat, two primary means of communication among students today.

The focus back then was on Twitter and Facebook presence, but through a dedicated team at the MHSAA led by Assistant Director Andi Osters and Administrative Assistant Paige Winne, social media efforts have flourished since diving into the waters.

The MHSAA now pushes posts using Twitter and Instagram equally, such as the one below on a particularly busy weekend last fall when Finals for girls swimming, volleyball and 8-player football, and 11player football Semifinals were vying for attention.

Live, on-site, in-game updates at basketball and football Finals began during the 2014-15 school year, and this year six of the nine fall sports received that attention.

The result is clearly "socially" acceptable. Here are the number of followers since the MHSAA began its Instagram account.



### Wrestling Roadies

That's what MHSAA Wrestling Directors (Mark Uyl first, and currently Dan Hutcheson) must have felt like throughout

the past decade, as this sport called more places home for its finals than any other in the MHSAA.

The Team Finals moved from long-time host Kellogg Arena in Battle Creek following the 2015 Finals. then spent two years at Central Michigan University's McGuirk Arena, before relocating in 2018 to Wings Event Center in Kalamazoo, where the championships will take place again this vear.

The closing of the Palace of Auburn Hills, home to the Individual Finals from 2002-17, necessitated a move in 2018. Ford Field then became the largest venue in the nation to host a high school wrestling event and







was met with rave reviews. With more than ample floor space for mats, the event also moved from three days to two.

### the mhsaa vault

a trip through the MHSAA publications archive

Officiate Michigar

Day

This edition of the "Vault" examines MHSAA happenings during the last decade.

### MHSAA Hosts Landmark Day for Officials in 2013

July 27, 2013, was a landmark day for registered MHSAA contest officials across the state. "Officiate Michigan Day" at DeVos Place in Grand Rapids served as a precursor to the National Association of Sports Officials' annual summit that would take place on the following days, but on that Saturday, it was all about Michigan recognizing people whose biggest goal on a nightly basis is to go unnoticed.

No such luck on this day, as the full focus was on the unsung heroes in school sports, those who more often than not leave regular day jobs and head to fields, gyms and other facilities in the evening to put themselves in positions few dare try.

More than 40 officials representing the professional, college and high school levels passed on their expertise to a total of 1,248 officials in attendance, believed to be one of the largest gatherings of sports officials in U.S. history.

Officials from all corners of both peninsulas received the opportunity to learn and interact on a variety of topics and with a variety of officials regarded at the top of their respective fields in Michigan and in some cases nationally.



"I hope you appreciate what you got here today," said Bill Topp, presenter and vice president of publishing and management services for NASO and *Referee* magazine. "It's not just about the volume of people. It's the types of people you have here and the interaction that's going on and the fact that you've got sports talking to each other where they normally don't talk."

The success of that day led to "Officiate Michigan Day II," in August 2018, attended by more than 800 officials in Lansing.

Current MHSAA Executive Director Mark Uyl, then assistant director in charge of officials, addresses the throng of officials at the 2013 event.

HISTORY FORM

### **Getting Physical**

Tom Minter, retired MHSAA assistant director, wore many hats while serving the Association, and donned official's gear in numerous sports outside of business hours.

But, one of his finest refereeing efforts might have come during the 2009-10 and 2010-11 school years when he guided approximately 60 individuals representing 25 medical and professional organizations through an arduous process to upgrade the antiquated MHSAA Physical Form to what is the standard today: the MHSAA Preparticipation Physical Examination/Health History Form.

The form is much more comprehensive, answering questions previously not asked during the quicker, more brief, evaluations.

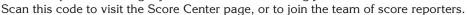
Sudden cardiac death claims the lives of more than 300 Michigan children and young adults between the ages of 1-39 years annually. Yet, many of these deaths could be prevented through screening, detection, and treatment. One such way to detect high risk conditions that predispose to SCDY is through preparticipation sports screening of student-athletes, and the current physical form provides a mechanism.

While much more detailed, schools have reported that parents are more than willing to take the extra time and effort to complete the lengthier version.

### **Keeping Score**

The fall of 2010 brought the MHSAA.com Score Center page to fans as they see it today. Among the most visited pages daily on MHSAA.com, the page offers statewide schedules for every sport each day during the school year, and registered users – from administrators to coaches to fans – can enter results as soon as the contest has ended.

The introduction of Michigan Power Ratings (see page 8) has led to increased importance of score reporting during the regular season in certain sports, and the percentage of scores posted on a nightly basis has risen accordingly.







### MHSAA at the Head of Concussion Reporting and Studies

At the forefront of health and safety initiatives during the past decade was the topic of concussions: recognition, occurrences, return-to-play protocols and rules changes aimed to help minimize the risk of concussions. Once again, the MHSAA has been a leader among state associations in the study of concussions. Staff member Cole Malatinsky has turned volumes of data from member schools into the most comprehensive annual head injury report nationally among state associations.

Beginning with the 2015-16 school year, head injury reporting became mandatory for MHSAA member schools. Under the MHSAA Concussion Protocol, member schools are required to complete and submit an online report designated by the MHSAA to record and track head injury events when they occur in all levels of all sports during the season in practices and competitions.

Scan this code for the most recent report.



### **BOTF is Spirited Competition**

Sportsmanship is an important part of educational athletics, and student cheering sections can be a key factor in creating a festive high school event. The MHSAA Student Advisory Council created the Battle of the Fans competition in 2012 as a way to spotlight positive, student-centered engagement at basketball games each winter.

Now in its ninth year, the MHSAA BOTF competition has recognized the top student cheering sections in Michigan, employing social media and student input to determine a champion which is crowned during the MHSAA Boys Basketball Semifinals each March.

Members of the Student Advisory Council and MHSAA staff visit all Finalists on a home game night. MHSAA staff then creates videos and stories, posted to the MHSAA's Second Half website and Facebook. The MHSAA Student Advisory Council then determine a winner using the established judging criteria listed above. It will also conduct a vote using a Facebook, Twitter and Instagram Likes, Shares and RTs to help in its decision.

This year's winner and two other finalists will be invited to MSU's Breslin Center on March 27 to be honored.

All entrants display the winning attitude of sportsmanship, as the event rolls strongly into the new decade.



### **Transition** Time

The strength of the MHSAA decade after decade has been solid local school administration under the direction of insightful leaders at the state office in Lansing.



Executive Director Mark (Uyl, continues to build on that foundation while meeting challenges old and new. His tenure began in 2018, following Jack Roberts,

who stepped down after 32 years that spring.

**Roberts** was the fourth person to serve that role full time, following Charles Forsythe (1931-42, 1945-68), Allen Bush (1968-78) and Vern Norris (1978-86).



Steaming into a new decade with only its fifth general, it's that stability that has served the MHSAA so well as the Association closes in on 100 years of existence.

Roberts called working for 1,500 schools and hundreds of thousands of student-athletes over three decades his "purpose."

Uyl intends to keep the ball rolling.

"There will be many ways we'll continue to protect the same values of educational athletics," (Jyl said, "while also looking for new ways and new opportunities to best serve the students and our member schools in Michigan."

## student spotlight

### Farm Bureau Insurance Scholar-Athlete Award in 31st Year



housands of students voluntarily extend their classroom day by taking part in extracurricular activities, often improving their academic achievements in the process. The value that such programs play in the total education of a high school student is hiahliahted throuah the MHSAA/Farm Bureau Insurance Scholar-Athlete Award, which will award \$1,000 scholarships to 32 top student-athletes and recognize over 1,500 other outstanding individuals in 2019-20.

Underwritten by Farm Bureau Insurance, the Scholar-Athlete Award is now in its 31st year, and presents scholarships to students in every MHSAA enrollment classification. The scholarships may be used at any institution of higher learning.

"It is amazing to see the number of young people who are proven achievers in academics and activities," said Mark Uyl, executive director of the MHSAA. "At a time when our educational system is coming under fire, the Scholar-Athlete Award is something that proves how important athletics are to the development of a well-rounded person."

Students applying for the Scholar-Athlete Award must be graduating during the 2019-20 school year, carry a 3.5 grade-point average, and have previously won a letter in a varsity sport in which the MHSAA sponsors postseason competition.

Applicants will also be required to show involvement in other school-community activities and submit an essay on the importance of sportsmanship in educational athletics. FARM BUREAU INSURANCE® Michigan's Insurance Company Insurance Company

Application materials can be found on MHSAA.com. Scan the code below to access the page.

Each MHSAA member school is allowed to nominate a number of student-athletes based on the size of the school. Class A schools can nominate six boys and six girls, Class B four boys and four girls, Class C three boys and three girls and Class D two boys and two girls. The first 30 scholarships will be awarded based on this graduated scale, with two additional scholarships intended for minority applicants.

A committee composed of school administrators from across the state will select regional and statewide winners.

Farm Bureau Insurance, a long-time supporter of MHSAA activities, also sponsors other educationally oriented programs.

The 32 scholarship recipients will be recognized at the MHSAA Boys Basketball Finals at the Breslin Student Events Center in East Lansing on March 28, 2020.

> More Info? Scan Here





### Battle of the Fans IX Heats Up the Winter Scene

The MHSAA Student Advisory Council's "Battle of the Fans IX" featured a variety of enthusiastic rooting sections and original themes as groups competed for the title of best high school student section in Michigan.

This year's nine semifinalists are Saginaw Heritage, Traverse City West and Zeeland East from Class A; Buchanan, Caro and Frankenmuth from Class B; and Hart, Petersburg-Summerfield and Reese from Class C/D.

Battle of the Fans IX, organized by MHSAA staff and its 16-member Student Advisory Council, kicked off by inviting schools to submit short videos, via YouTube, of their cheering sections in action by Jan. 11. The Advisory Council selected nine semifinalists to accomplish a list of tasks showing off their sections over a 12-day period, and then the Council then selected three finalists for MHSAA visits.

This year's winner was to be announced Feb. 21 and will be recognized March 27 during the MHSAA Boys Basketball Semifinals at Michigan State University's Breslin Center.

Semifinalists were required to complete 10 challenges via their social media channels by 11 p.m. on Jan. 25. Five mandatory challenges focus on contest criteria: positive sportsmanship, student body participation, school spirit, originality of cheers, organization of the group, student section leadership and overall fun.

Five elective challenges (taken from a list of 15 opportunities) allowed semifinalists opportunities to show the unique characteristics that make their sections elite. Descriptions of all 20 challenges appear on the BOTF page of MHSAA.com.

The Student Advisory Council selected the finalists in late January. MHSAA staff and SAC members visited the finalists for home basketball games during the second half of the season, with coverage and video, and the announcement of the winner, published on Second Half. The winner is selected by another Advisory Council vote based in part on support each section receives on the MHSAA's social media sites.

A total of 20 schools applied for this year's contest, including nine schools for the first time to bring the total to 105 member schools that have applied for the contest at least once over its existence.



Buchanan and Traverse City West both have applied seven times and reached the semifinals for the third-straight year. Buchanan was the BOTF champion in 2013 and 2018, and West won in 2016. Saginaw Heritage and Petersburg Summerfield also repeated as semifinalists; Heritage advanced to the finals as well in 2019.

Frankenmuth was the BOTF champion in 2012 and 2017 and also a finalist in 2013 and 2014. Zeeland East was a finalist in 2013, and Reese was a finalist in 2012. Hart and Caro are first-time semifinalists – Hart in its second time applying for BOTF and Caro as a first-time applicant.

The other first-time applicants were Fremont, Grosse lle, Grosse Pointe South, Howell, Lake Fenton, Melvindale, Morenci and Stevensville Lakeshore.

#### **SAC Belief Statement**

As the voice of Michigan's student-athletes, the Student Advisory Council's role is to convey the message of how high school sports are supposed to be played. We are responsible for helping the MHSAA maintain a positive and healthy atmosphere in which interscholastic athletes can thrive.

We believe **athletes** should be competitive, sportsmanlike and excel academically. We believe **students** in the stands should have fun, but not take the focus away from the game. We believe **coaches** should act as teachers, helping student-athletes develop while still keeping high school sports in perspective. We believe that **parents** should always be positive role models and be supportive of their child's decisions. We believe **officials** commit their own time to high school sports and respect should always be shown and given to them.

The most important goal for student-athletes is to enjoy high school sports while keeping a high level of respect between all those involved in the games.

– Written by the Student Advisory Council, adopted by MHSAA Representative Council November 2007



### East Lansing's Norris Receives 2020 WISL Award

ver nearly 30 years, Nikki Norris has impacted educational athletics in nearly every role possible as a teacher and athletic director at multiple schools, coach at various levels and game official. Her many and continuing contributions were celebrated Sunday, Feb. 2, when she received the MHSAA's 33rd Women In Sports Leadership Award in Lansing.

Each year, the Representative Council considers the achievements of women coaches, officials and athletic administrators affiliated with the MHSAA who show exemplary leadership capabilities and positive contributions to athletics.

Norris is in her second year as athletic director at East Lansing High School after eight in that position for Corunna Public Schools. She previously taught for six years at Carson City-Crystal and then 11 at Corunna before taking over the Cavaliers' athletic department during the summer of 2010.



She coached volleyball at multiple levels over more than 15 years including Corunna's varsity from 1999-2002 and 2006-09, and also coached high school basketball for a combined eight years during her time at the two schools where she taught. Before and between her volleyball coaching stints, Norris also has served as an MHSAA registered volleyball official for a total of 12 years.

"I try to connect with all students, athletes or not, because there are so many kids who just need a connection," Norris said. "And if we can find it through sports, or through clubs, or teaching – I do look at them all as my own children, to a certain extent. We used to say in Corunna, 'They're all our kids.' And I want them to be successful in whatever it is they want. And if I can help them, that's what I'm there for."

Those who wrote letters recommending Norris for this year's WISL Award especially noted that personal impact she has on students, staff and colleagues, locally and on wide-ranging levels.

While at Corunna, Norris served as master scheduler and part of the constitution committee for the Genesee Area Conference. Her schools have hosted various MHSAA Tournament events in multiple sports, in addition to local invitationals and conference meets. She's served on every type of MHSAA Committee, providing input on a variety of sports, site selection, officials selection and the Scholar-Athlete Award. She also annually volun-



teers as a tournament administrator at the MHSAA's Volleyball Finals in November and Base-ball/Softball/Girls Soccer Finals in June.

"Nikki is one of the most genuine, caring and hard-working people I've ever met in athletics," MHSAA Executive Director Mark Uyl said. "She has worked extremely hard in both Corunna and East Lansing to develop a first-class program that produced high-character people. Nikki is truly a role model to everyone in the world of athletic administration."

A certified Red Cross instructor, Norris has provided CPR/AED training to coaches, bus drivers and staff members. Corunna in multiple years received the state's HEARTSafe School designation recognizing preparedness to respond to cardiac emergencies.

As a member of the Michigan Interscholastic Athletic Administrators Association (MIAAA), she has facilitated sessions and presented at its conferences and served on the newsletter committee.

She was named the MIAAA's Region 7 "Athletic Director of the Year" in 2016. She also has received "Certified Athletic Administrator" designation from the National Interscholastic Athletic Administrators Association (NIAAA).

A 1987 graduate of Ithaca High School, Norris received her bachelor's degree in biology with a minor in exercise health science from Alma College – where she also competed in track & field – and then earned master's degrees in biological sciences from Michigan State University and educational leadership from American College of Education.

Norris lives in Bancroft and is the mother to two daughters, Meredith and Elizabeth Norris. Meredith was named the state's Miss Volleyball Award winner in 2017 as a senior at Corunna and currently plays at Michigan State. Elizabeth is a senior at Corunna and was a finalist for the same award this past fall, and will continue her academic and volleyball careers at University of North Dakota.

"I look at the names that are on the (WISL Award) list, and there are so many deserving women who over my career I've looked up to and aspired to be like when I 'grow up,'" Norris said. "So to even be considered in that group is amazing, humbling. It's an honor."



### **Smith and Fredette Earn National Honors**

#### Smith Recognized for Administrative Excellence

Retired longtime athletic director Fred Smith received a Citation from the National Federation of State High School Associations during the 50th National Athletic Directors Conference sponsored by the NFHS and National Interscholastic Athletic Administrators Association (NIAAA) Dec. 16 in National Harbor, Md.

NFHS Citations are presented annually to outstanding athletic directors in recognition of contributions to interscholastic athletics at the local, state and national levels. State associations nominate athletic directors for NFHS Citations, and the NFHS Board of Directors approves recipients.



A 1979 graduate of Western Michigan University, Smith began his career at St. Joseph Lake Michigan Catholic Schools, serving for 11 years. In 1991, he joined Comstock Public Schools, where he served for 16 years. Smith moved to

Buchanan Community Schools in 2007, where he remained until 2015 before departing for his final stop as athletic director at Benton Harbor for two years. He retired in 2017, serving 38 years total as a teacher, coach and administrator.

Among his accomplishments, Smith instituted awards programs to recognize three-sport (or more) student-athletes who participated for their full, four-year high school career.

Smith was a member of the MHSAA Representative Council from 2005 to 2017, including the final four years as vice president. He served on several MHSAA committees, and he hosted countless MHSAA District and Regional tournaments. With the Michigan Interscholastic Athletic Administrators Association (MIAAA), he has served as chair of its Professional Development Committee and as a member of its executive board from 1993 to 1998.

Smith was a member of the NIAAA Board of Directors (1996-98), Credentials Committee (1989-96) and Hall of Fame Screening Committee (2010-18). He has been heavily involved in the NIAAA's Leadership Training Institute. He is national course chair for LTC 501, and he has presented Leadership Training Courses in 14 states. Smith also served on the NIAAA Executive Director Search Committee, and he has attended 34 National Athletic Directors Conferences.

Smith previously received the NIAAA Distinguished Service Award, the NIAAA Thomas E. Frederick Award of Excellence, the NIAAA Frank Kovaleski Professional Development Award, and the MHSAA Charles E. Forsythe Award.

#### Fredette Tabbed as Coach of the Year

Longtime Armada tennis coach David Fredette has been named one of 23 National Coaches of the Year for 2018-19 by the National Federation of State High School Associations (NHFS) Coaches Association.

Fredette was selected first at the state level and then from among the eight sections that make up the NFHS – Michigan is part of Section 4 with Illinois, Indiana, Iowa and Wisconsin.

Fredette began Armada's tennis program in 1966 and coached the boys team through the 2018 season. He led more than half his teams over the years to the MHSAA Finals, and 17 to top-10 finishes at the championship meet – including four



straight from 2009-12. He also was a major contributor during the early days of the Michigan High School Tennis Coaches Association, and began serving on its board in 1982. Four times he was selected MHSTeCA state Coach of the Year: in Class C-D in 1982, Class B in 1992, and as one of two selections in Division 4 in both 1998 and 2018. Fredette was inducted into the MHSTeCA Hall of Fame in 1988. Armada's tennis courts are named for him.

Fredette played tennis at Dowagiac High School and then Benton Harbor Community College. He also coached basketball and football during his time at Armada.

"Athletics give students a chance to become student-athletes, which means athletics teach athletes discipline, a strong work ethic, and cooperation with others," Fredette said. "I know that students who play sports upon graduation are more prepared to face the challenges that life presents them. While I always expected my players to work hard, I wanted my athletes to enjoy the experiences on and off the courts."

Four more Michigan coaches earned honors in Section 4. Brighton girls swimming & diving coach Jason Black led the Bulldogs to a Lower Peninsula Division 1 Finals runner-up finish in Fall 2018, its best placing in program history. Dexter boys swimming & diving coach Michael McHugh was selected for the second-straight year as a Section 4 winner after leading his team to its fourth-straight Lower Peninsula Division 2 championship last winter. Battle Creek St. Philip volleyball coach Vicky Groat at one point guided the Tigers to nine Class D championships in 10 seasons from 2005-14. Bloomfield Hills Academy of the Sacred Heart co-coach Judy Hehs helped lead that girls tennis program to its second-straight LP Division 4 championship this past fall and previously was named NFHS Coaches Association National Coach of the Year in 2016.

officially speaking

### **Rules of the Games**

Sharpen your skills with the following rules questions for these winter sports. Answers appear on the next page.

#### Basketball

- A coach asks, "Why wasn't that a charge?" Which of the following is, by rule, the only legitimate response an official should give? a. "Coach, your
  - a. "Coach, your defender did not have legal guarding position."
  - b. "Coach, your d e f e n d e r jumped prior to contact."
  - c. "Coach, your defender wasn't set when contact occurred."



- d. "Coach, your defender was too far under the basket to take a charge."
- **2.** A1 has the ball and is about to attempt the first free throw of a one-and-one bonus. B1 steps into the lane prior to the release of the attempt, although this action is unintentional, the distraction causes A1's attempt to miss the ring. How would we administer this play?
  - a. Since the act by B1 was unintentional, both violations are penalized. Go to the A/P arrow to determine which team is entitled to an A/P throw in.
  - b. An air ball takes precedence over a lane violation. Team B gets an endline throw in.
  - c. Call an unsporting technical foul on B1 for disconcerting the shooter.
  - d. Ignore the violation by A1 and only penalize the delayed violation by B1.
- **3.** On a throw-in, Team A maintains team control until:
  - a. Any Team B player gains control of the ball, or the ball becomes dead.
  - b. An opponent of the throw-in team touches the throw-in pass.
  - c. Player control is obtained inbounds by a player of either team.d. The release of the throw-in, because at that
  - d. The release of the throw-in, because at that point the ball is no longer at the disposal of the thrower.

#### **Competitive Cheer**

- 1. The required techniques of spotting are:
  - a. The spotter must touch either the base and/or the flyer when performing a stunt in which the supporting arm(s) of the base(s) is fully extended above the head.
  - b. During the stunt and the dismount, the spotter must be watching for possible errors and acting to prevent injuries with special emphasis on the head, neck and back areas of the flyer.
  - c. While touching, the spotter must be sufficiently away from the stunt so as to not provide primary support.
  - d. All of the above.
- 2. A flyer is transitioned from an extension to a flatback between three catchers. Legal/Illegal?
- **3.** A flyer performs a Round Off and as the flyer is moving through the Round Off, she stops in the inversion prior to finishing the skills. Legal/Illegal?



### **Gymnastics**

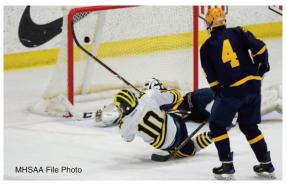
- 1. A gymnast performs the following elements on floor exercise: aerial cartwheel, aerial round-off and butterfly. All of these skills receive credit for an acro twist of at least 180. Correct/Incorrect?
- 2. A gymnast performs a tuck jump with a full twist on the balance beam. She receives credit for an advanced high superior but does not receive credit for a 360 turn under Event Requirements. Correct/Incorrect?
- 3. A gymnast casts to handstand on bars within 20 degrees of vertical and does not receive handstand credit under Event Requirements. Correct/Incorrect?





### Ice Hockey

- 1. During a game, the referee calls a checking from behind penalty to one of Team A's players that results in a game disqualification penalty being assessed. The required reporting procedure is:
  - a. Tell the offending player's coach to make sure that the player does not play in the next two games.
  - b. Call the Athletic Director of the offending player the next school day.
  - c. Fill out an MHSAA Officials Report form within 48 hours of the game through the MHSAA site.
  - d. Complete a USA Hockey officials report and send it to the MHSAA.



- 2. A goal is scored. Opposing team asks for stick blade measurement on curvature immediately. What is official's course of action?
  - a. Measure stick to decide if curve exceeds <sup>3</sup>/<sub>4</sub> inch, if so, remove stick, disallow goal and penalize player
  - Measure stick to decide if curve exceeds <sup>3</sup>/<sub>4</sub> inch, if so, remove stick, allow goal and penalize player.
  - c. Do not measure stick, take note, inform Head Coaches of accusation, inform MHSAA of potential rules violation.
- **3.** During the first period, it is brought to the attention of the referee by Team A that Team B has more than five team personnel occupying the team bench area. What is the ruling?

- a. Minor penalty for unsportsmanlike conduct
- b. Misconduct to the team
- c. Warning to team, extra personnel must be leave bench area, before game can resume
- d. Nothing can be done

#### Wrestling

- 1. Which is not allowed during the weigh-in period?
  - a. Leaving the weigh-in area with the permission of the meet administrator.
  - b. Stepping immediately back on same scale after failing to make weight.
  - c. Weighing in same gender shoulder to shoulder.
  - d. Activities that promote dehydration.
- **2.** In the offensive starting position the offensive wrestler shall:
  - a. Place their head on or above the mid-line of the opponent's back.
  - b. Place their arm loosely around the opponent's body with the palm of the hand placed loosely over the defensive wrestler's navel.
  - c. Not have their legs or feet in contact with the defensive wrestler
  - d. All of the above.
- **3.** During any headlock, the assistant should be:
  - a. In position to observe any action from underneath.
  - b. At the scorer's table watching the clock.
  - c. At the edge of the mat away from the action.
  - d. In the 10-foot circle away from the action.



### Basketball Answers: 1. a. (4-7-2) (4-23-3); 2. d. (9-1-3c) (9-1-3 Penalty); 3. a. (4-12-2) (4-42-5) (4-12-3) (4-12-2)

**Cheer Answers:** 1. d. Comment: The required techniques of spotting are to touch, watch and away; 2. Illegal. Comment: When a flyer is in a vertical position from an extended level, at least two bases and at least two catchers to protect the head and shoulders area of the flyer are required; 3. Illegal. Comment: Twists, turns, flips or tumbling are not allowed into the static inversion. 1. p. 42 (Girls Competitive Cheer Manual – Spotting Techniques) 2. p. 48 (Girls Competitive Cheer Manual – Types of Stunts) 3. Girls Competitive Cheer Insert – Static Inversion)

**Gymnastics Answers:** 1. Incorrect. Comment: None of these elements are saltos. Aerials do not fulfill the requirement. (9.2.3); 2. Correct. Comment: In order to receive credit under Event Requirements, the 360 turn must be performed on one foot, not in the air. (8.2.3); 3. Incorrect. Comment: Although vertical is the expected end position, the gymnast would receive credit under Event Requirements and awarded a superior Value Part if she casts to at least 20 degrees of vertical, but would receive an angle deduction of .05 if 11 – 20 degrees. (7.2.2)

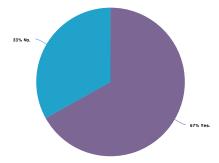
Hockey Answers: 1. c. (MHSAA Adaptation of NFHS playing rules ); 2. b. (3-5); 3. c. (1-9-2)

Wrestling Answers: 1. d. (4.5.3); 2. d. (5.19.5); 3. a. (3.2.2J)

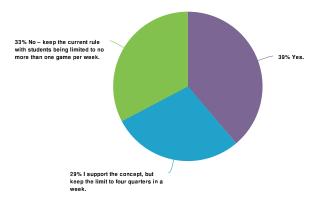
### **2020 Update Meeting Survey Results**



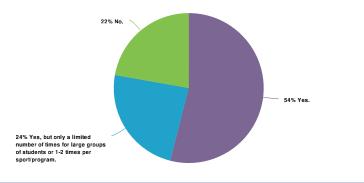
1. Do you favor allowing freshman and sophomore football players to participate in four quarters in a week (instead of one game) to allow schools more flexibility in using players at both the varsity and subvarsity levels?



2. If you favor the concept in question #1, would you support allowing a freshman or sophomore five or six quarters of competition in a week with no more than two quarters with the varsity team?

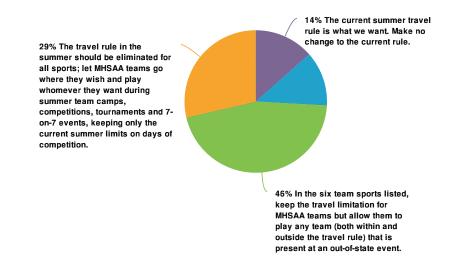


3. Current regulations prohibit the use of school transportation for any out-of-season (including summer) activity. Do you favor allowing school transportation(school bus, school van) to be used during the summer for allowed summer activities using fundraised money?

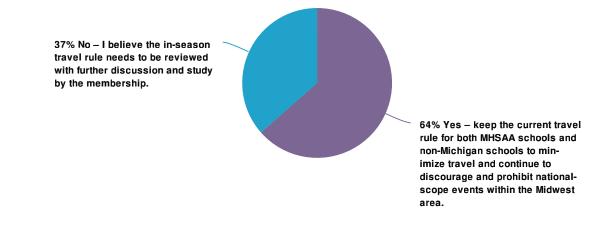


benchmarks

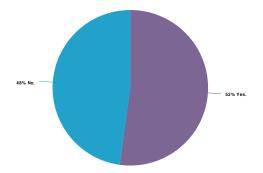
4. During the summer, six team sports must follow the in-season travel rule for summer competition (basketball, football, ice hockey, lacrosse, soccer, volleyball) when the event is held out of state. Which of the following best describes your opinion on this issue in the summer?



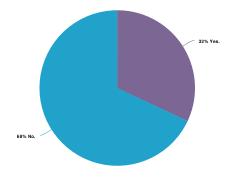
5. During the season, do you support keeping the current travel rule for MHSAA schools?



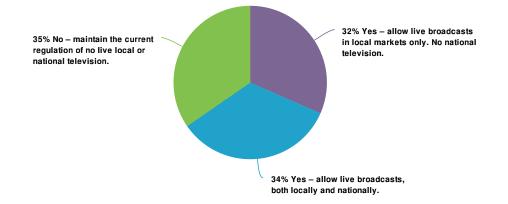
6. Current regulations permit only football helmets and shoes at any out-of-season football activity. Would you support permitting students during the summer to also wear shoulder pads when attending camps directly sponsored by an NCAA or NIAA institution on their campus?



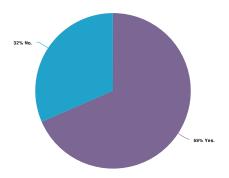
7. Do you favor increasing the number of allowed regular-season girls and boys high school basketball games to 22 from the current limit of 20?



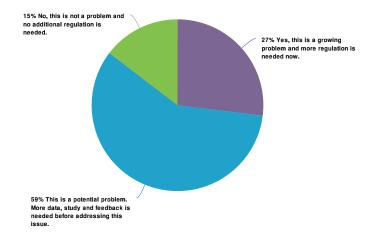
8. Would you favor the elimination of the current prohibition of live television broadcasts – both cable and over-the-air, local market and national networks – of member schools' regular-season athletic contests?



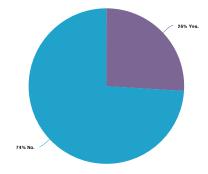
9. Currently, member schools can stream live Internet video of regular season contests through the School Broadcast Program (SBP). Non-SBP schools can also get a waiver of the rule to live stream. Third parties (newspapers, radio stations, sports websites) are prohibited from live steaming. Should this policy of schools being the only entities to live stream regular season contests remain unchanged?



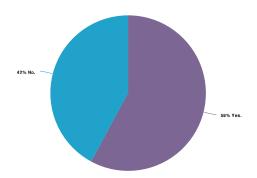
10. Do you have concerns with a school coach, who also coaches or coordinates a non-school club program or facility, directing his or her school student-athletes to that non-school (and often for-profit) club, to improve that student's chances of making the school team or providing an indirect financial expectation on that student? Is more MHSAA regulation needed in this area?



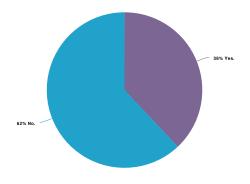
11. Should esports become a sport sponsored by the MHSAA with a regular season culminating in an MHSAA tournament?



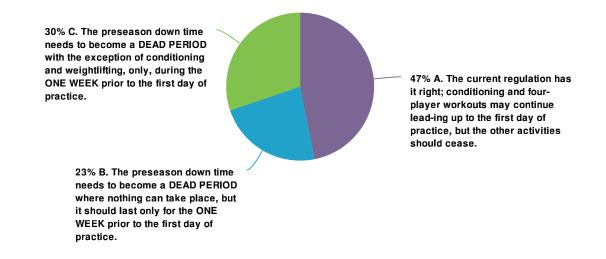
12. Do you favor the MHSAA sponsoring Regional area meets at the junior high/middle school level in cross country and track & field?



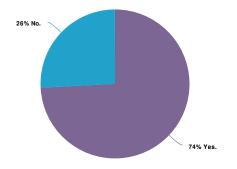
13. Do you favor the MHSAA sponsoring Regional area meets at the junior high/middle school level that would then qualify competitors to a culminating Final meet one week later in cross country and track & field?



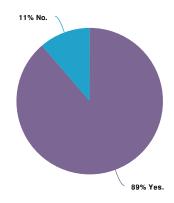
14. All sports currently have a preseason down time. Generally speaking, no camps, clinics, competitions or open gyms can occur in those sports during the approximately two weeks of "down time." Voluntary activities such as general conditioning with unlimited numbers of students (no sport-specific equipment) and four-player workouts are allowed during the down time. Which statement best describes your opinion on preseason down time?



15. The current regulation only requires head varsity coaches to have current CPR certification. Do you favor a requirement that all head coaches (varsity, subvarsity, middle school) have current CPR certification?



16. Do you favor an MHSAA regulation that would require a minimum next-day-of-competition suspension for ejected spectators, just like the current rule for ejected coaches and student-athletes?



### **Update Survey - Comments**

The following questions received the most additional comments from those in attendance.

**Question 1** regarding football competition limits for sophomores and freshmen:

- Basketball too
- Apply rule to all sports
- Could help keep the smaller schools programs alive
- No, but if JV played after the varsity game, my answer would change
- Volleyball as well, basketball as well

Question 11 regarding the addition of e-sports as an MHSAA-sponsored tournament sport:

- An important group of kids to reach, but not thru MHSAA. We will do it as a club
- (Emphatic) No
- Keep looking at it. In favor of MHSAA looking into it, but not necessarily sponsoring tournament
- I will be more in favor if and when the MHSAA is ready and able to take it on and be ready to oversee, manage and have a tourney ready to go
- No. Not a sport but a game
- Strongly no
- No, but keep studying & researching
- Yes, as long as games align with ethics/morals of students/schools

Question 16 regarding next day of competition suspension for ejected spectators:

- Absolutely
- Enforcement of visitor fan would be impossible
- I do, but how do we monitor it?
- Let school handle spectator ejections
- Love It
- The current rule for players is flawed. It needs an appeal process

#### SURVEY TOTALS

**Respondents' Title** 29 Superintendents (4.7%) 73 Principals (11.8%) 84 Assistant Principals (13.6%) 490 Athletic Directors (79.3%) 124 Coaches (20.1%) 4 Board Members (0.6%) 46 Other (7.4%) 
 Respondents' Classification

 160
 Class A (25.8%)

 176
 Class B (28.4%)

 168
 Class C (27.1%)

 119
 Class D (19.2%)

 114
 JH/MS (18.4%)

TOTAL SURVEYS RECEIVED = 624

### reviewing the regulations

### What to Know Before Getting a "Boost"

**B** ooster Clubs are present in most every MHSAA member school and have a long history of supporting youth sports throughout the nation. These organizations are vital and in many schools greatly enhance the student-athlete's experience. In some schools and teams – especially new sports, Booster Clubs are THE source of most all funding. Some Booster Clubs make sports possible and without their great work and results fewer opportunities for students and schools would be offered.

Booster Clubs exist because of the school and they have the same obligation to follow the rules that schools have agreed to follow. The MHSAA 2019-20 *Handbook* has several regulations and interpretations that directly reference Booster Clubs. While the list is not all inclusive, it may be of interest to administrators and those great parents and community supporters who make School Sports so valuable in the education of students and the lives of communities.

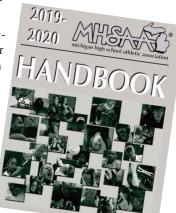
#### 2019-20 MHSAA REGULATIONS RELATED TO BOOSTER CLUBS

#### **Undue Influence – Anti-Recruiting Rules**

- 110. High school coaches and administrators may not request booster clubs, players or alumni from the high school to discuss the merits of their athletic program with prospective athletes or their parents by phone, through electronic messages, in person or through letters.
- 113. Persons "indirectly associated with the school" include but are not limited to parents of players, booster club members and representatives of nonschool athletic programs. Such persons are prohibited from providing or performing any of the examples of undue influence listed in this Section and its Interpretations.

#### **Out-of-Season Camps and Coaching Activities**

231. Booster clubs, alumni groups, parent organizations and groups that exist because of the school, and high school administrators (including athletic directors) acting on their own in programs involving students in grades 9-12, may not sponsor or support out-of-season programs or perform out-of-season functions which the school or coach is prohibited from doing. See Interpretation 127 for amateur status concerns related to students' involvement in out-of-season activities with financial support from school-approved fundraisers. 131. Students may accept reduced or waived tuition (scholarships) to specialized (single-sport focus) team or individual athletic camps, clinics, competitions or leagues without violating the amateur



regulation, provided the funds are paid by:

- a. the student's parents, grandparents or siblings; or
- b. the school district, not with general funds but with funds generated through school-approved fundraising activities of booster clubs, school teams, student groups, and community, civic or service groups, and are not provided on the basis of athletic ability or potential subject to the limits of Interpretation 146.
- 146. A student may accept in kind up to \$200 per sport per year (September through August) from approved school fundraisers to participate out of season in specialized team or individual athletic camps, clinics, competitions or leagues (but not to tryouts or combines). This does not permit schools or booster clubs to sponsor, fund or support out-of-season activities which are prohibited under Regulation II, Section 11 (H) and Interpretation 231.

#### Fundraising, Pay to Participate, Uniforms, Equipment

- 145. Students may accept in kind waivers, discounts or the results of opportunities to work off or fundraise school financial assessments required for participation in athletics, provided the allocation is available to all students in that sport. A program may not be based on athletic ability or potential. If based on financial need, awards must be determined by a neutral, nonathletic entity such as the federal school lunch program or other non-athletic determination.
- 147. In general, students may engage in school or nonschool fundraising either as an individual or as part of a group, to pay the costs to attend specialized team or individual athletic camps, clinics or leagues or to participate in cultural/athletic exchanges, or travel to and enter team or individual competitions.
  - a. Funds must be in the form of checks made out to the camp, clinic, exchange coordinator or competition sponsor, or to the school



or tax-exempt organization for which the student is fundraising.

- b. If cash is donated on behalf of a student, it must be paid directly to the organization.
- c. Students who receive cash in exchange for the sale of items through bona fide fundraising activities (raffle tickets, candy, calendars, etc.) are accountable to the sponsoring organization, bound by the amateur status regulations, and may not convert funds to their own use.
- d. Neither cash nor checks payable to the student may be accepted by the student unless the student has been employed and performed labor or service for which the payment is reasonable compensation.
- 127. Fundraising by team members to purchase athletic equipment, clothing, shoes or other items specific to that team membership is allowable as long as the item(s) remains a part of the school inventory.
- 128. Players may purchase at fair (current) market value and keep equipment such as shoes, gloves, jerseys, jackets and award sweaters without incurring a loss of eligibility. Personal wear items such as caps, shoes, and swimsuits may have a value of zero at the end of the season.

#### **Coaches Compensation**

- 184. Neither faculty nor nonfaculty coaches may receive compensation for interscholastic coaching duties except through the school, and such compensation shall not be based on wins, championships and tournament participation and shall not exceed predetermined payments and limitations which are commensurate with compensation to classroom teachers' schedules for supplementary assignments. Prohibited payments to coaches include, but are not limited to:
  - a. compensation (directly or indirectly from any source) to supply team members with equipment, supplements, uniforms, shoes or warmups.
  - compensation (directly or indirectly from any source) to encourage or facilitate students' enrollment at a particular college or university.
  - c. compensation (directly or indirectly from any source) as an inducement for the school team to be scheduled for a game or tournament.
  - d. compensation (directly or indirectly from any source) as an inducement to obtain the presence of one or more students of the school to participate in a camp, clinic, combine, game or tournament sponsored by any entity.
  - e. compensation (directly or indirectly from any source) which exceeds the existing payment schedule for coaches.

**Note:** Booster clubs may donate funds to schools for coaches compensation provided the school determines and issues the compensation and all other interpretations are followed. Schools may use third party contractors for the purpose of coaches compensation provided the school remains the source of the funds and all other interpretations are followed.

#### Awards, Rings and Banquets

- 116. A student may accept, for participation in athletics, a symbolic or merchandise award which does not have a fair market value or cost in excess of \$40 (not including engraving/embroidery).
- 117. Awards for athletic participation in the form of cash, merchandise certificates, or any other type of negotiable documents are never allowed.
- 118. Banquets, luncheons, dinners, non-competitive trips, and fees or admissions to be a spectator at events, if accepted in kind, are permitted under this Regulation.
- 120. Special offers to purchase rings, plaques, jackets, sweaters or other mementos in excess of \$25 to commemorate sport seasons are permitted so long as the opportunity to purchase such items is made available to all students, not just athletes.
- 123. When any part of the purchase price of an award is paid by the student or the school, is donated or raised through individual or group action to reduce the cost to \$40, it is a violation.

#### **Commercial Endorsements**

- 150. A student may never be paid or given merchandise or privileges in exchange for a commercial endorsement; and a student may not pose in the school's athletic uniform to promote a for-profit or nonprofit nonschool commercial enterprise, even if the student is not paid for the endorsement.
- 151. It is not a violation for school calendars, programs, rosters and other school publications that include photography of athletes to have advertising material or sponsorships. Generally, student-athletes may appear in advertisements that promote their school, school team or a nonprofit cause, but not in advertisements that promote a business or commercial enterprise. It is not a violation for a student or team to be recognized for athletic achievement by a media organization or commercial enterprise (e.g., athlete of the week, team of the week) provided there are no benefits of cash, negotiable certificates or merchandise to students, no statement or endorsement by students, and no third party or outside media promotion of the award (e.g., billboards, bus banner ads, etc.). Certificates of recognition, plagues or other symbolic awards with a value of less than \$25, or meals in kind, are allowed.



### 2019-20 MHSAA Budget

The following budget for operation of the Michigan High School Athletic Association, Inc., for the 2019-20 school year was considered and approved at the May 2019 Representative Council Meeting.

	5
GENERAL ADMINISTRATION	\$ 3,925,255
GENERAL PRINTING	
GENERAL OFFICE EXPENSES	
GENERAL MEETINGS	
COACHES & OFFICIALS	389,400
CORPORATE SALES	259,500
STUDENT SERVICES	104,000
BASEBALL TOURNAMENTS	
BASKETBALL TOURNAMENTS	
BOWLING TOURNAMENTS	
COMPETITIVE CHEER	
CROSS COUNTRY MEETS	
FOOTBALL PLAYOFFS	1,204,500
GOLF TOURNAMENTS	
GYMNASTICS MEETS	23,250
HOCKEY TOURNAMENTS	
LACROSSE TOURNAMENTS	62,250
SKI MEETS	,
SOCCER TOURNAMENTS	208,500
SOFTBALL TOURNAMENTS	212,800
SWIMMING MEETS	93,500
TENNIS TOURNAMENTS	
TRACK MEETS	
VOLLEYBALL TOURNAMENTS	287,000
WRESTLING TOURNAMENTS	
BROADCASTING	
REVENUE SHARING	,
TOTAL 2019-20 BUDGET	\$11,644,805

### **Out-of-State Travel Form and Regulations**

The tradition of taking a team on a "spring trip" for practice only has gotten a new twist with the allowance that a team may scrimmage another MHSAA member school team while on a "spring trip."

Any school which conducts practice sessions out of state at a site more than 600 miles round-trip must submit to the MHSAA office a **Travel Form for Out-of-State Practice** at least 30 days in advance of departure.

The new rule allows schools in spring sports only to compete in up to four scrimmages

with another MHSAA member school team while on a spring trip. The allowance is to other MHSAA teams only and scrimmages that follow the elements of a scrimmage.

This will likely save schools money as they can split the cost of renting a facility for a baseball, softball, soccer or lacrosse field.

**Regulation II, Section (C)** follows with most recent change in boldface: "Schools which desire to conduct practice sessions out of state at a site more than 600 drivable miles round-trip from their location

must complete and submit to the MHSAA office the "Travel Form for Out-Of-State Practice" at least 30 calendar days in advance of departure (see MHSAA.com, "Schools>Forms & Resources"). No competition (scrimmage or contest against another team) is allowed except that in spring sports, two or more MHSAA member schools which have submitted the MHSAA Out-of-State Travel Form may scrimmage or hold joint practices with other MHSAA member schools up to the maximum of four allowed scrimmage dates in that sport. These days shall count in the total of four allowed for the season. Regulation II, Section 11 (B) and applicable interpretations regarding scrimmages shall apply. Dates of competition may not be converted to scrimmages as permitted under this allowance. No more than four dates will be allowed while operating under the out-of-state travel form allowance.

MHSAA catastrophic insurance does not cover such events. The form can be found on the MHSAA Website. Pursuant to action of the Representative Council, all schools which complete this form will be listed in benchmarks at the end of the school year.

### Report of Activities of the MHSAA, 2018-19

**PUBLICATIONS** - *benchmarks* distributed to junior and senior high schools and registered officials; School Directory and calendars printed; association Handbook distributed to junior and senior high schools; rule books distributed to schools and registered officials. The Officials Guidebook was published online. The Coaches Guidebook was published online.

**RULES MEETINGS/CLINICS** - General meetings and rules meetings (online and face to face) were held in baseball/girls softball, girls competitive cheer, football, basketball, bowling, swimming & diving, tennis, track & field, golf, wrestling, girls gymnastics, girls volleyball, soccer, and ice hockey for coaches and registered officials. The Officials' Awards and Alumni Banquet honored 20-, 30-, 40-, 45- and 50-year officials. Special meetings were conducted for coaches association presidents and league and conference executives. Tournament managers meetings were held in some sports. Meetings were held with representatives of local officials associations. The Task Force on Multi-Sport Participation met five times.

**PARTICIPANTS** – There were approximately 285,217 participants on interscholastic athletic squads of the 749 member high schools during the 2018-19 school year. The MHSAA membership also included 867 junior high/middle schools.

**REGISTERED OFFICIALS** – There were 9,638 officials registered in one or more sports during the year.

**UPDATE MEETINGS** – Approximately 800 people attended meetings during the fall in Frankenmuth, Kalamazoo, Lansing, Gaylord, Warren, Comstock Park, and Marquette.

**CAP SEMINARS** – There were approximately 2,200 participants who completed one or more courses in the Coaches Advancement Program at colleges and universities and at school sites throughout the state during the 2018-19 school year.

**ATHLETIC DIRECTORS IN-SERVICE** – Approximately 900 athletic directors participated in the Athletic Directors In-Service programs at sites throughout the state during the 2018-19 school year.

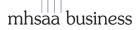
**STUDENT LEADERSHIP EVENTS** – Sportsmanship Summits and Captains Clinics were conducted across Michigan involving almost 1,000 students. The 13th class of the Student Advisory Council was appointed. The eighth Battle of the Fans was conducted.

**COMMITTEES** – Approximately 500 different individuals served on the following association committees during the 2018-19 school year:

Athletic Equity							
Awards							
Baseball Rules							
Baseball/Girls Softball Site Selection							
Baseball/Girls Softball Officials Selection							
Basketball Rules							
Boys & Girls Basketball Officials Selection							
Boys & Girls Basketball Site Selection							
Bowling							
Classification							
Girls Competitive Cheer							
Girls Comp. Cheer Judges Selection							
Cross Country Site Selection							
Cross Country/Track & Field Rules							
Football							
Football Playoff Officials Selection							
Golf							

**Golf Managers Girls Gymnastics** Girls Gymnastics Judges Selection Ice Hockey Ice Hockey Officials Selection Junior High/Middle School Boys Lacrosse Girls Lacrosse Officials Review Scholar-Athlete Ski Soccer Soccer Officials Selection (Fall) Soccer Officials Selection (Spring) **Girls Softball Rules** Swimming & Diving Tennis

Tennis Seeding (Boys) Tennis Seeding (Girls) Track & Field Site Selection Track & Field Standards Girls Volleyball Rules Girls Volleyball Officials Selection Girls Volleyball Site Selection Wresting Wrestling Officials Selection



### 2020-21 MHSAA Committee Membership Nominations

A procedure has been adopted and recently refined by the Representative Council to select MHSAA committee members. In the early spring each year, all superintendents, principals, athletic directors, coaches and board of education members who desire to serve on MHSAA committees may submit their names for nomination. This is a summary of the make-up and responsibilities of MHSAA standing committees:

#### SPORT COMMITTEES

Baseball, Basketball, Bowling, Girls Competitive Cheer, Cross Country/Track & Field, Football, Golf, Girls Gymnastics, Ice Hockey, Boys Lacrosse, Girls Lacrosse, Skiing, Soccer, Girls Softball, Swimming & Diving, Tennis, Girls Volleyball, Wrestling

Consists of administrators and varsity coaches in the particular sport, plus the president of the coaches association for that sport. Responsible for: (a) recommending to the Representative Council changes regarding MHSAA regulations relative to the sport. (b) recommending to the staff procedures, sites, and assignments for the MHSAA tournament in that sport. **Note:** Some sport committees serve multiple functions including officials selection, tournament sites, and seeding.

#### SITE SELECTION/TOURNAMENT COMMITTEES

Baseball, Girls & Boys Basketball, Cross Country, Girls Softball, Track & Field, Track & Field Standards, Girls Volleyball Consist of administrators responsible for selecting sites and assigning teams for all levels of MHSAA tournaments in the particular sport.

#### SEEDING COMMITTEES

#### Girls Tennis Area Seeding, Boys Tennis Area Seeding, Team Wrestling Finals

Tennis consist of tournament managers and varsity coaches responsible for determining seeded players and their positions in each flight and for assisting tournament managers in conducting the tournament draw. For Team Wrestling, select coaches and school administrators representing all divisions (and not involved from quarter-finals forward) meet via teleconference to seed prior to quarterfinals.

#### OFFICIALS SELECTION COMMITTEES

Baseball, Boys and Girls Basketball, Girls Competitive Cheer, Football, Girls Gymnastics, Ice Hockey, Boys Soccer, Girls Soccer, Girls Softball, Girls Volleyball, and Wrestling

Consist of tournament managers, athletic directors and coaches responsible for selecting officials for most levels of tournaments in most sports.

OTHER STANDING COMMITTEES (Established and appointed by the Representative Council)

1. Athletic Equity Committee - Committee is to meet once a year to recommend to the Representative Council annual objectives designed to encourage participation by more women and minorities in interscholastic coaching, officiating and administrative positions.

2. Awards Committee - This committee corresponds throughout the year to extend nominations and to nominate and screen candidates for four MHSAA awards: Forsythe, Bush, Norris, and Women in Sports Leadership.

3. **Classification Committee** - The committee meets annually to study and make recommendations to staff and Council regarding policies and procedures of classifying schools for tournaments and elections.

4. **Board of Canvassers -** Comprised of a superintendent, two high school principals, one junior high/middle school principal, and one athletic director. Members are responsible for counting the ballots for the election of Representative Council members and members of the Upper Peninsula Athletic Committee.

5. Junior High/Middle School Committee - This committee is comprised of junior high/middle school principals and athletic directors to review rules and regulations as they pertain to junior high/middle schools.

6. **Officials Review Committee** - This committee meets for the purpose of reviewing issues and concerns related to all officials in order to put forth recommendations to the MHSAA Representative Council.

7. **Scholar-Athlete Committee** - Established to administer the MHSAA Scholar-Athlete program, this committee consists of approximately 80 people to review award applications both online and in-person.

8. **Sports Medicine Advisory Committee** - The SMAC exists to serve the MHSAA membership while emphasizing the health and safety of students in interscholastic sports.

#### Criteria for Nomination and Selection of MHSAA Committee Members

There are several criteria to consider before completing the Nomination Form:

- 1. Coaches must be employed by the school and be able to obtain release time from school.
- 2. The nominee should have at least two years of experience in the position currently holding.
- 3. Most committees require only a one meeting date commitment at the MHSAA Jack Roberts Building in East Lansing. Com-

mittee meetings are held during the work week, while some others meet via email (i.e., Officials Selection).

Appointments to committees are based on the following criteria:

- 1. Committees should have male, female, and minority membership which reflects the total pool of available personnel.
- 2. Committees should maintain geographic and class size representation.
- 3. Some administrators will be appointed to sport committees.
- 4. The coaches association president/secretary of each sport is appointed to that sport committee, if the person is a school employee. If the President/Secretary is not a school employee, the Association must send a designee who is an administrator, faculty member or board of education member of an MHSAA member school.

Names of nominees will be submitted to the Executive Committee of the Representative Council for selection.

Over 500 people will be selected from the list of nominees submitted to serve on MHSAA committees.

#### - USE THE FORM ON THE NEXT PAGE -

### **MHSAA** Committee Membership Nomination Form

Member school superintendents, principals, athletic directors, board of education members and coaches are eligible to be a member of any one of the following MHSAA committees for the 2020-21 school year. If you desire to place yourself as a nominee complete this form and fax it to the MHSAA office by March 31, 2020. THE PRINCIPAL MUST sign this form for it to be considered a valid nomination for athletic directors and coaches. Schools may choose to use this form for more than one nomination. The following form lists the committee and the month in which the meeting will be held. Please print the nominee's name and title (specify boys or girls if a coach) on the appropriate line.

Committee	Meeting Month	Nominee's Name & Title
Board of Canvassers (35)	September	
Girls Gymnastics (100)	September	
Athletic Equity (5)	October	
Awards (10)	October	
Boys Tennis Seeding (50)	October	
Junior High/Middle School (120)	October & February	
Boys Lacrosse (125)	October & May	
Girls Lacrosse (130)	October & April	
Ski (150)	October	
Golf (95)	December	
Basketball Rules (30)	December	
Track & Field Standards (190)	December	
Girls Volleyball Rules (200)	December	
Baseball/Girls Softball Site Selection (25)	December	
Ice Hockey (110)	December	
Baseball Rules (20)	January	
Girls Softball Rules (85)	January	
Classification (55)	January	
Cross Country/Track & Field Reg. (70)	January	
Track & Field Site Selection (185)	January	
Football (75)	January	
Tennis (180)	January	
Wrestling (215)	January	
Girls Competitive Cheer (60)	January	
Soccer (155)	January	
Scholar-Athlete (145)	January	
Swimming & Diving (175)	February	
Bowling (40)	March	
Boys/Girls Basketball Site Selection (135)	May	
Girls Volleyball Site Selection (210)	May	
Girls Tennis Seeding (90)	May	
BXC/GXC Site Selection (225)	May	
City/School		_ School ID No

Principal (Signature)

RETURN TO MHSAA NO LATER THAN MARCH 31, 2020

### mhsaa business

### **Official Report of the Board of Canvassers**

#### East Lansing, Sept

We, whose signatures appear below, declare the follow-We, whose signatures appear below, declare the follow-ing to be nominees for, or members- elect of, the Repre-sentative Council or the Upper Peninsula Athletic Committee of the Michigan High School Athletic Associa-tion, Inc., as a result of ballots received in accordance with the pro-visions of Article IV, Section 6 of the Constitution, or as authorized by the Upper Peninsula Athletic Com-mittee at its meeting on October 3, 1941.

#### **REPRESENTATIVE COUNCIL**

UPPER PENINSULA – CLASS A AND B SCHOOLS (#1)
Total number of legal ballots received
Alex Tiseo, Marquette
Illegal or incomplete ballots received 0
Elected by Majority of Votes – Alex Tiseo

#### SOUTHWESTERN SECTION - CLASS C AND D

SCHOOLS (#3)	
Total number of legal ballots received	
Chris Miller, Gobles	
Illegal or incomplete ballots received	
Elected by Majority of Votes – Chris Miller	

#### SOUTHEASTERN SECTION - CLASS C AND D SCHOOLS (#4)

Total number of legal ballots received
Jay Magro, Genesee
Eric McCalla, Manchester
Brad McCormack, Whitmore Lake
Orlando Medina, New Haven
Jason Mensing, Ottawa Lake
Robert Wright, Sand Creek
Illegal or incomplete ballots received
No Majority – Top 2 submitted to schools.

#### STATEWIDE AT-LARGE (#5)

Total number of legal ballots received				
Shaun Butler, Ferndale				
Karen S. Leinaar, Bear Lake				
Illegal or incomplete ballots received 15				
Elected by Majority of Votes – Karen Leinaar				

#### JUNIOR HIGH/MIDDLE SCHOOLS (#6)

Total number of legal ballots received	
Don Gustafson, St. Ignace	
Edward Miller, Custer	
Illegal or incomplete ballots received	
Elected by Majority of Votes – Don Gustafson	

#### NORTHERN SECTION. LOWER PENINSULA - CLASS A

TIORTIERT DECTION, LOWERT ETHIOLET - CENO
AND B SCHOOLS – Special Election, 1-Year Term
Total number of legal ballots received
Eric Albright, Midland
Jim Nielsen, Muskegon 4
Adam Stefanski, Boyne City
Zac Stevenson, Traverse City
Brian Zdanowski, Greenville
Illegal or incomplete ballots received 1
No Majority – Top 2 submitted to schools.

#### NORTHERN SECTION, LOWER PENINSULA - CLASS C

AND D SCHOOLS – Special Election, 1-Year Term
Total number of legal ballots received
Mark S. Cooper, Mayville
Aaron Gaffney, Ellsworth7
Tim Genson, Scottville
Mark Mattson, Maple City
Matt Sheick, Pellston
Illegal or incomplete ballots received
No Majority – Top 2 submitted to schools.

p	tember 24, 2019
	UPPER PENINSULA ATHLETIC COMMITTEECLASS D SCHOOLS (#7)Total number of legal ballots receivedJim Bobula, OntonagonJim Bobula, OntonagonMark Branstrom, RockVincent Gross, ParadiseMark Movrich, BessemerSobert W. Vaught, DeTour4Illegal or incomplete ballots receivedNo Majority – Top 3 submitted to schools.
	CLASS A AND B SCHOOLS (#8)         Total number of legal ballots received       6         Andrew Brunette, Negaunee       4         Chris Messano, Marquette       2         Rich Rossway, Marquette       0         Illegal or incomplete ballots received       0         Elected by Majority of Votes – Andrew Brunette
	CLASS C SCHOOLS (#9) Total number of legal ballots received
	BOARD OF CANVASSERS (Signed) Vicky Groat, Battle Creek-St. Philip Catholic Central High School

Jody McKean, DeWitt High School

Fr. Leon Olszamowski, President, Pontiac-Notre Dame Preparatory School Jason Smith, Saranac High School

### OFFICIAL REPORT OF SECOND MEETING OF BOARD OF CANVASSERS East Lansing, October 17, 2019

REPRESENTATIVE COUNCIL DETROIT PUBLIC SCHOOLS (#2) Total number of legal ballots received ......1 Jay Alexander, Detroit.....1 Illegal or incomplete ballots received ......1

Elected by Majority of Votes - Jay Alexander

#### SOUTHEASTERN SECTION - CLASS C AND D SCHOOLS (#4)

Total number of legal ballots received	16
Jason Mensing, Ottawa Lake	11
Robert Wright, Sand Creek	
Illegal or incomplete ballots received	3
Elected by Majority of Votes – Jason Mens	

NORTHERN SECTION, LOWER PENINSULA – CLASS A AND B SCHOOLS – Special Election, 1-Year Term	3
Total number of legal ballots received	
Eric Albright, Midland	
Adam Stefanski, Boyne City14	
Illegal or incomplete ballots received	
Elected by Majority of Votes – Eric Albright	

NORTHERN SECTION, LOWER PENINSULA - CLASS	5
C AND D SCHOOLS – Special Election, 1-Year Term	
Total number of legal ballots received	
Tim Genson, Scottville15	
Mark Mattson, Maple City27 Illegal or incomplete ballots received6	
Illegal or incomplete ballots received	
Elected by Majority of Votes – Mark Mattson	

#### **UPPER PENINSULA ATHLETIC COMMITTEE** CLASS D SCHOOLS (#7)

BOARD OF CANVASSERS (Signed) Jody McKean, DeWitt High School

### REPRESENTATIVE COUNCIL & UPPER PENINSULA ATHLETIC COMMITTEE NOMINATION PROCEDURES FOR 2020-21

The Representative Council has established procedures for indicating the intention to run for elected positions on the MHSAA Representative Council.

- 1. Any individual who is a representative of a member school (administrator, faculty member or board of education member) may submit his or her name to the MHSAA office by March 15.
  - Candidates must have superintendent or principal approval in writing.
  - B. It is essential that candidates be qualified for the position they seek.
    - If the position is for a representative of a certain area of the state, they must represent a school of the appropriate class (A and B or C and D) in that geographic area.
    - If they seek the position of a statewide at large representative, they must be a faculty or board of education member of an MHSAA member school. This includes administrators but not non-faculty coaches.
    - 3) If they seek the position of statewide representative of junior high/middle schools or private and parochial high schools, they must be faculty (teacher or administrator) or board members for such schools.

2. Names submitted will be published on MHSAA.com in May, in the fall issue of benchmarks in August, and on the ballot mailed to member schools in September. Elections will be held in the fall for the following positions:

Class A and B Schools — 3 openings Northern Lower Peninsula Southwestern Section Class C and D Schools—2 openings Upper Peninsula Northern Lower Peninsula Statewide At-Large —1 opening Jr. High/Middle Schools —1 opening Private and Parochial —1 opening

The procedures established for indicating the intention to run for elected positions are the same for the Upper Peninsula Athletic Committee as those stated above for the Representative Council.

Elections will be held in the fall for the following:

Class D U.P. School—1 opening Athletic Coach—1 opening

NOTE: Candidates will first appear on the Administrators page of MHSAA.com in May.

### Annual Business Meeting of the MHSAA, Inc.

Lansing, Wednesday, October 9, 2019

Kris Isom

#### MHSAA Representative Council Member

Mark (Uyl) will address program and policy matters in his presentation. As a member of the MHSAA Representative Council, I will now provide the annual Audit and Finance Committee report as required by the MHSAA Constitution. The Audit and Finance Committee includes Scott Grimes, Assistant Superintendent of Grand Haven Public Schools; Vic Michaels, Director of the Detroit Catholic League; Steve Newkirk, Principal at Clare Middle School; and Karen Leinaar, Athletic Director at Bear Lake High School. The MHSAA had a much improved fiscal year in 2018-19, ending with a surplus of \$36,840. This is an improvement of \$ 725,792 from an abnormally poor fiscal year in 2016-17. This improved financial position last year can be partially attributed to the \$1 ticket increase in District and Regional ticket prices, which were the first such increases at those tournament levels in 15 years.

The MHSAA budgets for and attempts to operate within a narrow profit each year. While positive progress was made last year, some sports continued to perform below budget projections from both a revenue and expense perspective. Ticket sales did not fully meet budget expectations in many sports (football and basketball in particular) and expenses, especially at our most costly venues, continue to be areas of ongoing concern and action. Despite a second consecutive year of slightly diminished sponsorship revenue, the Association still realized a small surplus in 2018-19.

The Representative Council has addressed these expense issues by increasing Final ticket prices at Ford Field and the Breslin Center, which are our two most expensive venues. Since this Council action in May, the MHSAA has negotiated a new contract with the Breslin Center for both Girls and Boys Basketball Finals which includes improved financial terms from our former basketball agreements.

Member schools continue to benefit financially from hosting MHSAA tournament events. I should also mention that over the past ten years, in 27 separate installments, the MHSAA has sent revenue sharing checks from funds generated by partnerships with EA Graphics, K12 Licensing and ESCO to schools, to-taling more than \$1 million (\$1,122,994).

All in all, the financial position of the association is very positive. The MHSAA maintains a reserve that ranges between 30 and 40 percent of its annual operating budget so it can withstand a single year's setback. The Council believes the MHSAA is in a good position to serve schools in 2019-20 and beyond.



### **MHSAA Representative Council**

Eric Albright\*\* Athletic Director Midland High School Class A-B — Northern Lower Peninsula

Jay Alexander\* Executive Director of Athletics Detroit Public Schools Detroit Public Schools Position

Nicole Carter\*\* Principal Novi High School Appointee

Scott Grimes\*\*, President Assistant Superintendent of Human Services Grand Haven Public Schools Statewide At-Large

Vicky Groat\*\* Principal/Athletic Director Battle Creek St. Philip High School Appointee

**Kyle Guerrant (ex-officio)** Deputy Superintendent, Finance Operations Michigan Dept. of Education, Lansing Designee

Don Gustafson\* Superintendent St. Ignace Area Schools Junior High/Middle Schools

Kris Isom\* Athletic Director Adrian Madison High School Appointee

Sean Jacques\*\* Assistant Principal/Athletic Director Calumet High School Class C-D — Upper Peninsula

Karen Leinaar\* Athletic Director Bear Lake High School Statewide At-Large Detroit Public Schools Position Mark Mattson\*\* Athletic Director Maple City Glen Lake High School Class C-D — Northern Lower Peninsula

William McKoy\* Athletic Director Romulus Summit Academy North Appointee

Jason Mensing\* Athletic Director Ottawa Lake Whiteford High School Class C-D — Southeastern Michigan

Vic Michaels\*\*, Secretary-Treasurer Director of Physical Education & Athletics Archdiocese of Detroit Private and Parochial Schools

Chris Miller\* Athletic Director Gobles High School Class C-D — Southwestern Michigan

Steve Newkirk\*\*, Vice President Principal Clare Middle School Junior High/Middle Schools

Chris Riker\*\* Athletic Director Portage Northern High School Class A-B — Southwestern Michigan

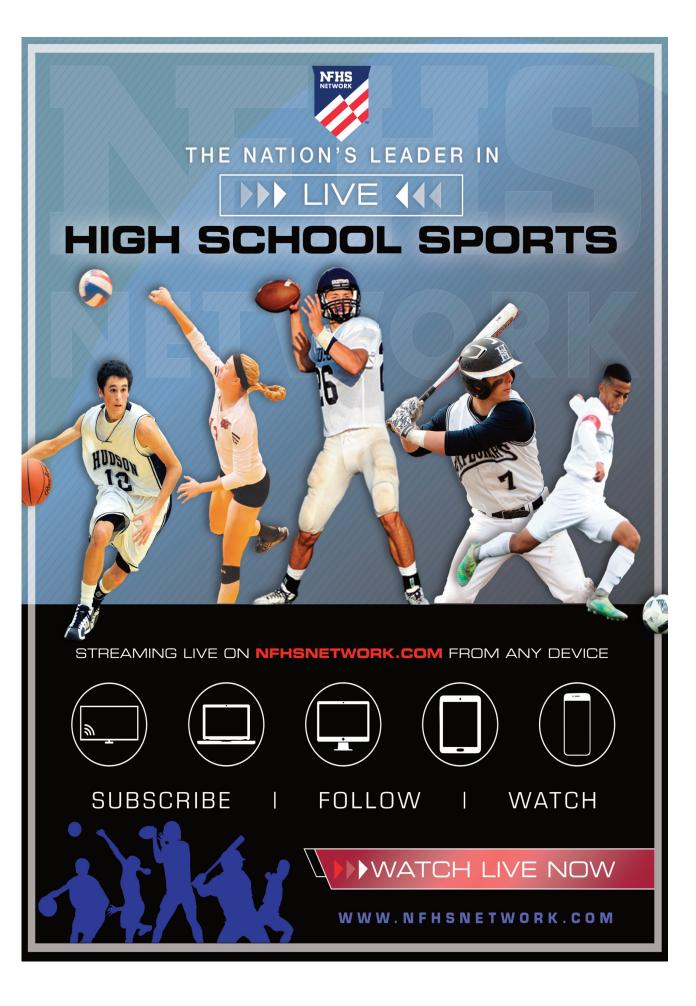
John Thompson\*\* Athletic Director Brighton High School Class A-B — Southeastern Michigan

Alex Tiseo\* Athletic Director Marquette High School Class A-B — Upper Peninsula

\*Term Expires December 2021 \*\*Term Expires December 2020

### Efficiency is Effective...

The MHSAA is always willing to assist with issues concerning Association regulations. Please remember, however, the most efficient method of communication with the MHSAA on eligibility questions is through the school athletic director or principal. Athletic directors should gather all information necessary on a question and then call or write the MHSAA. Coaches or parents calling the MHSAA on eligibility matters can create confusion and delay. ADs or principals are encouraged to contact the MHSAA office directly.



MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC. 1661 Ramblewood Dr. EAST LANSING, MICHIGAN 48823-7392

NON-PROFIT ORG. U.S. POSTAGE PAID Permit No. 887 Lansing, Michigan