AED AWARENESS & ACTION POSTER

• Improve Awareness of:
  o AED Locations
  o Signs of Sudden Cardiac Arrest (SCA)
  o Additional Information Regarding SCA
  o How to Combat SCA
  o Actions

• Possible Placement Locations:
  o Gymnasiums        Pools
  o Concession Stands  Next to AEDs
  o AD Office          Coaches’ Office
  o Trainer’s Room     Weight Room
  o Clinic             Teacher’s Lounge
  o Cafeteria          Auditorium
  o Break area         Lunch Room

• Quantities 1 to 9 - $7 ea
• Quantities 10 or more - $5 ea

• 100% of Proceeds from Sale of Posters in Michigan to be Donated to the Kimberly Anne Gillary Foundation [www.kimberlysgift.org](http://www.kimberlysgift.org)

• Shipping, Handling & Packaging Not Included
AED
automated external defibrillator

not just ENCASED...

Awareness

SIGNS OF SUDDEN CARDIAC ARREST (SCA)
- Unconscious
- Not Responding
- Not Breathing or
- Not Breathing Normally (i.e. gasping, gurgling, moaning or labored breathing)
- Seizures/Convulsions May Occur

MORE ABOUT SCA
- Strikes without warning
- Each minute without CPR and Defibrillation, the chance of survival decreases 7-10% 
- Comminuted Cordis - a blunt blow to the chest can also cause SCA

COMBAT SCA
- Early Recognition
- Call 911 immediately (emergency medical services)
- Early CPR
- Early Defibrillation: Use AED
- Early Advanced Care

Action

Action

Determine if Scene is Safe
- Check Responsiveness
- Call for Help (911)
- Get AED or Send Someone for AED
- Check for Normal Breathing
- Perform CPR
- Turn on AED When it Arrives
- Apply Pads (electrodes) to Patients Bare Chest
- Follow Prompts

* FOR ADULTS (ages 8 years and older)
- CPR - Cardiopulmonary Resuscitation
- 30 compressions / 2 breaths ratio
- Bystander CPR - Chest Compressions Only
- Push Hard and Fast (100 times/minute)
- Minimize Interruptions

nearest AED locations

but... JUST IN CASE!

600-226-3343
www.heartaed.com
www.aeddrill.com

Resources - American Heart Association www.americanheart.org