

FREQUENTLY ASKED QUESTIONS
ABOUT CPR CERTIFICATION

1. **Q Which coaches are required to have CPR certification?**

A All varsity head coaches must have a valid current Cardiopulmonary Resuscitation (CPR) certification by the established deadline for completion of the rules meeting, for the sport in which the coach is a head coach during the school year.

2. **Q Who is authorized to provide CPR certification?**

A The MHSAA does not dictate which organization must provide the CPR education and certification. However, the Michigan Department of Human Services lists the following organizations that are approved to provide CPR training:

American CPR Training	americancpr.com
American Heart Association	americanheart.org
American Red Cross	redcross.org
American Safety and Health Institute	hsi.com/ashi/about
American Trauma Event Management	atem.us
Cardio Pulmonary Resource Center	1-800-900-2772
Emergency Care and Safety Institute	ecsinstitute.org
Emergency First Response Corp.	emergencyfirstresponse.com
EMS Safety Services	emssafety.com
FreeCPR.Org	freecpr.org
Medic First Aid	medicfirstaid.com
National Safety Council	nsc.org
ProCPR, LLC	procpr.org

3. **Q How expensive is the certification?**

A \$0 to \$95.

4. **Q How long does certification take?**

A Two to five hours.

5. **Q How long does the certification last?**

A Generally, two years.

6. **Q Does the MHSAA specify the age level for the CPR training?**

A No. Generally, the course for adults alerts candidates of the necessary modifications for children and infants, and vice versa.

7. **Q Does an online course satisfy the requirement?**

A Yes. While not as effective as face-to-face courses, an online course does satisfy the requirement.

8. **Q Is it necessary for varsity head coaches to also have training in AED?**

A AED training is often a part of CPR certification. AED training is preferred, but not required.