

2017-18 Wrestling Officials Exam For Postseason Tournament Consideration

1. If the out of bounds (defensive) wrestler is in a near fall situation, wrestling will continue when:
 - a. The inbounds (offensive) wrestler is on the side of their thigh
 - b. Both knees are inbounds supporting the offensive wrestlers' weight
 - c. The offensive inbounds wrestler has one knee inbounds supporting his weight with the other knee off the mat
 - d. All of the above

2. Going out of the wrestling area by either wrestler or forcing an opponent out of the wrestling area at any time as a means of avoiding wrestling is:
 - a. Unsportsmanlike Conduct
 - b. A Technical Violation
 - c. Stalling
 - d. Flagrant Misconduct

3. The straight-back salto and straight-back suplay are legal if which body part hits the mat first?
 - a. The head
 - b. The neck
 - c. The shoulder
 - d. None of the above

4. Any points, penalties, or injury time that occurred during bad time shall not be voided with the exception of:
 - a. Flagrant misconduct
 - b. Near falls
 - c. Unnecessary roughness
 - d. Blood time

5. From the optional start, the offensive wrestler, on the whistle, backs away to the outer edge of the ten-foot circle and the defensive wrestler just sits there. Either wrestler could be call for stalling unless:
 - a. The defensive wrestler turns and faces the opponent
 - b. The offensive wrestler moves around to face the opponent
 - c. Both wrestlers began to wrestle aggressively
 - d. All of the above

6. The referee, assistant referee and two contestants are the only individuals permitted on the wrestling mat. If the coach has a question about the mat, he/she can talk to:
 - a. The assistant referee
 - b. The referee, at the head table
 - c. Either the referee or the assistant
 - d. The scorekeeper

7. If the contestant fails to make weight on the first scale, the contestant shall immediately step on each available scale one time in an attempt to make weight. During the time off the scales the contestant is allowed to:
 - a. Shave their hair
 - b. Go to the restroom
 - c. Drink water
 - d. None of the above

8. Wrestlers in an individual tournament will be permitted a maximum of ____ minutes to appear ready to compete at a specified mat or it shall result in a forfeit to the opponent:
 - a. 3
 - b. 5
 - c. 7
 - d. As many as the official decides to wait

9. Wrestler A has successfully broken the opponent down and has locked hands in a three-quarter nelson while the opponent is flat on the mat. To counter this move, Wrestler B braces the chin by placing it in his hands while the elbow is down on the mat. This is a/an:
 - a. Stalling tactic
 - b. Effective counter
 - c. Illegal maneuver
 - d. Escape

10. When one of the competitors is unable to continue wrestling for any reason, the opponent is awarded a:
 - a. Fall
 - b. 45 minute rest before the next match
 - c. Void
 - d. Default

11. Wrestler A has Wrestler B in a pinning situation in a heated match and A begins to taunt B. The referee should:
 - a. Immediately stop the match and penalize A for unsportsmanlike conduct
 - b. Warn A and allow the wrestler the opportunity to complete the fall
 - c. Continue watching for the fall and ignore the chirping by A
 - d. Tell the coach of A what is happening and have him speak to A

12. Which of the following is not an illegal hold or maneuver?
 - a. Front, quarter nelson with the chin
 - b. Back Bow
 - c. Front flip over an opponent in the standing position
 - d. All are illegal

13. When starting the contestants from the down position, the referee shall be in front of and:
 - a. Moving as he/she blows the whistle
 - b. Kneeling and looking at the scorer's table
 - c. Stationary, at an angle, facing the head table
 - d. 20 feet away from the contestants

14. In the finals of a wrestling tournament the two wrestlers are both disqualified from the match because of a double stalling call. Team scoring would be:
 - a. Both wrestlers would receive second place points
 - b. Double stall calls are not recognized and wrestling must continue
 - c. Both wrestlers are disqualified from the tournament.
 - d. The wrestler who received the first stalling call would get third place.

15. The referee arrives at the host school to supervise the weigh-in for a dual, only to find that the coaches have completed the random draw after the weigh-ins are completed:
 - a. The random draw must be redone
 - b. The draw should take place before the weigh-ins
 - c. The random draw must be supervised by the referee or another authorized personnel
 - d. All of the above

16. For all dual meets, all team personnel, including coaches, other than actual participating contestants shall be restricted to an area which is at least __ feet from the edge of the wrestling mat and scorer's table, where facilities permit.
 - a. 5
 - b. 10
 - c. 20
 - d. 28

17. Compression shorts or shorts designed for wrestling shall have a minimum __ inch seam and shall not extend below the knee.
- 2
 - 3
 - 4
 - 5
18. The form-fitted compression shirt shall not cover or extend below the elbow and shall have a minimum _ inch tail:
- 3
 - 4
 - 5
 - 7
19. A bandanna is considered:
- Legal hair cover
 - A part of the legal headgear
 - To be abrasive
 - Not legal hair cover
20. Wrestlers are permitted to report to the scorer's table wearing jewelry as long as it is:
- Less than 2" in length
 - A religious metal
 - Covered in tape
 - No jewelry is permissible
21. Time required to correct illegal equipment is counted as:
- Injury time
 - Official's time
 - Stalling
 - All of the above
22. In team advancement tournaments, flagrant misconduct by a contestant results in disqualification. On the first offense:
- Deduct 2 team points and remove from the premises immediately for the duration of the tournament
 - Deduct 3 team points and remove from the premises immediately for the duration of the tournament
 - Remove from the premises immediately for the duration of the tournament
 - Deduct 3 team points
23. A ____ shall eliminate a contestant from further competition in a tournament unless it is because of an injury or illness which occurred during the tournament.
- Void
 - Bye
 - Forfeit
 - Default
24. During tournament competition, it is permissible for coaches to be at the corner of the mat if:
- They stay seated at all times
 - Permission is granted by the home school
 - They are no closer than 10' to the edge of the circle
 - Coaches remain in the defined restricted area

25. Following two minutes of recovery time, Wrestler A is unable to continue after being injured from an illegal hold/maneuver by Wrestler B. Wrestler A wishes to default the match to his opponent and indicates his desire to the referee after recovery time expires:
- This is permissible as long as both coaches agree to it
 - Wrestler A is declared the winner by default
 - Wrestler B is declared the winner because he accidentally injured Wrestler A
 - Wrestler A is penalized for unsportsmanlike conduct for faking an injury
26. During a dual meet, a match ends with the score 6-4. Wrestler B is the apparent winner and Wrestler A refuses to participate in the end of match procedure.
- There will be a one team point deduction for unsportsmanlike conduct from Team A
 - There will be a one team point deduction for flagrant misconduct from Team A
 - Wrestler A will be warned that in the future he should be a good sport
 - There will be a three team point deduction for unsportsmanlike conduct from Team A
27. When the defensive wrestler stands, with one or both arms trapped and is lifted off the mat by the offensive wrestler. The referee shall:
- Caution the offensive wrestler to be careful
 - Watch the defensive wrestler for signs of stress
 - Move to a position to catch the defensive wrestler
 - Immediately stop the match
28. Prior to the meet, the head coach shall verify that all wrestlers will be:
- In proper uniform
 - Properly groomed
 - Properly equipped and ready to wrestle
 - All of the above
29. No contestant shall wrestle in two consecutive matches with less than a ___ minute rest between them:
- 25
 - 35
 - 45
 - 55
30. The match shall be stopped for any wrestler who is bleeding, except when the contestant has:
- An open wound
 - Any amount of blood on their uniform
 - Blood on themselves
 - Wrestling shall be stopped in all of these situations