

2016-17 Wrestling Officials Exam For Postseason Tournament Consideration & Answers

1. Before the dual meet begins, the referee shall:
 - a. Perform Skin Checks.
 - b. Inspect contestants for presence of oils or greasy substances on the body.
 - c. Clarify the rules with coaches and contestants upon request.
 - d. **All the above.**

2. A coach questions your call from the corner or from their bench. What, if any call should you as an official make?
 - a. Misconduct
 - b. **Unsportsmanlike Conduct**
 - c. Flagrant Misconduct
 - d. Technical Violation

3. As an official arrives at the school, he sees three wrestlers from School A coming out of a sauna with jump ropes and rubber suits on. It is obvious that these kids were working out in the sauna, just prior to the onsite, shoulder-to-shoulder weigh-in. The official shall:
 - a. Do nothing as his jurisdiction has not yet begun.
 - b. Do nothing as the rules only state that this type of weight loss activity is prohibited in the weigh-in area only.
 - c. **Disqualify these three individuals from competition.**
 - d. None of the above.

4. A wrestler reports to the weigh-in with a prosthesis for the District tournament. As the official, you should:
 - a. Inform the wrestler that he/she may not participate as prosthesis is never allowed in competition.
 - b. Inform the wrestler that he/she may participate wearing the prosthesis if it has been approved by the MHSAA. The wrestler is not required to weigh-in with the prosthesis.
 - c. **Inform the wrestler that if he/she chooses to weigh-in with the prosthesis, then the wrestler shall wear the prosthesis during competition at all times.**

5. Tape on the Headgear is allowed in the following areas:
 - a. On the outside of the ear guard.
 - b. On the top straps.
 - c. On the chin straps.
 - d. **None of the above.**

6. During a time-out or injury, recovery time, or blood time, coaching is not allowed:
 - a. True.
 - b. **False.**

7. At the end of the 2nd period, the score is tied 6-6 with Wrestler B having choice. Before the start of the 3rd period, Wrestler A takes his second injury timeout. Which of the following is the correct procedure?
 - a. **Once the injury time is stopped, Wrestler B gets his choice of starting positions for the start of the 3rd period and the first re-start in the 3rd period by virtue of Wrestler A taking his second injury timeout.**
 - b. Once the injury time is stopped, Wrestler B gets his choice of starting positions for the start of the 3rd period only by virtue of Wrestler A taking his second injury timeout.
 - c. Once the injury time is stopped, wrestling begins in the neutral position as the 3rd period will start in the neutral position.
 - d. None of the above.

8. If a wrestler is given a flagrant misconduct during the fourth dual meet of a five round team tournament, that wrestler...

- a. **Is disqualified for the remainder of that date (and the next date) and all team points earned in earlier rounds of wrestling stand.**
- b. Is disqualified for the remainder of that date (and the next date) and all team points earned by that wrestler on that date are negated.
- c. None of the above.

9. Wrestler A has Wrestler B in a body lock (rear standing position) with Wrestler B's arm trapped. As soon as Wrestler A begins to lift Wrestler B, the official should...

- a. Remind Wrestler A that they are in control and must return Wrestler B safely to the mat.
- b. Wait for both of Wrestler B's feet to be clearly off the mat before stopping action.
- c. **Stop the match immediately as the move has become a Potentially Dangerous position.**
- d. Only stop action if Wrestler A is lifting Wrestler B on the side of the trapped arm.

10. Coach misconduct results in the following:

- a. First offense – deduct one match point
- b. Second offense – deduct two team points
- c. **Third offense – deduct two team points and removal of the head coach**
- d. All of the above

11. When must errors requiring bad time to be re-wrestled be corrected?

- a. **Prior to the start of any subsequent period.**
- b. As long as the offending coach stays mat side it can be corrected.
- c. Within 45 minutes after the match is completed.

12. Under normal circumstances tape is only allowed on the wrestling shoes on:

- a. Laces themselves.
- b. Around the laces and upper ankle of the shoe.
- c. Around the soul of the shoe.
- d. **Both A & B**

13. A designated, on-site, appropriate health-care professional who determines a wrestler should not participate, can be overruled by:

- a. The visiting team's Doctor (MD/DO).
- b. A registered nurse that is in the stands.
- c. **No one.**
- d. A coach.

14. Wrestler A lifts his opponent high off the mat, and while Wrestler B is in the air trying to get free, Wrestler A loses control and Wrestler B drops forcefully to the mat. What is the correct call?

- a. Illegal hold (slam); start the injury time for Wrestler B.
- b. **Illegal hold (slam); start the recovery time for Wrestler B.**
- c. No penalty; start the recovery time for Wrestler B.
- d. No penalty; start the injury time for Wrestler B.

15. Any type of non-traditional head protection (boxing-style head gear, Guardian cap, etc.) must:

- a. Secure to the wrestler's head gear.
- b. **Receive prior approval granted by the MHSAA.**
- c. Is not permissible at any point in time.

16. When indicating an infraction, any hold/maneuver with pressure exerted over the opponent's mouth, nose, throat or neck that restricts breathing or circulation is considered...

- a. Potentially dangerous
- b. Stalemate
- c. Flagrant misconduct
- d. **Illegal**

17. If approved by the referee the wrestler may wear the following?

- a. A tight-fitting, short-sleeved or sleeveless undershirt of a single solid color.
- b. Tight-fitting, long-sleeved undershirt of a single solid color (if approved for medical reason).
- c. Tight-fitting, short-sleeved multi-color undershirt.
- d. **Both A & B**

18. Contestants are to be considered inbounds:

- a. **If supporting points of Wrestler A are inside or on the boundary lines.**
- b. If one supporting point of each wrestler are outside the boundary lines.
- c. If Wrestler A has one support point in bounds and both of Wrestler B supporting points are outside the boundary lines.

19. Which of the following is an acceptable hair covering?

- a. Bandana.
- b. Skull Cap.
- c. Water Polo Cap that attached below the chin.
- d. **A covering that is attached either inside or outside the headgear.**

20. Wrestler A is present for inspection with a questionable-looking skin condition on his shoulder. He has a note from a doctor on a prescription pad form that states it is OK for him to compete. As the official, you shall:

- a. Allow him to compete as long as a MD or DO has stated in writing that it is OK for him to compete.
- b. **Not allow him to compete as the documentation must be on the MHSAA Communicable Disease form. If the form is not properly filled out, the wrestler cannot compete.**
- c. Allow him to compete as long as the other officials all approve, along with the opposing coaches.
- d. None of the above.

21. May an Off-Mat Referee call Flagrant or Unsportsmanlike Conduct?

- a. No
- b. **Yes**

22. The proper "End of the Match" Procedure includes:

- a. A High Five
- b. Slap of Hands
- c. **A firm, traditional, and respectful handshake, and free of displays of unsportsmanlike behavior**

23. Wrestler A has been turned to his back and Wrestler B has earned his two NF points. Wrestler A now bleeds or screams and the official stops the match. How many points has Wrestler B earned?
- 2 NF points
 - 3 NF points**
 - 4 NF points
 - None of the above
24. Which of the following electronic devices are NOT allowed?
- Electronic devices that enable communication between the coach and the contestant during the match.**
 - Smart Phone.
 - Tablets.
 - Lap top computer.
25. Grasping of the clothing, mat or ear guards to gain or prevent an escape, reversal, takedown, near fall or fall are considered...
- Illegal holds/maneuvers
 - Potentially dangerous
 - Technical violations**
26. In Michigan, the High School competitors uniform may be all EXCEPT...
- School issued.
 - Personalized with the wrestler's given last name and or weight class, only.
 - Personalized, adorned, or altered in any other way, shape or form.**
 - A traditional one-piece singlet.
27. Bad time is wrestled with the wrestlers in the wrong position or the wrong wrestler being given choice of position at which situation?
- At the start of the third period.
 - At the start of the second 30-second tiebreaker.
 - At the start of the ultimate tiebreaker
 - All of the above.**
28. When indicating an infraction, the referee shall stop the match with the following exceptions:
- Warning or penalizing the defensive wrestler for stalling.**
 - Warning or penalizing the offensive wrestler for stalling.
 - In a pinning situation, to penalize the offensive wrestler.
29. Wrestler A has been turned to his back and begins "tapping out" by continually hitting the mat. The official should stop the match and...
- Declare the match over as Wrestler A has given up by virtue of his tapping out.
 - Award whatever points have been earned, start injury time for Wrestler A, and restart the match once Wrestler A is ready.**
 - Immediately hit Wrestler A with unsportsmanlike conduct.
 - None of the above.
30. A wrestler may never compete in a varsity match and a junior varsity match on the same date of competition.
- True.
 - False.**