**2021 Junior High / Middle School Regionals**

**MHSAA JH/MS Cross Country Regionals**

Zone 1 – **Portage Central HS** – Saturday, Oct. 16 @ Portage West Middle School | [**RESULTS**](https://www.athletic.net/CrossCountry/Results/Meet.aspx?Meet=198232&show=all)

Zone 2 – **Hudson HS** – Saturday, Oct. 23 @ Hudson High School | [**RESULTS**](https://www.athletic.net/CrossCountry/Results/Meet.aspx?Meet=198362&show=all)

Zone 3 – **Macomb Dakota HS** – Saturday, Oct. 23 @ Dakota High School | [**RESULTS**](https://www.athletic.net/CrossCountry/Results/Meet.aspx?Meet=198363&show=all)

Zone 4 – **Midland HS** – Saturday, Oct. 16 @ Northwood University | [**RESULTS**](https://www.athletic.net/CrossCountry/Results/Meet.aspx?Meet=198364&show=all)

Zone 5 – **Carson City- Crystal HS** – Saturday, Oct. 23 @ Carson City- Crystal HS | [**RESULTS**](https://www.athletic.net/CrossCountry/Results/Meet.aspx?Meet=198366&show=all)

Zone 6 – **Grand Rapids Public Schools** – Friday, Oct. 29 @ GRPS University | [**RESULTS**](https://www.athletic.net/CrossCountry/Results/Meet.aspx?Meet=198367&show=all)

Zone 7 – **Gaylord HS** – Saturday, Oct. 23 @ Michaywe Golf Course | [**RESULTS**](https://www.athletic.net/CrossCountry/Results/Meet.aspx?Meet=198369&show=all)

Zone 8 – **Marquette HS**  - Friday, Oct. 22  @ Gentz Homestead Golf Course | [**RESULTS**](https://my.raceresult.com/184506/)

**Here are some further details** for the MHSAA JH/MS Cross Country Regional races for this Fall.

* MHSAA JH/MS Regional races can be hosted anytime during the month of October at the eight preselected sites. This determination was made by the host school.
* There is no cost and no entry fee for participation in the MHSAA JH/MS Regional race.
* The eight preselected Cross Country Regional races are one per zone (see map).  Any MHSAA member JH/MS schools in that defined geographic area would be eligible to compete at the host site for their zone.
* The Regional races will be done by gender in each zone.  There will be two regional races of 2 miles at each site – one girls and one boys.  If race sizes get too large, a host school can separate into two sections of races per gender to better accommodate racers.
* A school can determine who will compete for that school.  A school can enter no runners, one runner or 20 runners dependent upon the size of their school.
* Athletic.net will be used as the registration platform for the MHSAA JH/MS Cross Country Regional for schools, teams and individuals.  Those Regional races have been created in Athletic.net and are listed on that site for entry.
* The MHSAA JH/MS Regional race will NOT be counted against the schools’ MHSAA contest limit in JH/MS Cross Country.
* MHSAA trophies and medals will be awarded in each gender.  The top 20 in each gender will receive medals while the top team will also receive an MHSAA team trophy.
* MHSAA host schools will hire at least one MHSAA registered XC official to start and officiate the Regional.
* The MHSAA will provide bib numbers for each MHSAA JH/MS XC Regional race and participant.
* The admission policy will be either $6.00 per person or $10 per carload.  Digital Ticketing can be used via GoFan.

**Remember that a school will use** [**Athletic.net**](https://www.athletic.net/) **to enter their runners, 1 to 50 and they must be an MHSAA member school at the JH/MS level in order to compete in this MHSAA event.  This Regional meet DOES NOT count against their season maximum of 10 regular season meets as this is a post season MHSAA event.**