

PLANNING FOR A HEALTHY ENVIRONMENT FOR ATHLETICS

School administrators and coaches share a very important responsibility to the youngsters participating in the interscholastic program to provide equipment, facilities and an environment for athletics that is as free of risk as possible. The concern for the health of the youngsters in our program should be primary as we evaluate our programs each year.

Care should be taken to be certain all equipment meets all standards contained within the National Federation and other appropriate rule codes. Administrators should assess annually and coaches should check periodically that equipment is in good condition and maintained throughout the season. Any equipment which shows signs of damage should be removed from use immediately. A plan to replace equipment should be developed to maintain an adequate supply.

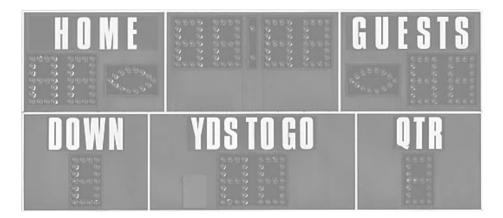
Playing facilities should be inspected regularly and well maintained. Areas for play and spectators should be free of hazards. It is extremely important that administrators and coaches work together to plan ahead and have facilities in good condition for practice and competition.

Another important component for providing a healthy environment is to be certain all coaches are implementing appropriate drills and teaching sound techniques. As coaches instruct their athletes they should always teach techniques which are fair and legal. In addition, players should be instructed of what is illegal by the rules or instructed why the skill or technique is unsafe and why not to execute this skill. This instruction should include the warning to the athlete that he/she could be injured by using the inappropriate skill. Coaches should keep up to date on changing techniques and evaluate them carefully for application for the interscholastic age athlete.

A major component for risk minimization in our programs is to provide proper supervision at the interscholastic event. Administrators must provide the necessary supervision at all interscholastic contests. One should look ahead and anticipate special needs for supervision at contests at which there may be larger crowds or more highly contested. A pregame plan should be developed with a checklist of what is needed such as staff, security responsibilities and positioning. In addition, a plan should exist on how to handle the various types of emergencies.

Crowd supervision is critical. Administrators and other supervisors should observe the crowd and react quickly and reasonably when conduct begins to become negative and drops from the level of expected behavior. To ignore the inappropriate behavior by any spectator will only enable this person and others to continue in this fashion and perhaps digress even further from appropriate and acceptable behavior. To keep the playing environment healthy and enjoyable, such undesirable actions require immediate attention.

The remainder of this packet provides details for pre-event planning. The MHSAA would like to thank the Missouri State High School Activities Association and American Specialty Insurance Services, Inc. for contributing to the contents of this publication.



Pre-Event Planning Guide

SECURITY CHECKLIST

Prior to each event, a systematic approach must be taken to establish proper security for the specific nature of each event. With appropriate security the event will be conducted in a friendly environment that minimizes risk. The staff and management will be prepared to prevent, anticipate and handle problems. Listed below is a basic checklist which will be adjusted accordingly for each event.

- 1. Review Changes In the preplanning stages, review any changes to be made from the previous year's event.
- 2. Meet With the Head of Security Prepare to meet with the head of security for the event and host management. Written materials outlining needs, location, hours to work and responsibilities should be prepared.
- **3. Review Ushers Assignments -** In your meeting with site representatives and security, review how many security officers will be in place and their location. Review ushers assignments and any supervisory responsibilities they will have. Provide, in writing, specific policies you have which would prohibit specific actions. Be certain to plan carefully for entrance and exit to playing area and by whom.

Know who you will be contacting for specific problems and/or emergencies. Having access to immediate communication such as through a walkie-talkie is invaluable.

Discuss how problems in the crowd will be handled. For example: Crowd behavior will first be channeled through the school administration and if severe will go to security; standing in aisles or the throwing of objects, sitting in restricted areas will go through the workers; and potential problems with crowd location will work with association staff, the school administrators and ushers.

- 4. Written Emergency Plan Prepare a written plan for emergency situations. Steps should be outlined in advance as to the procedures to be followed during the event of an emergency (i.e. weather, crowd, structure, catastrophic injury.) Public address announcements, security personnel assistance, emergency procedures, etc., need to be discussed.
- 5. Who Needs to Know Host administration needs to work with any sponsoring organization to determine a core group of individuals that would need to be involved if a major decision regarding the event needs to be made. Representatives of the officiating crew, host administration, security, etc., depending on the situation that arises, may need to be involved.
- 6. **Public Relations** Thought needs to be given to the statements that will be made to the spectators in the event of an emergency and/or necessary change of venue. The announcer must be kept apprised of changing circumstances so that attendees can be kept calm and knowledgeable of action to be taken. Further, following an occurrence the media should be provided with a statement regarding the situation and its handling. Coverage of the event will be more accurate if administration works proactively with the media.
- 7. Contingency Plan A Contingency Plan should be in place to deal with a facility, structural or equipment problem that would prevent the contest from taking place. Back-up sites and/or equipment should be arranged. Further, the event contract should address the settlement that would take place if the contest is canceled or moved.
- 8. Entry/Exit Plan All administrators involved in oversight of the event need to be familiar with the entries and exits at the site. This information needs to be readily at hand for the announcer as well.
- **9. Parking and Traffic Flow -** Host administration and security officials need to address parking arrangements and the flow of traffic. Assistance from local police/sheriff can assist in this process. High traffic times should be identified; preparations and schedules should be set accordingly.
- **10.** Crowd Expectation Expectations of spectators, teams and schools need to be outlined in advance. Such groups need to be made aware of these expectations through documentation and/or announcements.
- 11. Wrap-Up Every event must be followed by a thorough evaluation. Such evaluations would include discussions with entities involved in the various aspects of the event, and a written document outlining procedures that worked well, problems that occurred and suggestions for the future.

EMERGENCY ACTION PLAN - REQUIRED INFORMATION (Complete prior to activity or event)

The closest working telephone is located at:	
Keys to access telephone are located:	
Is 911 service available: Yes No	
If no, alternate emergency response telephone number is:	
Do I need to access an outside line? Yes No	
If Yes, that number is	
The exact address of the activity site is:	
The closest major intersection is: and	
which is blocks away.	
The exact entry location for the closest emergency vehicle is:	
The distance from emergency vehicle station to activity site is	and normal
To access the activity area, emergency personnel must pass through	
A designated health care provider/first aid provider for the activity is	who is a
The closest health care facility is	(name), which is
Normal travel time is	
H I	
The closest Trauma I facility is	(name), which is
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EMERGENCY ACTION PLAN DESIGNATED ROLES (Complete prior to activity or event)

Name of Designated Person	Role
	attends to injured athlete(s) or spectator(s) and controls immediate scene. DO NOT MOVE the injured person(s).
	telephones 9-1-1 or other pre-determined emergency response telephone number, maintains procedures for calling 9-1-1 form in his/her possession.
	supervises team and/or other athletes.
	telephones security and initiates crowd control.
	meets medical personnel at gate and guides them to injured person(s), maintains all necessary keys in his/her possession.
	calls parents/guardians, if necessary.
	accompanies injured person(s) to hospital.



EVENT CHECKLIST

GENERAL BUILDING/STRUCTURE

Electrical

Overloaded circuits? All wiring clear of any combustibles?	Acceptable	Action Needed
	Acceptable	
		Action Needed
Controlled use of extension cords?	Acceptable	Action Needed
Extension cords in proper condition?	Acceptable	Action Needed
Ig		
All areas adequately lighted?	Acceptable	Action Needed
Adequate emergency lighting as required?	Acceptable	Action Needed
& Washing Facilities		
Sufficient number of facilities?	Acceptable	Action Needed
Supplies available?	Acceptable	Action Needed
Adequately located facilities?	Acceptable	Action Needed
Toilets and washing facility floors kept dry?	Acceptable	Action Needed
CATOR AREAS		
Clearly defined and marked?	Acceptable	Action Needed
Free of obstructions?	Acceptable	Action Needed
Defects in walking surface repaired properly, covered, or otherwise avoided?	Acceptable	Action Needed
Full-length clear glass doors and windows marked so persons avoid walking into them?	Acceptable	Action Needed
Are materials stored in doorways?	Acceptable	Action Needed
	All areas adequately lighted? Alequate emergency lighting as required? Washing Facilities Sufficient number of facilities? Supplies available? Adequately located facilities? Toilets and washing facility floors kept dry? CATOR AREAS Clearly defined and marked? Free of obstructions? Defects in walking surface repaired properly, covered, or otherwise avoided? Full-length clear glass doors and windows marked so persons avoid walking into them?	All areas adequately lighted? Acceptable Adequate emergency lighting as required? Acceptable Adequate emergency lighting as required? Acceptable Sufficient number of facilities? Acceptable Supplies available? Acceptable Adequately located facilities? Acceptable Toilets and washing facility floors kept dry? Acceptable ATOR AREAS Acceptable Clearly defined and marked? Acceptable Free of obstructions? Acceptable Defects in walking surface repaired properly, covered, or otherwise avoided? Acceptable Full-length clear glass doors and windows marked so persons avoid walking into them? Acceptable

Emergency Exits

1,	Sufficient number?	Acceptable	Action Needed
2.	Free of obstructions?	Acceptable	Action Needed
3.	All exits readily accessible?	Acceptable	Action Needed
4.	All exits properly marked and lighted?	Acceptable	Action Needed
5.	Doors not considered exits clearly marked 'NOT AN EXIT'?	Acceptable	Action Needed
6.	All exit doors easily operated?	Acceptable	Action Needed
7.	All exits doors arranged to open outward?	Acceptable	Action Needed
8.	All exits unlocked and not chained?	Acceptable	Action Needed
9.	All fire escapes in good condition?	Acceptable	Action Needed
Floors	3		
1.	Free of spills or other slippery substances?	Acceptable	Action Needed
2.	Floors in good condition or state of repair?	Acceptable	Action Needed
3.	Are rough, splintered, uneven floors repaired or the hazards suitably marked?	Acceptable	Action Needed
4.	All floor surfaces kept dry?	Acceptable	Action Needed
5.	Clean and visible; free of fire hazards; free of projecting materials?	Acceptable	Action Needed
6.	In bad weather, are storm mats placed near entrances and floors mopped frequently?	Acceptable	Action Needed
7.	Proper warning signs available?	Acceptable	Action Needed
Parki	ng Lot Surfaces		
1.	Free of slip and fall hazards?	Acceptable	Action Needed
2.	Adequate exterior lighting at night?	Acceptable	Action Needed
3.	Holes in walking surface repaired properly, covered or otherwise avoided?	Acceptable	Action Needed
			San fr

Steps, Stairs, Ramps

1.	Adequate covering with non-slip surfaces?	Acceptable	Action Needed	
2.	In good condition or state of repair?	Acceptable	Action Needed	
3.	Strong enough for normal and emergency use?	Acceptable	Action Needed	
4.	Free of spills or other slippery substances?	Acceptable	Action Needed	
5.	Handrails securely fastened?	Acceptable	Action Needed	
6.	Adequate lighting?	Acceptable	Action Needed	
7.	Equipment or debris removed from steps or landings?	Acceptable	Action Needed	
Sidewa	ılks			
1.	Free of conditions which cause slipping and falling?	Acceptable	Action Needed	
2.	Adequate exterior lighting at night?	Acceptable	Action Needed	
Bleach	ers			
1.	In good condition?	Acceptable	Action Needed	
2.	Equipped with railings; railings securely fastened?	Acceptable	Action Needed	
3.	Adequate capacity for anticipated crowd?	Acceptable	Action Needed	
4.	Seating areas free of splintering/cracking?	Acceptable	Action Needed	
5.	Missing seats or footers?	Acceptable	Action Needed	
6.	Supports securely fastened?	Acceptable	Action Needed	
7.	Bleacher access allows unincumbered movement?	Acceptable	Action Needed	
Warning of Hazards				
1.	Warning signs such as "flying pucks" posted?	Acceptable	Action Needed	
2.	Public announcement disclaimers warning of the hazards apparent while attending a game (foul balls, pucks)?	Acceptable	Action Needed	
3.	Warning, directional, exit and caution signs posted?	Acceptable	Action Needed	
Securit	ły			
1.	Are security personnel visible?	Acceptable	Action Needed	
2.	Volunteers have been trained in response to security situations?	Acceptable	Action Needed	

3.	Adequate number for size of event?	Acceptable	Action Needed
5.	If armed, properly trained in the use of firearms?	Acceptable	Action Needed
6.	Contracted security firm insurance limits?	Acceptable	Action Needed
7.	Security firm indemnifies and holds harmless organizer/sponsors?	Acceptable	Action Needed
COM	PETITION AREAS		
Indoo	r Playing Surfaces		
1.	Appropriate surface?	Acceptable	Action Needed
2.	Surfaces clean and free of dust, gum, wet or greasy areas, impediments?	Acceptable	Action Needed
3.	Electrical floor plate and outlet coverings fixed properly in position?	Acceptable	Action Needed
4.	Electrical cords away from participant areas and taped securely?	Acceptable	Action Needed
5.	All extra equipment removed?	Acceptable	Action Needed
6.	Sufficient buffer zone between spectators and event surface?	Acceptable	Action Needed
7.	Glass wall partitions installed properly?	Acceptable	Action Needed
8.	Glass sections free of cracks?	Acceptable	Action Needed
9.	Overhead equipment equipped with safety restraints?	Acceptable	Action Needed
Outdo	or Playing Surfaces		
1.	Condition of turf (pot-holes, mud, etc.?)	Acceptable	Action Needed
2.	Standing water absent?	Acceptable	Action Needed
3.	Field clear of trash, glass, sharp objects, rocks, etc?	Acceptable	Action Needed
4.	Obvious and hidden grates secured?	Acceptable	Action Needed
5.	Sufficient buffer zone between spectators and event surface?	Acceptable	Action Needed
6.	Detachable equipment, goal posts, goalie cages, bases, etc. secured properly?	Acceptable	Action Needed
Walls			
1.	Hanging ropes or electrical lines?	Acceptable	Action Needed

2.	Moveable equipment flush or appropriately fastened to wall?	Acceptable	Action Needed
3.	Protruding handles or cranks?	Acceptable	Action Needed
Vehic	les		
1.	Operated only by authorized drivers?	Acceptable	Action Needed
2.	Drivers carrying valid licenses?	Acceptable	Action Needed
3.	Inspected daily? (brakes, lights, etc.)	Acceptable	Action Needed
4.	Defective vehicles not used?	Acceptable	Action Needed
5.	Public and/or in-house traffic rules defined and adhered to?	Acceptable	Action Needed
6.	Speed limitations established and communicated to all drivers?	Acceptable	Action Needed
EME	RGENCY POLICIES AND PROCEDURES		
Emer	gency Action Plan		
1.	Existence of Emergency Action Plan?	Acceptable	Action Needed
2.	Periodic review/revision of Emergency Action Plan?	Acceptable	Action Needed
3.	Personnel instructed in their responsibilities during emergencies?	Acceptable	Action Needed
4.	Personnel instructed in reporting emergencies?	Acceptable	Action Needed
5.	Personnel instructed in their responsibilities regarding rescue and medical duties?	Acceptable	Action Needed
6.	Personnel trained in evacuation procedures?	Acceptable	Action Needed
7.	Emergency evacuation routes properly marked and identified?	Acceptable	Action Needed
8.	Emergency staging areas identified?	Acceptable	Action Needed
9.	Personnel know location of all telephones?	Acceptable	Action Needed
10.	Emergency phone numbers posted?	Acceptable	Action Needed
11.	Personnel instructed in the use of fire extinguishing equipment?	Acceptable	Action Needed
12.	Personnel all wear identifying clothing/patches?	Acceptable	Action Needed
13.	Non-working telephones identified, labeled or repaired?	Acceptable	Action Needed
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14.	Telephones within easy access?	Acceptable	Action Needed
15.	Local hospital notified of event?	Acceptable	Action Needed
16.	Plan/map developed showing best route to closest emerg medical facility. Volunteers familiar with route?	ency Acceptable	Action Needed
Fire P	rotection		
1.	Local fire department acquainted with event diagram and specific hazards?	Acceptable	Action Needed
2.	Public areas checked for fire hazards before and after event hours?	Acceptable	Action Needed
3.	Clear and unobstructed access to all fire protection equipment?	Acceptable	Action Needed
4.	Emergency vehicle access lanes designated and secured?	Acceptable	Action Needed
5.	All fire protection equipment inspected?	Acceptable	Action Needed
6.	Alarm systems functioning properly?	Acceptable	Action Needed
7.	Fire extinguisher accessible for all areas?	Acceptable	Action Needed
8.	Fire extinguisher tagged and serviced?	Acceptable	Action Needed
9.	Appropriate fire extinguisher placed for potential classes of fires?	Acceptable	Action Needed
10.	Fire hydrants accessible?	Acceptable	Action Needed
11.	Automatic sprinkler system functioning?	Acceptable	Action Needed
House	keeping/Sanitation		
1.	Sufficient containers provided for trash?	Acceptable	Action Needed
2.	Separate and/or appropriate containers for various types of disposable materials and wastes?	Acceptable	Action Needed
3.	Spilled materials or liquids cleaned up immediately?	Acceptable	Action Needed
4.	Adequate ash trays and metal wastebaskets provided where smoking is allowed?	Acceptable	Action Needed
5.	All trash disposed of frequently?	Acceptable	Action Needed
6.	Combustible materials regularly/frequently collected?	Acceptable	Action Needed
7.	Combustible materials stored in appropriate containers?	Acceptable	Action Needed

LOCKER ROOM CHECKLIST

Name of Inspector				
Date of	f Inspection Tin	ne of Inspection		
Shower	rs			
1.	Lighting?	Acceptable	Action Needed	
2.	Drainage?	Acceptable	Action Needed	
3.	Cleanliness?	Acceptable	Action Needed	
4.	Water Temperature and Control	Acceptable	Action Needed	
Locker	Rooms			
1.	Number(s): Are there enough lockers for each tea contest or tournament?	m in Acceptable	Action Needed	
2.	Separate officials room available?	Acceptable	Action Needed	
3.	Location; workers know where to send teams and officials?	Acceptable	Action Needed	
4.	Are lockers secured? Locker rooms are locked or attended?	Acceptable	Action Needed	
5.	Lighting and emergency lighting in both locker a and shower area?	rea Acceptable	Action Needed	
6.	Towel racks or hooks?	Acceptable	Action Needed	
7.	Air Dryers?	Acceptable	Action Needed	
8.	Ventilation, air ducts?	Acceptable	Action Needed	

List broken/malfunctioning items in each locker room prior to event:

Inspector's Signature _____