

MHSAA Division 2 Final Meet Lower Division

Zeeland East High School

June 2, 2018

GENERAL INFORMATION

- 1. Stadium Address 9900 Riley St. Zeeland, MI. 49464
- 2. PACKET PICK UP

Friday: Located at the South-West corner in the stadium.

Saturday: Located in the service drive of the main parking lot. Enter off of 100^{th} ave. and it will be at the 10×10 white tent.

Please note: The coaches packet will have 3 wrist bands and one parking pass. If you have more than 3 coaches or more than one vehicle, you will have to pay for additional tickets.

- 3. Team parking: Vans, cars, and smaller vehicles will park in the lot to the East (visitor lot) of the stadium. Any busses, RV's, or other large vehicles park at Zeeland West. Parking pass must be visible in the front windshield.
- 4. Gates open at 8:00 on Saturday.
- 5. Tickets: \$8.00, Parking \$3.00, Programs \$4.00
- 6. Coaches: You must have your wrist band on in order to enter the stadium. Wrist bands also gain you access to field event areas.
- 7. Souvenir shirts will be available at the North West entrance (main gate). They will also be on sale Friday, June 1 from 3:00 7:00 at the South West gate.
- 8. Only athletes in uniform are allowed on the infield. Coaches, you MUST remain in the stands or along the fencing for running events or in the designated areas for field events.
- 9. Starting blocks will be provided. If you bring your own blocks, they must be approved by the meet manager or meet referee. You are responsible for your blocks.
- 10. ¼" spikes only.
- 11. There are no locker room facilities available come dressed for competition.
- 12. Results will be posted online at www.michianatiming.com
- 13. Formula for advancing from semifinals to the finals will be each heat winner and then the next fastest times as needed to fill the final heat.

- 14. Tents are allowed along the fence on the south end of the stadium, along the visitor side of the track, and along the fencing by the pole vault area. *See attached diagram (Yellow lines represent where tents can be setup).
- 15. Miscellaneous items: No radios, footballs, Frisbees, etc will be allowed into the stadium.

 Coolers will be allowed in the team tent area only! No sunflower seeds on the artificial turf!
- 16. There will be an athletic trainer on site throughout the day. Ice and water will be provided.

SPECIFIC TRACK INFORMATION

ENTRIES: A list of entries may be located on the MHSAA website at www.mhsaa.com on the Tuesday following the Regional meet. If you find any errors, or if one of your athletes has been omitted, please call the meet manager by Friday, May 25. Known scratches should be made via athletic.net ASAP after the Regional Meet so heat sizes can be planned. Also, you are asked to declare all four relay athletes expected to compete by Friday, May 25 via athletic.net. This will NOT prohibit day of substitutions for other eligible athletes.

SCRATCHES: 9:00 AM for the morning events and 12:00 for the afternoon events. All scratches are to be written on the official scratch sheet provided at the scorer's table. Scratches must be turned in on time and if you know prior to Saturday, please let the tournament manager know.

BATONS: You must furnish your own batons.

AWARDS: Medals for first 8 places. Trophies will be awarded to the champion and runner-up at the conclusion of the meet.

UNIFORM RULE: The uniform rule will be strictly enforced – please review this rule with your athletes. This is your warning for all uniform violations.

Coaches retain the responsibility to not allow competitors to wear items dangerous to themselves or to equipment, such as the landing system in high jump. Jewelry and hair accessories are no longer illegal but an official may ask a competitor to remove an accessory if it is not properly secured or could damage equipment. Watches are legal in all events and religious and medical alert tags are no longer required to be taped to the body unadorned.

RELAY CARDS: Relay athletes will be pre-declared via athletic.net. Relay cards will only be used for substitutions on the day of the meet. You need to only list the substituted athlete.

CHECKING IN: All athletes must check in with the clerk of the course in the designated staging area after the 1st call and prior to the final call for that event.

MHSAA PARTICIPATING TEAM INFORMATION

Please read over the information found in the Participating Team Information on the MHSAA website. The following are specific points of emphasis:

- 1. All shots & discs must be weighed and marked approved before they can be used. Illegal equipment will be held until the end of the day. Weigh in will take place behind the South West concession stand close to the pole vault area.
- 2. Starting heights and raises for the pole vault & high jump.
- 3. Boys events will be run first
- 4. 3200 Meter Relay/800m Run 20 or less one section. 21 or more entries two sections with the 12 fastest times plus ties in the 2nd heat.
- 5. 1600m two sections when entries exceed 24 with the fastest 16 plus ties in the 2nd heat.
- 6. One heat of the 3200m Run for each gender.
- 7. Alley starts used in the 800m, 1600m, 3200m, & 3200 Relay.
- 8. 3200m Relay will use a two turn stagger; 1600m Relay will use a three turn stagger.
- 9. Open pit will be used in the long jump for pre-lims AND finals.
- 10. Shot & Disc will be conducted in flights (size depends on number of throwers). Throwers will get 3 warm up throws between flights and will be arranged in reverse order.
- 11. Time limits for all field events will be enforced. If an athlete must leave a field event for another event, he/she MUST inform the event judge of the situation and return to their field event no longer than 10 minutes after the completion of the previous event.
- 12. VIDEO: Athletes may view videos of their competition but not during their competition. No electrical outlets will be provided.
- 13. The stadium will be open from 3:00-7:00 on Friday June 1 for team inspection. The field event venues will be closed. You may mark your steps but the event will remain closed. Please use chalk to mark steps no tape! Poles can be inspected and stored overnight if so desired.
- 14. Finishlynx system will be used by Michiana Timing for the finish line.

Meet Manager: Tim Ritsema: Zeeland East AD - 616-748-3124

2018 TIME SCHEDULE

- 8:00 AM Gates Open
 - -Weigh-in of shots & discs
 - -Pole Inspection
- 9:00AM Morning Scratches Due
- 9:30 B/G Pole vault, High Jump, Long Jump (Open pit for LJ: 9:30-10:45)

Girls Discus/Boys Shot

- 9:55AM NATIONAL ANTHEM
- 10:00AM 3200 M Relay
 - Semi Finals: 100M/110-100 M Hurdles/200M
- 11:30 AM B/G Long Jump Finals Open Pit
- 11:30AM Afternoon Weigh In (Shots & Discs)
- 12:00PM Afternoon scratches due
- 12:15PM Boys Discus/ Girls Shot
- 12:55PM National Anthem
- 1:00PM Running Finals Finals will begin 1 hour after the completion of the last semifinal race, but not before 1:00
- 4:45PM Awards presentation (approximate Time)

