NOTE - When saying the MHSAA acronym, say each letter -M-H-S-A-A. Do not say M-H-S-Double A or try to say MHSAA as a word. And, when saying the year - say "two thousand twenty-two" as opposed to "twenty-twenty-two."

15:00 Prior To Beginning of Running Prelims

Spectator Streaming Restrictions

Fans are reminded that the broadcast and streaming rights of this event belong exclusively to the N-F-H-S Network, the M-H-S-A-A, and those media outlets which have pre-arranged to secure those rights. Any individual streaming of this event is strictly prohibited.

Regional T-Shirts On Sale

(Check with tournament manager to confirm that shirts are being sold at your site and the sales location)

A great way to relive the excitement of today's meet is by purchasing a souvenir t-shirt. They're sure to become collector's items and they're on sale now at the

____.

(location)

Be a part of the games by buying an M-H-S-A-A souvenir shirt.

10:00 Prior To Beginning Of Running Prelims

Watch MHSAA Finals on MHSAA.TV

Get your pass to watch live streaming video of M-H-S-A-A Spring Championships on the M-H-S-A-A Dot T-V website. One low cost of \$10.99 gives you access to live Finals action in Track & Field, Boys & Girls Lacrosse, Lower Peninsula Girls Soccer; and the Baseball-Softball Semifinals and Finals. Sign up for your pass to the Finals at M-H-S-A-A Dot T-V.

Multi-Sport Participation

Here are 5 good reasons for high school multi-sport participation: Fewer overuse injuries; less opportunity for emotional burnout; exposure to different kids and coaches; exposure to different roles; and learning to compete better. Being a multi-sport participant can help a kid become a more well-rounded person. Multi-sport participation is cross training for life. To learn more about multi-sport participation, visit the health and safety page of the MHSAA website.

5:00 Prior To Beginning Of Running Prelims

Regional T-Shirts On Sale (Check with tournament manager to confirm that shirts are being sold at your site and the sales location) A great way to relive the excitement of today's meet is by purchasing a souvenir			
(location)			
Be a part of the games by buying an M-H-S-A-A souvenir shirt.			
See Something-Say Something (You may wish to adjust reporting location)			
Welcome to High School. For your safety and security, the			
Athletics Department and School Administration encourage you to be aware of			

unusual activity. Please report any suspicious activity to us here at the

Suspicious Activity – See Something – Say Something!

announcer's stand immediately. Enjoy the meet and remember – Report

Welcome Prior To Running Prelims

Good	The Michigan High School Athletic
(Morning/Afternoon/Evening)	
Association welcomes you to	for today's
	(Name of facility)
preliminary competition in the Two-Tho	usand-Twenty-Two Division Regional
Track & Field Tournament.	
Actions and words speak loudly. Let you	r actions and words today be respectful.
Remember, nothing beats good sportsm	anship.

Following Completion Of Girls 3,200-Meter Relay

<u>Meijer</u>

From the biggest stadiums in the state, to the familiar fields down the street, Meijer is a proud sponsor of local sports teams across the Midwest. Whenever you shop Meijer, you help support the teams that bring us together, and the values that our community is proud to stand for. You help support your community, including local sports teams, education programs, the arts, food pantries, and more programs that bring out the very best in us. From the biggest of big games, to the littlest of the little, Meijer is proud to sponsor this game, and hundreds of local sports teams across Michigan.

Following Completion Of Boys 3,200-Meter Relay

Michigan Army National Guard

Your Michigan Army National Guard plays a vital role in our national defense and responds, as needed, to state emergencies to protect the lives and property of Michigan citizens. If you are interested in learning more about the Guard, visit My-Army-Guard-Dot-Com! That's M, I, Army-Guard-Dot-Com!

Following Completion Of 100-Meter Dash Qualifying

UDIM

Chocolate milk has essential nutrients every athlete needs not typically found in traditional sports drinks. Next time you grab a beverage, whether it's in the lunch room, out on the field or at home, remember to rethink your drink and pick chocolate milk. Chocolate milk is the official beverage of the Michigan High School Athletic Association.

Following Completion Of Girls 100-Meter Hurdles Qualifying

Henry Ford Health

Henry Ford Sports Medicine. Official Team Physicians for over a hundred sports teams in southeast Michigan and you! We can create a unique game plan for you, just like we do for the pros. Learn more at Henry Ford dot com backslash sports.

Following Completion Of Boys 110-Meter Hurdle Qualifying

Scholar-Athlete Award

Nearly 2 thousand of the state's top student-athletes were recognized this year through the Scholar-Athlete Award, presented by Farm Bureau Insurance. Visit the M-H-S-A-A Website for a list of this year's applicants, finalists and scholarship recipients and information about the Two-Thousand-Twenty-Two – Twenty-Three awards program.

Following Completion Of 200-Meter Dash Qualifying

MHSAA Second Half

The Second Half page of the MHSAA website gets you closer to the action with features on high school sports from around the state, weekly coaches associations rankings and coverage of MHSAA Tournament Finals. It's a great read with fresh content nearly every weekday during the school year. Make the MHSAA's Second Half your first stop for high school sports information.

15:00 Prior To Beginning Of Running Finals

Spectator Streaming Restrictions

Fans are reminded that the broadcast and streaming rights of this event belong exclusively to the N-F-H-S Network, the M-H-S-A-A, and those media outlets which have pre-arranged to secure those rights. Any individual streaming of this event is strictly prohibited.

Regional T-Shirts On Sale

(Check with tournament manager to confirm that shirts are being sold at your site and the sales location)

A great way to relive the excitement of today's meet is by purchasing a souvenir t-shirt. They're sure to become collector's items and they're on sale now at the

____·

(location)

Be a part of the games by buying an M-H-S-A-A souvenir shirt.

10:00 Prior To Beginning Of Running Finals

Officials Recruitment

High school seniors...as your prep playing days come to an end...think about staying in the game as a registered official. We need new high school sports officials now more than ever. It's a great way to give back to the game, stay in shape, and it's not a bad way to make some good part-time money while you're in college. There's Help Wanted – Just Whistle! Register online at M-H-S-A-A DOT COM!

Michigan Army National Guard

Your Michigan Army National Guard plays a vital role in our national defense and responds, as needed, to state emergencies to protect the lives and property of Michigan citizens. If you are interested in learning more about the Guard, visit My-Army-Guard-Dot-Com! That's M, I, Army-Guard-Dot-Com!

5:00 Prior To Beginning Of Running Finals

OHSP

Did you know that a teen driver's risk of dying in a vehicle crash increases with each teen passenger in the car? Passengers are a distraction. Tell your teen driver to go it alone. A message from the Michigan Office of Highway Safety Planning.

See Something-Say Something

(You may wish to adjust reporting location	on)
Welcome to	High School. For your safety and security, the
Athletics Department and School	ol Administration encourage you to be aware of
unusual activity. Please report a	ny suspicious activity to us here at the
announcer's stand immediately.	Enjoy the meet and remember – Report
Suspicious Activity – See Someth	ning – Say Something!

Welcome For Running Finals & Anthem Introduction

Good	The Michigan High School Athletic
Association welcomes you to	for today's
finals competition in the Two-Thousa	nd-Twenty-TWO Division Regional
Track & Field Tournament.	
Sportsmanship is always taking the hi	gh road – even with everything on the line.
Remember, nothing beats good sport	smanship.

Anthem Introduction

Ladies and gentlemen: The privilege of this event was made possible by those who have fought – and continue to fight for – the freedoms we enjoy. Let us now honor and respect their efforts and our country. Civilian gentlemen, please remove your hats. All veterans - we encourage you to render the appropriate salute, and everyone able - please stand at attention, placing your hand over your heart, as we proudly sing our National Anthem.

Following 110-Meter Hurdle Finals

Addix (pronounced ADD-ix)

Addix is proud to be the official custom uniform partner of the Michigan High School Athletic Association. Addix will design, print, cut and sew your custom uniform or apparel order in an industry-leading 6 business days or less. Michigan product for Michigan people. Start your custom apparel order today, visit A-D-D-I-X sportswear dot com.

Following 100-Meter Dash Finals

Watch MHSAA Finals on MHSAA.TV

Get your pass to watch live streaming video of M-H-S-A-A Spring Championships on the M-H-S-A-A Dot T-V website. One low cost of \$10.99 gives you access to live Finals action in Track & Field, Boys & Girls Lacrosse, Lower Peninsula Girls Soccer; and the Baseball-Softball Semifinals and Finals. Sign up for your pass to the Finals at M-H-S-A-A Dot T-V.

Following 800-Meter Relay Finals

OK2SAY

You're a leader in the game, so be a leader in your school. By using OK2SAY, you can report anything that threatens your safety or the safety of others. Submit a confidential tip by phone, text, email, or the app. Get in the game to help make your school safe. Step up and speak up. OK2SAY lets you confidentially report anything that threatens your safety or the safety of others by phone, text, email, or app. Make the play, use OK2SAY.

Following 1,600-Meter Run Finals

Applebees

Applebee's invites you to eat good in the neighborhood after every game! Join us for late-night half off appetizers at participating locations. Applebee's – proud sponsor and official restaurant of the MHSAA.

Following 400-Relay Run Finals

<u>ICAC</u>

Every day, in Michigan, investigators work hard to keep people safe on the internet. For more information on how to keep your family safe online, or to submit a cyber tip, visit Michigan I C A C dot com.

Following 400-Meter Dash Finals

Michigan Student Aid

Do you need help paying for college? Michigan Student Aid administers scholarships, grants, and college savings programs that help make college accessible, affordable and attainable for you! See how they can help you today by visiting Michigan – Dot – Gov – Slash – My Student Aid.

Following 300-Meter Hurdle Finals

UDIM

Chocolate milk has essential nutrients every athlete needs not typically found in traditional sports drinks. Next time you grab a beverage, whether it's in the lunch room, out on the field or at home, remember to rethink your drink and pick chocolate milk. Chocolate milk is the official beverage of the Michigan High School Athletic Association.

Following 800-Meter Run Finals

OHSP

Parents: Your teen's driving habits start with you. Teach them to drive safely and avoid distractions. And until they get more experience, enforce a no-passengers rule to help them focus on the road. A message from the Michigan Office of Highway Safety Planning.

Following 200-Meter Dash Finals

MHSAA Social

Keep up with everything M-H-S-A-A on social media. Look us up on Facebook, Twitter, Instagram, Tik Tok and YouTube for tournament updates, event announcements, video highlights and high school sports news from around the state. It's the best way to connect with the M-H-S-A-A every day!

Following 3,200-Meter Run Finals

Scholar-Athlete Award

Nearly 2 thousand of the state's top student-athletes were recognized this year through the Scholar-Athlete Award, presented by Farm Bureau Insurance. Visit the M-H-S-A-A Website for a list of this year's applicants, finalists and scholarship recipients and information about the Two-Thousand-Twenty-Two – Twenty-Three awards program.

Following 1,600-Meter Relay Finals

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From the biggest stadiums in the state, to the familiar fields down the street, Meijer is a proud sponsor of local sports teams across the Midwest. Whenever you shop Meijer, you help support the teams that bring us together, and the values that our community is proud to stand for. You help support your community, including local sports teams, education programs, the arts, food pantries, and more programs that bring out the very best in us. From the biggest of big games, to the littlest of the little, Meijer is proud to sponsor this game, and hundreds of local sports teams across Michigan.

At Conclusion Of Meet – Closing Statement

he Michigan High School Athletic Association and
(name of location)
ave enjoyed having you at today's meet, and we look forward to having you as
ur guest at future events. Don't forget that if you can't make it to the Track &
ield Finals on June 4th, to get your pass to watch the action live on the Internet
n the M-H-S-A-A Dot T-V Website! Again, thanks for being in attendance today
nd please drive carefully on your way home. Good

2022 Track & Field Tournament Lower Peninsula