

# 2022 MHSAA Track & Field

## Saturday May 21st

### SCHEDULE

**Implement Weigh-In** 8-8:45  
**Coaches Meeting** 9:15 Location of Meeting Back side of the concession stand.

All Field Events and First Round Running Event Scratches are due by 9:00 am at the building behind concession stand location.

**Field Events 9:30 am (Pole Vault will start at this time) All other Field events will start at 10:00 am**  
(Boys HJ/Shot Put; **Girls** Discus/Long Jump/ Pole Vault)

**Field Events** (These field events will take place at the conclusion of the previous field event)  
(Boys Discus/LJ/Pole Vault; **Girls** HJ/Shot Put)

**NOTE: For all running events in 2022, Boys will run first**

**3200m Relay** 11:00  
(This is done before the first round of Running Events)

### Running Event Semifinals 11:30

Boys 100 M Dash  
**Girls** 100 M Dash  
**Boys** 100 M Hurdles  
**Girls** 110 M Hurdles  
**Boys** 200 M Dash  
**Girls** 200 M Dash

All Remaining Event Scratches are due at (time) 12:00 pm

**Finals - National Anthem (time) 1:00 pm**

### Running Event Finals Begin 1:00 pm

**Boys** 110 MH/ **Girls** 100 MH  
100 M Dash  
800 M Relay (4 x 200)  
1600 M Run  
400 M Relay (4 x 100)  
400 M Dash  
**Boys** 300 MH/**Girls** 300 MH  
800 M Run  
200 M Dash  
3200 M Run  
1600 M Relay (4 x 400)

**Presentation of Awards and trophies at conclusion of all events**

## **ADDITIONAL INFORMATION**

**ADMISSION/TICKETS** – All tickets will be digital, sold via GoFan and cost \$7.00. A mobile device is required. Links for GoFan will be on each site hosts GoFan account found at <http://www.gofan.co/> . Please make sure that you let all of your spectators know.

**WARM-UPS** - The track/infield will be available for warm-up activity until 9:45 at which time all participants must clear the areas for competition. The track will be available during the break before Finals until 12:45.

**TRAINER** - An athletic trainer will not be at the meet. Ice and water will not be provided.

**TEAM PARKING** - Team buses/vans should park in the north parking lot in front of the school.

**TEAM CAMPS** - Team tents/gatherings may not be set up in the infield of the track. They may be set up outside the perimeter of the track. Remind teams that they must removed trash from their areas before leaving the facility.

**LOCKER ROOMS** - Showers/Lockers will be available to participants.

**SECURITY** - Remind your athletes to not leave bags unattended.

**RESULTS** will be available for coaches approximately after each race on [athletic.net](http://athletic.net).

### **Teams Attending -**

Baldwin  
Brethren  
Fruitport Calvary Christian  
Holland Calvary  
Holton  
Hudsonville Libertas Christian  
Manistee Catholic Central  
Mason County Eastern  
Muskegon Catholic Central  
Muskegon Heights Academy  
Muskegon Western Michigan Christian  
Onekama  
Pentwater  
Walkerville  
White Cloud  
Wyoming Potter's House Christian  
Wyoming West Michigan Lutheran