2022 Division 4 Regional 35 Time Schedule Friday, 5/20 @Hillsdale College

12:15-1:15 Implement Weigh-In

12:30 Coaches Meeting/ Afternoon Scratches Due

1:30 Girls PV, Discus, and LJ

Boys HJ and SP

Boys run first in all races

3:00 3200 M Relay

Preliminary Running Events (immediately after 3200 M Relay)

100 M Dash

110/100 M Hurdles

200 M Dash

4:30 Evening Scratches Due

5:30 Running Event Finals (Minimum 1 hour after Semifinals)

110/100 M Hurdles

100 M Dash 800 M Relay 1600 M Run 400 M Relay 400 M Dash

300 M Low Hurdles

800 M Run 200 M Dash 3200 M Run 1600 M Relay

Trophy Presentation