MHSAA TRACK AND FIELD REGIONAL 36-4

MAY 21, 2022

HOSTED BY WEBBERVILLE HIGH SCHOOL

EVENT SCHEDULE AND MEET INFORMATION

8:45 – 9:30 SHOT PUT AND DISCUS WEIGH IN. EAST END OF THE BLEACHERS

9:15 COACHES MEETING. EAST END OF TRACK

9:30 PRELIM SCRATCHES DUE AT EAST END OF TRACK IN TRAINERS AREA

10:00 BEGIN FIELD EVENTS

GIRLS POLE VAULT -BOYS POLE VAULT TO FOLLOW BOYS HIGH JUMP – GIRLS HIGH JUMP TO FOLLOW

BOYS SHOT PUT- 3 throws-Top 9 to Finals for 3 more throws. (GIRLS TO FOLLOW)

GIRLS DISCUS – 3 throws – Top 9 to Finals for 3 more throws (BOYS TO FOLLOW)

BOYS AND GIRLS LONG JUMP – 3 jumps-Top 9 to Finals for 3 more jumps (2 PITS)

11:30 BOYS AND GIRLS LONG JUMP FINALS
Top 9 Boys and Girls for 3 more jumps

11:15 3200 METER RELAY FINAL

PRE LIMS

100 METER DASH 110/100 METER HURDLES 200 METER DASH

ADVANCING ATHLETES:

2 HEATS-2 HEAT WINNERS, 6 FASTEST TIMES TO FILL AVAILABLE LANES

3 HEATS-3 HEAT WINNERS, 5 FASTEST TIMES TO FILL AVAILABLE LANES

4 HEATS-4 HEAT WINNERS, 4 FASTEST TIMES TO FILL AVAILABLE LANES

11:45 ALL REMAINING EVENT SCRATCHES DUE IN TRAINER'S TENT

NATIONAL ANTHEM-55 MINUTES AFTER COMPLETION OF 200 METER PRE LIMS

RUNNING FINALS

ONE HOUR AFTER COMPLETION OF 200 METER PRE LIMS

110/100 METER HURDLES FINAL

100 METER DASH FINAL

800 METER RELAY FINAL

1600 METER RUN FINALS

400 METER RELAY FINAL

400 METER DASH FINAL

300 METER HURDLE FINAL

800 METER RUN FINAL

200 METER DASH FINAL

3200 METER RUN FINAL

1600 METER RELAY FINAL

UNIFORMS

Please review the uniform rule for specific information. No portion of the uniform, except shoes, is to be removed in the competition area. The competition area is any area inside the track and inside the fenced/roped areas. For field events, the competition area is inside the flagged areas.

APPEALS

A coach may submit an appeal to the MEET MONITOR with the appeal form stating which rule was misapplied or misinterpreted. The appeals committee will then meet to reach final decision.

RESTRICTED AREAS

No coaching may take place in any area enclosed by the track's interior fence/flags. The restricted area for field events will be the actual competitive area for that specific field event.

WARM-UP AREAS

NO ONE is allowed on the infield. There will be access to the football practice field/baseball area for warm-up.

SHOT PUT, DISCUS, VAULTING POLES

Weighing, measuring and inspection will begin at 8:45 and end at 9:30 under the bleachers. Poles will be inspected at the vault area. Please be sure to fill out your vaulters weigh in cards and turn them into the pole vault official.

SCRATCHES

Scratches for all field events will be done at the location of the field event. Scratches for the 100 Meter Dash, 110/100 Meter Hurdles, 200 Meter Dash and 3200 Meter Relay must be turned it by 9:30 a.m. at the building near the bull pen. Please make sure to scratch all extra entries that do not meet the qualifying standard. You are allowed 2 entries per event plus additional qualifiers. If more than 2 are to compete, ALL must meet the qualifying standard to compete.

Scratches for Preliminary running events must be submitted by 9:30 and for Final running events by 11:45.

RELAY CARDS

Turn in your relay cards when you submit your scratches. All relay cards must be turned in by 10:00 a.m. Any changes in relay members need to be turned in before the second call to the bull pen. PLEASE WRITE LEGIBLY.

BULL PEN

The bull pen area is located near the 110/100 starting area at the west end of the track. The 300 Hurdles may be clerked at the start of that race. We will announce this on the day of the meet.

AWARDS – RESULTS

Each school will receive an awards packet and complete results as soon as possible after the meet. They will be brought down to the track. Please do not go to the press box and attempt to get them.

SCHEDULE

We will give calls prior to the start of each race/event. It is the coach's and athlete's responsibility to be checked in at the bull pen with the Clerk and be ready to compete at the appropriate time. Make sure to check in by second call of your event. It is permissible to have a teammate stand in for an individual that may be at a field event so as to keep the meet moving.

OFFICIALS

Referee-Martin Crane-535419 Starters-Tom Montpas-479373 Mike Raffin-565367 Clerks- Kim Spalsbury-670891 Paul Matson-61704 Field Judge-Jim Loria-313391 Line Judge-Don Yuvan-224327

> Scorers-Sasha Glover Janell Perkins

JURY OF APPEALS

The jury of appeals will consist of Jim Loria (official), Greg Glover (Webberville), Jon McGinley (Bellevue), Mike Jurasek (Concord).

MULTI – EVENT ATHLETES

Multi-event athletes <u>MUST</u> check out of one event to report to another. When the multi-event athlete finishes one event, they have <u>5 MINUTES</u> at the conclusion of that event or trial, to report back to the other event. It is up to those athletes to keep the event judges aware of where they are. Running events take precedence over the field events.

STARTING BLOCKS

We have traditional and Moye starting blocks available for all athletes.

MARKING MATERIALS

We will allow chalk marking on the side of the runways in long jump and pole vault.

High jumpers will be allowed one mark on the surface per athlete. Chalk will be allowed for the relay teams to mark their start/takeoff on the track. (We will have chalk on the day of the meet for athletes)

ENTRIES

Entries are to be submitted online at www.athletic.net under Regional 36-4. ALL ENTRIES MUST BE SUBMITTED BY MAY 17 @ 8:00 PM OR YOUR SCHOOL MUST PAY A \$50 FINE TO HAVE THE SITE OPENED BACK UP FOR REGISTRATION. FINE MUST BE PAID BEFORE YOUR ATHLETES WILL BE PERMITTED TO PARTICIPATE.

If you questions you may email: Troy Perkins at troyp 12@yahoo.com or call Troy at 517-375-1613

****** YOU ARE ALLOWED TO ENTER UP TO THREE (3) ATHLETES PER EVENT. YOU MUST SCRATCH AT LEAST ONE ATHLETE IF THEY DO NOT ALL MEET THE ADDITIONAL QUALIFYING STANDARDS. IF YOU ENTER MORE THAN THREE (3) AND THEY DO NOT MEET THE ADDITIONAL QUALIFYING STANDARD THE LOWER SEEDED ATHLETES WILL BE SCRATCHED BY MEET MANAGEMENT UNTIL YOUR ENTRIES ARE AT THE LEGAL LIMITS.

ALL TIMES AND DISTANCES ENTERED <u>MUST</u> BE ACTUAL PERFORMANCES FROM THE 2022 TRACK AND FIELD SEASON. <u>TIMES AND DISTANCES MAY BE CHECKED FOR VALIDITY</u>.

PLEASE MAKE SURE YOU HAVE THE CORRECT SCHOOL CODE FOR YOUR ENTRIES. THESE CAN BE FOUND ON THE MHSAA WEB SITE UNDER THE TRACK AND FIELD LINK.

<u>DIRECTIONS TO WEBBERVILLE COMMUNITY SCHOOLS AND THE GREG GLOVER</u> TRACK AND FIELD COMPLEX

Coming from Detroit:

Travel westbound on I-96 to Exit 122 (Webberville, Perry, M-52). Turn north toward McDonalds and Mobile Gas station. Travel ½ mile to Grand River Avenue (blinker light right after RR tracks). Turn right. Drive into town (approx. 1 mile). Go through the stop light in town. Webberville High School is 3 blocks east on the left (north). Follow the drive on the east side of the school around to the back of the school to the track.

Coming from Flint:

Travel westbound on I-69 to exit 105. (Perry/M-52). Turn south on M-52. Through Perry to Grand River Avenue. (blinker light approx. 12 miles). Turn left (east) on Grand River Avenue. Drive into town (approx. 2 miles). Go through the stop light in town. Webberville High School is 3 blocks east on the left (north). Follow the drive on the east side of the school around to the back of the school to the track.

Coming from Kalamazoo:

Travel eastbound on I-96 to Exit 122 (Webberville, Perry, M-52). Turn north toward McDonalds and Mobile gas station. Travel ½ mile to Grand River (blinker light right after RR tracks). Turn right. Drive into town (approx. 1 mile). Go through the stop light in town. Webberville High

School is 3 blocks east on the left (north). Follow the drive on the east side of the school around to the back of the school to the track.

PARKING

Buses may enter the track area to drop off athletes, then precede north out gate and park near the school.

ADMISSION

<u>ALL</u> spectators must pay \$5 to enter the track meet. No passes are accepted at MHSAA Sponsored Tournaments.

T-SHIRTS

T-Shirts will be available for purchase at the meet.

MISC.

We hope you have an enjoyable experience at our Regional. We ask that parents, coaches and athletes treat our workers with respect. They are all volunteers and will be doing the best job they possibly can. If you have an issue, PLEASE bring it to one of the officials or Greg Glover or Troy Perkins. A simple "thank you" would also be appreciated for our workers.

COACHES, <u>DO NOT GO TO THE PRESS BOX FOR ANYTHING</u>. QUESTIONS WILL BE ANSWERED ON THE TRACK. CONCERNS ABOUT PLACING WILL BE HANDLED AT THE TRACK AREA. <u>AGAIN DO NOT GO TO THE PRESS BOX</u>