



2026 SPORTSMANSHIP SUMMIT REGISTRATION

For more than 20 years the MHSAA has provided a Sportsmanship Summit experience to students across Michigan. The Summits are back again in 2026, but this time with new breakout topics, more interaction within the sessions, and additional time for students to present ideas to other students.

Workshop sessions will focus on sportsmanship both on and off the court and feature hands-on activities including one session developed and instructed by members of the MHSAA Student Advisory Council. At the end of the day the delegation from each participating school will meet to develop a school sportsmanship campaign.

Breakouts at each Summit also provide a great opportunity for student sections to learn about appropriate student section behavior. There will be information for the veteran student sections and guides for schools that want to start their own organized student sections for the first time.

Sportsmanship Summits last from 9 a.m. to 1:30 p.m. and the cost is \$30 per participant (for both students and administrators). Lunch is included. Registration at each site is limited. Schools are welcome to bring as many as 10 total representatives, including two administrators. Reserve your spots today by [registering online](#).

If you have questions, contact Andy Frushour at the MHSAA office – andy@mhsaa.com or 517-332-5046.

Below are the locations and dates for the 2026 Sportsmanship Summits:

MARQUETTE at The Northern Center at NMU on **November 9**

SAGINAW at The Conference Center at SVSU on **November 12**

ANN ARBOR at the Sheraton Ann Arbor on **November 16**

GRAND RAPIDS at the Sheraton Grand Rapids Airport on **November 18**

[CLICK TO REGISTER NOW](#)

We are looking for school administrators to help facilitate the breakout sessions. A curriculum and script will be provided to you prior to the summit. **Please email [Andy Frushour](#) or [Paige Winne](#) if you are interested in serving as a facilitator.**



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- ✓ Course discount through the MHSAA
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SPORTS OFFERED

Football	Swim & Dive
Volleyball	Boys Lacrosse
Soccer	Girls Lacrosse
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Wrestling	Softball
Ice Hockey	Track & Field

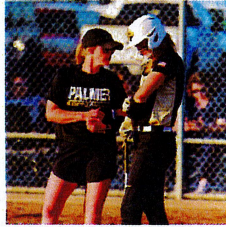
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the MHSAA to
learn more &
get started
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CAP for First-Time Head Coaches: Each head coach of a varsity team in an MHSAA tournament sport hired for the first time as a head varsity coach at any MHSAA member high school after July 31, 2016 shall have completed either Level 1 or Level 2 of the MHSAA Coaches Advancement Program (CAP). If the head coach does not complete CAP Level 1 or 2 prior to the established deadline, that coach shall be prohibited from coaching in that season's MHSAA tournament for the sport involved.



WHY COACHES EDUCATION?

THE ROLE OF THE COACH IS COMPLEX: The role of the coach is so much more complex than it first appears and it reaches beyond the responsibility of teaching skills to athletes. The coach is first and foremost a teacher – that educational leader in an athletic setting and it is often the coach's responsibility to reinforce the connection between sports and academics.

SAFETY, SPORTSMANSHIP, SKILL DEVELOPMENT: Schools want coaches who know how to work with student-athletes in respect to safety, sportsmanship and skill development and who also educate the student-athletes in the life lessons of educational athletics.

COMMUNICATION AND UNDERSTANDING RULES: Schools want to have coaches who have a clear understanding of how to communicate with athletes, parents and other educators. Additionally, schools want coaches who understand and apply the school athletic rules, the rules of their sport and the MHSAA rules.

CREDIBILITY AND KNOWLEDGE OF BEST PRACTICES: Schools want coaches with credibility, and to also be knowledgeable of the best practices in their sport and in their profession. Credible coaches help student-athletes reach their potential both as a student and as an athlete. Credibility is the element which opens the lines of communication between coaches and players.

ROLE IN EDUCATIONAL ATHLETICS: Schools want coaches who understand their role in educational athletics as well as coaches who support and assist student-athletes while working with other school staff in the advancement of the student. Coaching is about the lessons that coaches and their programs can teach the athlete that will serve them well later in life.

CAP DEADLINES ARE:

FALL – September 10, 2026

WINTER – December 10, 2026

SPRING – April 15, 2027

HEALTH AND SAFETY: It is nearly impossible to rank any other initiative ahead of the health and safety of students who are in the care of our coaches. Schools want coaches who can communicate essential principles and warnings as well as be visible and attentive wherever athletes are gathered in the school setting.

UNDERSTANDING MISSION AND CULTURE OF SCHOOL: Coaches need to develop their coaching philosophy, reasons for coaching, promote high expectations and create a team culture while understanding their role and responsibility in the school setting.

THE COACH IS A TEACHER: Coaches are expected to create practice plans that are based on their athletes' needs with effective instructional strategies which challenge players to acquire skills, learn concepts and strategies, and behave responsibly.

CONTINUING EDUCATION: Great coaches have high expectations for student-athletes but even higher expectations for them-selves. Great coaches consistently strive to improve. The MHSAA Coaches Advancement Program is a practical way to provide in-service to new and veteran coaches of all sports.

INSURANCE, SCECHs, NEWSLETTER: Liability insurance in the amount of \$1 million which extends to the coach's performance of duties for the school team during the inter-scholastic season. State Continuing Education Clock Hours (SCECHs) are available to coaches and can be used for the renewal of selected certificates issued by the Michigan Department of Education GamePlans is an electronic newsletter that is sent six times a year to coaches who have successfully completed six hours of the Coaches Advancement Program.

**\$200 IN FREE CAP TRAINING IS AVAILABLE
TO EVERY MHSAA MEMBER SCHOOL!**

 517.332.5046

 CAP@MHSAA.COM

COACHES ADVANCEMENT PROGRAM AT A GLANCE

2026-2027 CURRENT SCHEDULE

CAP 1:

Thurs, July 16, 2026 – MHSAA (9am – 4pm)
Weds, July 22, 2026 – MHSAA (9am – 4pm)
Thurs, July 23, 2026 – MHSAA (9am – 4pm)
Tues, July 28, 2026 – MHSAA (9am – 4pm)
Thurs, July 30, 2026 – MHSAA (9am–4pm)
Fri, July 31, 2026 – Jenison (9am – 4pm)
Sat, August 1, 2026 – Sault St Marie HS (9am – 4pm)
Sat, August 1, 2026 – Lake City HS (9am – 4pm)
Sat, August 1, 2026 – Swan Valley HS (9am–4pm)
Sun, August 2, 2026 – Munising HS (9am – 4pm)
Sun, August 2, 2026 – MHSAA (9am – 4pm)
Sun, August 5, 2026 – Escanaba HS (9am –4pm)
Thurs, August 6, 2026 – Pontiac Notre Dame Prep (9am–4pm)
Fri, August 7, 2026 – MHSAA (9am – 4pm)
Sat, August 8, 2026 – Lincoln HS (9am–4pm)
Sun, August 9, 2026 – MHSAA (9am–4pm)
Sun, August 9, 2026 – Paw Paw (9am–4pm)
Sun, August 16, 2026 – MHSAA (9am – 4pm)
Sun, August 23, 2026 – MHSAA (9am – 4pm)
Sun, September 13, 2026 – MHSAA (9am–4pm)
Sun, September 20, 2026 – MHSAA (9am–4pm)
Sun, October 18, 2026 – MHSAA (9am–4pm)
Fri, October 30, 2026 – Jenison HS (9am–4pm)
Sat, October 31, 2026 – Lake City HS (9am – 4pm)
Sat, November 7, 2026 – Vicksburg HS (9am–4pm)
Sat, November 7, 2026 – Lincoln HS (9am–4pm)
Sun, November 8, 2026 – MHSAA (9am–4pm)
Sun, November 22, 2026 – MHSAA (9am–4pm)
Sat, December 5, 2026 – Pontiac Notre Dame Prep (9am–4pm)
Sun, December 6, 2026 – MHSAA (9am– 4pm)
Sun, December 13, 2026 – MHSAA (9am– 4pm)
Sat, January 30, 2027 – Pontiac Notre Dame Prep (9am–4pm)
Sat, March 6, 2027 – Vicksburg HS (9am–4pm)
Sat, March 13, 2027 – Lincoln HS (9am–4pm)

CAP 2:

Thurs, July 23, 2026 – MHSAA (9am – 4pm)
Tues, July 28, 2026 – MHSAA (9am – 4pm)
Thurs, July 30, 2026 – Hanover-Horton (9am–4pm)
Sat, August 1, 2026 – Sault St Marie HS (9am – 4pm)
Sat, August 1, 2026 – Swan Valley (9am–4pm)
Sun, August 2, 2026 – MHSAA (9am – 4pm)
Thurs, August 6, 2026 – Pontiac Notre Dame Prep (9am–4pm)
Fri, August 7, 2026 – MHSAA (9am – 4pm)
Sat, August 8, 2026 – Lincoln HS (9am–4pm)
Sun, August 9, 2026 – MHSAA (9am–4pm)
Sun, August 23, 2026 – MHSAA (9am–4pm)
Sun, September 13, 2026 – MHSAA (9am–4pm)
Sun, October 18, 2026 – MHSAA (9am–4pm)
Sat, November 7, 2026 – Vicksburg HS (9am–4pm)
Sat, November 7, 2026 – Lincoln HS (9am–4pm)
Sat, December 5, 2026 – Pontiac Notre Dame Prep (9am–4pm)
Sun, December 6, 2026 – MHSAA (9am–4pm)
Sun, December 13, 2026 – MHSAA (9am– 4pm)
Sat, January 30, 2027 – Pontiac Notre Dame Prep (9am–4pm)
Sat, March 6, 2027 – Vicksburg HS (9am–4pm)
Sat, March 13, 2027 – Lincoln HS (9am–4pm)

CAP 3:

Sat, June 27, 2026 – South Haven HS (9am–4pm)
Sat, August 1, 2026 – Swan Valley (9am–4pm)
Sat, August 1, 2026 – Olivet HS (9am–4pm)
Thurs, August 6, 2026 – Pontiac Notre Dame Prep (9am–4pm)
Sun, August 16, 2026 – MHSAA (9am–4pm)
Sat, November 7, 2026 – Lincoln HS (9am–4pm)
Sun, November 8, 2026 – MHSAA (9am–4pm)

CAP 4:

Thurs, July 23, 2026 – MHSAA (9am – 4pm)
Sat, August 8, 2026 – Lincoln HS (9am–4pm)
Sun, October 18, 2026 – MHSAA (9am–4pm)
Sun, November 22, 2026 – MHSAA (9am–4pm)
Sat, December 5, 2026 – Pontiac Notre Dame Prep (9am–4pm)

CAP 5:

Thurs, July 16, 2026 – MHSAA (9am – 4pm)
Sun, August 16, 2026 – MHSAA (9am – 4pm)
Sun, November 8, 2026 – MHSAA (9am–4pm)
Sat, January 30, 2027 – Pontiac Notre Dame Prep (9am–4pm)
Sat, March 13, 2027 – Lincoln HS (9am–4pm)

CAP Certification:

CAP Beginning Certification = 12 hours

CAP Intermediate Certification = 18 hours

CAP Advanced Certification = 24 hours

CAP Masters Certification = 30 hours

CAP Masters Elite Certification = 36 hours

CAP Masters Elite + Certification= 42 hours

Cap Masters Elite ++ Certification= 48 hours

CAP 1:

1.1 Coaches Make the Difference: MHSAA Philosophy and Regulations (2.5 Hours)

1.2 Effective Instruction: The Coach as the Teacher (1.5 Hours)

1.3 Managing Risk/ Sports Medicine (2 Hours)

CAP 2:

2.1 Effective Communication (2 Hours)

2.2 Legal Issues in School Sports (2 Hours)

2.3 Psychology (2 Hours)

CAP 3:

3.1 Additional Coaching Responsibilities (2.5 Hours)

3.2 Effectively Working with Parents (2 Hours)

3.3 The Coach as the Performer (1.5 Hours)

CAP 4:

4.1 Understanding Athlete Development (2 Hours)

4.2 Preparing for Success (1.5 Hours)

4.3 Strength & Conditioning (1.5 Hours)

CAP 5:

5.1 Peak Health & Performance (2 Hours)

5.2 Controlling Emotions in Pressure Situations (2 Hours)

5.3 Resolving Conflicts in Athletics (2 Hours)

CAP 6:

Current Issues & Topics in Educational Athletics

CAP 7:

Current Issues & Topics in Educational Athletics

CAP 8:

Current Issues & Topics in Educational Athletics

CAP 9:

Current Issues & Topics in Educational Athletics