PENALTY SUMMARY

Delay of game	LOSS OF 5 YARDS			
	Foul	Reference	Signal	
Free-kick infraction 6-1-2, 6-1-3b, 6-1-4, 6-1-11 7-19 Encroachment 6-1-3a, 7-1-1, 7-1-5, 7-1-6 7-18 Free kick out of bounds 6-1-9 19 Invalid or illegal fair-catch signal 6-5-7, 6-5-8 32 Snap infraction 7-1-2, 7-1-3 7-19 False start 7-1-7 7-19 Disconcerting act 7-1-9 7-23 Illegal formation 7-2-1, 7-2-2, 7-2-3 19 Less than five players on A's lin or numbering violation 7-2-5 19 Illegal shift or illegal motion 7-2-5 19 Planned loose-ball infraction 7-2-8, 7-2-7 20 Planned loose-ball infraction 7-3-2, 7-3-3 35-9 Illegal forward pass (by A; also loss of down) 7-5-2 35-9 Illegal forward pass (by B) 7-5-2 35-9 Intentional grounding (also loss of down) 7-5-2d 36-9 Intentional grounding (also loss of down) 7-5-13 16-9 Helping runner 9-1 44 Indigible receiver illegally downfield 7-5-13 16-9	Delay of game	3-6-2, 3-6-4, 6-5-5	7-21	
Encreachment 6-1-3a, 7-1-1, 7-1-5, 7-1-6 7-18 Free kick out of bounds 6-1-9 19 Invalid or illegal fair-catch signal 6-5-7, 6-5-8 32 Snap infraction 7-1-2, 7-1-3 7-19 False start 7-1-7 7-19 Disconcerting act 7-1-9 7-23 Illegal formation 7-2-1, 7-2-2, 7-2-3 19 Less than five players on A's lin or numbering violation 7-2-5 19 Illegal biff or illegal motion 7-2-6, 7-2-7 20 Planned loose-ball infraction 7-2-8 19 Illegall ynading ball forward (also loss of down) 7-3-2, 7-3-3 35-9 Illegal forward pass (by A; also loss of down) 7-5-2 35 Intentional grounding (also loss of down) 7-5-2 35 Intelligable receiver illegally downfield 7-5-12 37 Illegal touching (also loss of down) 7-5-13 16-9 Helping runner 9-1 44 Incidental grasping of an opponent's face mask (or any helmet opening, chin strap or attached tooth and mouth protector) 9-1 44	Illegal substitution	3-7	22	
Free kick out of bounds	Free-kick infraction	6-1-2, 6-1-3b, 6-1-4, 6-1-11	7-19	
Invalid or illegal fair-catch signal 6-5-7, 6-5-8 32 Snap infraction 7-1-2, 7-1-3 7-19 False start 7-1-7 7-19 Disconcerting act 7-1-9 7-23 Illegal formation 7-2-1, 7-2-2, 7-2-3 19 Less than five players on A's lin or numbering violation 7-2-1, 7-2-2, 7-2-3 19 Less than five players on A's lin or numbering violation 7-2-6, 7-2-7 20 Planned loose-ball infraction 7-2-8 19 Illegal shift or illegal motion 7-2-6, 7-2-7 20 Planned loose-ball infraction 7-2-8 19 Illegal forward pass (by A; also loss of down) 7-3-2, 7-3-3 35-9 Illegal forward pass (by A; also loss of down) 7-5-2 35-9 Illegal forward pass (by B) 7-5-2 35-9 Illegal forward pass (by B) 7-5-2 35-9 Illegal touching (also loss of down) 7-5-13 16-9 Illegal touching (also loss of down) 7-5-13 16-9 Helping runner 9-1 44 Incidental grasping of an opponent's face mask (or any helmet opening, chin strap or attached tooth and mouth protector) 8-4-5 30 Running into kicker/holder 9-4-5 30 Attendant illegally on field 9-8-2 19 Nonplayer outside of the team box, but not on field 9-8-3 7-29	Encroachment	6-1-3a, 7-1-1, 7-1-5, 7-1-6	7-18	
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Less than five players on A's lin or numbering violation 7-2-5 19 Illegal shift or illegal motion 7-2-6, 7-2-7 20 Planned loose-ball infraction 7-2-8 19 Illegally handing ball forward (also loss of down) 7-3-2, 7-3-3 35-9 Illegal forward pass (by A; also loss of down) 7-5-2 35-9 Illegal forward pass (by B) 7-5-12 37 Illegal forward pass (by B) 7-5-12 37 Illegal touching (also loss of down) 7-5-13 16-9 Illegible receiver illegally downfield 7-5-13 16-9 Illegal touching (also loss of down) 7-5-13 16-9 Illegal touching the face mask (or any helmet opening, chin strap or attached tooth and mouth protector) Running into kicker/holder 9-4-3 30 Sideline interference 9-8-1k 7-29 Illegal to kicker/holder 9-8-2 19 Nonplayer outside of the team box, but not on field 9-8-2 19 Nonplayer outside of the team box, but not on field 9-8-2 19 Illegal kicking or batting the ball 8-6-2-1, 9-7 31 Illegal blocking technique 9-2-1a, 9-2-3a 43 Illegal blocking technique 9-2-1c, 9-2-3a, e, 42 Illegal use of hands or arms 9-2-1a, 9-2-2; 9-2-3a, b, d 31 Illegal block in the back	Disconcerting act	7-1-9	7-23	
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Attendant illegally on field 9-8-2 19 Nonplayer outside of the team box, but not on field 9-8-3 7-29 LOSS OF 10 YARDS Foul Reference Signal 19 Illegal kicking or batting the ball 6-2-1, 9-7 31 Illegal blocking technique 9-2-1a, 9-2-3a 43 Interlocked blocking 9-2-1b 44 Holding 9-2-1c; 9-2-3c, e 42 Runner grasping a teammate 9-2-2 43 Illegal use of hands or arms 9-2-1a; 9-2-2; 9-2-3a, b, d 43 Illegal block in the back 9-3-5 43	Running into kicker/holder	9-4-5	30	
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LOSS OF 10 YARDS Reference Signal	Attendant illegally on field	9-8-2	19	
Foul Reference Signal Illegal kicking or batting the ball 6-2-1, 9-7 31 Illegal blocking technique 9-2-1a, 9-2-3a 43 Interlocked blocking 9-2-1b 44 Holding 9-2-1c; 9-2-3c, e 42 Runner grasping a teammate 9-2-2 43 Illegal use of hands or arms 9-2-1a; 9-2-2; 9-2-3a, b, d 43 Illegal block in the back 9-3-5 43	Nonplayer outside of the team box, but not on field	9-8-3	7-29	
Illegal kicking or batting the ball 6-2-1, 9-7 31 Illegal blocking technique 9-2-1a, 9-2-3a 43 Interlocked blocking 9-2-1b 44 Holding 9-2-1c; 9-2-3c, e 42 Runner grasping a teammate 9-2-2 43 Illegal use of hands or arms 9-2-1a; 9-2-2; 9-2-3a, b, d 43 Illegal block in the back 9-3-5 43	LOSS OF 10 YARDS			
Illegal blocking technique 9-2-1a, 9-2-3a 43 Interlocked blocking 9-2-1b 44 Holding 9-2-1c; 9-2-3c, e 42 Runner grasping a teammate 9-2-2 43 Illegal use of hands or arms 9-2-1a; 9-2-2; 9-2-3a, b, d 43 Illegal block in the back 9-3-5 43	Foul	Reference	Signal	
Interlocked blocking 9-2-1b 44 Holding 9-2-1c; 9-2-3c, e 42 Runner grasping a teammate 9-2-2 43 Illegal use of hands or arms 9-2-1a; 9-2-2; 9-2-3a, b, d 43 Illegal block in the back 9-3-5 43	Illegal kicking or batting the ball	6-2-1, 9-7	31	
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Illegal block on free kicks 9-3-7 43	Illegal block in the back	9-3-5	43	
	Illegal block on free kicks	9-3-7	43	

LOSS OF 15 YARDS		
Foul	Reference	Signal
Unsportsmanlike conduct by player or nonplayer	9-5, 9-8-1	27
Illegal helmet contact against a defenseless player	2-32-16, 9-4-3i(3)	38-24
Illegal block after valid or invalid fair-catch signal	6-5-1, 9-3-3	43
Kick-catching interference	6-5-6	33
Forward-pass interference	7-5-10	33
Illegal block below the waist	9-3-2	40
Illegal block on free-kicker or holder	9-3-4	30
Clipping	9-3-6	39
Chop block	9-3-6	41
Tripping	9-4-30	38-46
Illegal personal contact outside restricted area	9-4-3	38
Charging into an opponent obviously out of the play	9-4-3	38
Grasping an opponent's face mask (or any helmet opening, chin strap or attached tooth and mouth protector)	9-4-3	38-45
Hurdle an opponent	9-4-3d	38
Butt block, face tackle or spear (Illegal Helmet Contact)	9-4-3i	38-24
Horse-collar	9-4-3	38-25
Initiate contact with a helmet-less opponent	9-4-3	38
Targeting an opponent	9-4-3m	38-24
Initiate forceful contact against a defenseless receiver	9-4-3p	38
Illegal blindside block	9-4-3n	38-26
Roughing passer (also first down)	9-4-4	38-34-8
Roughing kicker or holder (also first down)	9-4-5	38-30-8
Roughing snapper (also first down)	9-4-6	38-8
Slapping blocker's head	9-4-7	38
Illegal personal contact in restricted area	9-4-8	38-29
Illegal participation	9-6	28
Participating without a helmet beyond immediate action	9-6-4	28
Sideline interference (third and subsequent)	9-8-1k, 9-8-3	7-29-27
Nonplayer illegally on field	9-8-3	27
Unfair acts	9-9	27
DISQUALIFICATION ASSOCIATED WITH C	ERTAIN 15-YARD PENALTIES	
Foul	Reference	Signal
Fighting by player or nonplayer	9-4-1	38-47
Intentionally contacting a game official	9-4-2	38-47
Striking, kicking, kneeing	9-4-3j	38-47
Any act if unduly rough or flagrant (give proper signal and fol- low with 47)	9-4	47
A second unsportsmanlike foul by player or nonplayer	9-5, 9-8	27-47
A substitute leaving team box during a fight	9-8-11	27-47
	1	1