



*The
Finals*

COMPETITIVE CHEER

McGuirk Arena | Mount Pleasant | March 2-3, 2023

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2023 COMPETITIVE CHEER FINALS

March 2-3

Welcome

Welcome to the MHSAA Championships! This is a classroom like no other, and now is the time for the final exam. Like the academic classroom, some have had good fortune and smooth sailing along the way in getting here while others have overcome adversity during the season. Even today, a good bounce or a bad bounce will occur.

Your athletic skills are put to the test, but more importantly, your discipline will be challenged, as well. The knack for making the right move at the right moment is often the difference between winning and coming up just short.

Discipline also means testing your self-control and people skills. To embrace our diverse opponents as equals, and to employ common decency – every – single – moment. Win or lose.

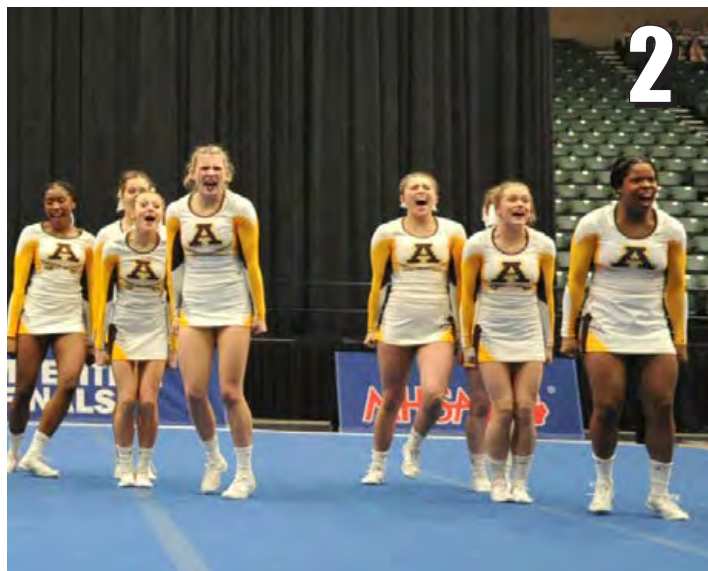
That's the beauty of educational athletics. The takeaways today are not the trophies and medals, but the life lessons learned and applied over years of sports.

Congratulations for reaching the end of the tournament road. Good luck to all!

— Mark Uyl
MHSAA Executive Director



Familiar Faces in Top Places



The MHSAA 2022 Girls Competitive Cheer Finals saw four schools repeat as champions: Rochester Adams, Allen Park, Richmond and Hudson all brought titles back home.

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Rochester Adams One of Four to Repeat in 2022

The Rochester Adams competitive cheer team had a veteran group of athletes who had been there, and done that. The nine seniors departed the program on top by bringing home one last championship.

The Highlanders captured the Division 1 Final in 2022 at the Delta Plex after a highly-competitive run at the title among all eight teams. The margin of separation between them was less than nine points, but it was Rochester Adams emerging victorious as the Highlanders completed a rare three-peat.

"It just takes a lot of hard work and dedication, but there were 16 girls who have been here since the beginning of our first state title and they've just learned the ropes and they know what it takes," Adams coach Brooke Miller said. "They just put their whole heart and soul out there today, and it really paid off."

The Highlanders finished with a three-round total of 793.74 to edge runner-up and 2019 champion Rochester Hills Stoney Creek (791.36).

The two-time reigning champions staked their claim early and snared the lead with their best Round 1 of the season.

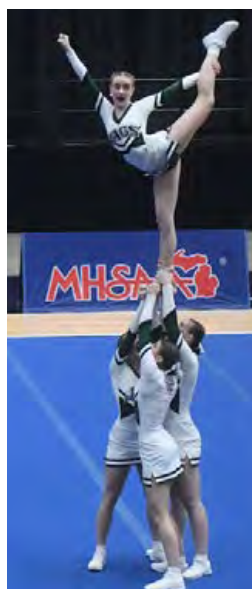
They followed with another top score in Round 2 (232.94) before entering the third round with a mere one-point lead over Rochester.

Rochester Adams became the third school in Division 1 history to win three consecutive Finals titles, joining Rochester (which has done so multiple times) and Southgate Anderson.

Division 2

Allen Park senior captain Adri Carone answered the question before it was even asked.

"It never, ever, ever gets old," said Carone with a big smile, after helping her team secure its third-consecutive Division 2 championship last March at the Delta Plex. "I can honestly say it feels just as amazing every time."



The Jaguars had their huge throng of fans sweating it out, but another powerhouse Round 3 performance was the difference as Allen Park (791.60) edged upset-minded Downriver League rival Gibraltar Carlson (788.02).

Southgate Anderson placed third with 773.54 points, giving the nine-school Downriver League the top three spots in the state in Division 2 — and the same order of finish as the league tournament and last week's Regional.

Carlson made things interesting by taking the lead by one tenth of a point after Round 1, then still hung within a razor-thin, 0.38 of a point after Round 2.

Gibraltar Carlson came down to a test of physical and mental discipline in the final round, and that's when Allen Park's tradition and experience showed through.

"Round 3 has been our strength all year, and that was the case again today," said veteran Allen Park coach Julie Goodwin, now in her 16th year. "We have amazing stunters who rise to the challenge."

Carlson went last in the final round and delivered a fantastic performance of its own. The Marauders' third-round score of 317.30 was more than five points better than six other teams — all but Allen Park.

Dearborn Divine Child placed fourth, followed by 2021 runner-up DeWitt.

Division 3

Richmond was backed into a corner, but like a true champion, dug deep and fought its way out to continue its reign.

The Blue Devils needed a near-perfect final round to barely hold off a gutsy and impressive performance by Paw Paw at the Division 3 Final at the Delta Plex.

For the eight seniors, it was a perfect 4-for-4 with Division 3 championships all four years.

Richmond and Paw Paw entered the third and final round in a virtual tie, with the Blue Devils holding less than a 1-point lead (463.60 to 462.80).



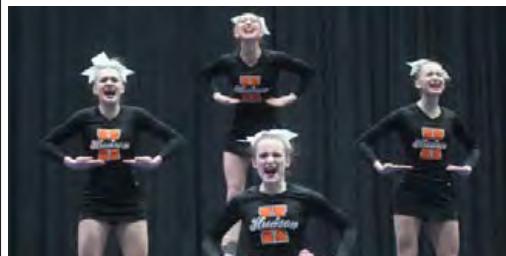
At that point, all of the pressure in the world was on the three-time reigning champion to perform a very difficult routine, all while knowing that the slightest bobble or lean on a stunt would likely mean the end of that streak.

The Blue Devils finished with a third-round score of 317.40, slightly better than Paw Paw's 317.20. Richmond ended up winning with a total of 781, while Paw Paw was second at 780.

Division 4

As freshmen, Hudson's Maize Sholl and Logan Parks felt the heartbreak and disappointment of missing out on a competitive cheer championship by the slimmest of margins.

It was a feeling the pair would never have to experience again. Hudson delivered a dominating performance to win the 2022 Division 4 Final at the Delta Plex.



It was the Tigers' third consecutive Finals title and fourth in the last five years.

Hudson finished with a three-round total of 759.80 and set a Finals record for widest margin of victory. Adrian Madison placed runner-up at 709.12. It was the Trojans' first top-two finish.

Hudson finished runner-up to Pewamo-Westphalia in 2019, but hasn't been defeated at the Finals since.

The Tigers were heavy favorites entering the day and proved quickly that they weren't going to relinquish that role. Hudson recorded a high score of 227.90 in Round 1. The advantage ballooned to more than 30 following an impressive Round 2.



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FINALS SCORESHEET

SCHOOL	Round 1	Round 2	Sub-Total	Round 3	Total	Place

2023 ROTATION SCHEDULE

DIVISION 1

1st Round

1. Rochester Adams
2. Milford
3. Hartland
4. Grandville
5. Stoney Creek
6. L'Anse Creuse North
7. Brighton
8. Rochester

2nd Round

1. Hartland
2. Stoney Creek
3. Rochester
4. Brighton
5. Milford
6. L'Anse Creuse North
7. Rochester Adams
8. Grandville

3rd Round

1. Stoney Creek
2. L'Anse Creuse North
3. Hartland
4. Grandville
5. Brighton
6. Rochester
7. Rochester Adams
8. Milford

DIVISION 2

1st Round

1. South Lyon East
2. Divine Child
3. Forest Hills Northern
4. Mason
5. Bay City Western
6. Thornapple Kellogg
7. Allen Park
8. Gibraltar Carlson

2nd Round

1. Mason
2. Forest Hills Northern
3. Divine Child
4. Gibraltar Carlson
5. Bay City Western
6. South Lyon East
7. Allen Park
8. Thornapple Kellogg

3rd Round

1. Bay City Western
2. Divine Child
3. South Lyon East
4. Thornapple Kellogg
5. Allen Park
6. Gibraltar Carlson
7. Mason
8. Forest Hills Northern

DIVISION 3

1st Round

1. Notre Dame Prep
2. Portland
3. Grosse Ile
4. Richmond
5. Tri-County
6. Lakewood
7. Croswell-Lexington
8. Paw Paw

2nd Round

1. Grosse Ile
2. Tri-County
3. Richmond
4. Paw Paw
5. Lakewood
6. Notre Dame Prep
7. Portland
8. Croswell-Lexington

3rd Round

1. Lakewood
2. Richmond
3. Croswell-Lexington
4. Notre Dame Prep
5. Tri-County
6. Grosse Ile
7. Paw Paw
8. Portland

DIVISION 4

1st Round

1. Mason County Central
2. Michigan Center
3. Merrill
4. Hart
5. Lawton
6. Pewamo-Westphalia
7. Hudson
8. Adrian Madison

2nd Round

1. Merrill
2. Mason County Central
3. Lawton
4. Adrian Madison
5. Hudson
6. Michigan Center
7. Hart
8. Pewamo-Westphalia

3rd Round

1. Michigan Center
2. Hudson
3. Merrill
4. Pewamo-Westphalia
5. Hart
6. Mason County Central
7. Adrian Madison
8. Lawton



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BRIGHTON

BULLDOGS

HEAD COACH: CHRISTINA WILSON (10TH YEAR)

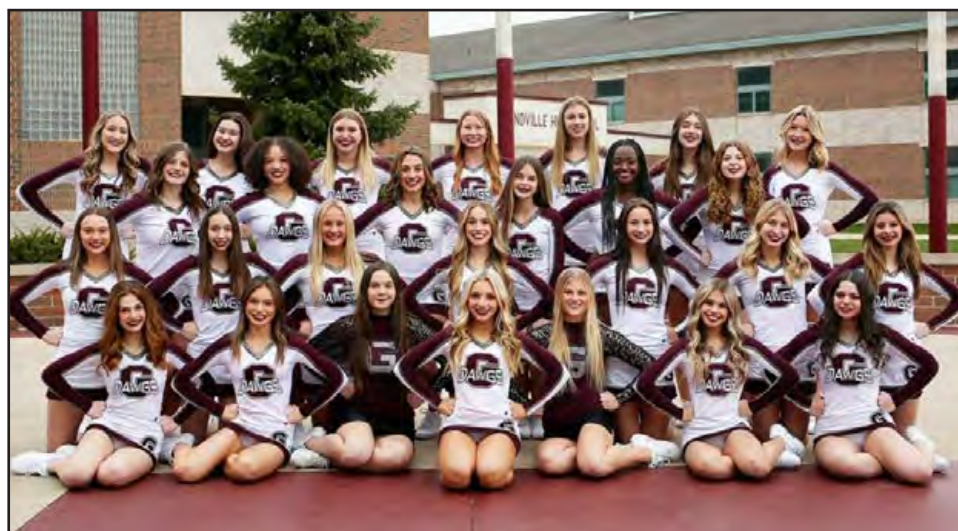

School Colors: Black & Orange
Superintendent: Matt Outlaw
Principal: Gavin Johnson
Athletic Director: John Thompson
Conference: Kensington Lakes Activities Assoc.

Assistant Coaches: Kristen Austin, Wendy Lemons, Molly Urbain, Kelly Gibson
Captains: Samantha Markell, Autumn Miller, Estella Marchesotti
Athletic Trainer: Drew Cavey
Regional Score: 785.14

Name	Yr.
Vanessa Aho	Sr.
Devyn Buchholz	Jr.
Jordynn Carrington	Jr.
Taylor Dennis	Fr.
Ashlynn Frenznick	Fr.
Harmony Gilde	Jr.
Gabrielle Henderson	So.
Lyna Hoffmann	So.
Brooke Lampkins	Jr.
Gabrielle LaHaie	Fr.
Estella Marchesotti	Jr.
Samantha Markell	Sr.
Autumn Miller	Jr.
Hannah Molter	So.
Hannah Nelson	Jr.
Olivia Niner	So.
Ava Perdue	Fr.
Adrianna Pembroke	So.
Elly Racey	So.
Natalie Rodgers	Sr.
Kaylee Sandusky	Sr.
Sophia Tepper	Fr.
Kendall Eisinger	Fr.
Amelia Finley	Fr.
Avery Frenznick	Fr.
Callie Kyser	Fr.
Addi Markell	Fr.

GRANDVILLE

BULLDOGS

HEAD COACH: JULIE SMITH-BOYD (42ND YEAR)


School Colors: Maroon & White
Superintendent: Roger Bearup
Principal: Adam Lancto
Athletic Director: Brian Parsons
Conference: OK Conference - Red (1st)

Assistant Coaches: Jenny Klein, Mackenzie Brower, Laura Flagler
Captains: Haleigh Veldhouse, Alex Vantil
Athletic Trainer: Michael Seger
Regional Score: 782.58

Name	Yr.
Haleigh Veldhouse	Sr.
Alex Vantil	Sr.
Lilly Cooper	Jr.
Brie Vanderplow	Jr.
Lexsee Pawloski	Jr.
Jodi O'Dell	Jr.
Molly Gregorski	Jr.
Katelyn Hopkins	Jr.
Jayla Matecki	Jr.
Avery Polinsky	Jr.
Kelcey Hunt	Jr.
Emma Leonard	Jr.
Maddy Denman	Fr.
Hannah Granger	Fr.
Lauren Elder	Fr.
Olivia Talsma	Fr.
Lauren Reid	Jr.
Emily Sneller	Jr.
Joselyn Schmidt	Jr.
Katharine Lawrence	Jr.
Kayla Chemjor	Jr.
Avery Johnson	Fr.
Mackenzie Hoffman	Fr.
Dilyn Hines	Jr.
Ozz Hagen	Jr.
Scarlet Gritter	So.
Vienna Willoughby	So.
Brenda Estrada	So.
Ava Wohlfert	So.
Rylee Dewey	Fr.

HARTLAND

EAGLES

HEAD COACH: CANDACE FAHR (6TH YEAR)

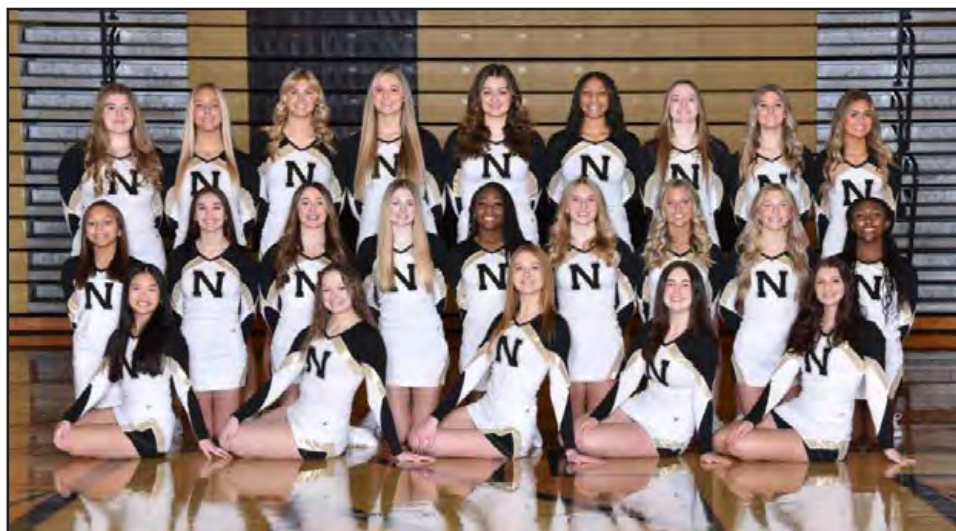

School Colors: Navy & Gold
Superintendent: Chuck Hughes
Principal: Kate Gregory
Athletic Director: JD Wheeler
Conference: Kensington Lakes Activities Association (1st)

Assistant Coaches: Cassie Campbell, Stefaney Lange, Ashley Pedersen, Christina Swansey, Erica Webb
Athletic Trainer: Abigail Goodroe
Regional Score: 788.16

Name	Yr.
Kaylee Balagna	Jr.
Annie Bernardi	Sr.
Fiona Blush	Sr.
Lilly Davidson	Jr.
Grace DeYoung	Jr.
Hazel Flores	So.
Ella Herrington	Jr.
Brooklyn Keyes	Sr.
Paris Keyes	So.
Ava Krause	Fr.
Ashley Kretz	Sr.
Alexa Lockridge	So.
Alyssa Marinelli	Fr.
Lilyanna Marx	Sr.
Maddy McCoy	Sr.
Faith Mikula	Jr.
Samantha Mollard	Jr.
Lily Pies	Sr.
Makayla Prevo	So.
Siena Reyes	So.
Charleigh Ross	So.
Abby Russell	Jr.
Aspen Smith	Jr.
Ashley Terrell	Jr.
Jade Tomblin	So.
Kaitlyn Turney	Jr.
Molly Woolf	Jr.

MACOMB L'ANSE CREUSE NORTH

CRUSADERS

HEAD COACH: LAUREN TURNER (2ND YEAR)


School Colors: Black & Vegas Gold
Superintendent: Erik Edoff
Principal: Meredith Beard
Athletic Director: Jason Petrella
Conference: MAC Red (2nd)

Assistant Coaches: Brooke Nemens, McKenzie Korn
Athletic Trainer: Morgan Michaux
Regional Score: 784.10

Name	Yr.
Kailyn Abood	Jr.
Emma Bowman	Sr.
Iyanna Brooks	So.
Releigh David	Sr.
Ava Dezinski	Jr.
Breanne Glabin	Fr.
Cecilya Guilbault	Sr.
Ina Harding	Jr.
Kara Konath	So.
Aubrey Krzeminski	Jr.
Reese Kurelich	Jr.
Alorha Lighten	So.
Lilliana Nahas	Jr.
Kaitlynn Nguyen	Sr.
Hailey Owens	So.
McKayla Prieskorn	Jr.
Isis Qualls	So.
Zoe Rau	Jr.
Lilly Verstraete	So.
Addison Waters	Fr.
Hannah Waters	Jr.
Abby Whitsitt	Fr.
Madison Wilson	Sr.
Eliza Wisniewski	Jr.



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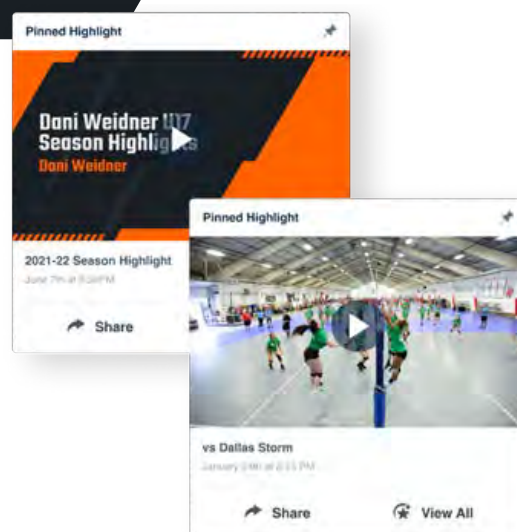
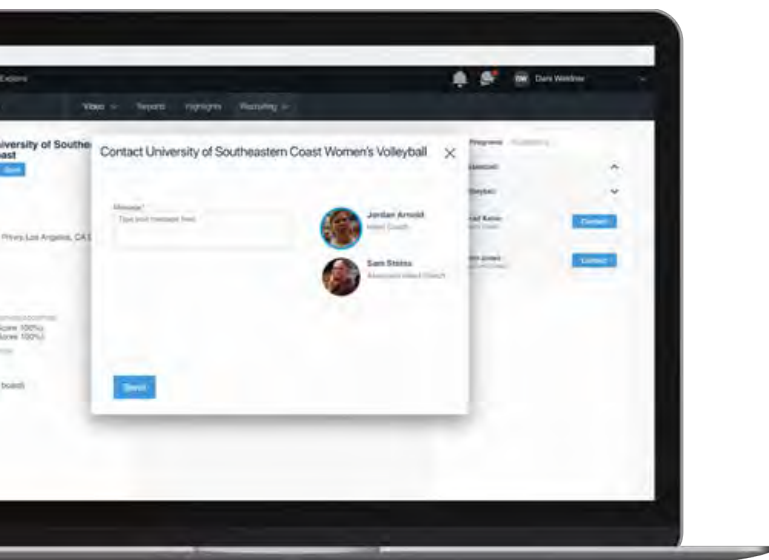
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Athlete's can allow their Hudl profile to be viewed by registered recruiters, this is the best way to let programs know who they are and what skills they could bring to their team.

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HIGHLAND MILFORD

MAVERICKS

HEAD COACH: PATTI WARZECHA (12TH YEAR)


School Colors: Cardinal Red & White
Superintendent: Dr. Paul Salah
Principal: Kevin McKenna
Athletic Director: Jim Marszalek
Conference: Lakes Valley Conference (1st)

Assistant Coaches: Samantha Kavulich Brianna Ray-Smith

Captains: Leah Fitzgerald, Mackenzie Pruitt
Strength and Conditioning: Stephen Gauthier.

Regional Score: 779.96

Name	Yr.
Kenleigh Bailey	So.
Natalie Carey	Jr.
Jazmine Cheney	Jr.
Caroline Dittrick	Jr.
Emme Dreffs	So.
Angelina Filloon	So.
Leah Fitzgerald	Sr.
Kelsey Knurick	Jr.
Tatum Langley	So.
Evia Marszalek	So.
Chloe Maszatics	Fr.
Olivia McGraw	Jr.
Julianna Melanio	Jr.
Allison Menzies	Fr.
Allison Moore	Sr.
Amelia Morfe	Sr.
Stella Musialowski	Fr.
Grace Priebe	Jr.
Mackenzie Pruitt	Jr.
Meah Sissem	So.
Skyla Spencer	So.
Grace Wolf	So.
Alexis Yee	Jr.

ROCHESTER

FALCONS

HEAD COACH: SAMANTHA KOEHLER (1ST YEAR)


School Colors: Royal Blue & White
Superintendent: Robert Shaner
Principal: Joshua Wrinkle
Athletic Director: Dean Allen
Conference: Oakland Activities Assoc – Red (1st)
Assistant Coaches: Sara Kempton, Judah

Washington, Devon Gilbert, Janae Washington, Chloe Russell

Captains: Martina Dedvukaj, Ava Grabke, Emily Isabell, Shreya Pillai

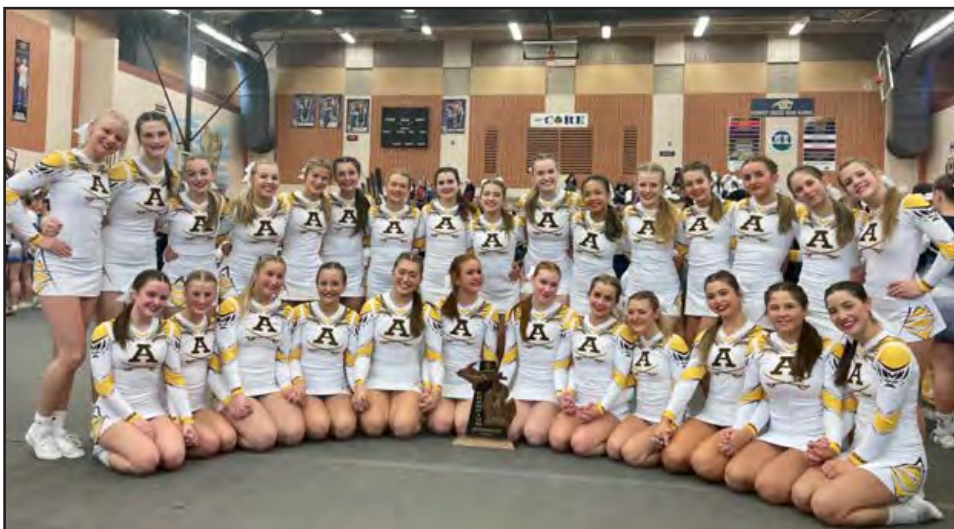
Athletic Trainer: Jim Niemi

Regional Score: 793.16

Name	Yr.
Claire O'Neill	Fr.
Ivy Galens	Fr.
Natalie Cote	Fr.
Aubrey Hillard	So.
Ava Manson	So.
Ellie Faglie	So.
Isabella Gungab	So.
Ivana Ghafari	So.
Momoko Paris	So.
Morgan Calcagno	So.
Natalia Grabovac	So.
Raegan Farley	So.
Riley Hubbard	So.
Kelly Burdick	Jr.
Lena Cleveland	Jr.
Madison Carpenter	Jr.
Sarah Newport	Jr.
Amelia Craft	Sr.
Ava Grabke	Sr.
Emily Isabell	Sr.
Juliet Jones	Sr.
Elizabeth Dyki	Sr.
Maeve Losh	Sr.
Martina Dedvukaj	Sr.
Shreya Pillai	Sr.
Wanjia Kamau	Sr.

ROCHESTER ADAMS

HIGHLANDERS

HEAD COACH: BROOKE MILLER (9TH YEAR)


School Colors: Brown & Gold
Superintendent: Dr. Robert Shaner
Principal: Pasquale Cusumano
Athletic Director: Brian Hassler
Conference: Oakland Activities Association - Red (2nd)
Assistant Coaches: Jocelyn Welsh, Quin Gonzalez, Courtney McLocklin, Katerina

Hrisopolous, Melissa Carolan
Captains: Ava Bolin, Sophia Bondra, Katie Burgin, Ella Evans, Emilia Honingford, Laurel Kania, Elena Lopez, Ella Malinowski, Emma Maynard, Peyton Regalado, Alex Ris, Ashley Rosati
Athletic Trainer: Morgan St. Henry
Regional Score: 793.18

Name	Yr.
Trisha Bartolome	Jr.
Ava Bolin	Sr.
Sophia Bondra	Sr.
Katie Burgin	Sr.
Maria Caradonna	So.
Ella Evans	Sr.
Reese Falconer	Jr.
Francesca Ford	Jr.
Cara Gould	So.
Nikala Hall	Fr.
Lily Hittle	Jr.
Emilia Honingford	Sr.
Abigale Johansen	So.
Laurel Kania	Sr.
Lauren Kantzer	Fr.
Anna Kelly	Jr.
Lindsay Kesman	Jr.
Elena Lopez	Sr.
Ella Malinowski	Sr.
Emma Maynard	Sr.
Reese Patyi	Jr.
Lauren Redmond	Fr.
Peyton Regalado	Sr.
Alex Ris	Sr.
Ashley Rosati	Sr.
Libby Schultz	Fr.
Cece Shea	Jr.
Ava Tragle	So.

ROCHESTER HILLS STONEY CREEK

COUGARS

HEAD COACH: TRICIA WILLIAMS (20TH YEAR)


School Colors: Navy Blue & Vegas Gold
Superintendent: Robert Shaner
Principal: Brian Shleson
Athletic Director: Brian Anderson
Conference: Oakland Activities Assoc - Red (3rd)
Assistant Coaches: Angela Kashani Gharavi, Andrea Cairns, Susan Wood, Jessica Ma, Ashlee

Morgan-Eller, Mandy Schneider
Captains: Carlee Phipps, Lauren Rheault, Angelina Sheidemantel, Lily Leone
Athletic Trainer: Sydney Holland
Managers: Isabel Williams
Regional Score: 792.76

Name	Yr.
Sarah Adams	So.
Kacey Bauer	Jr.
Ava Boland	So.
Sophia Brusseau	So.
Charlotte Cahill	Jr.
Briana Cairns	Fr.
Gracie Darling	Jr.
Abigail DeGraw	Jr.
Sofia Finazzo	Jr.
Audrey Harvath	Fr.
Alison Kalaj	Jr.
Lily Leone	Jr.
Laura Machak	Jr.
Ava Maktabi	Jr.
Natalie Marco	Fr.
Helena Merritt	Jr.
Allison Murray	So.
Ava Noonan	Sr.
Grace Perrera	So.
Carlee Phipps	Sr.
Ariana Rabaut	Jr.
Lauren Rheault	Sr.
Ally Schamanek	Fr.
Angelina Scheidemantel	Sr.
Jane Stabnick	Jr.
Sienna Wills	So.

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ALLEN PARK

JAGUARS

HEAD COACH: JULIE GOODWIN (17TH YEAR)


School Colors: Green & White
Superintendent: Michael Darga
Principal: Jason Skiba
Athletic Director: Sean Laura
Conference: Downriver League (2nd)

Assistant Coaches: Meaghan Terry, Tina Johnson, Jessica Tremonti, Theresa Couturier, Tera Waddell, Carolyn Morris
Athletic Trainer: Meaghan Rourke

Regional Score: 789.40

Name	Yr.
Ella Anselmi	Jr.
Baylee Benedetti	Jr.
Kristina Beste	Sr.
Aleia Breckenridge	Sr.
Madison Buchanan	Sr.
Emma Buffa	Sr.
Makayla Carone	Jr.
Emmery Cole	Jr.
Allison Gombos	Jr.
Hazyl Hall	Jr.
Victoria Koziel	Sr.
Ava Matelic	Jr.
Emily Mierka	Sr.
Khaleen Mulligan	Jr.
Molly O'Riley	Sr.
Abigail Obrycki	So.
Ashten Omodio	Jr.
Ella Peschke	So.
Sophia Ramey	Fr.
Alyssa Rios	Sr.
Sofia Serratos	Sr.
Madisyn Setser	Sr.
Kennedy Shiveley	Jr.
Gabrielle Simpson	Jr.
Samantha Unger	Fr.
Peyton Will	So.
Emma Williams	Sr.

BAY CITY WESTERN

WARRIORS

HEAD COACH: AUGUST JAYNES (ROJAS) (5TH YEAR)


School Colors: Brown & Gold
Superintendent: Stephen Bigelow
Principal: Judy Cox
Athletic Director: Gabe Frisbie
Conference: Saginaw Valley League (2nd)

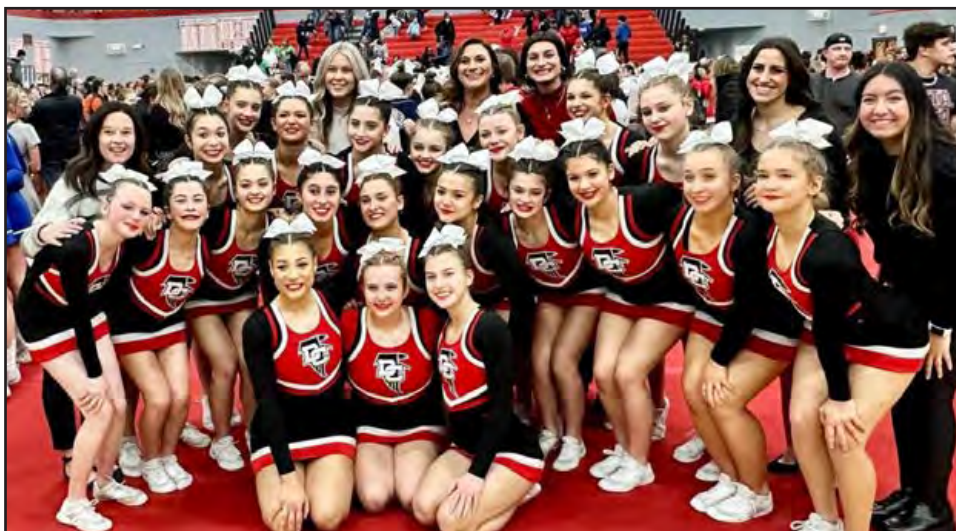
Assistant Coaches: Taylor Jaynes, Sydney Walli
Athletic Trainer: Sarah White

Regional Score: 776.36

Name	Yr.
Kaylee Colbeck	Fr.
Mariah Colberg	So.
Bella Glumm	Sr.
Gabbie Goulette	Sr.
Liberty Gower	Fr.
Teegan Hayes	So.
Taylor Holmes	Fr.
Allison Kaczmarczyk	Sr.
Reece Miklosovic	Sr.
Ambria Nagel	Sr.
Maddie Neitzel	Fr.
Alex Richard	Fr.
Autumn Schmalbeck	Fr.
Kolette Switala	Sr.
Azalea Tatrow	Fr.
Shea Walli	Sr.
Brooklyn Werner	Fr.
Paige Wilcox	So.
Alyvia Zissler	Fr.

DEARBORN DIVINE CHILD

FALCONS

HEAD COACH: AMBER GENEVICH (18TH YEAR) /SHELLEY MCCLOREY (6TH YEAR)

School Colors: Red & Gray

Principal: Anthony Trudell

Athletic Director: Richard Jakacki

Conference: Catholic HS League (1st)

Assistant Coaches: Alex Greco, Anna Tweedy,
Erin Burklow

Captains: Abby Krizmanich, Elena Solomon,
Amanda Shumaker, Noemi Villarruel

Athletic Trainer: Abe Alihassan

Managers: Ava Sulak, Fiona Judd

Regional Score: 771.44

Name	Yr.
Abby Krizmanich	Sr.
Elena Solomon	Sr.
Nora Asleh	Jr.
Ava Cascardo	Jr.
Megan Moore	Jr.
Julia Rzepka	Jr.
Amanda Shumaker	Jr.
Sarah Valinski	Jr.
Noemi Villarruel	Jr.
Anna Watson	Jr.
Izzy Fronczak	So.
Olivia Goodwin	So.
Nina Keyser	So.
Sophia Santeiu	So.
Vivien Wright	So.
Adriana Yost	So.
Jovie Abernethy	Fr.
Jayla Djurasaj	Fr.
Reese Martin	Fr.

GIBRALTAR CARLSON

MARAUDERS

HEAD COACH: ALYSSA TOCCO (2ND YEAR)

School Colors: Blue & White

Superintendent: Amy Conway

Principal: Jessica Schultz

Athletic Director: Dan Kalbfleisch

Conference: Downriver League (1st)

Assistant Coach: NaKhari Barkley, Destiny
Rodgers, Tamara Christiansen, Kayla Wise

Regional Score: 789.38

Name	Yr.
Lauren Aurty	So.
Emilee Bain	Sr.
Alaina Bucala	So.
Ciana Caliguire	Sr.
Jaidyn Cox	Fr.
Kaitlynn Demers	Sr.
Kennedy Hardy	Fr.
Kenley Knitz	Fr.
Taylor Konkus	Fr.
Sofia Lanzini	So.
Audrey Lemus	Fr.
Aubree McGowen	Jr.
Tiaira Michalik	Sr.
Allie Milley	Sr.
Kendra Ochab	Fr.
Mya Oikarinen	Jr.
Molly Owen	Fr.
Juliet Papiez	Fr.
Kaylee Peraza	Fr.
Haley Sanchez	So.
Kaylie Sonheim	Sr.
Avery St. Andre	Sr.
Maranda Steinmetz	So.
Ellen Szucs	Sr.
Summer Wackerle	Jr.
Kaylee Weimer	Fr.
Abby Woodring	Sr.

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— Mike Quinn
Athletic Director
Lakewood HS
Michigan

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AMP

FOREST HILLS NORTHERN

HUSKIES

HEAD COACH: CARLY SIENKIEWICZ (6TH YEAR)


School Colors: Columbia Blue, Black & White
Superintendent: Daniel Behm
Principal: Amena Moiz
Athletic Director: Cory Anderson
Conference: OK Conference - White (1st)

Assistant Coaches: Jenna Quist, Gabby Saum
Athletic Trainer: Alex Salinas, MS AT ATC

Regional Score: 760.16

Name	Yr.
Sara Andrinaa	So.
Katharine Buth	Jr.
Jennessa Byl	Sr.
Lindsay Chadwick	So.
Charlotte Dvkstra	Fr.
Adelaide Erwav	Fr.
Julie Fiser	Sr.
Allyssa Hewins	Sr.
Victoria Hewins	Sr.
Caitlyn Ko	Fr.
Alexis Linder	Sr.
Ava McIntvre	So.
Madison Milmeister	Sr.
Kierstin Morlev	Fr.
Taylor Murphy	Sr.
Jordan Palma	So.
Mia Rodriauez Revna	Jr.
Natalie VerHeek	Jr.

MASON

BULLDOGS

HEAD COACH: ANGELA BOERKOE (11TH YEAR)


School Colors: Blue & Red
Superintendent: Gary Kinzer
Principal: Lance Delbridge
Athletic Director: Connor Thomas
Conference: Capital Area Activities Conference (T-1st)

Assistant Coaches: Kathy Showers,
 Jodi Kramarczyk
Athletic Trainer: Taylor Flick

Regional Score: 765.78

Name	Yr.
Hannah Anderson	So.
Mykenzie Charbonneau	Fr.
Amelia Clark	Fr.
Kareena Henry	Sr.
Allyson Martin	Jr.
Addison Minott	Sr.
Makenzie Pallas	Jr.
Danielle Raiche	Sr.
Mikayla Rice	Fr.
Chloe Showers	Fr.
Shaelin Smith	Jr.
Breanne Strach	Sr.
Graceurato	So.
Hayden Surbrook	Fr.
Amanda Thompson	Sr.
Izzy Tostevin	So.
Cora Veach	Fr.
Kyleigh Woll	So.
Makayla Woodruff	Jr.
Eleana Young	Sr.

MIDDLEVILLE THORNAPPLE-KELLOGG

TROJANS

HEAD COACH: ADRIAN NICHOLS (3RD YEAR)


Name	Yr.
Kambria Beck	Fr.
Lydia Beq	Sr.
Olivia Bouchard	So.
Kaylee Clarke	Fr.
Payton Gater	Fr.
Presley Hall	Sr.
Mia Hilton	Fr.
Mali Holland	Jr.
Ava Jahnke	Jr.
Claira Kovich	Fr.
Kella LeClaire	Fr.
Lilly McKeown	So.
Monica Serrano Aquilar	Sr.
Anna Smith	Jr.
Kenady Smith	Jr.

School Colors: Orange & Black
Superintendent: Craig McCarthy
Principal: Tony Petersen
Athletic Director: Brian Hammer
Conference: OK Conference - Gold (1st)

Assistant Coaches: Madelynn Lula,
 Charlyne Thomas
Athletic Trainers: Taylor Carter, Ashley Garrett
Regional Score: 772.64

SOUTH LYON EAST

COUGARS

HEAD COACH: JULIA TILT (4TH YEAR)


Name	Yr.
Olivia Allen	Jr.
Jocelyn Anderson	So.
Sydney Crenshaw	Jr.
Jacey Czajkowski	Jr.
Audrey Jones	So.
Lucy Kligman	So.
Morgan Lear	So.
Ava Loucks	Fr.
Ava Matteucci	So.
Melia Paras	Sr.
Audrey Raby	Fr.
Olivia Reise	Sr.
Cassie Ryan	Sr.
Emily Seybert	Sr.
Avery Stimmel	Jr.
Alexa Stovel	Fr.
Venna Stuckey	Fr.
Alexandria Tilt	So.
Natalie Tilt	Jr.
Hannah Westlund	Sr.

School Colors: Black & silver
Superintendent: Steven Archibald
Principal: Karen Fisher
Athletic Director: Greg Michaels
Conference: Lakes Valley Conference (2nd)

Assistant Coach: Mackenzie Rapp
Athletic Trainer: Ken Smoot
Regional Score: 769.18



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Sportsmanship Extends to Online Behavior

With the changes that have occurred in college sports the past couple of years, high school sports is truly the last level of pure amateur competition in our country – and the NFHS and its member state associations want it to remain that way.

As football, volleyball, soccer, cross country and other sports begin this fall, high school coaches and athletic/activity directors will be involved in preseason meetings to emphasize the expected outcomes of education-based sports, as well as speech, debate, music, theatre and other programs.

Among those fundamental values of education-based activities that must be discussed is sportsmanship, or good sporting behavior. More than winning, more than learning the skills of a sport, a focus on sportsmanship has been one of the defining elements of high school sports and other activities for more than 100 years.

Along with maintaining the sound traditions of sports and minimizing the risk of injury, NFHS playing rules encourage sportsmanship, and the first page in all NFHS rules publications includes a statement noting that “each athlete is responsible for exercising caution and good sportsmanship.”

In the past, with an emphasis on conduct on the playing field or court – or in the auditorium or rehearsal hall – sportsmanship has been defined as those qualities of behavior that are characterized by generosity and genuine concern for others. More so than preparing students to play sports or another activity at the next level, one of the significant goals of education-based high school sports and activities is helping the 12 million-plus individuals in these programs to become responsible citizens.

And in today’s online world dominated by hand-held devices, that goal has become more challenging. Now, messages to students in high school sports and other activities about sportsmanship must be communicated before they hit the practice field or court because one inappropriate post, tweet or message could alter their lives forever.

At the recent virtual National Student Leadership Summit hosted by the NFHS, Christina Jontra of Neptune Navigate, one of the newest NFHS corporate partners, discussed the need for good sportsmanship online as much or more so than on the court or field.

In the digital age in which we live, participants in high school activity programs need to be aware that

their character and respect for others should be the same, whether in the sport or activity itself, or online.

As the popularity and influence of social media continues to surge, it is imperative that student-athletes, as well as coaches, administrators, parents and everyone involved in education-based athletics, are aware of the ways they can endanger themselves with their online behavior and understand the techniques they can employ to prevent that from happening.

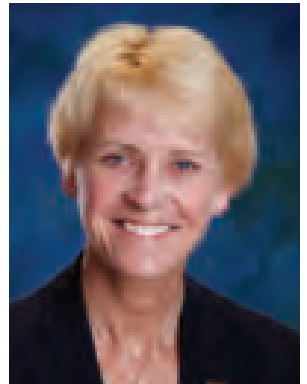
In her recent presentation, Jontra noted five characteristics of good sportsmanship online – honesty, compassion, respect, responsibility and courage. Just as a student would respect an opponent on the field or in the debate room, the same must occur online.

At preseason meetings this fall, coaches and athletic/activity directors should encourage students in their programs to be mindful of online contact with individuals on opposing teams – particularly any bantering that could be perceived as cyberbullying. As Jontra mentioned in her message during the NSLS, hurtful words can ruin a person’s life forever.

Fortunately, during the season, the millions of high school students involved in sports and performing arts have less free time to spend online on a daily basis, but the time spent must be done in a positive manner. Not only could damaging words on social media affect a student’s chances for an athletic scholarship, inappropriate messages could also negatively impact future job possibilities as employers are more actively auditing social media.

Whether the setting is before hundreds of people at an actual game or event, or a private experience alone online, positive and respectful behavior should be the choice every time.

— *Karissa Niehoff, NFHS Executive Director*



KARISSA NIEHOFF





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Scholar-Athlete Class of 2023

The Michigan High School Athletic Association/Farm Bureau Insurance Scholar-Athlete Award has been recognizing the top student-athletes for 34 years. Applicants for the Scholar-Athlete Award must meet the following criteria: A minimum cumulative grade-point average of 3.5 on a 4.0 scale; and must have previously won a varsity letter. Applicants also show involvement in other school and community activities; submit two letters of recommendation and a 500-word essay on the importance of sportsmanship in educational athletics.

Recipients of the 2022-23 Scholar-Athlete Award receive a \$2,000 college scholarship to be used at the college, university, or trade school of their choice during the 2023-24 school year. This year, a total of 1,440 applications from 421 schools were received for the 32 scholarships. Class A students were guaranteed 12 winners, Class B eight winners, Class C six winners and Class D four winners. Two at-large winners were also selected.

All scholarship recipients will be honored during the MHSAA Boys Basketball Finals at the Breslin Center in East Lansing this March.



James Baer
Holland
Class A



Jane Barnett
Royal Oak
Class A



Ella Blank
Birmingham
Groves
Class A



Brennan Cannaday
Royal Oak Shrine
Catholic
Class C



Nora Chamas
Dearborn
Class A



Caroline Colt
Milford
Class A



Saylar Cuthrell
Cass City
Class C



Brendan Downey
Grosse Pointe South
Class A



Noah Etnyre
Plymouth Christian
Academy
Class C



Jacob Fenbert
Dundee
Class B



Abby Frushour
DeWitt
Class A



Ethan Green
Kingston
Class C



Laina Harger
St Charles
Class C



Camden Johncheck
Williamston
Class B



Ryan Lee
Grand Rapids Forest
Hills Northern
Class A



Ryan McDonell
Bay City All Saints
Class D



Shubhan Nagarkar
Midland Dow
Class A



Amos Norland
Dollar Bay
Class D



Isaiah Pelc
Portland
Class B



Shane Pitcher
Saline
Class A



Isaac Postema
Grand Haven
Class A



**Sreejay
Ramakrishnan**
Ada Forest
Hills Eastern
Class B



Jordan Richie
Bloomfield Hills
Cranbrook
Kingswood
Class B



Megan Roberts
Hillsdale Academy
Class D



Ian Robertson
Traverse City West
Class A



Carney Salo
Escanaba
Class B



Anna Smith
Clawson
Class B



Naomi Sowa
East Lansing
Class A



Allison Tate
Whitehall
Class B



Keira Tolmie
Clarkston
Class A



Makennah Uotila
Ontonagon
Class D



Quinn Watts
Fowler
Class C

Student Advisory Council Aids MHSAA

Eight student-athletes who are now juniors at their schools have begun their two-year terms on the Michigan High School Athletic Association's Student Advisory Council.

The Student Advisory Council is a 16-member group which provides feedback on issues impacting educational athletics from a student's perspective, and also is involved in the operation of Association championship events and other programming. Members of the Student Advisory Council serve for two years, beginning as juniors. Eight new members are selected annually to serve on the SAC, with nominations made by MHSAA member schools. The incoming juniors will join the group of eight seniors-to-be appointed a year ago.

Selected to begin serving on the Student Advisory Council in 2022-23 were: **Kannon Duffing**, Manchester; **Claire Gorno**, Gaylord; **M'Khi Guy**, Muskegon; **Dawsen Lehew**, Marcellus; **Christian Sanders**, Detroit Renaissance; **Ben Sytsma**, Grand Rapids Christian; **Madeline Werner**, Bay City All Saints; and **DaNia Womack**, Dearborn Advanced Tech Academy.

Those eight new members were selected from 115 applicants. That applicant total was the second-most ever, with the last three years featuring the three highest totals.

The first Student Advisory Council was formed for the 2006-07 school year. With the addition of this class beginning this summer, members will have represented 129 schools from 48 leagues plus independent schools that do not play in a league. Combined, the new appointees have participated in nine MHSAA sports, and seven will be the first SAC members from their respective schools.

The Student Advisory Council generally meets seven times each school year, and once more for a 24-hour leadership camp. In addition to assisting in the promotion of the educational value of interscholastic athletics, the Council discusses issues dealing with the 4 S's of educational athletics: scholarship, sportsmanship, safety (including health and nutrition) and the sensible scope of athletic programs. There also is a fifth S discussed by the group – student leadership. This school year, the Council presented



2022-23 Student Advisory Council

First Row: M'Khi Guy, Muskegon; DaNia Womack, Dearborn Advanced Tech Academy; Claire Gorno, Gaylord; Ben Sytsma, Grand Rapids Christian; Madeline Werner, Bay City All Saints; Dawsen Lehew, Marcellus; Kannon Duffing, Manchester; and Christian Sanders, Detroit Renaissance. **Second Row:** Zar'ria Mitchell, Saginaw Heritage; Keira Tolmie, Clarkston; Brandon Thompson, Petersburg Summerfield; Brady Leistra, East Grand Rapids; Sam Gibson, Plainwell; Caroline Li, Okemos; and Sam Matias, Lansing Catholic. **Not Pictured:** Carney Salo, Escanaba.

Student Advisory Council Belief Statement

As the voice of Michigan's student-athletes, the Student Advisory Council's role is to convey the message of how high school sports are supposed to be played. We are responsible for helping the MHSAA maintain a positive and healthy atmosphere in which interscholastic athletes can thrive.

*We believe **athletes** should be competitive, sportsmanlike and excel academically. We believe **students** in the stands should have fun, but not take the focus away from the game. We believe **coaches** should act as teachers, helping student-athletes develop while still keeping high school sports in perspective. We believe that **parents** should always be positive role models and be supportive of their child's decisions. We believe **officials** commit their own time to high school sports and respect should always be shown and given to them.*

The most important goal for student-athletes is to enjoy high school sports while keeping a high level of respect between all those involved in the games.

at the 2022 Sportsmanship Summit series, helped create content for a new online Captains Course, handed out championship trophies at Finals events, and provided feedback to the MHSAA Representative Council on proposed rule changes.

The afore-mentioned members joined the Class of 2023 members who were selected a year ago: **Sam Gibson**,

Plainwell; **Brady Leistra**, East Grand Rapids; **Caroline Li**, Okemos; **Sam Matias**, Lansing Catholic; **Zar'ria Mitchell**, Saginaw Heritage; **Carney Salo**, Escanaba; **Brandon Thompson**, Petersburg Summerfield; and **Keira Tolmie**, Clarkston.

The next group of applicants will be selected in April. Visit the Students page of MHSAA.com for the application.

The MHSAA Representative Council

The Representative Council of the Michigan High School Athletic Association is the body assembled to carry out the wishes of member schools. The Council meets several times annually to discuss and pass legislation concerning interscholastic athletics in Michigan.

The Representative Council is made up of 19 members, with all but five elected by a vote of MHSAA-member schools to represent different geographic regions, different sizes of schools, nonpublic schools, and junior and middle schools. Two members are elected to statewide at-large positions. Four members are appointed by the Council to facilitate representation of females and minorities, and the 19th position is occupied by the Superintendent of Public Instruction or his/her designee.

The officers and two other representatives form the MHSAA's Executive Committee, which meets on a monthly basis during the school year to review eligibility appeals and other current business.



Representative Council Members

Chris Adams*
Superintendent
Camden-Frontier High School
Class C-D — Southeastern Michigan

Eric Albright**
Athletic Director
Midland High School
Class A-B — Northern Lower Peninsula

Jay Alexander*
Executive Director of Athletics
Detroit Public Schools
Detroit Public Schools Position

Judy Cox**
Principal
Auburn-Bay City Western High School
Appointee

Scott Grimes, President**
Superintendent, Grand Haven
Public Schools
Statewide At-Large

Kyle Guerrant (ex-officio)
Deputy Superintendent, Finance
Operations
Michigan Dept. of Education, Lansing
Designee

Kris Isom*
Athletic Director
Adrian Madison High School
Appointee

Sean Jacques**
Assistant Principal/Athletic Director
Calumet High School
Class C-D — Upper Peninsula

Jeff Kline*
Athletic Director
Mt. Morris High School
Statewide At-Large

Jason Malloy**
Athletic Director
Westland John Glenn High School
Appointee

Vic Michaels, Secretary-Treasurer**
Director of Phys.I Education & Athletics
Archdiocese of Detroit
Private and Parochial Schools

Chris Miller*
Athletic Director/Director of Operations
Gobles High School
Class C-D — Southwestern Michigan

Anna Rigby**
Athletic Director
Harbor Springs High School
Class C-D — Northern Michigan

Chris Riker**
Athletic Director
Portage Northern High School
Class A-B — Southwestern Michigan

Meg Seng**
Athletic Director
Ann Arbor Greenhills High School
Appointee

Fred Smith**
Athletic Director
Bangor Middle School
Junior High/Middle Schools

Adam Stefanski*
Athletic Director
Boyne City High School
Junior High/Middle Schools

John Thompson**
Athletic Director
Brighton High School
Class A-B — Southeastern Michigan

Alex Tiseo*
Athletic Director
Marquette High School
Class A-B — Upper Peninsula

*Term Expires December 2023

**Term Expires December 2024

CROSWELL-LEXINGTON

PIONEERS

HEAD COACH: KATIE TOMLINSON (8TH YEAR)


School Colors: Royal Blue & White
Superintendent: Colette Moody
Principal: Lisa Burns
Athletic Director: Jeff Kosal
Conference: Blue Water Area Conference (2nd)

Assistant Coaches: Christi Whitican, Avery Falter
Athletic Trainer: Victoria Bender

Regional Score: 771.84

Name	Yr.
Alexis Bales	Jr.
Kyree Bruehan	So.
Giorgia Calegari	Sr.
Cassandra Espinoza	So.
Addison Gardner	So.
Noelle Golda	Sr.
Madison Greenaway	So.
Grace Hodges	Jr.
Santanna Horning	Sr.
Cora Katulski	Jr.
Kaleigh Kelch	So.
Olivia Kita	Fr.
Larkin Krohn	So.
Niah Krohn	So.
Alleyna Martinez	Sr.
Chelsea Miller	Fr.
Carly Old	So.
Shelby Oliver	Jr.
Tatiana Repp	So.
Makayla Rice	Jr.
Cassidy Seaman	Sr.
Addyson Sharpe	So.
Emma Six	Sr.
Maria Tabernero	Sr.
Maggie Wallace	So.
Deborahann White	Sr.
Lilly Woodruff	Jr.
Emma Yearkey	So.

GROSSE ILE

RED DEVILS

HEAD COACH: ANGELA RAITHEL (6TH YEAR)


School Colors: Scarlet & Gray
Superintendent: Valerie Orr
Principal: Mark Kleinhans
Athletic Director: James Okler
Conference: NA

Assistant Coaches: Olivia Lemerand, Madeline Merolla, Isabella Rista, Brittany Walton
Captain: Amanda Hancock
Athletic Trainer: Allison Drewyour

Regional Score: 768.92

Name	Yr.
Elizabeth Adamczyk	Jr.
Arianna Bianchi	So.
Halle Brower	Jr.
Cassidy Claxon	Fr.
Isabella Esposito	Jr.
Avelinn Flynn	So.
Madelyn Frendo	Fr.
Amanda Hancock	Sr.
Sophia Hladchuk	So.
Kelsey Jamnick	So.
Lakely Luton	Fr.
Allison Niehoff	Jr.
Sienna Ross	Jr.
Marissa Trombley	So.
Penelope Valascho	So.
Virginia West	So.
Lillyonna Zulewski	Jr.

HOWARD CITY TRI COUNTY

VIKINGS

HEAD COACH: JENNIFER LASKEY (16TH YEAR)


School Colors: Black & Gold
Superintendent: Al Cumings
Principal: Tim Goheen
Athletic Director: Phil Butler
Conference: Central States Activities Assoc (1st)

Assistant Coaches: Rachel Stevenson, Meghan Bartoszek, Keshia Bleeker, Felicia Free, Kylee Prestia

Athletic Trainer: Jami Karhoff

Regional Score: 739.52

Name	Yr.
Madalynn Laskey	Sr.
MaLeea Neely	Sr.
Savanna Lovell	Sr.
Hailey Hesselink	Sr.
Brielle Gould	Sr.
Tatyana Gomez	Jr.
Ryann Leyko	Jr.
Alexis Chilcote	Jr.
Isabella Johns	Jr.
Bea Vilar	Jr.
Taylor Tompkins	So.
Sophie Woodard	So.
Tamya Johnson	So.
Samantha Fisk	So.
Aeriel Sabisch	So.
Kaylee Morales	So.
Cadence Holtzlander	So.
Kaleena McNeilly	So.
Chloe Coar	So.
Keira VanTimmeren	So.
Alexis Kidder	So.
Jocelynn Olds	Fr.
Violet Bellamy	Fr.
Briana Cheatham	Fr.

LAKE ODESSA LAKEWOOD

VIKINGS

HEAD COACH: KIM MARTIN (31ST YEAR)


School Colors: Navy Blue, Red & White
Superintendent: Jodie Duits
Principal: Steve Williams
Athletic Director: Mike Quinn
Conference: Greater Lansing Athletic Conference (1st)

Assistant Coaches: Renee Carigon, Elizabeth Ford, Heather Denney, Sarah McGarry, Melissa Sandborn, Regan Morris, Chelsea Chase
Athletic Trainer: Brad Nash

Regional Score: 736.38

Name	Yr.
Lilly Burgess	Jr.
Taylor Carpenter	Fr.
Kara Fedewa	So.
Elaina Haring	Sr.
Emma Hyatt	So.
Karli Hyatt	Jr.
Jette Jeurgensmier	So.
Lydia Markwart	Sr.
Nadia Martin	Jr.
Makayla McGarry	Jr.
Korin Mitchell	So.
Brook Mudry	So.
Emily Pilar	Jr.
Emily Root	Sr.
Hallie Schantz	So.
Kassandra Schlottman	Jr.
Jaidyn Seese	So.
Kylie Walkington	Jr.
Adrienne Weber	So.
Natasia Whitaker	Sr.

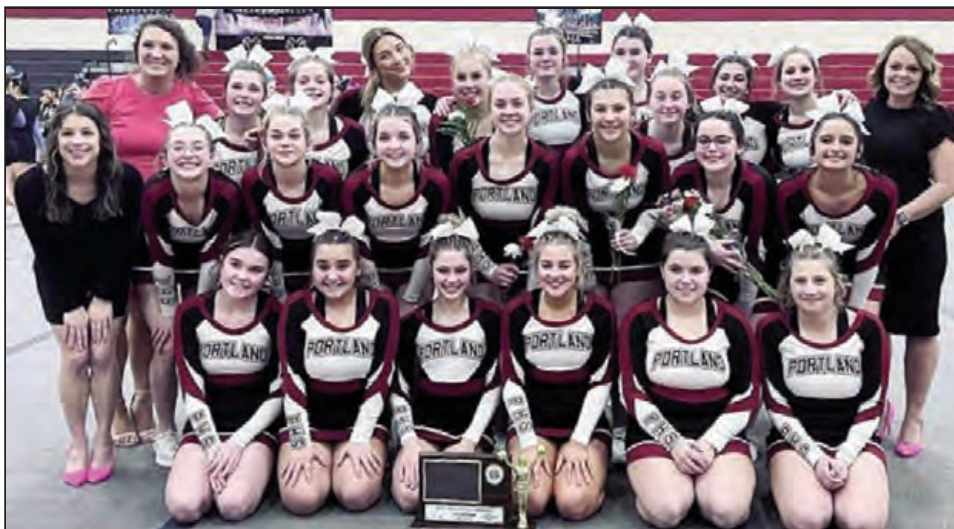


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PORTLAND

RAIDERS

HEAD COACH: MINDY BLASCHKA (10TH YEAR)


School Colors: Cardinal Red, White & Black
Superintendent: William Heath
Principal: Jamie DeWitt
Athletic Director: Kevin Veale
Conference: Capital Area Activities Conference - White (1st)

Assistant Coach: Jennessa Hengesbach, Samantha Taylor
Captains: Lily Buckland, Mackenzie Kapustka, McKenna Kiley-Sipperley, Abigail Rice

Regional Score: 737.84

Name	Yr.
Ava Adcock	Jr.
Zoe Beard	Fr.
Lilyana Bowers	Jr.
Lily Buckland	Sr.
Karter Edwards	So.
Skyler Edwards	Jr.
Miya Feldpausch	Fr.
Sally Freville	Jr.
Briena Hoppes	Jr.
Lynette Jensen	Jr.
Mackenzie Kapustka	Sr.
McKenna Kiley-Sipperley	Sr.
Tilda Korhonen	Sr.
Bridget Newsome	Fr.
Abigail Rice	Jr.
Allison Saint Amour	Fr.
Autumn Schafer	Jr.
Sora Schneider	So.
Emma Ward	So.
Avary Weller	Jr.
Katherine Wiggins	Jr.
Hailey Wolf	So.

RICHMOND

BLUE DEVILS

HEAD COACH: KELLI MATTHES (15TH YEAR)


School Colors: Navy Blue, Columbia Blue & White
Superintendent: Brian Walmsley
Principal: Andrea Szabo
Athletic Director: Preston Treend
Conference: Blue Water Area Conference (1st)

Assistant Coaches: Melana Szczesniak, Jessica Headlee, Lauren Riggs, Danielle Jokela, Marissa Gainer

Regional Score: 772.72

Name	Yr.
Daisy Carrick	Fr.
Ava Widmaier	Fr.
Annabelle Scaff	Fr.
Fatima Gutierrez	Fr.
Samantha DeBlouw	Fr.
Anna King	Fr.
Elizabeth Schafer	Fr.
Addison Anthony	So.
Mariah Meli	So.
Addison Roberts	So.
Autumn Rands	So.
Faith Thomson	So.
Camryn Moore	So.
Sidney Sandow	So.
Josie McIntyre	So.
Ana Moskwa	Jr.
Alyssa DeBlouw	Jr.
Annabell Loftis	Jr.
Giulia Romano	Sr.
Lainey Yaek	Sr.
Isabella Cracchiolo	Sr.
Riley Bartolone	Sr.
Isabelle Riggs	Sr.
Nicole Ostaszewski	Sr.
Ella Allen	Sr.

PAW PAW

RED WOLVES

HEAD COACH: STEFANIE MILLER (14TH YEAR)



School Colors: Red & White
Superintendent: Rick Reo
Principal: Tammy Southworth
Athletic Director: Alan Farnquist
Conference: Wolverine Conference (1st)

Assistant Coach: Kaleigh Serbenski
Captains: Emily Michael, Leah Stout
Athletic Trainer: Malorie Most

Regional Score: 745.42

Name	Yr.
Emily Michael	Sr.
Leah Stout	Sr.
Naveh Davenport	Jr.
Molly Goodwin	Jr.
Madison Laskinski	Jr.
Maya Leonard	Jr.
Gabriela Vasquez	Jr.
Ashley Olsen	So.
Taya Southworth	So.
Kylie Fouch	Fr.
Ava Klett	Fr.
Vanessa Leonard	Fr.
Isabella McReynolds	Fr.
Madison Osborne	Fr.
Samantha Tapper	Fr.
Catherine Vick	Fr.

PONTIAC NOTRE DAME PREP

FIGHTING IRISH

HEAD COACH: BETH LOCKHART (11TH YEAR)



School Colors: Forest Green, Vegas Gold & White
Head of School: Andrew Guest
Corporate President: Rev. Father Leon Olszarnowski s.m.
Principal: Kimberly Anderson
Athletic Director: Betty A. Wroubel CAA
Conference: Independent

Captains: Ashley Quinn, Raylynn Quasarano and Lilamarie DiMercurio
Athletic Trainer: Chris Polsinelli, AT, ATC
Strength & Conditioning: Christian Polega, RSCC, CSCS, USAW-1

Regional Score: 777.40

Name	Yr.
Ava Aiello	So
Catalina Ballesty	So
Nicole Betancourt	Fr.
Alaina Byrne	Jr.
Haleigh Campbell	So.
Lilamarie DiMercurio	Sr.
Grace Kinkade	So.
Catherine Kipila	Fr.
Katie Leutchmann	Jr.
Leila Mains	So.
Paige Marlinga	So.
Ava Quasarano	Jr.
Raylynn Quasarano	Sr.
Ashley Quinn	Sr.
Jenna Robin	Fr.
Madeline Rennwald	Fr.
Adrianna Soave	Fr.

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ADRIAN MADISON

TROJANS

HEAD COACH: SARAH KOPE (4TH YEAR)


Name	Yr.
Charlotte Krug	Sr.
Abby Griewahn	Sr.
Danielle Vallejo	Sr.
Kaylee Paulette	Sr.
Delaney Dopp	Jr.
Sydney Lewis	Jr.
Robyn Haggard	Jr.
Jamilla Rivera	Jr.
Kailianna Cooper	So.
Mya Solis	So.
Ava Schlieger	So.
Ashlynn Berger	Fr.
Cassidy Cole	Fr.
Anna Forsyth	Fr.

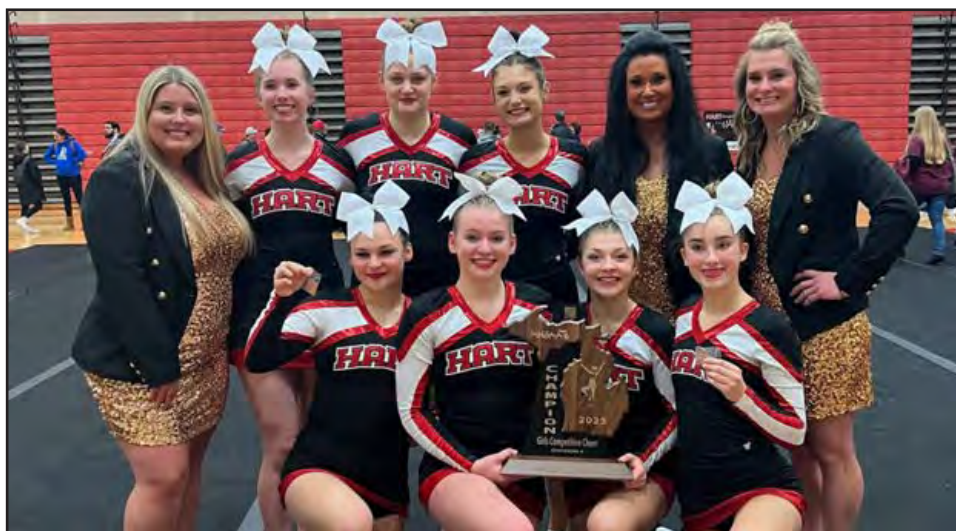
School Colors: Blue & Gold
Superintendent: Nick Steinmetz
Principal: Kristin Thomas
Athletic Director: Kris Isom
Conference: Independent

Assistant Coaches: Courtney Ford
Athletic Trainer: John Babbitt

Regional Score: 711.48

HART

PIRATES

HEAD COACH: JENNIFER HLADY (12TH YEAR) / ASHLEIGH ANDRITSIS (1ST YEAR)


Name	Yr.
Jenna Hanks	Sr.
Lillian Hallack	Sr.
Avery Ramseyer	Sr.
Athena Thocher	Jr.
Jasmyne Villanueva	Jr.
Nora Chickering	So.
LexieBeth Nienhuis	So.

School Colors: Red, Black & White
Superintendent: Mark Platt
Principal: Troy Moran
Athletic Director: Tim Hertzler
Conference: West Michigan Conference (1st)

Assistant Coaches: Markaya McBean
Athletic Trainer: Aaron Szura
Manager: Koye Hlady

Regional Score: 729.12

HUDSON

TIGERS

HEAD COACH: KELLY BAILEY (26TH YEAR)


School Colors: Orange & Black
Superintendent: Dr. Michael Osborne
Principal: Michael Beard
Athletic Director: Jeremy Beal
Conference: Lenawee County Athletic Association
 (1st)

Assistant Coaches Lyndsi Bailey, Jacque Marry
Athletic Trainer: Lorie Robinette

Regional Score: 740.38

Name	Yr.
Annalyse Ames	Sr.
Ellie Bean	Sr.
Rylie Bloomer	Jr.
Jayla Bright	So.
Brooke Clark	Fr.
Paige Clark	Jr.
Callia Cooper	Jr.
Cheyenne Eichler	Sr.
Eliza Hale	Jr.
Victoria Hawkins	Jr.
Shantzee Henderson	Sr.
Emma Jackson	Jr.
Darcie Marry	Fr.
Kayla Moll	Sr.
Isabella Moreno	Sr.
Courtney Rodifer	So.
Kayden Rogers	Jr.
Emerson Sholl	Fr.
Kirsten Tanner	Sr.

LAWTON

BLUE DEVILS

HEAD COACH: HOLLY JAMES (10TH YEAR)


School Colors: Blue & Gold
Superintendent: Ben Bandfield
Principal: Jonathan Waldron
Athletic Director: Chris Richter
Conference: Southwestern Athletic Conference
 (1st)

Assistant Coach: Mikayla Church

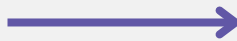
Regional Score: 689.72

Name	Yr.
Samantha Gorenchan	Sr.
Rylee Oxley	Sr.
Mikayla Reynolds	Sr.
Casandra Salgado	Sr.
Kiera Banks	Jr.
Naomi Barkalow	Jr.
Jenna Flory	Jr.
Ava Ritchie	Jr.
Amanda Aumaugher	So.
Layla Greenwell	Fr.
Claire Pursley	Fr.
Tessa Skinner	Fr.
Madelynn Yakim	Fr.

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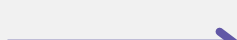
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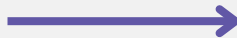
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MASON COUNTRY CENTRAL

SPARTANS

HEAD COACH: CHERI STIBITZ (14TH YEAR)


Name	Yr.
Angeleah Arnold	Sr.
Leah Brooks	Sr.
Alexandra Luttrell	Sr.
Geralyn Soberalski	Sr.
Sarah Houston	Sr.
Fiona Stute	Sr.
Brooke Wood	Sr.
Emily Adams	Jr.
Marissa Quillan	Jr.
Alexis McDermott	So.
Jordyn Melvin	Fr.
Nicole Rosales	Fr.

School Colors: Royal Blue & Gold
Superintendent: Jeff Mount
Principal: Jeff Tuka
Athletic Director: Tim Genson
Conference: West Michigan Conference (2nd)

Assistant Coach: Elizabeth Adams
Athletic Trainer: Tyler Koops
Manager: Jayden Baker

Regional Score: 698.86

MERRILL

VANDALS

HEAD COACH: JENA GLAZIER (3RD YEAR)


Name	Yr.
Brooke Breasbois	Sr.
Nora Zannou	Sr.
Shealynn McCormick	Jr.
Veda Gaane	Jr.
Shelby Svlla	Jr.
Samantha Grubauah	Jr.
Hope Fitina	Jr.
Payton Birkmeier	Jr.
Nevaeh Post	So.
Carli Breasbois	Fr.

School Colors: Orange & Black
Superintendent: Gwen Glazier
Principal: Christian Wiley
Athletic Director: Jason Buckley
Conference: Mid State Activities Conference

Assistant Coach: Tiffany Filing
Captain: Brooke Breasbois

Regional Score: 707.22

MICHIGAN CENTER

CARDINALS

HEAD COACH: JESSICA TREFRY / BREE CASH (22ND YEAR)



Name	Yr.
Kendra Cuvelier	Fr.
Nora Fleming	Fr.
Sage Hackney	Jr.
Kendra Hochstedler	Sr.
Mykenzie Keyes	Jr.
Emma McIntyre	So.
Kiah Nichols	Fr.
Kate Paterson	Jr.
Breslyn Petty	Fr.
Emma Pond	Fr.
Gabi Ruhl	So.
Grayce Sarna	Jr.
Grace Stephens	Jr.
Abbie Visser	Sr.

School Colors: Red & Gray
 Superintendent: Brady Cook
 Principal: Lisa Falasco
 Athletic Director: Chad Patrick
 Conference: Cascades Conference (1st)

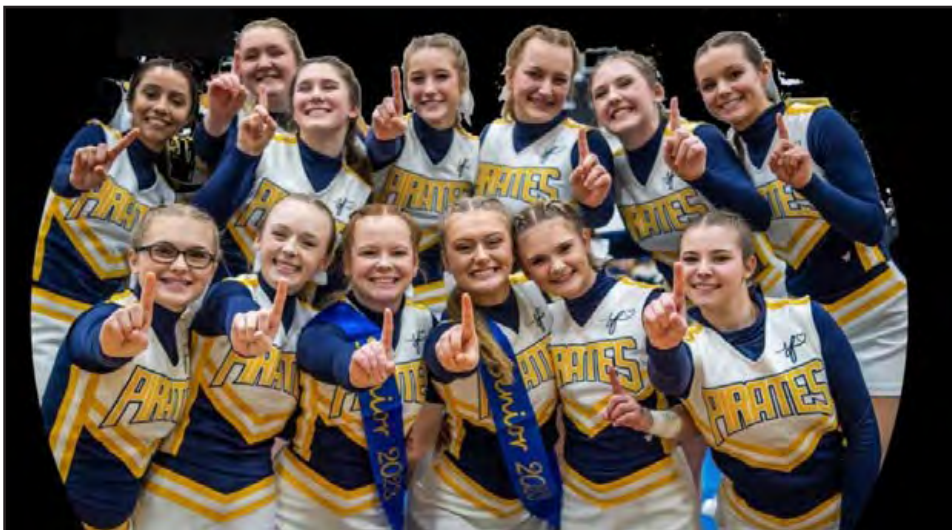
Assistant Coach: Sahara Pond
 Athletic Trainer: Sarah Zaszczurynski

Regional Score: 731.60

PEWAMO-WESTPHALIA

PIRATES

HEAD COACH: STACI MYERS (16TH YEAR)



Name	Yr.
Emma Flanigan	Sr.
Emily Schmitt	Sr.
Sophia Simon	Jr.
Miriam Downes	So.
Jayde Ferguson	So.
Addison Hengesbach	So.
Caidence Nyhus	So.
Maiya Patrick	So.
Taryn Schafer	Fr.
Ava Simon	Fr.
Karsyn Simmon	Fr.
Karly Bierstetel	Fr.
Leslie Bernal-Ponce	Fr.

School Colors: Blue & Gold
 Superintendent: Jennifer Goodman
 Principal: Ryan Portenga
 Athletic Director: Troy Forton
 Conference: Greater Lansing Activities Assoc (2nd)

Assistant Coaches: Olivia Nurenberg, Amber Martin, Amber Weber, Ramon Beaulieu

Regional Score: 705.68



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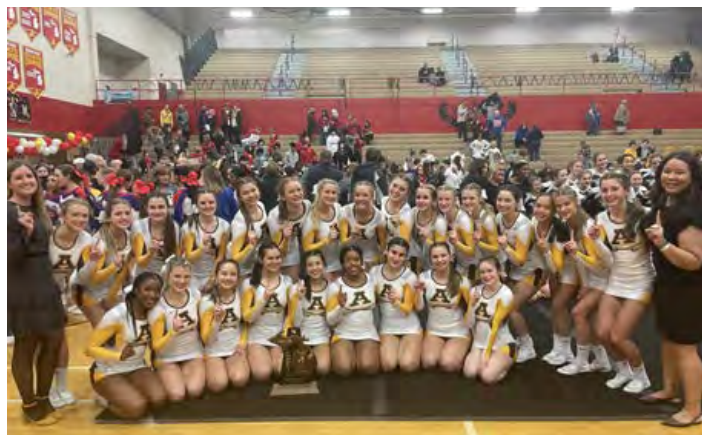
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Rochester Adams 2022 Division 1



DIVISION 1

Year	Champion (Coach)	Runner-Up
2022	Rochester Adams (Brooke Miller)	Rochester Hills Stoney Creek
2021	Rochester Adams (Brooke Miller)	Grandville
2020	Rochester Adams (Brooke Miller)	Plymouth
2019	Rochester Hills Stoney Creek (Tricia Williams)	Rochester Adams
2018	Sterling Heights Stevenson (Brianna Verdoodt)	Rochester Adams
2017	Rochester (Susan Wood)	Sterling Heights Stevenson
2016	Rochester (Susan Wood)	Grandville
2015	Grandville (Julie Smith-Boyd)	Rochester
2014	Southgate Anderson (Colette Norscia)	Grandville
2013	Southgate Anderson (Colette Norscia)	Hartland
2012	Southgate Anderson (Colette Norscia)	Hudsonville
2011	Grandville (Julie Smith-Boyd)	Sterling Heights Stevenson
2010	Rochester Hills Stoney Creek (Tricia Williams)	East Kentwood
2009	Rochester (Susan Wood)	Grandville
2008	Grandville (Julie Smith-Boyd)	Rochester
2007	Rochester (Susan Wood)	Grandville

CLASS A

Year	Champion (Coach)	Runner-Up
2006	Rochester (Susan Wood)	Grandville
2005	Rochester (Susan Wood)	Holland West Ottawa
2004	Grandville (Julie Smith-Boyd)	East Kentwood
2003	Rochester (Susan Wood)	Grandville
2002	Rochester (Susan Wood)	Grandville
2001	Rochester (Susan Wood)	Holland West Ottawa
2000	Rochester (Susan Wood)	Grandville
1999	Rochester (Susan Wood)	Brighton
1998	Grandville (Julie Smith-Boyd)	Rochester
1997	Grandville (Julie Smith-Boyd)	Rochester
1996	Rochester (Susan McVeigh)	Rochester Adams
1995	Rochester (Susan McVeigh)	Grand Rapids Forest Hills Central
1994	Rochester (Susan McVeigh)	Grandville

Allen Park 2022 Division 2



DIVISION 2

Year	Champion (Coach)	Runner-Up
2022	Allen Park (Julie Goodwin)	Gibraltar Carlson
2021	Allen Park (Julie Goodwin)	DeWitt
2020	Allen Park (Julie Goodwin)	Gibraltar Carlson
2019	Gibraltar Carlson (Ann Hajec)	Allen Park
2018	Gibraltar Carlson (Aryn Ziesmer)	Allen Park
2017	Allen Park (Julie Goodwin)	Gibraltar Carlson
2016	Gibraltar Carlson (Aryn Ziesmer)	Allen Park
2015	Gibraltar Carlson (Aryn Ziesmer)	DeWitt
2014	Gibraltar Carlson (Danielle Jokela)	Dearborn Divine Child
2013	Gibraltar Carlson (Danielle Jokela)	Dearborn Divine Child
2012	Gibraltar Carlson (Christina Wilson)	Dearborn Divine Child
2011	Gibraltar Carlson (Christina Wilson)	Dearborn Divine Child
2010	Allen Park (Julie Goodwin)	Gibraltar Carlson
2009	Gibraltar Carlson (Christina Wilson)	Mt. Pleasant
2008	Gibraltar Carlson (Christina Wilson)	Allen Park
2007	Holland Christian (Elisabeth Cunningham)	DeWitt

CLASS B

Year	Champion (Coach)	Runner-Up
2006	Remus Chippewa Hills (Jennifer Ruddell)	Chesaning
2005	Ovid-Elsie (Soni Latz)	Holland Christian
2004	Ovid-Elsie (Soni Latz)	Allegan
2003	Chesaning (Lisa Maike)	Carleton Airport
2002	Grosse Ile (Liz Kazik)	Chesaning
2001	Chesaning (Lisa Maike)	Plainwell
2000	Plainwell (Stacy Smith)	Madison Heights Bishop Foley
1999	Grand Rapids Catholic Central (Jim Ross)	Madison Heights Bishop Foley
1998	Chesaning (Lisa Maike)	Gibraltar Carlson
1997	Chesaning (Lisa Maike)	Gibraltar Carlson
1996	Madison Heights Bishop Foley (Jill Lutz & Rhonda Norgrove)	Gibraltar Carlson
1995	Gibraltar Carlson (Pat Christiansen)	Fowlerville
1994	Gaylord (Gloria Packer-Berger)	Fowlerville

Richmond 2022 Division 3



DIVISION 3

Year	Champion (Coach)	Runner-Up
2022	Richmond (Kelli Matthes)	Paw Paw
2021	Richmond (Kelli Matthes)	Paw Paw
2020	Richmond (Kelli Matthes)	Pontiac Notre Dame Prep
2019	Richmond (Kelli Matthes)	Pontiac Notre Dame Prep
2018	Pontiac Notre Dame Prep (Beth Campbell)	Richmond
2017	Pontiac Notre Dame Prep (Beth Campbell)	Richmond
2016	Pontiac Notre Dame Prep (Beth Campbell)	Richmond
2015	Pontiac Notre Dame Prep (Beth Campbell)	Richmond
2014	Pontiac Notre Dame Prep (Beth Campbell)	Comstock Park
2013	Richmond (Kelli Matthes)	Pontiac Notre Dame Prep
2012	Richmond (Kelli Matthes)	Comstock Park
2011	Comstock Park (Kathy Felty)	Richmond
2010	Grosse Ile (Liz Kazik)	Comstock Park
2009	Comstock Park (Kathy Felty)	Grosse Ile
2008	Remus Chippewa Hills (Jennifer Ruddell)	Comstock Park
2007	Chesaning (Lisa Maike)	Remus Chippewa Hills

CLASS C-D

Year	Champion (Coach)	Runner-Up
2006	Breckenridge (Deb Gaines)	Hudson
2005	Breckenridge (Deb Gaines)	Pewamo-Westphalia
2004	Breckenridge (Deb Gaines)	Pewamo-Westphalia
2003	Pewamo-Westphalia (Sherry Fedewa)	Breckenridge
2002	Breckenridge (Deb Gaines)	Pewamo-Westphalia
2001	Breckenridge (Deb Gaines)	Pewamo-Westphalia
2000	Breckenridge (Deb Gaines)	Pewamo-Westphalia
1999	Pewamo-Westphalia (Sherry Fedewa)	Flat Rock
1998	Flat Rock (Jann Stahr)	St. Joseph Lake Michigan Catholic

CLASS C

Year	Champion (Coach)	Runner-Up
1997	Pewamo-Westphalia (Sherry Fedewa)	Blissfield
1996	Pewamo-Westphalia (Sherry Fedewa)	Blissfield
1995	Pewamo-Westphalia (Sherry Fedewa)	Flat Rock
1994	Pewamo-Westphalia (Sherry Fedewa)	Onsted

Hudson 2022 Division 4



DIVISION 4

Year	Champion (Coach)	Runner-Up
2022	Hudson (Kelly Bailey)	Adrian Madison
2021	Hudson (Kelly Bailey)	Pewamo-Westphalia
2020	Hudson (Kelly Bailey)	Pewamo-Westphalia
2019	Pewamo-Westphalia (Staci Myers)	Hudson
2018	Hudson (Kelly Bailey)	Sanford Meridian
2017	Breckenridge (Deb Gaines)	Hudson
2016	Breckenridge (Deb Gaines)	Michigan Center
2015	Breckenridge (Deb Gaines)	Pewamo Westphalia
2014	Michigan Center (Jessica Trefry)	Merrill
2013	Michigan Center (Jessica Trefry)	Pewamo-Westphalia
2012	Michigan Center (Jessica Trefry)	Pewamo-Westphalia
2011	Michigan Center (Jessica Trefry)	Pewamo-Westphalia
2010	Pewamo-Westphalia (Staci Myers)	Hudson
2009	Michigan Center (Jessica Trefry)	Hudson
2008	Pewamo-Westphalia (Staci Myers)	Hudson
2007	Breckenridge (Deb Gaines)	Pewamo-Westphalia

CLASS D

Year	Champion (Coach)	Runner-Up
1997	North Muskegon (Debbie Karaba)	St. Joseph Lake Michigan Catholic
1996	St. Joseph Lake Michigan Catholic (Randy Orr)	Webberville
1995	St. Joseph Lake Michigan Catholic (Randy Orr)	North Muskegon
1994	Webberville (Jennifer Dziatczak)	North Muskegon

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FINALS NOTES

Your Officials Today

Just as the participants on the teams at this year's Finals are realizing a dream of vying for top honors, another group of individuals are also reaching a goal for the hard work they have put in by being assigned to officiate the action.

These officials believe that interscholastic athletics are truly educational in nature, and work to uphold that standard. Like the athletes in the Finals, officials come from all corners of Michigan.

Selected to work this year's Girls Competitive Cheer Finals are: **Amy Braun**, South Lyon; **Jennifer Brewer**, Laingsburg; **Melanie Briggs**, Flint; **Juli Brown**, Fenton; **Noelle Cole**, Metamora; **Ryan Collins**, Romeo; **Candace Cox**, Quincy; **April Davenport**, Mattawan; **Diana Dildine**, Grand Rapids; **Barbara Gemellaro**, Rochester; **Dee Hammond**, Lansing; **Melissa Harrison**, Decatur; **April Hooker**, Battle Creek; **Tracie Hovarter**, Milford; **Mary Hurt**, Cedar Springs; **Pamela Ingles**, Ravenna; **Tara Jones**, Kentwood; **Monte' Keen**, Swartz Creek; **Karla Koviak**, Paw Paw; **Barbara Laird**, Clinton Township; **Jill Lansky**, Kalamazoo; **Paula McAllister**, Fenton; **Phyllis Olszewski**, East Jordan; **Jane Plaisted**, Grand Rapids; **Annie Post**, Coldwater; **Mary Post**, Walker; **Kelly Richardson**, Grand Rapids; **Dawn Seiler**, Milan; **Joyce Smith**, Detroit; **Janis Stahr**, Flat Rock; **Cynthia Tyzo**, West Bloomfield; **Stephanie Unger**, Royal Oak.

Congratulations to this year's Finals officials. If you are interested in becoming a registered game official in any sport, contact the MHSAA at 1661 Ramblewood Drive, East Lansing, MI 48823, or register online at **MHSAA.com**.

Behind the Scenes

The hallmark of a strong association is its ability to work together for the common good. Every year, over 10,000 game officials and 50,000-plus administrators and coaches at over 1,300 middle, junior and senior high schools voluntarily pool their efforts daily for the operations of the MHSAA's competitive extracurricular interscholastic athletic program.

An important responsibility of membership in the Association is the operation of the hundreds of District, Regional and Final level tournaments by school administrators who serve as the site managers for these events.

The behind the scenes work of these individuals and their staff make the tournament competition a memorable experience for the participants.

The MHSAA would like to thank the tournament managers for the 2023 Girls Competitive Cheer Finals — **Kevin O'Rourke**, **Cole Andrews**, **Kassy Clark** and **Vic Villarreal** from Rockford High School.

Coordinating the Finals from the MHSAA office is Assistant Director **Kathy Vrugink Westdorp**. Assisting with operations are **Laura Roberts**, **Jon Ross** and **Paige Winne** of the MHSAA Staff.

MHSAA Finals Coverage on the Web

Visit **MHSAA.com** and **MHSAA.tv** for results and video of this weekend's Finals. All three rounds of the Finals will be streamed LIVE on MHSAA.tv. Archived video can be accessed through MHSAA.tv following the events.





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