$\qquad$
$\qquad$

Requirements - Four different skills shall be selected from the list below. At least one skill from each category must be performed: Flexibility, Jumping and Tumbling. The total value of the skill difficulty multiplier (DM) cannot exceed 4.80.

| Difficulty Multiplier | Flexibility Category | Jumping Category | Tumbling Category |
| :---: | :--- | :--- | :--- |
| .6 | Any Kick | Spread Eagle, Tuck | Forward Roll |
| .8 | Side Split | Double Hook | Backward Roll <br> Cartwheel |
| 1.0 | Heel Stretch <br> Switch Split | Double 9 <br> Front Hurdler <br> Herkie <br> Pike <br> Toe Touch <br> Universal | Handstand Forward Roll <br> Far Arm Cartwheel <br> Near Arm Cartwheel <br> Round Off |
| 1.2 | Triple Splits |  |  |
| Valdez* |  | Back Extension Roll <br> Back Handspring <br> Back Walkover* <br> Front Handspring <br> Front Walkover* |  |
| 1.4 |  |  | Aerial Cartwheel <br> Standing Back Tuck |

Four different skills must be performed. *The back walkover, front walkover and valdez skills may be used as a tumbling or flexibility skill. One skill cannot count for both categories.

The following categories will be judged on a 1-10 scale using a tenth of a point system.
PRECISION DRILL........................................................ $\square$
LIST SKILLS IN ORDER PERFORMED

## COMMENTS:

LIST SKILLS IN ORDER PERFORMED
DM SCORE
Skill 1

Skill 2

Skill 3

Skill 4

$=$

$\square$

$=$


GENERAL IMPRESSION


Creativity, continuity, team confidence, floor presence, overall impression. The routine should be performed without stiffness, awkwardness or anxiety. There should be poise, ease of performance, energy, creativity in moving from one skill to another. Voice inflection, clarity, team volume, appropriate choice of words is also considered.

## TOTAL

ROUND 3 - JUNIOR HIGH/MIDDLE SCHOOL SCORESHEET
SCHOOL $\qquad$ NO. OF COMPETITORS $\qquad$ JUDGE ID\# $\qquad$
The following categories are evaluated by whole numbers only according to charts on page 35-36.
SKILLS
Tumbling, stunts, flairs, jumps and transitions.

Variety of skills
1-15


Degree of difficulty
1-20


Choreography
0-6

$$
\text { TT - } 2 \text { pts. } \quad \text { FT/360 - } 2 \text { pts. BT }-2 \text { pts. }
$$

The following categories should be scored using deduction guidelines listed on page 16-17.

## Execution



Execution Category is scored on a 1 to 20 point scale for 12 or fewer competitors. The maximum execution value increases to 20.5 for 13, 21.0 for $14,21.5$ for 15 and 22.0 points for 16 competitors.

## Execution Bonus



| Execution Pts | $17.5-17.9$ | $18.0-18.4$ | $18.5-18.9$ | $19.0-19.4$ | $19.5-22$ |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Points Earned | 1 | 1.5 | 2 | 2.5 | 3 |

The following categories will be judged on a 1-10 point scale using a tenth of a point system.

| JUMP | Level | JUMP | MAX VALUE |
| :---: | :---: | :---: | :---: |
| First required skill and must be | 1 | All tuck jumps, spread eagle | 6 pts |
| performed in unison - | 2 | Double hook | 8 pts |
| difficulty and togetherness ease. Jump | 3 | Herkie, hurdler, toe touch, double 9, head whip, pike, universal | 10 pts |

## FLOOR MOBILITY

## COMMENTS:

Accuracy of formations, spacing, effectiveness, ease of transitions, transition moves, purpose of movement from formation to formation.


## VOCALS

Voice inflection, clarity, squad volume, appropriate choice of words and diction.


TEAM COORDINATION
Precision and timing of all motions, tumbling, stunt skills, effective use of all team members.


GENERAL IMPRESSION
Creativity, continuity, team confidence, floor presence, overall impression.


Maximum Points Possible 116


## ROUTINE DESCRIPTION FORM - Round 3

SCHOOL
NO. OF COMPETITORS $\qquad$ DATE $\qquad$ COACH'S SIGNATURE $\qquad$
Type, IN ORDER, all tumbling skills, jumps, stunts, flairs and preps that will receive credit. Indicate choreography-credited skills. By rule, difficulty and variety must be given a numerical value on this form.


## ROUTINE DESCRIPTION FORM - Round 3

Revised:

SCHOOL $\qquad$ NO. OF COMPETITORS $\qquad$ DATE $\qquad$ COACH'S SIGNATURE $\qquad$
Type, IN ORDER, all tumbling skills, jumps, stunts, flairs and preps that will receive credit. Indicate choreography-credited skills. By rule, difficulty and variety must be given a numerical value on this form.

| Choreography | Description | Variety | Difficulty |  |
| :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  | Total |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |
|  |  |  |  |  |


|  | \# One Leg Extensions | Team <br> Tumbling | \# Full Twists/ 360 | \# Back Tucks |
| :---: | :---: | :---: | :---: | :--- |
| Need |  | ALL |  |  |
| Have |  |  |  |  |


| Difficulty | Points |
| :--- | :--- |
|  |  |

