



**2025 MHSAA U.P. High School Cross Country Finals**  
**Saturday, October 18th**  
**11 am**

**Hosted by: Munising Middle/High School**

Nicole Lasak, Munising AD

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Location: Pictured Rocks Golf Course, Munising

Course: A course map will be distributed on race day.

Officials: DeeJay Paquette, Vincent Gross, and Jeff Schramm

Merchandise: Official MHSAA U.P. Finals Merchandise will be on sale at the event.

**Schedule of Events (all times listed in est):**

9:30 am                      Course Open for Preview

10:15 pm                    Coaches Meeting outside Clubhouse

11:00 am	Division 1 Girls Race
11:30 am	Division 2 Girls Race
12:00 pm	Division 3 Girls Race
12:30 pm	Division 1 Boys Race
1:00 pm	Division 2 Boys Race
1:30 pm	Division 3 Boys Race

Awards will be presented shortly after the start of the next race outside the clubhouse.

### **Competing Schools:**

**Division 1:** Calumet, Escanaba, Gladstone, Houghton, Ishpeming-Westwood, Kingsford, Marquette, Menominee, Negaunee, Powers North Central, Sault Ste. Marie

**Division 2:** Gwinn, Hancock, Ironwood, Manistique, Munising, Norway, Painesdale Jeffers, Rudyard, Wakefield-Marenisco, West Iron County-Iron River

**Division 3:** Baraga, Brimley, Carney-Nadeau, Cedarville, Chassell, Cooks Big Bay de Noc, Crystal Falls Forest Park, Dollar Bay, Superior Central, Engadine, Escanaba Holy Name, Ewen Trout Creek, Ishpeming, L'Anse, Newberry, Pickford, Rapid River, Republic-Michigamme, Mid Peninsula, St. Ignace, Stephenson, Watersmeet

### **Registration and Entries:**

- All entries must be submitted via Athletic.net **no later than Wednesday, October 15th at 7 pm.**
- Packet pickup will be at the golf course clubhouse.
- Change of entries can be made on race day during the coaches meeting.

### **Timing, Scoring and Results:**

- Electronic timing will be used at the event and operated by Superior Timing.

- Race bibs are to be pinned on the runner's uniform in all four corners and clearly visible during the race. Bibs may not be altered.
- Live race results can be found on the Superior Timing website at [www.superiortiming.com](http://www.superiortiming.com).

#### Appeals & Game Committee:

- Appeal forms will be available at the finish line upon request. Appeals may only be made regarding the misapplication of a rule. Judgements may not be appealed.
- The games committee will be established at the Coaches' Meeting on race day.

#### Athletic Trainer:

- A certified athletic trainer will be on site at the finish line.

#### Additional Meet Information:

- Restrooms and concessions will be available at the course.
- NO DOGS OR ANIMALS PERMITTED!