



Coaches:

Welcome to Cross Country Regionals, Div. 9-1, Div. 17-2 and Div. 26-3 at Columbus County Park. The park address for directions is **1670 Bauman Road, Columbus, MI.48063.**

The three regionals will be hosted by Algonac High School at the park on **Friday, October 30 starting at 3 p.m. for Div 9-1 and Saturday, October 31, 2026, for Div. 17-2 and 26-3, starting at 10 a.m.** The schedule is as follows:

FOR DIVISION 1 – FRIDAY, OCTOBER 30

INSPECTION OF COURSE:

The course will be open for review at **1 p.m.**

MEETING FOR COACHES:

2:15 p.m. At the LODGE

RACE SCHEDULE:

3:00 p.m..	Division 1 Boys
3:30 p.m.	Division 1 Girls
4:00 p.m..	Division 1 Boys Open
4:10 p.m..	Division 1 Girls Open
5:00 p.m.	Awards at Stage

AWARDS: **Will take place at 5:00 p.m. at the stage**

1 Trophy to Winning Team

7 Team Medals to Winning Team Members

15 Medals for Top 15 individuals in each race

Medals for open race will be distributed in the chute.

FOR DIVISION II AND III, SATURDAY - HALLOWEEN

INSPECTION OF COURSE:

The course and park will be open for review at **8:00 a.m.**

MEETING FOR COACHES:

9:15 a.m. At the LODGE

RACE SCHEDULE:

10:00 a.m.	Division 3 Boys
10:30 a.m.	Division 2 Boys
11:00 a.m.	Division 3 Girls
11:40 p.m.	Division 2 Girls
12:20 p.m.	Boys' Open Race
12:30 p.m.	Girls' Open Race
1:30 p.m.	Awards at Stage

OPEN RACE CHARGES - \$7 charge per individual with a maximum \$50 a team (boys & girls separate teams) will be charged for open races. Fees may be paid by check or cash at the LODGE any time prior to the open races. Medals awarded to the top 25 finishers in each race.

AWARDS: Will take place at 1:30 p.m. at the stage

1 Trophy to Winning Team

7 Team Medals to Winning Team Members

15 Medals for Top 15 individuals in each race

Medals for open race will be distributed in the chute.

COMPETING TEAMS

DIVISION 1 (9-1) - 17 teams

Clinton Twp. Chippewa Valley
Fraser
Harrison Twp. L'Anse Creuse
Lake Orion
Macomb Dakota
Macomb L'Anse Creuse North
New Baltimore Anchor Bay
Port Huron
Port Huron Northern
Rochester
Rochester Adams
Rochester Stoney Creek
Romeo
Roseville
St. Clair Shores Lakeview
Utica Eisenhower
Warren Woods Tower

DIVISION 2 (17-2) – 18 teams

Armada
Auburn Hills Avondale
Bloomfield Hills Cranbrook
Bloomfield Hills Marian
Croswell Lexington
Holly
Imlay City
Macomb Lutheran North
Madison Heights Lamphere
Marysville
Orchard Lake St. Mary's
Pontiac
Pontiac Notre Dame Prep
Richmond
St. Clair
St. Clair Shores Lake Shore
Warren Regina
Yale

DIVISION 3 (26-3) - 17 teams

Algonac
Almont
A & T Academy Pontiac
Cheryl Stockwell Academy
Clawson
Detroit Osborn
GPW University of Liggett
Kimball Landmark Academy
Lansing Catholic
Leslie
Madison Hghts. Bishop Foley
Marine City
Mount Clemens
New Haven
Rochester Hills Lutheran NW
St. Clair Shores South Lake
Stockbridge

COURSE

The course does not loop and, other than the start and finish, is run on a series of trails throughout the park. The surface varies from grass to gravel to dirt. It crosses one driveway which will have rugs covering the pavement. (Includes one downhill, a small uphill and one challenging uphill). Athletes **will not** be allowed to preview the course after the start of the first race. Spectators will be asked to avoid being on trails when runners go by. There are ample places to view runners without being in their way. **TIMERS** – There will be clocks at the mile and two-mile along with signs at each half mile. We will also have electronic devices at the mile and two mile to record your athletes' splits.

SPECTATOR VIEWING SUGGESTIONS

After watching the start of the race, spectators should move to the northeast side of the parking lot where the runners will emerge from the woods and run along the side of the parking lot before heading back into the woods. Spectators can then cross to the top of the sled hill by the playground to view runners passing below, then head to finish area, staying behind the flags and barriers.

PACKETS

The coach's packet will include bib numbers for your runners, safety pins, appeal form, course map, and program. Packets will be available in the Main LODGE. Remember after the races, to get a **MHSAA state packet** for those teams/runners moving on to state finals at **MIS**. Packets will be available in the LODGE after results are published.

RESULTS

Copies of all results will also be posted near the LODGE for spectators and athletes. Live results will also be available immediately after each races' conclusion at: <https://runsignup.com/Race/MI/Columbus/MHSAARegional172263HostedbyAlgonac> and also available later on *athletic.net*, *mhsaa.com*. **Coaches, we will be timing the open races and results will also be posted on the mentioned websites.** Timing of all races will be once again done by Fast Bob at Eastside Timing.

TRAINER

A trainer will be available for all racers for all of your taping and first aid needs and will be set up near the finish line.

UNIFORMS

All MHSAA rules will be in effect. Watches and jewelry allowed.

PARKING

There is only one entrance to the park (1670 Bauman Road, Columbus). Buses will be allowed to drop their runners off near the starting line before being directed to the front of the park near the entrance. All spectators will be directed to one of the three parking areas. **Inform spectators there are handicapped spaces near the starting line and lodge.**

DIRECTIONS

The park is located at 1670 Bauman Road just west of Gratiot Avenue and a few miles north of Division Highway (32 Mile Road) in Columbus Township.

ADMISSION

MHSAA rates are **\$10 per vehicle**, for entry to the meet. **Cash only**-inform parents and spectators!

NOTE: To all Spectators, **NO PETS ALLOWED** on the park race course, VIA MHSAA rules. This differs from Columbus County Park rules.

MHSAA SOUVENIRS

MHSAA Souvenirs will be available from vendors - T-shirts, sweatshirts and other apparel will also be sold. These items will be on sale in the pavilion adjacent of the LODGE.

CONCESSIONS/REST ROOMS

Concessions will be available throughout the meet in the pavilion next to the LODGE. There are restrooms in the LODGE for spectators and athletes to use along with porta-potties near the starting line.

ENTRY REGISTRATION

All entries must be submitted electronically no later than **11:59 p.m., Saturday, October 24.** Entries are submitted online at ***athletic.net***. Enter your seven varsity athletes, plus those competing in the open races. You may move an open race runner into the varsity race the day of the meet. As directed by the MHSAA, a \$50 late fee will be assessed to schools not registering by the **October 24** deadline.

ELIGIBILITY SHEETS

A copy your Eligibility Sheets for both boys and girls **must** be on file with Algonac High School before the regional date. Mail copies to Mitch Landrum at Algonac High School, 5200 Taft Road, Algonac MI 48001. Eligibility Sheets may also be faxed to 810-794-0040 to his attention or email copies to Mitch Landrum at **mitchell.landrum@algonac.k12.mi.us**

OFFICIALS

Meet Starter: Mark Brochu I.D. # 17197
Meet Referee: Jim Cleverly I.D. # 16807
Clerk: Miles Cleverly I.D.# 687372
Meet Manager: Mitch Landrum
Meet Director: Dan Shafer
Games Committee: TBA

COURSE PREVIEW

The Columbus County Park is open from 8 a.m. to dusk seven days a week with free admission. Teams are welcome to preview the course during park hours. The course map is a separate file on this entry.

If you have any questions or concerns, please contact Dan Shafer (810-488-2479) or **coachdshafer@aol.com**. Hope your season is going well.

Dan Shafer
Algonac CC
Meet Director



- Yellow Line – Start and Mile One
- Blue Line – Mile Two
- Red Line – Mile Three and Finish
- Pink Blob – Lodge and Restrooms