



MHSAA Cross Country Regionals at Portage Central

Friday, October 30, 2026 - Region 3-1 & Region 32-4
Saturday, October 31, 2026 - Region 13-2 & Region 22-3

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Location - [Portage West Middle School, 7145 Moorsbridge, Portage 49024](#), ([Course Map](#))

Friday, October 30

2:00 Coaches meeting
3:00 D4 Boys (report 2:50)
3:30 D1 Boys (report 3:20)
4:00 D4 Girls (report 3:50)
4:30 D1 Girls (report 4:20)
5:00 Open Race (Boys & Girls)
5:45 Awards

Saturday, October 31

8:30 Coaches meeting
9:30 D3 Boys (report 9:20)
10:00 D2 Boys (report 9:50)
10:30 D3 Girls (report 10:20)
11:00 D2 Girls (report 10:50)
11:30 Open Race (Boys & Girls)
12:15 Awards

Entries, Timing, Scoring & Results

- **The entry deadline is 11:59 PM, Saturday, October 24.**
- Using Athletic.net, enter the 9 runners that are the most likely to compete as your 7 competitors.
- Additional changes can be made at the finish line. All changes are due 30 minutes prior to race time.
- Timing will be done using a Finish Lynx FAT system and/or RFID tags.
- Bibs are to be pinned in all four corners and clearly visible during the race. Do not alter the bib (i.e. wrinkle them). We will post unofficial results outside of the finish line trailer. Please check the unofficial results within the 15 minutes of posting, before they become official. Verify that all of your runners are on the results.
- Live results will be posted at: fatresults.com. Official results will be posted at: athletic.net, and mhsaa.com.

Eligibility Lists

- Due Saturday, October 24, 11:59 PM.
- Please have your athletic office [submit eligibility lists using this link](#).

Awards:

- The awards ceremony will be held at the tennis courts following all races.
- Medals to top 15 individuals in each race. Trophies to first place teams in each race. 7 team medals for each runner on the championship teams.

State Qualifiers

- The top three teams (1st, 2nd, and 3rd) will automatically advance to the MHSAA Finals. Any individual finishing in the top 15 qualifies for the MHSAA Finals. If less than 7 individual qualifiers are in the top 15, then the next best individuals not on a qualifying team will fill the remaining 7 individual qualifying spots.
- A (4th) place team can qualify, if there are 8 or more scoring teams, and if the 4th place team has 4 or more finishers in the top 20 individuals. The maximum number of teams qualifying from a regional cannot exceed four.
- If your team or individuals qualify for the MHSAA Finals, please make sure that you pick up the info at the regional meet. Information will not be mailed. Finals information can be found on MHSAA.com.

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Parking and Admittance for Spectators

- ❑ MHSAA will charge a fee of \$10.00 per car. Please inform all spectators of this fee. Parents transporting competing athletes will still be charged admission; athletes and coaches will not be charged admission. **We encourage digital tickets. Digital tickets may be purchased at:**
- ❑ [GoFan - Pre-purchase admission link \(\\$10\)](#)

Parking and Admittance for Teams

- ❑ Buses and team vans will park in the designated areas on the map. You will be directed by parking personnel. There will be no charge for team parking. Coaches that are driving will not be charged a fee.

Team Camps & Restrooms

- ❑ Teams should be set up away from the course. Please use the provided trash bag and place garbage in the dumpsters located behind each school.
- ❑ Bathrooms inside of West MS (use door 9) and a few portable bathrooms will be available.

MHSAA Regional Apparel - Official MHSAA Regional Cross Country apparel will be for sale. Cash and credit cards are accepted.

Medical/Trainer - A certified trainer will be on site at the finish line. Please bring your own taping supplies.

MHSAA Officials - Gregg Buschlen, Scott Banghart, Frank Gawkowski, Dan Higgason and John Dunlop.

Appeals & Games Committee - Appeal forms are available at the finish line, upon request. Appeals may only be made regarding the incorrect application of a rule. Judgements may not be appealed. The games committee will include the meet referee, Noah Krzan (Portage Central) and the following coaches. If an appeal involves a school from the games committee, an alternate will be selected.

Division 1	Division 2	Division 3	Division 4
TBD	TBD	TBD	TBD
TBD	TBD	TBD	TBD
TBD	TBD	TBD	TBD

[Type here]

Box Assignments - assigned using [random.org](https://www.random.org)

Region 3-1	Box		Region 13-2	Box		Region 22-3	Box		Region 32-4	Box
BC Central			BC Harper Creek			Bangor			Athens	
BC Lakeview			Berrien Springs			Bloomington			Bridgman	
Byron Center			Coldwater			Buchanan			Burr Oak	
Caledonia			Dowagiac Union			Coloma			Climax-Scotts	
East Kentwood			Edwardsburg			Comstock			Colon	
Forest Hills Central			Marshall			Constantine			Covert	
Holland West Ottawa			Niles			Fennville			Decatur	
Kalamazoo Central			Otsego			Hartford			Eau Claire	
Loy Norrix			Paw Paw			Holland Black River			Howardsville Christian	
Lowell			Plainwell			Kalamazoo Christian			Kalamazoo Hackett	
Mattawan			St. Joseph			Lawton			Marcellus	
Portage Central			Stevensville Lakeshore			Niles Brandywine			Mendon	
Portage Northern			Sturgis			Parchment			St Philip	
Richland Gull Lake			Three Rivers			Saugatuck			Tekonsha	
Zeeland East			Vicksburg			Schoolcraft			White Pigeon	
Zeeland West						Three Oaks River Valley				
						Watervliet				

Course Map -Portage West MS

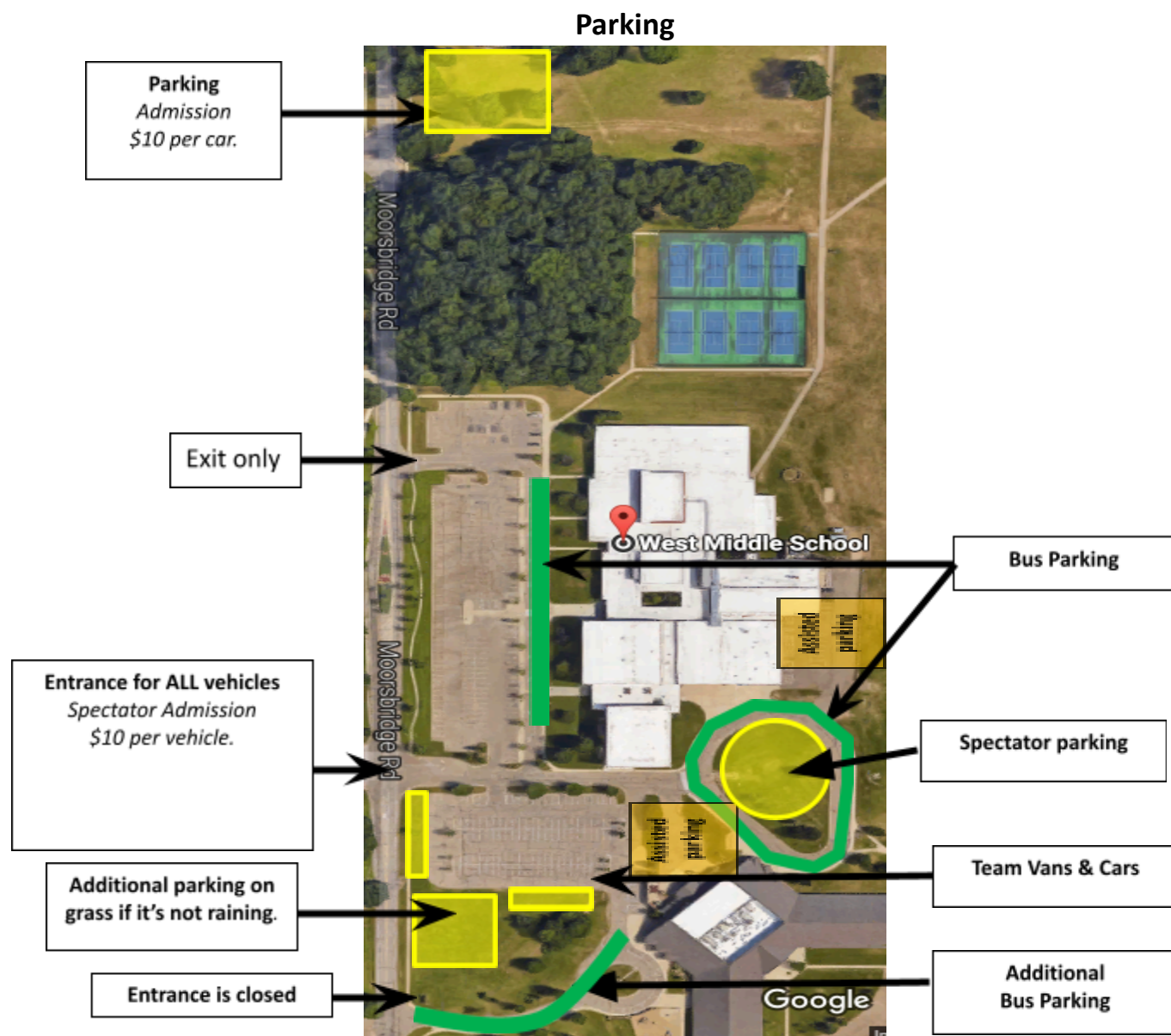


1st Mile

2nd Mile

3rd Mile

[Type here]



Digital tickets may be purchased at: [GoFan - Pre-purchase admission link \(\\$10\)](#)

All vehicles will enter through the main entrance between West MS and Moorsbridge Elementary.

Buses

- Bus Loop between West MS and Moorsbridge Elem - fill this first.
- When the bus loop fills, then send buses to the drop off lane in front of West MS, then Moorsbridge Elem.

Team Vans – Team vans should park in the elementary parking lot.

Parents transporting athletes – Non-athletes will be charged \$10 even if they are transporting competing athletes. Coaches are not charged admission

Athletes driving themselves – Please ask your athletes that are driving themselves to park along Leawood St, which is on the east side of the course. About 2/3 of the way down Leawood is a walkway that leads up to the back side of the course.