



# 2022 NFHS Football Rules Changes

## 2022 FOOTBALL RULES CHANGES

**1-2-3g NOTES 3. (NEW):** Team Box May Be Extended By State Association Adoption

By state association adoption, the team box may now be extended beyond the 25-yard line.

**1-3-3:** Ball May Be Changed Between Downs Any game official may order the ball changed between downs.

**1-4-3:** The Number “0” Is Now Legal The single digit number “0” is now a legal number.

**2-3-8:** A Chop Block Has Been Redefined A chop block has been redefined as an illegal combination block where contact is made above and below the waist.

**3-4-7:** Clarified The Offended Team’s Game Clock Options Clarified the offended team’s game clock options following a foul committed with less than two minutes remaining in either half.

**3-6-1a(1)e EXCEPTION 2. (NEW):** Added A New Exception To The Play Clock Administration Added a new exception to the play clock administration following a foul committed only by the defensive team.

**7-5-2 EXCEPTION 2. (NEW):** Added A New Exception For The Passer Added a new exception that allows the passer to legally throw the ball away to conserve yardage.

## 2022 EDITORIAL CHANGES

2-28-2; 5-2-4; 6-2-6; 10-2-2; 10-2-3; FOOTBALL FUNDAMENTALS – VII-2, X-3-E; RESOLVING TIED GAMES – 5-1-1, 8-3; NINE-, EIGHT- AND SIX-PLAYER RULES DIFFERENCES – RULE 2 and 7

## 2022 POINTS OF EMPHASIS

1. Targeting / Defenseless Player
2. Legal Uniforms and Equipment
3. Sportsmanship