

2024 MHSAA STATE FINALS



TEAM STATE FINALS

Hosted by Kenowa Hills Schools - March 8, 2024

Let The Games Begin!

Deep tournament runs are the canvas that paint lifelong memories for all involved- the players, coaches, the families and school community. Congratulations to all on reaching the final stages of this MHSAA tournament.

We often like to talk about the 99 percent factor in high school sports. For approximately 99% of the participants, this is the biggest athletic stage they'll ever perform on, and the memories made are what they'll revisit in memories and reunions for years to come.

For that incredibly small group that will be blessed enough to continue playing competitive athletics beyond high school, the day will come at some point in their post-high school careers when they're asked about standout memories and accomplishments. Many will point back to this week – this team – playing with their friends from the neighborhood with the overwhelming community support.

That doesn't happen anywhere but in high school sports. Good luck to all involved today- you will be making memories that will last a lifetime!



— Mark Uyl
MHSAA Executive Director

Friday, March 8, 2024 - Team Competition

2:30-3:00 p.m.	Check-In
2:30-3:30 p.m.	Bar Setting/ Music Test/Photos/ Stretch
2:45-3:00 p.m.	Judges Meeting
3:00-3:15 p.m.	Coaches Meeting
3:15-3:35 p.m.	Open Tumbling* & Stretch Warm-up
3:35-3:40 p.m.	Grand March and National Anthem
3:40-3:55 p.m.	1st Rotation Warm-up
4:00-4:20 p.m.	1st Rotation Competition
4:00-4:15 p.m.	2nd Rotation Warm-up

*A 15-minute warm-up for each rotation will start when touch warm-up begins for the rotation ahead.)

*A second session of open tumbling for rotations 3 and 4 will be held at break.

On behalf of Kenowa Hills administration and staff, welcome to Kenowa Hills High School. We are honored to host the 2024 MHSAA Gymnastics Finals and glad you are here to support the outstanding student-athletes & teams.

Kenowa Hills School believes educational athletics goes well beyond the school day. The countless hours, hardwork and dedication these student-athletes have put in throughout their season and off-season will be rewarded this weekend. Educational athletics along with other extracurricular activities play a large role in young people's lives. These opportunities teach lifelong lessons such as discipline, perseverance, and time management. These qualities, amongst other characteristics, translate into success later in life. Thank you to the parents, families and friends for supporting these student-athletes through all their endeavors and for helping make this weekend possible.

As the entire state gymnastics community travels to Grand Rapids, MI, we hope you have a great experience, and enjoy cheering for your favorite gymnast and team. Please keep in mind all these student-athletes have worked diligently to get here, and we look forward to supporting all that are competing at the events this weekend.

Welcome to Kenowa Hills High School!

Sincerely,
Kim Moffett
Kenowa Hills
Athletic Director



Our Special Thanks to:

Kenowa Hills High School Athletic Director
Kimberly Moffett

Scoring
Alec Pominville

Trainer
Katie Plantz

Concessions
Kenowa Hills Athletic Boosters

Meet Volunteer
Families & friends of Kenowa Hills & Rockford gymnasts, Kenowa Hills & Rockford students and
NHS members

Thank you to Rockford for the use of their equipment

MHSAA Gymnastics Finals Judges **Friday, March 8, 2024**

Meet Referee	Brenda Betz	Beam- Chief	Deborah Heck
Meet Referee	Doris Goodlock	Beam	Kelly Gallagher
Vault- Chief	Amanda (Mandy) Pfaller	Beam	Dawn Hart
Vaut	Amy Bessler	Beam	Kimberly Tobin
Vault	Lindsey Akers	Floor- Chief	Karen Dugan
Vault	Tara Holmes	Floor	Michelle Kozak
Bars- Chief	Melissa Flores	Floor	Judith Walter-Kohn
Bars	Trisha Wilson	Floor	Katherine Williams
Bars	Kara Burns		
Bars	Sandra Noto		

Previous State Champs

Year	Champion (Coach)	Runner-Up
2023	Rockford (Michelle Ankney)	Jackson
2022	Rockford (Michelle Ankney)	Grand Ledge
2021	Jackson (Marcy Miller)	Rockford
2020	Tournament Not Completed (COVID-19)	
2019	Farmington (Jeff Dwyer)	Rockford
2018	Farmington (Jeff Dwyer)	Northville
2017	Rockford (Alyssa Burke)	Canton
2016	Rockford/Sparta (Alyssa Burke)	Forest Hills
2015	Rockford/Sparta (Allison Tran)	Canton
2014	Canton (John Cunningham)	Grand Ledge
2013	Grand Ledge (Duane Haring)	Canton
2012	Grand Ledge (Duane Haring)	Canton
2011	Grand Ledge (Duane Haring)	Canton
2010	Grand Ledge (Duane Haring)	Farmington
2009	Grand Ledge (Duane Haring)	Livonia
2008	Grand Ledge (Duane Haring)	Farmington
2007	Holt (Anne Witherill)	Grand Ledge
2006	Tri-Farmington (Jeff Dwyer)	Livonia
2005	Tri-Farmington (Jeff Dwyer)	Livonia
2004	Tri-Farmington (Jeff Dwyer)	Rochester Adams
2003	Rochester Adams (Sue Mussat)	Grand Ledge
2002	Rochester Adams (Sue Mussat)	Northville/Novi
2001	Northville/Novi (Lindsay Crews)	Rochester Adams
2000	East Kentwood (Sherri Goorhouse)	Holland

What Is Sportsmanship?

Sportsmanship is . . .



Sportsmanship is the practice of playing fair, of taking defeat without complaint or victory without gloating and treating opponents with respect, generosity, courtesy, etc.

- Sportsmanship is a demonstration of generosity and genuine concern for others. It is a concrete measure of the understanding and commitment to fair play, ethical behavior and integrity.
- Sportsmanship is a blending of cheers for “your team” and applause for the “opponents,” observing the letter and spirit of the rules and showing consideration for others.
- Sportsmanship is respect. Respect for others and for one's self.
- Sportsmanship is all this and much more.
- For a coach, sportsmanship may be accepting a "questionable" call without protest.
- For an athlete, it may be extending a helping hand to an opponent who is down.
- For a spectator, it may be cheering for his team when it loses, and applauding the opponent when it wins.
- For an official, it may be showing restraint when verbally assaulted by coaches, athletes and spectators.
- Sportsmanship encompasses all that which is good in human nature.
- Sportsmanship is citizenship in action.

Good Sports Are Winners!



2024 MHSAA GYMNASTICS FINALS ROTATION

TEAM FINALS - FRIDAY, MARCH 8, 2024

KENOWA HILLS HIGH SCHOOL

4:00 p.m.

ROTATION	WARM-UP	VAULT	BARS	BEAM	FLOOR	COMPETE
1	3:40 p.m.	Northville	Fraser	Rockford	Hartland	4:00 p.m.
2	4:00 p.m.	Farmington	Salem	Howell	Jackson	4:20 p.m.
3	4:20 p.m.	Lowell	Plymouth	Huron Valley	Haslett	4:40 p.m.
4	4:40 p.m.	Hartland	Northville	Fraser	Rockford	5:00 p.m.
5	5:00 p.m.	Jackson	Farmington	Salem	Howell	5:20 p.m.
6	5:20 p.m.	Haslett	Lowell	Plymouth	Huron Valley	5:40 p.m.
-----BREAK-----						
7	6:20 p.m.	Rockford	Hartland	Northville	Fraser	6:40 p.m.
8	6:40 p.m.	Howell	Jackson	Farmington	Salem	7:00 p.m.
9	7:00 p.m.	Huron Valley	Haslett	Lowell	Plymouth	7:20 p.m.
10	7:20 p.m.	Fraser	Rockford	Hartland	Northville	7:40 p.m.
11	7:40 p.m.	Salem	Howell	Jackson	Farmington	8:00 p.m.
12	8:00 p.m.	Plymouth	Huron Valley	Haslett	Lowell	8:20 p.m.

Farmington	Division	Grade	Vault	Bars	Beam	Floor	All- Around
Leah Hodge	D1	11					
Sophia Yee	D2	11					
Izzy Dechen	D2	12					
Elena Anzivino	D2	11					
Ayla Hougard	D2	10					
Aubrey Woodman	D2	10					
Kylee Ryntz	D2	10					
Bella Thibodeau	D2	11					
Vanessa Jacoban	D2	10					

Fraser	Division	Grade	Vault	Bars	Beam	Floor	All- Around
Kylie Maley	D2	12					
Emmersyn Balowski	D2	11					
Ashlee Thursam	D2	12					
Lucy Koch	D2	11					
Ava Grupido	D2	9					
Madison Turner	D2	9					
Lylah Rodgers	D2	11					
Malaya Owens	D1	12					
Leah Roels	D1	12					
Olivia Golden	D2	12					
Mia Bosca	D2	11					
Dorothy Poljanac	D2	11					

Hartland	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Abby Griffen	D1	10					
Kate Gostlin	D1	10					
Brook Zapfe	D1	12					
Ella Scherer	D2	11					
Mack Wyatt	D1	12					
Emma Beres	D1	11					
Allie Goyt	D1	11					
Olivia Terrell	D1	9					
Lexi Fundich	D1	10					

Haslett United	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Kate McCloskey	D2	12					
Phoebe Elder	D1	10					
Sydney Eiler	D2	12					
Alyssa Parco	D1	11					
Kalin Emmons	D2	9					
Kala Genske	D2	11					
Krissy Howard	D2	10					
Audrey Corbett	D2	10					
Ella Bushey	D2	10					
Zuri Johnston	D2	10					

Howell	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Maria Petru	D1	12					
Aurora Gregory	D1	11					
Emma Smith	D2	12					
Emma Taucher	D2	10					
Sophia Speer	D2	10					
Zoe Cerda	D1	9					
Kate Mosher	D1	9					

Huron Valley	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Stella Musialowski	D1	10					
Lexi Hincka	D2	9					
Karli Bredernitz	D2	12					
Kennedy Foote	D2	10					
Maddy Grant	D2	10					
Haylee Smith	D2	10					
Elaina Cotton	D2	12					
Sophie Smith	D2	12					
Sophia Stankov	D2	11					
McKenna Herman	D2	11					
Gabby Marino	D2	9					
Nora McCoy	D2	12					
Kaitlynn Elkins	D2	11					

Jackson	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Addison Richmond	D2	12					
Melody Placeway	D2	12					
London Hampton	D2	12					
Ally Thrun	D2	12					
Maya Mroczkowski	D2	10					
Kaitlyn Rumsey	D2	10					
Annabelle Bebee	D2	9					
Grace Brown	D2	10					
Avah Gaston	D2	11					
Brooklyn Daly	D2	9					

Lowell	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Alexis Clark	D2	12					
Julia Meier	D2	11					
Olivia Lothian	D2	9					
Emmalee Bonn	D2	10					
Brena Lacey	D2	12					
Jordan Velzen	D2	10					
Haley Haywood	D2	11					
Leah Krieger	D2	11					
Ella Curtis	D2	12					

Northville	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Hadley Crabb	D2	12					
Noelle Licari	D1	11					
Michelle Walker	D2	9					
Sarah Shaheen	D2	11					
Vanessa Anderson	D2	11					
Melina Tsourapas	D2	10					
Anastasia Beutz-Cordina	D1	12					
Kendall Heron	D2	10					
Andrea Diaz	D2	10					
Katerina Dimopoulos	D2	9					
Gabby Reiten	D1	12					
Maddy Rivera	D2	10					
Alex Kent	D2	10					
Lauren Wegienka	D2	12					

Plymouth	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Abby Tiplady	D2	9					
Zoe Wood	D2	12					
Karolina Mondro	D2	12					
Givliana Serapiglia	D2	12					
Alex Cinzon	D2	12					
Ava Demchinski	D1	12					
Ella Miller	D2	12					
Laurel Klein	D2	10					
Caroline Cotter	D2	9					

Rockford	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Leah Koch	D1	11					
Hailey Hill	D2	12					
Avi Einfeld	D2	11					
Elise Watkins	D1	10					
Avery Renberg	D2	11					
Kayley Burke	D2	12					
Ellie Wilcox	D2	12					
Anjaleah Barraza	D2	12					
Mael Stelma	D2	12					
Kate Tracey	D2	11					
Genna Thompson	D1	10					
Bella Elliott	D2	12					
Kennedi Wood	D2	12					

Salem	Division	Grade	Vault	Bars	Beam	Floor	All-Around
Katie Stewart	D1	12					
Anna Barczyk	D1	12					
Zoey Prosser	D2	12					
Viveka Patankar	D1	10					
Gwen Boland	D2	10					
Claire Donoher	D1	11					
Bryn Petrosky	D2	10					

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