



Updated 07/29/25

## FREQUENTLY ASKED QUESTIONS ABOUT CPR CERTIFICATION

**Q Which coaches are required to have CPR certification?**

A Head coaches at all levels of high school and junior high/middle schools must have a valid current Cardiopulmonary Resuscitation (CPR) certification by the established deadline for completion of the rules meeting, for the first sport in which the coach is a head coach during the school year. *Note: There is legislation that has “stalled” that would expand this CPR requirement to all high school coaches. If this changes in future seasons, the MHSAA will alert all coaches and schools.*

**Q Who is authorized to provide CPR certification?**

A The MHSAA does not dictate which organization or individual must provide CPR education and certification. However, a list of training providers approved by the Michigan Department of Education can be found on the [Michigan Department of Human Services website](#).

**Q How expensive is the certification?**

A \$0 to \$100.

**Q How long does certification take?**

A Two to five hours.

**Q How long does the certification last?**

A Generally, two years from the date of completion.

**Q Does the MHSAA specify the age level for the CPR training?**

A No. Generally, the course for adults alerts candidates of the necessary modifications for children and infants, and vice versa.

**Q Does an online course satisfy the requirement?**

A Yes. While not as effective as face-to-face courses, an online course does satisfy the requirement.

**Q Is it necessary for all head coaches to also have training in AED?**

AED training is often a part of CPR certification and is preferred. Most standard CPR courses include how to use an AED. Including AED training in CPR certification ensures that individuals are well-prepared to respond to cardiac emergencies effectively.