

Be The Referee

"Be The Referee" is a series of one-minute podcasts designed to help educate people on the rules of different sports, to help them better understand the art of officiating, and to recruit officials. "Be The Referee" features insights from MHSAA experts on officiating. These messages can be heard on This Week In High School Sports, which airs on over 100 radio stations and audio web outlets across Michigan.

Jan. 25, 2022 -- Before every individual or team wrestling event – each participant must be inspected by the referee, or other authorized personnel.

They are looking for any skin infections or evidence of a communicable disease.

A typical inspection will check a wrestler's mouth for braces, fingernails, hairlines, underarms, back/shoulder area, behind the knee and more.

All inspections are done in the same manner for all wrestlers at a tournament site, both male and female wrestlers.

Inspections generally should take place in an area not readily visible by the public because modesty concerns by the wrestlers

No wrestler is allowed to compete until they have gone through and passed the inspection.

Skin Inspections are done with the goal of keeping all participants as safe as possible and preventing the spread of contagious skin conditions.