



2025 MHSAA Division 1



Girls Swimming and Diving Championships

November 20-21

2025

@

Oakland University



Hosted by Oakland University Men's & Women's Swimming & Diving Teams



LOCATION:

Oakland University Natatorium 569
Pioneer Dr
Rochester, MI 48309

Swim Office: 248-370-4046
Athletic Facilities: 248-370-3117
FAX: 248-370-3136

TIME SCHEDULE:

Thursday, November 20

9:30 am	O'rena Ticket Office and doors to the spectator area open on third floor. “Officials and Participants” doors will open. They are located on the back side of the O’reana marked as loading dock entrance. You will go through the 3 glass doors into the building. Registration will be on the 1 st floor of the building (pool level).
10 am – 11:45 am	Swimming and Diving Warm-ups.
11:45 am	Clear pool/boards
12:00 - 3:30 pm (approx.)	Swimming prelims. Diving boards will remain open at this time. Diving preliminaries will commence immediately following the last heat of the 400 Free Relay

Friday, November 21

9:30am	Facility opens to competitors and coaches
10:00am-11:45am	Swimming and Diving warm-ups commence
12:00pm-5:00pm	Swimming & Diving Finals

RULES:

MHSAA Rules will apply according to the 2025-2026 NFHS Swimming & Diving Rule Book.

- During the Prelims session, there will be a 10-minute break after the 200 Yard Medley Relay and before the first heat of the 200 Yard Freestyle. Also, there will be a 15-minute break between the last heat of the 50 Yard Freestyle and the first heat of the 100 Yard Butterfly as well as a 10-minute break between the last heat of the 200 Freestyle relay and 100 Backstroke.
- During the Finals session, there will be a 10-minute break after the 200 Yard Medley Relay and before the first heat of the 200 Yard Freestyle, as well as a 15-minute break between the end of Diving and the 1st Heat of the 100 Yard Butterfly. Following the 200 Freestyle relay there will also be a 10-minute break before the 100 Backstroke. There will be a paralympic heats of both the 50 Freestyle and 100 Freestyle during the Saturday Finals session.

ENTRIES:

All swim entries are due **Monday, November 17th, by Noon**. ALL entries must be in Hy-Tek format (meet file available at MHSAA.com, software available on the Hy-Tek website). Please send Hy-Tek entries to: entriesd1@gmail.com. Please include an emergency phone number and contact information. ALL entries should include first and last name, grade (in number format...9-10-11-12). Use the school abbreviations supplied on the MHSAA website. Final diving entries will be made via the official eDive results from Regionals. **PLEASE INCLUDE DIVERS QUALIFYING FOR REGIONALS IN YOUR HY-TEK TEAM DATABASE SENT BY Monday, March 10th so we can remove them if not qualified for Championships.**

SWIMMING CONFIRMATION PROCEDURE:

- A. All entries are due by 12:00 pm the Monday before the state meet
- B. Coaches are warned to use a non-school email to prevent firewall issues, etc.
- C. Coaches must include
 - 1. Coaches contact info: Phone number and email address
 - 2. Appropriate MHSAA school name/abbreviation from MHSAA website-check MHSAA & MISCA Sites for up to date info.
(All codes are updated for use with Hy-tek)
 - 3. List Numeric Grades for all athletes
 - 4. Appropriate/verifiable seed time
- D. By 12:00 pm, Tuesday, state meet hosts will email back confirmation of receipt of entries and an entry report from what they receive.
- E. Coaches have until 9:00 pm, Tuesday to reply with any corrections to entry report – MAY BE SUBJECT TO \$50 LATE FEE at Meet Manager's discretion.
- F. Psych sheet will be posted on the MHSAA website by 12:00 pm, Wednesday.
NO CHANGES TO ENTRIES WILL BE ALLOWED AFTER 12:00 PM, WEDNESDAY.
- G. Psych sheets will include relay names including alternates.

DIVING CONFIRMATION PROCEDURE:

- A. All divers will be automatically entered into the State Meet via Regional Results. ALL divers must be listed in the Hy-Tek Entry File sent by swim coaches by Monday November 17h if they are diving Regionals.
- B. Diving sheets will not be included in the Meet Packet which coaches will receive at check-in Friday.
- C. An anticipated start time for diving is **IMMEDIATELY AFTER THE 400 FREE RELAY**. Therefore, confirmation and signing of final dive sheets must be made at the Diving Scoring Table, with the Diving Manager prior to 2:30 on Friday.
- D. No diving sheets should be faxed to Meet Management prior to the meet. All Diving sheets will be generated on-site via eDive.

ADMISSIONS:

- A. All tickets are digital and available through GoFan and must be presented at the main entrance of the O'rena. For more info visit <https://gofan.co/app/school/MHSAA>
- B. Thursday Prelims: \$11
- C. Friday Finals: \$11
- D. No outside chairs/seats allowed inside the facility

PROGRAMS:

- \$5 per program

CONCESSIONS:

- There will be a concession stand located on the 3rd level in the O'rena
- No outside food will allowed to be brought into the facility

PRACTICE, WARM-UP & COOL-DOWN:

- Swimmers may warm-up and cool-down on the South side of the bulkhead in the lanes provided.
- Open practice at OU will be open from 7-8 PM on Wednesday November 19th. This will include diving boards and pool space. Price will be \$15 a person, cash or check to Oakland Swimming and Diving will be collected at the door. A coach must be present with their teams to enter, however we will not be charging coaches to enter. All coaches/teams must confirm their athlete number and attendance to me (alters@oakland.edu) by Tuesday Nov 18th @ 12 PM. Any teams that arrive without reserving time will be charged \$30 per person.

DECK PASSES: (COACHES PLEASE READ!)

- Deck passes will be issued to all qualifying athletes, by the host and must be visible at all times.
- Per MHSAA policy, only two (2) coaches' passes per team will be issued, **(three (3) if a diver has qualified)**. No manager pass will be issued for teams with less than 5 qualifiers. Extra coaches or manager passes can be purchased by the head coach only for \$20 per pass at the registration table. Receipts will be provided upon request.
- Note: Athlete Deck Passes may not be used for access into the spectator seating area

PARKING (Please see attached maps):

- All buses and school vans should park in the parking lot P13 or P35
- Reminder: Classes will be in session and all illegally parked vehicles will be ticketed

T-SHIRT/APPAREL SALES:

- Apparel vendors will be located on the third floor of the O'rena

IMPORTANT FACILITY NOTES

Oakland University Athletics and Aquatic Center Rules will be enforced at all times.

NO CHAIRS (Chairback seats that clip onto bleachers are OK provided they are no wider than 18")

NO coolers or food brought into the facility. Concessions will be available.

NO video or camera tripods.

NO extension cords or battery chargers.

NO helium balloons.

NO taping of signs or team banners in facility except in designated area only.

NO shaving down of any kind in facility.

NO parking of buses or usage by buses in drop-off area in front of O'rena.

NO entrance into the swimming venue from the Recreation building entrance. **OU students only.**

NO noise makers or flash photography.

NO signs, posters, banners, etc. may be posted in the lobby or outside the building as these are considered *neutral sites*.

Parking permitted in all lots on a first come first serve basis. Lot's 11, 16, 17, 18, 26 along with the parking structure (P29) are the closest options. School is in session on Friday and parking will be limited. People parking in unauthorized areas will be ticketed. **OU Athletics reserves the right to reserve parking areas for other simultaneous events in the building if necessary**

Athletes and coaches only will be allowed to enter through from the **"Participant & Officials" doors** located off the loading dock entrances in back of the O'rena.

Team Registration will begin on Thursday morning on Level 1 of the natatorium starting at 9:30 AM.

Participant passes must be visible at all times.

Only two coaches (2) passes per team will be issued (per MHSAA). Extra coaches or manager passes can be purchased for \$20 per pass at the registration table. Receipts will be provided.

Bleacher seating will be provided on the pool deck for team use. Teams are responsible to clean up their area before leaving the facility.

Seating in the upstairs bleachers will be available on a first come first serve basis. Saving seats is NOT allowed. Do NOT sit in the stairways; this is considered a fire hazard.

PREFERRED HOTELS

Hyatt Place Detroit/Auburn Hills

1545 North Opdyke Rd.

Auburn Hills, MI 48326

Phone: 248-475-9393

Crowne Plaza Hotel of Auburn Hills

1500 N Opdyke Rd. Auburn Hills, MI 48326

Phone: 248-373-4550

Sonesta Select

2550 Aimee Ln.

Auburn Hills, MI 48326

Phone: 248-373-4100

PREFERRED RESTAURANTS

Buddy's Pizza

2612 N. Squirrel Rd Auburn Hills, MI 48326

Phone: 248-276-9040

Papa Romano's

3025 Walton Blvd Auburn Hills, MI 48326

Phone: 248-377-0440

Buffalo Wild Wings

1234 Walton Blvd Auburn Hills, MI 48307

Phone: 248-651-3999

RJ's Pub

288 W Tienken Rochester Hills, MI 48306

Phone: 248-652-9550

Jimmy Johns

2791 University Dr. Auburn Hills, MI 48326

Phone: 248-930-9115

Tropical Smoothie Cafe

2709 University Dr. Auburn Hills, MI 48326

Phone: 248-481-6769

On the Border

3930 Baldwin Rd. Auburn Hills, MI 48326

Phone: 248-230-2980

DIRECTIONS & CAMPUS MAP

- **From I-75**
I-75 to Exit 79 (University Drive)
East about one mile to Squirrel Road
- **From Telegraph Road**
Telegraph Road to Square Lake Road
To I-75 North Exit 79 (University Drive)
East about one mile to Squirrel Road
- **From M-59 East** (from Pontiac)
M-59 past Wide Track Drive
Stay in left lane, follow sign to University Drive
Turn right on University Drive
East about four miles to Squirrel Road
- **From M-59 West** (from Rochester)
M-59 to Squirrel Road Exit
North on Squirrel Road about three miles

