



MHSAA Track and Field Regional 13

Hosted by Sparta High School

Meet Manager: Nick Pettit

Asst Meet Manager: Kristin Melvin



<u>Location:</u>	Sparta High School Stadium : 475 West Spartan Drive Sparta, Michigan 49345
<u>Participating Schools:</u>	Sparta (Host), Forest Hills Eastern, Belding, Comstock Park, East Grand Rapids, Grand Rapids Catholic Central, Grand Rapids Christian, Grand Rapids West Michigan Aviation Academy, Kentwood Grand River Prep, Middleville Thornapple Kellogg, Wayland Union, Wyoming Godwin Heights, Wyoming Kelloggsville and Wyoming Lee
<u>Schedule:</u>	<p>12:00- Gates Open 12:30 - Weigh Ins and Pole Checks 12:45- Coaches Meeting at the 50 yard line 1:15- Field Events Start-Boys Disc, Girls Shot, 2 pits LJ, HJ & PV</p> <ul style="list-style-type: none"> • Shot Put and Discus Finals will begin 10 minutes after flights conclude. Top 9 in reverse order (1-1-1) <p>2:15- End of Open Pit Long Jump 2:30- Long Jump Finals Top 9 in Reverse Order (1-1-1) 3:15- 4x800 Finals 3:40- Prelims - Advance heat winners and next best times</p> <ul style="list-style-type: none"> • G/B 100 • G/B 100/110 High Hurdles • G/B 200 <p>5:25- National Anthem 5:30- Finals</p>
<u>Admission:</u>	All Tickets are \$7 and must be purchased through GoFan ONLY. Validated tickets and passes will NOT be accepted at admission. GO FAN TICKET LINK
<u>Hospitality:</u>	There will be a hospitality room provided for Event Workers and Coaches. Location marked on the map.
<u>Trainer:</u>	There will be two trainers on site along with our Team Doctor. NO CUPS WILL BE AVAILABLE - BRING WATER BOTTLES
<u>Restricted Areas:</u>	<p>-Each team will be given one lanyard for field access. Lanyards must be worn and visible in order to access the coaches box.</p> <p>-Coaches box will be in the infield between the 20 yard marks on the football field.</p> <p>-Athletes may be only in the infield if they are warming up for their event.</p>



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<u>Jury of Appeals:</u>	Nick Pettit - Meet Manager Mike Dykstra - EGR Girls Track and Field Coach Jackson Fox - Grand Rapids Catholic Central Boys Track and Field Coach 2 Officials
<u>Implement Weigh In:</u>	12:30-1:00 at Boosters Store located left of the front entrance
<u>Entries:</u>	All times, distances and heights shall have been achieved prior to 4:00 pm on Tuesday May 16th . Times must be entered as FAT times to the hundredth (.00) or handheld equivalent, adjusted by +.24 Late entries will not be accepted
<u>Entry Limitations:</u>	One (1) relay team per school team. A maximum of three (3) individuals may be listed by a team on each individual event, no alternates and no substitutions. Only two (2) may compete: however, if three (3) or more entries by a school team in an event have equaled or bettered the times or distances listed for Division 2 Additional Qualifying Times/Distances during the current outdoor season, then all of those entries may enter and compete in that event
<u>Team Tents:</u>	East side of the stadium. See attached map for more details.
<u>Team Entrance and Arrival:</u>	All teams must first enter through the front gates of Spartan Stadium
<u>Concessions:</u>	Concessions will be available on the South end of the Stadium
<u>Master of Eligibility:</u>	Please send a copy of your Master Eligibility list to alison.sparling@spartaschools.org by the MHSAA Opt-Out Date May 16th.
<u>Merchandise:</u>	Apparel is going to be available and sold by EA Graphics in the SouthEast corner of the stadium
<u>Call System:</u>	We will be announcing the first call, second call and third/final call. Athletes that don't report to the clerk of the course or field event supervisor by the third and final call will be scratched from that event.
<u>Wheelchair Events:</u>	MHSAA Regional will include Wheelchair Track and Field category for wheelchair participants in four events -100m,200m,400m and Shot Put. Participants must meet all MHSAA eligibility requirements and be added to the MEL. They must have participated in these events during two regular season meets.



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<u>Locker Rooms:</u>	Locker rooms will <u>not</u> be available. Bathrooms on the South end of the stadium.
<u>Scoring:</u>	See National Federation rule 2-I-2 (10-8-6-5-4-3-2-1)
<u>Warm Up Area:</u>	Additional Warm Up Area will be provided in the outfield of our baseball field.
<u>Starting Blocks:</u>	Traditional starting blocks will be provided. If you bring your own blocks, they must be approved by the meet manager or meet referee
<u>Spikes</u>	Only 1/4 inch or 1/8 pyramid spikes permitted.
<u>Awards:</u>	There will be a champion trophy provided for the winning boys and girls teams. Results will be announced as soon as possible. Team medal packets can be picked up following the conclusion of the event
<u>Uniform Rule</u>	A single manufacturer's logo/trademark/reference, no more than 2 1/4 square inches. Additionally, the only head attire that may be worn during competition is a knit stocking cap, sweatband,ski band, the hood of a one piece suit or undergarment. No color restrictions
<u>Bus Parking:</u>	Will be available at Apple Valley Event Center from 12:00PM-4:00PM: 2124 12 Mile Rd NW, Sparta, MI 49345 -School is in session during this event. We can't accommodate on site bus parking. See attached map for more details. -There will be a bus drop off lane in the front of the stadium. - <u>At 4:00Pm our Bus Parking Lot will be open for Bus Parking Only.</u>
<u>Finish Line</u>	Michiana Timing will be timing this event.



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- #1- Additional Warm Up Area
- #2- Team Tent Area
- #3- High Jump
- #4- Discus
- #5- Long Jump
- #6- Shot Put
- #7- Hospitality Room for Coaches and Event Workers
- #8- Implement Check
- #9- Bus Parking after 2:45pm



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BUS PARKING LOCATION

NO BUS ONSITE PARKING UNTIL 4PM

APPLE VALLEY EVENT CENTER: 2124 12 Mile Rd NW, Sparta, MI 49345

