



Montague Area Public Schools

Montague High School – Athletic Department

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MHSAA Region 23 - Track & Field Championship Saturday, May 20, 2023

Location: EG Townsend Athletic Complex, Montague HS, 4900 Stanton Blvd., Montague, MI 49437

Participating Schools: Fennville, Grand Rapids Covenant Christian, Grand Rapids North Pointe Christian, Grand Rapids Wellspring Prep, Grand Rapids West Catholic, Grandville Calvin Christian, Holland Black River, Kent City, Lakeview, Montague, Morley Stanwood, North Muskegon, Ravenna, Saranac, Saugatuck

Meet Manager: Jay Mulder - AD / 231-730-2626 / mulderj@mapsk12.org

Master Eligibility Roster: Due by Monday, May 15 by 3:00 p.m.

Email it to Dawn Misiora. misiorad@mapsk12.org

Entries: All Entries need to be made on **Athletic.net** before 11:59 p.m., May 16, 2023

Schedule: 8:15 a.m. - Gates Open

8:30 a.m.- 9:15 a.m. - **Implement Weigh-in** (Visitor Team Room at Stadium)

9:15 a.m. - **Coaches Meeting** - (Visitor Team Room at Stadium)

9:30 a.m. - **Field Event Scratches Due**

9:30 a.m. - **Boys Pole Starts** (Begin checking in poles at 8:45 a.m.)

10:00 a.m. - All Field Events will begin
Girls - High Jump, Shot Put
Boys - Discus, Long Jump

10:30 a.m. - **Prelim Scratch's due**

11:00 a.m. - **3200 M Relay followed by Prelims (100 M, 100 M H., 110 M H., 200M)**
Prelims-Winner of heats plus best times advance to Finals

12:00 p.m. - **Final Scratches Due**

1:00 p.m. - Finals will begin after the National Anthem

Girls 100 M Hurdles
Boys 110 M Hurdles
Girls 100 M Dash
Boys 100 M Dash
Girls 800 M Relay
Boys 800 M Relay
Girls 1600 M Run
Boys 1600 M Run
Girls 400 M Relay
Boys 400 M Relay
Girls 400 M Dash
Boys 400 M Dash
Girls 300 M Hurdles
Boys 300 M Hurdles
Girls 800 M Run
Boys 800 M Run
Girls 200 M Dash
Boys 200 M Dash
Girls 3200 M Run
Boys 3200 M Run
Girls 1600 M Relay
Boys 1600 M Relay

Trophy Presentation will be at the conclusion of the Boys 1600 M Relay

Scoring: Scoring in all events is done to 8 places: 10-8-6-5-4-3-2-1

Top 2 relay teams and individuals qualify for the MHSAA Division 3 State Meet as well as any who qualify using the additional qualifying standards.

Additional Qualifiers

Starting Heights: <https://www.mhsaa.com/sites/default/files/Track%20Field-Boys/2023/23%20qualifying%20standards.pdf>

Starters/Referees: Steven Anderson, Jim Bradley, Johnny Robinson

Timing

Finish Line

Scoring: Michiana Timing F.A.T.

Results: All meet results will be uploaded to Athletic.Net. LIVE results will be available during the meet at: <https://michianatiming.com/results/> The MHSAA will post results on their website at their earliest convenience.

Designated

Areas/Restrictions: Only athletes warming up or competing are allowed on the infield during competition. *No coaches / parents / spectators / non-competing athletes* are allowed

Track Marking: Chalk only for runway and track marking. No tape allowed.

Emergency Info: In case of severe weather we will follow MHSAA protocol and postpone the meet. Coaches and athletes should return to their buses. Spectators should return to their vehicles.

Trainer: A trainer will be onsite. Water and ice will be available.

Parking: Please have your buses park on the WEST side of the Montague High School.

Team Tents / Camps: Locations will be on a first come first serve basis, but we have a considerable amount of space for tents around the perimeter of the track and field areas. Please make every effort to keep your tent areas clean of debris.

Security: Teams are reminded not to leave their valuable items unattended. Montague Area Public Schools and the MHSAA will not be held responsible for lost or stolen items.

Admission: GoFan, link will be sent from MHSAA - \$7.00 per ticket

Concessions: Will be available

T-Shirt Sales: MHSAA Regional T-shirts will be available