

2023 MHSAA Track & Field

Saturday May 20th

SCHEDULE

Implement Weigh-In 8-8:45
Coaches Meeting 9:15 Location of Meeting Back side of the concession stand.

All Field Events and First Round Running Event Scratches are due by 9:00 am at the building behind concession stand location.

Field Events 9:30 am (Pole Vault will start at this time) All other Field events will start at 10:00 am
(*Girls HJ/Shot Put; Boys Discus/Long Jump/ Pole Vault*)

Field Events (These field events will take place at the conclusion of the previous field event)
(*Girls Discus/LJ/Pole Vault; Boys HJ/Shot Put*)

NOTE: For all running events in 2023, Girls will run first

3200m Relay 11:00
(*This is done before the first round of Running Events*)

Running Event Semifinals 11:30

Girls 100 M Dash
Boys 100 M Dash
Girls 100 M Hurdles
Boys 110 M Hurdles
Girls 200 M Dash
Boys 200 M Dash

All Remaining Event Scratches are due at (time) 12:00 pm

Finals - National Anthem (time) 1:00 pm

Running Event Finals Begin 1:00 pm

Girls 100 MH/ Boys 110 MH
100 M Dash
800 M Relay (4 x 200)
1600 M Run
400 M Relay (4 x 100)
400 M Dash
Girls 300 MH/Boys 300 MH
800 M Run
200 M Dash
3200 M Run
1600 M Relay (4 x 400)

Presentation of Awards and trophies at conclusion of all events

ADDITIONAL INFORMATION

ADMISSION/TICKETS – All tickets will be digital, sold via GoFan and cost \$7.00. A mobile device is required. Links for GoFan will be on each site hosts GoFan account found at <http://www.gofan.co/> . Please make sure that you let all of your spectators know.

WARM-UPS - The track/infield will be available for warm-up activity until 9:45 at which time all participants must clear the areas for competition. The track will be available during the break before Finals until 12:45.

TRAINER - An athletic trainer will not be at the meet. Ice and water will not be provided.

TEAM PARKING - Team buses/vans should park in the north parking lot in front of the school.

TEAM CAMPS - Team tents/gatherings may not be set up in the infield of the track. They may be set up outside the perimeter of the track. Remind teams that they must removed trash from their areas before leaving the facility.

LOCKER ROOMS - Showers/Lockers will be available to participants.

SECURITY - Remind your athletes to not leave bags unattended.

RESULTS will be available for coaches approximately after each race on athletic.net.

Teams Attending -

Baldwin
Brethren
Fruitport Calvary Christian
Hesperia
Holton
Hudsonville Libertas Christian
Manistee Catholic Central
Mason County Eastern
Muskegon Catholic Central
Muskegon Heights Academy
Muskegon Western Michigan Christian
Onkama
Pentwater
Walkerville
Wyoming Potter's House Christian
Wyoming West Michigan Lutheran