

**2023 REGIONAL 37 – 4 TRACK MEET
BRECKENRIDGE HIGH SCHOOL**

Welcome:

Breckenridge High School is proud to be the host of the 2023 Track and Field Regional #37– 4. Hopefully, this information will help you in your preparation for the Regional on Saturday, May 20th. If you have any questions, feel free to call the manager, Ryan Sklener at the following locations: Office (989)842-3182, Cell (989) 620-5273, fax (989) 842-5761 and/or via email at rsklener@breckhuskies.org

DATE: Saturday, May 20, 2023

ADMISSION: \$7.00 – NO PASSES

GATES WILL BE OPEN TO THE PUBLIC AT 8:00 A.M.

ALL REGIONAL QUALIFIERS MUST BE ENTERED INTO ATHLETIC.NET BY 11:59 P.M. TUESDAY, MAY 16TH. GO TO MHSAA.COM FOR INSTRUCTIONS.

SCHOOLS COMPETING:

| | | | |
|----------------------|---------|-------------------------|-----------------------|
| Beal City | Coleman | Merrill | Michigan Lutheran Sem |
| Big Rapids Crossroad | Farwell | Montabella | Saginaw Nouvel |
| Breckenridge | Fowler | Sacred Heart | St. Charles |
| Carson City | Fulton | Saginaw Arts & Sciences | Vestaburg |

STARTERS/REFEREE:

Starters – Kathy Hutfilz & Jill Sandro

Referee – Dale Brecht

MEET MANAGERS:

Rudy Godefroidt, home (989) 642-5830 and Cell (989) 372-4983

Ryan Sklener, Athletic Director, Breckenridge Community Schools (989) 842-3182

FIELD EVENTS:

IMPLEMENT WEIGH-IN: 8:30 a.m. (Ticket booth by main gate)

COACHES MEETING: 8:30 A.M. IN THE BUS GARAGE

****SCRATCHES ARE DUE FOR THE FIRST SESSION AT 9:00 A.M.**

****COACHES PACKETS WILL BE GIVEN OUT AT COACHES MEETING**

ALL FIELD EVENTS ARE SCHEDULED TO START AT 9:30 A.M.

THERE WILL BE A ONE HOUR BREAK BETWEEN GENDERS OF THE FIELD EVENTS.

10:30 A.M. 3200 Relay (girls then boys)

New: We are a FAT Regional and approved to eliminate one round of competition.

ALL PRELIMINARY RACES ARE SCHEDULED TO START AT 11:00 A.M.

Preliminary order is: 100 Meter dash (girls then boys)
 100 Meter hurdles (girls)
 110 Meter hurdles (boys)
 200 Meter dash (girls then boys)

*Pending heat numbers, advancing from Prelims to Finals shall be this:

1. Heat winners from each heat and then the fastest times to fill all remaining available lanes.
2. Heats – 2 heat winners, 6 fastest times to fill available lanes.
3. Heats – 3 heat winners, 5 fastest times to fill lanes.
4. Heats - 4 heat winners, 4 fastest times to fill lanes.

*Note: Second session scratches are due to the press box fifteen minutes after the last heat of the boys 200 meter preliminary event.

THERE WILL BE A ONE HOUR BREAK AFTER THE PRELIMINARY RACES.

AFTER THE ONE HOUR BREAK WE WILL HAVE THE NATIONAL ANTHEM FOLLOWED BY:

100 Meter hurdles finals (girls)
110 Meter hurdles finals (boys)
100 Meter dash finals (girls then boys)
800 Meter relay finals (girls then boys)
1600 Meter run finals (girls then boys)
400 Meter relay finals (girls then boys)
400 Meter dash finals (girls then boys)
300 Meter hurdles finals (girls then boys)
800 Meter dash finals (girls then boys)
200 Meter dash finals (girls then boys)
3200 Meter run finals (girls then boys)
1600 Meter relay finals (girls then boys)

AWARDS/TROPHIES PRESENTED AT THE CONCLUSION OF ALL EVENTS.

ENTRIES: Please make sure you enter only 3 athletes in each event unless each one has hit additional qualifying mark for regionals. Entries are due by 11:59PM Tuesday, May 16th. You must scratch down to 2 athletes on Saturday unless all have hit additional qualifying mark. **All times, distances and heights shall have been achieved prior to 11:59pm on May 16th.** Entries for whom times were not submitted or for whom confirmed false times were submitted, are to be placed in the last heat or first section without seeding consideration.

FAT Conversion: Times must be entered as FAT times to the hundredth (.00) or handheld equivalent, adjusted by +.24.

LOCKER ROOMS: Will not be available to teams, nor will showers

WARM-UPS: The track will be available for warm-ups until 10:15 a.m. at which time the track must be cleared. The track will also be available for warm-up during the one hour break before finals; it must be cleared fifteen minutes prior to the start of the finals.

TRAINER: A trainer or rescue unit will be available throughout the meet and ice/water will be provided. Teams are welcome to bring their own trainer/ice/water.

PARKING: Please have your buses park on the SOUTH side of the parking lot that is adjacent to the track. They should be south of the building in the open grassy area.

TEAM TENTS/CAMPS: Team tents may NOT be set up on the inside of the fenced track area. Locations will be on a first come first serve basis but we have considerable amount of space for tents around the perimeter of the track and field areas. Please make every effort to keep your tent areas clean of debris.

SECURITY: Teams are reminded not to leave their valuable items unattended. The Breckenridge Community Schools and the MHSAA will not be held responsible for lost or stolen items.

RESULTS: All meet results will be uploaded to Athletic.Net & MichiganTrackandField.com. The MHSAA will post results on their website at their earliest convenience.

DESIGNATED AREAS/RESTRICTIONS: Only athletes warming up or competing are allowed on the infield during competition. *No coaches/parents/spectators/non-competing athletes* are allowed. Designated coaching boxes will be assigned.

ELIGIBILITY REMINDER: DUE BY TUESDAY, MAY 16th by 8:00pm.