

# MHSAA Division 3 Track and Field Regional No. 38

## Brown City High School Friday, May 19, 2023 @ 3 p.m.

Welcome! Your school has been assigned to Track and Field Regional No. 38 hosted by Brown City High School. The meet will be held on Friday, May 19, 2023 beginning at 3 p.m.

### **15 COMPETING SCHOOLS**

Akron-Fairgrove, Brown City, Capac, Carsonville-Port Sanilac, Caseville, Deckerville, Harbor Beach, Kimball New Life Christian, Kinde North Huron, Kingston, Marlette, Mayville, Peck, Ubyly, Unionville-Sebewaing

### **ENTRIES:**

**We will be using ATHLETIC.NET.**

1. FAT entries, please do NOT adjust times.
2. Hand Timed entries should be rounded up and entered as 12.9 (i.e. 12.83 = 12.9). The coach does not need to add the 0.24 conversion factor, as [athletic.net](http://athletic.net) will add the 0.24 for the coach.

Entries are due on **Tuesday, May 16 by 11:59 p.m.** Each school may enter 3 per even, butt only two can compete unless they have met additional qualifying standards. Substitutions can only be made in relays.

### **Coach's Meeting:**

2:15 p.m. south end of the track shed/concession stand.

### **TEAM BUS PARKING:**

Buses will park in the North parking lot between the two schools, located behind the elementary playground.

### **PARKING:**

Spectators may park in the high school parking lot on the south side of the high school or on the east side of the high school.

**ADMISSION:** All tickets will be digital, sold via GoFan and cost \$7. A mobile device is required. Links for GoFan will be on each site host's GoFan account found at [www.GoFan.co](http://www.GoFan.co)

### **LOCKER ROOMS WILL NOT BE PROVIDED**

### **TRACK MARKINGS:**

Chalk may be used but will not be provided. *Please do not use any tape on the track!*

**IMPLEMENT WEIGH IN:** This will be on-site in the track shed.

**PRESS BOX:** No coaches, athletes or team personnel will be allowed in the press box at any time unless requested.

### **INFIELD/WARM-UP AREA:**

No coaches are permitted on the infield at any time. Athletes may only be on the infield one event prior to their event for warm-up purposes. All athletes must enter the track at the west end gate.

### **TENTS/CANOPIES:**

Set up of tents and canopies is permitted as long as they set up outside the competition area and are not on the infield.

### **SCRATCHES:**

Scratches may be made in the scratch area in the Press Box.

### **APPEALS:**

The appeal process is intended to reverse the ruling or correct an error. In order to file an appeal, a coach must fill out the appeal form that will be included in the race day packet and give the appeal form to the meet monitor or meet manager.

The following situations are subject to appeal:

1. Misapplication of a rule
2. Clerical errors in placing (30 minute time limit)
3. Team scoring error (48 hour time limit)
4. Misapplication or failure to follow a procedure in the terms and conditions of competition announced in advance.

The following situations ARE NOT subject to appeal:

1. Judgment
2. Decision by finish judges/timers that does not involve misapplication of a rule

All appeals will be reviewed by the Jury of Appeals (one boys coach, one girls coach, meet monitor, and meet manager) and a decision will be made. The Jury of Appeals shall have the final authority over all appealed matters.

### **SPIKE SIZE:**

All spikes must be 1/8 inch exposed or less.

### **RESULTS:**

Results will be posted throughout the day on the North side of the concession stand. Complete meet results and medals will be available for coaches approximately 30 minutes following the conclusion of the meet. The MHSAA will have results available online at mhsaa.com.

### **MEET SCHEDULE: (ALL TIMES ARE APPROXIMATE)**

<b>2:00 P.M.</b>	Gates Open
<b>2:15 P.M.</b>	Coaches meeting (underneath the press box in front of the garage door).
<b>3:00 P.M.</b>	Welcome/All Field Events Start
	Boys Pole Vault
	(2 high jump pits-1 for girls-1 for boys/ run at same time)
	(Girls shot put first, followed by boys)
	(Boys discus first, followed by girls)
	( 2 long jump pits 1 for boys south long jump pit, girls north long jump pit)
<b>4:00 P.M.</b>	3200M Relay
<b>4:30 P.M.</b>	<b>Qualifying Round (Girls first in 2023)</b>
	100 M Dash
	100 M 33" Hurdles
	110 M High Hurdles
	200 M Dash
<b>4:30 P.M.</b>	<b>Remaining Scratches Due</b>

**\*\*\*\*ONE HOUR DINNER BREAK\*\*\*\***

**6:00 P.M. National Anthem/ Running Event Finals**

(Approx) Girls 100/Boys 110 Hurdles  
100M Dash  
800M Relay  
1600M Run  
400M Relay  
400M Dash  
300M Hurdles  
800M Dash  
200M Dash  
3200M run  
1600M Relay

*\* Presentation of awards and trophies at the conclusion of all events.*

**MEET OFFICIALS:**

**Starters:**

Rich Lee  
Dan Dean

**Referees:**

Doug Grezeszak

**CONCESSIONS:**

There will be a concession area open at the track.

**QUESTIONS:**

Cindy Burton 810-346-4700 ext 41070 [cburton@browncityschools.org](mailto:cburton@browncityschools.org)  
Michele Blake 810-346-4700 ext 41066 [mblake@browncityschools.org](mailto:mblake@browncityschools.org)  
Don Twiss 989-980-3294 [coachdtwiss@outlook.com](mailto:coachdtwiss@outlook.com)

**ORDER OF EVENTS**

- ALL FIELD EVENTS
- Qualifying Round
  - i. 100M DASH
  - ii. 100M 33" HURDLES
  - iii. 110M HIGH HURDLES
  - iv. 200M DASH
- 3200M RELAY
- 100M 33" HURDLES
- 110M HIGH HURDLES
- 100M DASH
- 800M RELAY
- 1600M RUN
- 400M RELAY
- 400M DASH
- 300M LOW HURDLES/300M INT HURDLES
- 800M DASH
- 200M DASH
- 3200M RUN
- 1600M RELAY

**Scoring:**

10-8-6-5-4-3-2-1