



**2024 JUNIOR HIGH/MIDDLE SCHOOL TRACK REGIONAL  
LOCATION: BRETHREN MIDDLE/HIGH SCHOOL  
TUESDAY, MAY 21, 2024**

**Basic Information-** There is no cost or entry fee for this meet. First 25 schools to sign up will be allowed to compete. You need to be a member of the MHSAA. Each school will be allowed to bring two athletes per event or one relay team per relay. If additional athletes meet the qualification standards beyond the one entry, they would be allowed to compete. No more than three competitors from any one school would be able to compete in an event regardless of best times, heights, or distances.

**Schedule**

**Implement Weigh - in:** 10:00-10:45 am - Location - in the track shed  
**Coaches Meeting:** 10:45 am - Location - backside of track shed

**Registration:** All athletes will need to be registered through athletic.net. **Registration closes Saturday at 9:15 pm.**

**Presentation of Awards and trophies at conclusion of events**

**Additional Information**

**Admission/Tickets** - All tickets will be digital, sold via Gofan and cost is \$6.00. A mobile device is required. Links for Gofan will be on each site hosts Gofan account found at <http://www.gofan.com>. Please make sure that you let all of your spectators know.

**Warm-ups** - The track/infield will be available for warm-up activity until 2:00 pm at which time all participants must clear the areas for competition. The track will be available during break before finals until 4:00 pm.

**Parking** - Everyone will need to drop athletes off at the entrance and then park across the street at the church.

**Team Camps** - Team tents/gatherings may not be set up in the infield of the track. They may set up outside the perimeter of the track behind the line that will be painted on the ground. Please make sure that you remove your trash at the end of the meet. Trash bags will be provided to every team.

**Locker rooms** - Showers/Locker rooms will be available to participants

**Security** - Remind your athletes not to leave bags unattended

**Concessions** - There will be concessions available with various items.

**Results will be available for coaches approximately after each race on athletic.net.**

**All Field Events and First Round Running Event Scratches are due by 10:45 am.**

Pole Vault will start at 11:00 am

**Field Events:** 11:30 am - Boys- High Jump/Shot Put

Girls- Pole Vault/Long Jump

**Field Events** - Rest of the events will take place at the conclusion of previous events

**Note: For all running events in 2024, Boys will run first**

**3200 Relay 1:45 pm**

**Running Event Finals Begin 2:00 pm**

**Order of Events - Boys will be running first**

55 hurdles

100 dash

4 x 200 relay

1600 m run

4 x 100 relay

400 dash

70 dash

800 run

200 hurdles

200 dash

3200 run

4 x 400 relay

**Presentation of Awards and trophies at conclusion of events**