



2024 MHSAA REGIONAL TRACK AND FIELD



FRIDAY, MAY 17th 2024

**Host: Romeo High School
62300 Jewell Rd, Washington, MI 48094**

COACHES RESPONSIBILITIES

11:30-12:15 p.m.	Implement Weigh In	2:00 p.m.	Prelim Scratches Due
12:30 p.m.	Coaches Meeting - Finish Line	5:00 p.m.	Finals Scratches Due
12:30 p.m.	Pole Vault Scratches Due	1:30 p.m.	Field Event Scratches

**Scratches can be done at the finish line or on athletic.net. A Scratch Window will be open in A-Net.*

**Scratch sheets are in your packet, and can be referenced using the following link [Scratch Sheet Link](#)*

FIELD EVENT SCHEDULE - Scratches Due @ 12:30 p.m. (Girls PV) & 1:00 p.m. (Remaining Field)

★ 1:00 p.m.	Girls Pole Vault	(Run Event to Conclusion)
★ 2:00 p.m.	Girls & Boys Long Jump	(Finals Follow Immediately)
	Double Pit Running Simultaneously - OPEN PIT for 90 minutes	
★ 2:00 p.m.	Boys Shot Put	(Finals Follow Immediately)
★ 2:00 p.m.	Boys High Jump	(Run Event to Conclusion)
★ 2:00 p.m.	Girls Discus	(Finals Follow Immediately)

BEGINS 30 MINUTES AFTER PREVIOUS COMPETITION - Listen to the PA announcements

★ PA Announcement	Boys Discus	(Finals Follow Immediately)
★ PA Announcement	Girls Shot	(Finals Follow Immediately)
★ PA Announcement	Boys Pole Vault	(Run Event to Conclusion)

BEGINS 1 HOUR AFTER PREVIOUS COMPETITION - Listen to the PA announcements

★ PA Announcement	Girls High Jump	(Run Event to Conclusion)
-------------------	-----------------	---------------------------

PRELIMINARY RUNNING SCHEDULE - Scratches Due @ 2:00 p.m.

★ 2:30 p.m.	3200 Relay
★ 3:30 p.m.	Prelims (100 Meter Dash, 110/100 Meter Hurdles, 200 Meter Dash)
★ 4:30 p.m.	BREAK - Coaches Hospitality in RHS cafeteria - Use Wristband

FINALS RUNNING SCHEDULE - Scratches Due @ 5:00 p.m.

★ National Anthem 5:20 p.m.

FINALS START @ 5:30 p.m.

The following schedule will not run more than 10 minutes ahead. If behind schedule, the schedule will move to a Rolling Schedule.

★ 5:30 p.m.	110/100m Hurdles
★ 5:40 p.m.	100m Dash
★ 5:50 p.m.	800m Relay
★ 6:10 p.m.	1600m Run
★ 6:40 p.m.	400m Relay
★ 7:00 p.m.	400 Dash
★ 7:30 p.m.	300m Hurdles
★ 8:00 p.m.	800m Run
★ 8:20 p.m.	200m Dash
★ 8:30 p.m.	3200m Run
★ 9:00 p.m.	1600m Relay

Boys Run First in 2024
Athletes Check-In @ 100m Bullpen
Trophy Presentation: 10 min after 1600 Relay
Facility Map Link

We will follow all event stagers, exchange zones, and officials commands as listed on the 2024 MHSAA officials pal [Click Link for more information - Official Pal](#)



2024 MHSAA REGIONAL TRACK AND FIELD



FRIDAY, MAY 17th 2024

**Host: Romeo High School
62300 Jewell Rd, Washington, MI 48094**

SPECTATOR ADMISSION

- ★ Spectator Cost is \$7.00 per entrant, and tickets can be purchased on [GO FAN - Click Link](#).
- ★ Spectators will be only admitted at the Main Entrance of the Romeo HS Track and Field Facility.

ENTRIES

- ★ All entries need to be made on [Athletic.net](#) by 11:59 pm, Tuesday, May 14th, 2024.
- ★ Each team is allowed to enter **1 relay per team** and **3 entries per event** and must [scratch down to 2 contestants](#). A team may enter more than 3 athletes, provided all athletes have met the regional additional qualifying standards. Teams not scratching down to 2 will have the lowest time/mark scratched if not meeting the AQ once the scratch window closes.
 - (Overrides will not be accepted, only confirmed times)
- ★ All performances shall have been achieved prior to 11:59 pm on May 14th, 2024.
 - Times must be entered as FAT to the hundredth (.00) or the handheld adjusted to the FAT equivalent.
 - Handheld Times must be converted. The handheld times shall first be rounded up to the slower one tenth of a second (10.42 rounded to 10.5) then a conversion factor of .24 must be added (10.5 + .24 = 10.74).
- ★ Athletes or relay teams that do not have times submitted, or with incorrect times submitted, will be placed in the slow heat without seeding consideration. We will not reseed!
- ★ Please do not wait until the last minute to work on your entries. Late Entries for CLERICAL ERRORS ONLY. Start the process early. **IF ENTRIES ARE LATE:**
 - \$50 must be paid before the contestant or team will be allowed to participate. There are to be no late entries after the Regional individual positions are set.
 - The only changes which are permitted after 11:59 pm, May 14th, 2024 will be scratches or clerical errors so double check entries for accuracy.

ATHLETE CHECK-IN AND SCRATCHES

- ★ Scratches can be done with the meet timer at the finish line or directly online in Athletic.net. Please be prompt with scratches. Once scratched, the athlete cannot be added back in.
- ★ Athletes will check in with the clerk located in the bullpen located in the northwest corner of the track (by the 100m start).
- ★ Call System: 1st, 2nd, 3rd (last) call will be used. Athletes should check in early and use a teammate or coach as a stand in if they are at a field event.
- ★ Athletes that do not check in will be scratched.

AWARDS AND RESULTS

- ★ Scoring is 10-8-6-5-4-3-2-1 for places 1st - 8th
- ★ Team awards packets may be picked up at the press box after the conclusion of the 4x400m relay.
- ★ Results will be posted to athletic.net, and Live Results will be updated throughout the meet.
- ★ MHSAA State Finals qualifier information will be posted on [www.mhssa.com](#)

LIVE TIMING

- ★ Live Timing and scoring will be made available through athletic.net on the main page
 - [Athletic.Net - Link](#)

TEAM CAMPS

- ★ NO TEAM CAMPS on the infield. NO TEAM CAMPS in the Field Event area.
- ★ Please set up your team camps in the designated areas located on the facility map. Teams also may station under the home bleachers if preferred. Click Link [Team Camp Map](#)



2024 MHSAA REGIONAL TRACK AND FIELD



FRIDAY, MAY 17th 2024

Host: Romeo High School

62300 Jewell Rd, Washington, MI 48094

WARM UP AREA

- ★ Only athletes preparing for their event, and are checked in may use the northwest side of the track (closest to the entrance) for warming up. The Finish Line from the 30 yard line will be completely roped off. Athletes will not be allowed to enter this area unless leaving after finishing your race. Only coaches and checked in athletes should be on the infield.
- ★ Athletes must leave the competition and warm-up area once finished with their races. Coaches please help police this. Warm-up Cool-down areas for athletes not checked in include:
 - ★ Crushed Limestone Path Behind Romeo High School
 - ★ Soccer Fields @ Hevel Elementary
 - ★ Macomb Orchard Trail
 - ★ See [\(Warm-Up Facility Maps - Link\)](#)

BARNABO FIELD TRACK

- ★ The track is an eight-lane Polyetherimide surface. Spikes that are no longer than 1/4" will be allowed. All exchange zones and waterfall markings have been updated and will be utilized per MHSAA guidelines.
- ★ Field Events are all in one area of the facility, located behind the visiting bleachers. We will be running 2 simultaneous pits of the Long Jump, separated by genders.

MARKING MATERIAL

- ★ Chalk is the only acceptable marking method and will be provided.
- ★ LJ and PV-chalk marks are to be on the outside of the runway lines. Runways are marked and a tape will be laid.
- ★ HJ-chalk marks are limited to 2 per athlete and no marks should be made near the takeoff area. Marks should be no more than 6' and identifying marks should be reasonable.
- ★ Relays-chalk marks should be reasonable in size and considerate of others who will be making marks after your heat. Absolutely **NO TAPE**...thank you in advance

CONCESSIONS/BATHROOMS

- ★ Concessions will be available throughout the meet and are located at the main entrance of the stadium. Bathrooms are also available in this area.

MHSAA RULES TO BE AWARE OF

- ★ Air pods/headphones usage are not permitted in the competition area per MHSAA rules. Coaches, remind your athletes of this as officials will be policing this.
- ★ Removing shirts while in the competition area or changing in the competition area is prohibited. This is a point of emphasis, officials will be monitoring this. Remind your athletes.

COACHES PASS/USE OF THE INFIELD

- ★ We want coaches to be able to have an opportunity to coach their athletes. There will be Coach's passes included in your packet, and we will be limiting this to 4 wristbands per school, which will grant coaches access to the infield, field event areas, and hospitality.
- ★ During the break, we will provide hospitality (food and beverages) to all coaches with a wristband in the RHS cafeteria.
- ★ Coaches, be mindful of the coned off areas so the timers and officials can do their jobs.
- ★ Coaches, remind athletes **NOT** in competition, that they need to leave the field, and spectate outside of the track/field areas. Athletes will only be considered in competition if they are checked in for their event, and are warming up. We need to keep the field mostly cleared throughout the day. This was a point of emphasis at the recent MHSAA rules meeting.



2024 MHSAA REGIONAL TRACK AND FIELD



FRIDAY, MAY 17th 2024

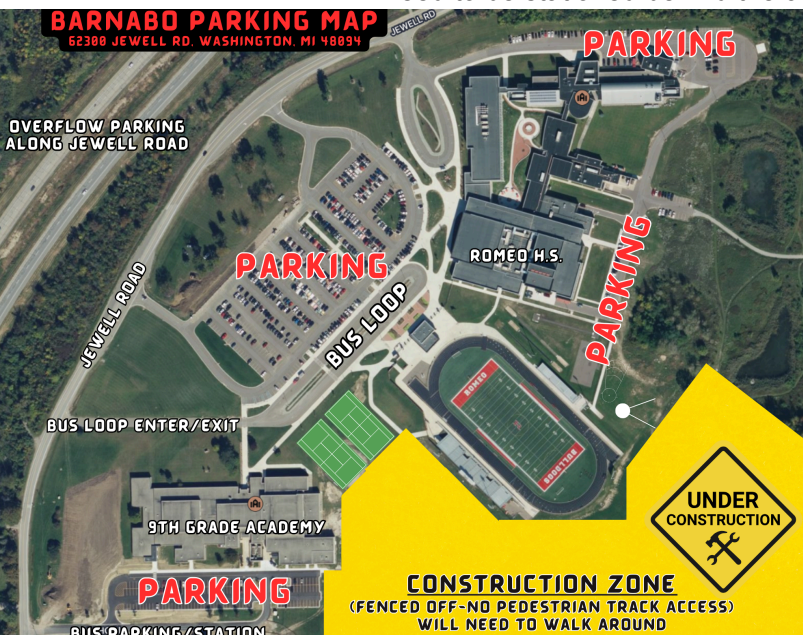
Host: Romeo High School
62300 Jewell Rd, Washington, MI 48094

SCHOOL DISMISSAL, BUS DROP-OFF, AND PARKING

[PARKING MAP - SPECTATORS AND COACHES](#) ← CLICK LINK

[BUS PARKING MAP](#) ← CLICK LINK

- ★ **Romeo H.S. dismisses @ 2:15 p.m.**, and will be still in session when Field Events begin. **NO ATHLETES, SPECTATORS or COACHES** should be going into the school throughout the school day. Thank you in advance.
- ★ Parking will be available while school is in session, but will be spread out prior to 2:00 p.m., so please plan accordingly. Click the Parking map link above for details.
 - Parking is available entirely around the school in the RHS lots, and behind the 9th grade academy. The 9th grade lot is virtually empty throughout the day.
 - Overflow grass parking and shoulder parking along Jewell Rd can be utilized if needed.
 - There's construction on our baseball fields during this time, so you will need to walk around the 9th grade center if using this lot.
- ★ **ALL ATHLETES, COACHES, AND SPECTATORS...Parking between 2:00 p.m. - 2:45 p.m. will be very difficult during school dismissal.** Please plan accordingly...be patient during this time as it will take longer.
 - We **STRONGLY** urge everyone to arrive before or after this time frame, if possible.
 - Inform athletes, coaches, and spectators about this time frame. If by chance you do arrive during this time due to events out of your control, the best lot to use will be behind the 9th grade center as dismissal buses and parents will be primarily in the main lot. Thank you in advance for your cooperation.
- ★ **Coaches inform your bus drivers**
 - Buses dropping off prior to 2:00 p.m. and after 2:45 p.m. can use our main bus loop, and then station at the 9th grade Center (Left on Jewell, first lot to the left). Buses can pick back up in the bus loop at the conclusion of the meet. [See Bus Parking Map](#)
 - The bus loop will be **CLOSED** to track and field buses starting at 2:00 p.m. due to RHS dismissal, and will re-open at 2:45 p.m.. All buses arriving prior to 2:00 p.m. will need to be stationed behind the 9th grade center after dropping athletes.





2024 MHSAA REGIONAL TRACK AND FIELD



FRIDAY, MAY 17th 2024

**Host: Romeo High School
62300 Jewell Rd, Washington, MI 48094**

ADAPTIVE EVENTS

MHSAA Regional and Final Track & Field tournament will include a wheelchair Track & Field category for wheelchair participants in four events. These events will include the 100m , 200m , 400m and shot put. Participants in this category must be eligible team members, meeting all MHSAA eligibility requirements and be listed on the school's Master Eligibility list. Participants in this category at a Regional meet must have participated in these events during **TWO** regular season meets. Please enter athletes under adaptive.

ATHLETIC TRAINER/MEDICAL ATTENTION

- ★ There will be a certified athletic trainer on site through the day (Kayla Bidus). Most of the meet she will be stationed at the start finish line. Don't hesitate to let us know if an athlete needs attention. Additionally, we will have water stationed throughout the west end of the track for athletes throughout the meet.

INCLEMENT WEATHER

- ★ When lightning is observed or thunder is heard, the contest must be suspended. When lightning is observed or thunder is heard and the contest is suspended, contestants shall not return to competition until lightning has been absent from the local sky and thunder has not been heard for 30 minutes. We have a contingency plan in place in case of severe weather.

JURY OF APPEALS

The Jury of Appeals shall consist of two meet officials (other than the Referee or Starter), the Meet Manager or their designee, one coach representing boys teams and one coach representing girls teams. The Jury of Appeals shall serve as the final authority. Any member of the Jury of Appeals who is a party to an appeal is not eligible to serve on the Jury for that appeal. The alternate selection shall replace them on the jury for that appeal. Judgment decisions may not be appealed. The following appeal form should be used - [Appeal Form - Link](#) There's also a hard copy in your packet.

- ★ James Cleverly - Head Referee & Meet Monitor
- ★ Tony Pankowski- Starter
- ★ Megan Berry - Utica High School (Boys Team Representative)
- ★ Paul Nevado - Port Huron Northern (Girls Team Representative)
- ★ Michael Buslepp - Romeo High School and Meet Manager
- ★ Terry Wilson - Chippewa Valley (Alternate Boys Team Representative)
- ★ Mike Timpa - Dakota (Alternate Girls Team Representative)

OFFICIALS & MEET MANAGEMENT

- ★ Head Referee & Meet Monitor - James Cleverly
- ★ Field Referee -Ken Siendewand
- ★ Girl's Starter - Beth Reinhold
- ★ Boy's Starter - Tom Eschman
- ★ Recall Starter - Mark Broucheau
- ★ Clerk - Glenn Craze
- ★ Clerk - Tony Pankowski
- ★ Finish Line - Myles Cleverly

Meet Manager - Cody Smith (Athletic Director) - cody.smith@romeok12.org - 586-281-1145

Meet Manager (Track) - Michael Buslepp - michael.buslepp@romeok12.org - 586-770-2591

Meet Manager (Field) - Michael Lee - c21michaellee@hotmail.com - 586-531-8895

Head Timer - Bob Busquaert - fastbobhrm@gmail.com - 586-822-3608



2024 MHSAA REGIONAL TRACK AND FIELD



FRIDAY, MAY 17th 2024

Host: Romeo High School

62300 Jewell Rd, Washington, MI 48094

Head Event Workers and Volunteers

- ★ Field Event Manager: Mike Lee
- ★ Shot and Disc Weigh In: John Murray
- ★ Long Jump: Brant Arendts, Lewis Page, Joe Gerow
- ★ High Jump: Tim Propst, Craig Bryant, Marrian Shrock, Nathan Fraeyman
- ★ Pole Vault - Keith Lemley, Jason Saliga
- ★ Implement Weigh In: John Murray
- ★ Shot: Luke Heide, Louis Thom
- ★ Disc: Tom Anderson and Jake Murray

- ★ Track and Field Manager: Mike Buslepp
- ★ Finish Line Management: Jim Charrette, Erin Schwehofer
- ★ Lead Timer: Bob Busquaert
- ★ Announcer: Jerry Fraeyman, Richard Cory
- ★ Medal Sorter: Gina Charrette and Melissa Arendts
- ★ Parking Coordinator: Dave Sharnas and Melissa Arendts
- ★ Concessions Coordinator: RACC and Serve
- ★ Gates Coordinator: Romeo Track Parent Volunteers and Serve
- ★ Hurdle Crew: The Romeo Track Team