



DIVISION 2 TRACK & FIELD REGIONAL #18

MAY 17, 2024

HOSTED BY MARIAN HIGH SCHOOL

HELD AT [OAKLAND UNIVERSITY ELAINE LEIGH TRACK & FIELD COMPLEX](#)

Tournament Managers: Michael D. Watson, CMAA – Marian High School Athletics Director
Athletic Office Telephone: 248.644.1954
mwatson@marian-hs.org
Cell: 248.881.6042

Alan Ganshorn – Meet Manager
alan.ganshorn@gmail.com
Cell: 248.763.0858

Meet Officials: Meet Timer: Don Passenger
Referees: John Dunn, Jennifer Blashill
Starters: Jim Shannon, John Worthington

Head Athletic Trainer: Dawn Thrasher, AT,ATC,PES,FMS: Cell – 313.850.2250
Trainer tent will be located at the Southwest corner of the track. Water and portable AED will be available at the tent. All athletes should bring their own supplies in order to be taped.

Participating Schools: [Bloomfield Hills Marian](#), [Center Line](#), [Detroit Country Day](#), [Detroit Denby](#), [Detroit East English](#), [Detroit Henry Ford](#), [Eastpointe](#), [Ferndale](#), [Ferndale University](#), [Harper Woods](#), [Harper Woods Chandler Park](#), [Hazel Park](#), [Madison Heights Lamphere](#), [St Clair Shores South Lake](#), [Warren Fitzgerald](#), [Warren Lincoln](#), [Warren Regina](#)

Entry Materials: Participating schools must opt-out or send MHSAA Master Eligibility List to Mike Watson by Tuesday, May 14. In addition, qualifying athletes must be entered electronically.

- All entries need to be made on Athletic.net by 11:59pm, Tuesday, May 14.
- Each team is allowed 1 relay per team and 3 entries per event and **MUST SCRATCH DOWN TO 2 ATHLETES.**
- A team may run more than 2 athletes, provided all athletes have met the regional additional qualifying standards (Proof Required).
- All performances shall have been achieved prior to 11:59 pm on May 14.
- Times must be entered as FAT to the hundredth or handled plus .24. If you enter more than two athletes and you do not scratch an unqualified athlete, one will be chosen randomly.
- Late fee: \$50 late fee will be charged. The late fee may not be used to change any time, height, or distance.

- Tickets/Admission:** \$7.00 for each day (includes fee). Babes-in-arms admitted free of charge.
- **FANS CAN PURCHASE THROUGH THE GOFAN APP OR WITH CREDIT/DEBIT CARD AT THE GATE.**
 - **NO CASH SALES AT THE GATE. ALL TICKETS WILL BE SOLD THROUGH GOFAN ONLY**
 - NO passes will be honored except those held by MHSAA Rep. Council members.
 - Pre-sale tickets will be available only through GoFan (includes convenience fee).
 - TicketLink: <https://gofan.co/event/1513714?schoolId=MI10017>
 - Gate will open at 1:00pm for teams and spectators.
 - Competing athletes must enter with coaches. All others must purchase tickets.
 - **NO PETS ALLOWED. REGISTERED SERVICE ANIMALS ONLY.**
 - We reserve the right to refuse admission to anyone.
 - Only hand-held signs that do not obstruct the view of others will be permitted. No signs will be allowed on the walls or fences. The Tournament Management reserves the right to remove any signs or banners.
- Track Description:** The Elaine Leigh Track is a 8-lane, 13mm Beynon BSS-2000 surface with an encapsulated finish. Spikes should not exceed ¼”.
- Scoring/Timing:** See National Federation Rule 2-I-2. (10-8-6-5-4-3-2-1). FAT will be utilized.
- False Times:** Confirmed false times will be placed in the last position or first section without seeding. The coach challenging must submit verification.
- Hip Numbers:** All competitors will be issued hip numbers (anchor only for relays). Athletes are to pick up their hip number when checking in for their event. Athletes will likely have a different hip number for each event.
- Implement Certification:** Implements (shots, discs and vaulting poles) will be weighed and measured beginning at 1:00 pm at the on-field pavilion. Poles will be inspected and verified at the vault area.
- Starting Blocks:** Starting blocks will be provided by Oakland University Track & Field.
- Scratches:** Each Regional manager will accept scratches before each session is scheduled to begin. Scratches made during these periods will not count in the individual's participation limitations. However, if the competitor is not scratched during these scheduled periods and does not show to the clerking area before that runner's position is set, the competitor will be disqualified from that event and that event will count toward the competitor's personal limit. The Clerk of Course shall form heats following the last call for that event.
- Time schedule for scratches is as follows:
- Field events must be submitted by 2:00 pm (due to pavilion or site of event)
 - Prelim running events must be submitted by 2:45 pm (due to finish line area)
 - Final events no later than 4:00 pm (due to finish line area)
- Relay Cards:** Relay teams will be required to present a card with their team members upon check in with the Clerk. Relay members should also be entered online.
- Bullpen:** The bullpen area is located at the North end of the track at the start of the 100M Dash and 100m Hurdle.
- Infield:** Non-participating athletes and coaches are NOT ALLOWED on the infield. Only athletes warming up may use the infield. Failure to follow this rule may lead to disqualification. The use of airpods, cell phones, and bluetooth devices are not permitted on the infield. Athletes will be asked to remove them and it may result in disqualification. Please make your team aware of this rule prior to competition.
- Field Events:** Chalk is the only acceptable marking method. There shall be no marks near the takeoff area at the long jump at high jump areas. Warmups are only ran in the direction of the competition. Athletes need to know their mark prior to the meet.

- Multi-Event Athletes:** Multi-event athletes must check out of one event to report to another, if necessary. When the athlete finishes one event, they have five minutes from the conclusion of a running event to report back to the prior event. It is the responsibility of the athlete to keep the event judges aware of their location.
- Appeals:** Jury of Appeals shall consist of two meet officials (other than the Referee or Starter), the Meet Manager or their designee, one coach representing boys teams and one coach representing girls teams. The Jury of Appeals shall serve as the final authority. Any member of the Jury of Appeals who is a party to an appeal is not eligible to serve on the Jury for that appeal. The alternate selection shall replace them on the jury for that appeal. Appeal forms will be available at the coaches meeting.
- Results:** Results will be posted at www.athletic.net.
- Parking/Buses:** The drop-off area for teams arriving by bus will be at the NORTH END of the track on Meadow Brook Rd. Buses should park at the OU Sports bubble following drop off. Spectators should park in Lot P11 off Pioneer Dr. Overflow parking is available in Lots P16 and P17 (see map).
- Concession/Restrooms:** Restrooms will be available at the North end of the press box for spectators. Full concessions will be available at the press box building. Water fountains will NOT be available.
- MHSAA Merchandise:** MHSAA approved apparel sales will be adjacent to admissions area.
- Team Tents:** All team tents must be INSIDE the fence and OUTSIDE the track on the North End of the stadium or on the top of the berms North and South of the press box building. There are to be NO TENTS on the turf recreation fields West of the stadium.
- Event Volunteers:** Marian is proud to host this event, but our program is small and we have limited volunteers. Each competing school should be prepared to offer at least one volunteer for the meet, if possible. Volunteers should report to Meet Management prior to the 2:00 pm coaches meeting at the on-field pavilion.
- Crowd Control:** Meet management and meet officials will address any athlete/coach conduct issue. Spectator issues will be addressed by meet management. Should no school administrator be onsite to address their spectator behavior, the issue will be referred to the team coach or local law enforcement.
- Locker Rooms/Shelter:** In the event of severe weather, athletes should shelter on their bus or in vehicles. There are no locker rooms available. The emergency evacuation muster location is the O'Rena on Pioneer Drive.
- Weather Policy:** When teams are delayed in arriving at tournament sites because of inclement weather: If, after a reasonable delay, fewer than 60% of the scheduled teams/individuals have not arrived, the tournament must be rescheduled. If 60% or more of the scheduled teams/individuals are present, the tournament is to be conducted on the day scheduled.

Summary of Rules Infractions

Please review the following rules with fellow coaches and athletes.

Infraction

1. Stepped on or over inside the lane line for at least 3 consecutive steps.
2. Impeded another competitor by jostling.
3. Impeded another competitor by running across the opponent's path. 4) Ran on or inside of a corner curved line for at least 3 consecutive steps. 5) Illegally ran outside the assigned lane or course.

The Hurdler

1. Did not attempt to clear each hurdle.
2. Advanced or trailed a leg or foot alongside the hurdle.
3. Ran over hurdle(s) not in the assigned lane.
4. Ran around a hurdle.
5. Impeded another hurdler.

Relay Teams

1. Violation of substitution.
2. Failure to pass baton in exchange zone.
3. Baton not handed between runners.
4. Incoming runner pushes outgoing runner. 5) Throwing the baton after the race.

Uniforms

1. Failure to wear the school uniform including assigned contestant number.
2. Failure of relay to wear matching school uniform.
3. Exposed undergarments with writing or mismatched colors.

Conduct - Unacceptable behavior

1. Disrespectfully addressing an official.
2. Using profanity.
3. Criticizing an opponent or an official.
4. Willful failure to follow an official's directions.
5. Pacing or assisting a contestant.
6. Leaving the track and re-entering to continue the race.
7. Contestants joined hands to finish in a tie.
8. Using an aid during a race.



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TIME SCHEDULE (Tentative)

1:00 pm Gates Open
1:00 – 1:45 Implement Check-In (on-field pavilion, poles at the vault area)
2:00 Coaches Meeting (on-field pavilion, prelims scratches due)
2:30 Long Jump - Boys first, LJ Open Pit 2:30-3:30 pm then top 9 to finals, Girls to follow 4:00-5:00 pm then top 9 to finals
Boys Pole Vault, Followed by Girls
Discus - Boys will be in flights, top 9 to finals; Girls to follow
Shot Put - Girls will be in flights, top 9 to finals; Boys to follow
High Jump - Girls will jump first: Boys to follow.

Boys run first in all running events

3:00 pm 100 Meter Dash Prelims
100 and 110 Meter Hurdle Prelims
200 Meter Prelims
3200 Meter Relays

FINALS (Tentative) *(will start one hour after last semifinal race, no earlier than 5:00 pm)*

4:57 pm National Anthem
5:00 Finals Begin
100 and 110 Meter Hurdle Final
100 Meter Dash Final
800 Meter Relays
1600 Meter Run
400 Meter Relays
400 Meter Run
300 Meter Hurdles
800 Meter Run
200 Meter Dash
3200 Meter Run
1600 Meter Relay

MEASURED MARKS

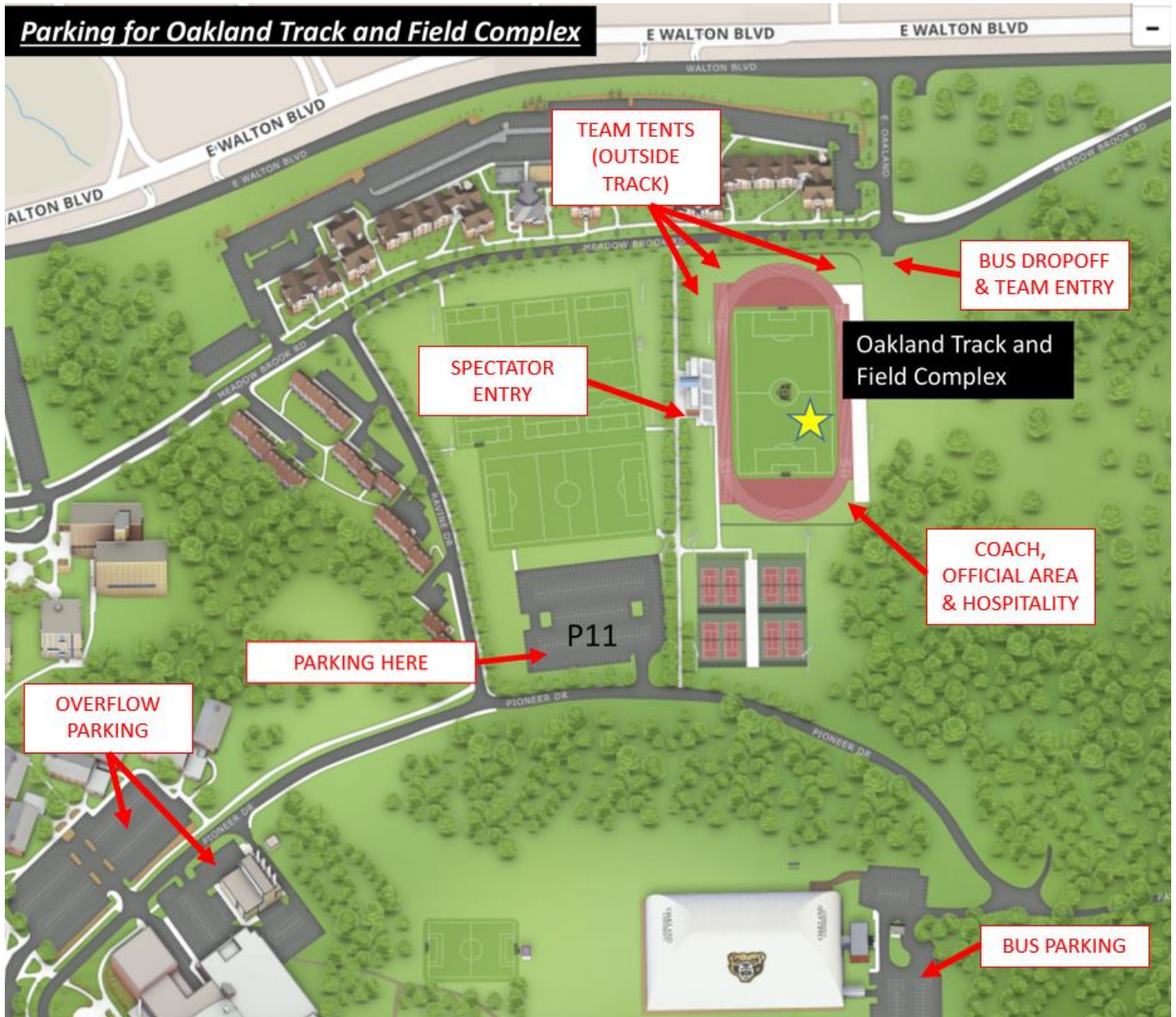
We will measure all legal throws in shot and disc, as well as legal jumps in the long jump.

STARTING HEIGHTS

Girls High Jump 4-6, then 4-9, 4-11, 5-1
Boys High Jump 5-7, then 5-10, 6-0, 6-2
Girls Pole Vault 7-3, then 8-0, 8-6, 9-0, 9-3
Boys Pole Vault 10-9, then 11-3, 11-8, 12-2, 12-8



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BUY TICKETS ONLINE

USE THE QR CODE BELOW, OR
VISIT [GOFAN.CO](https://gofan.co) & SEARCH
MARIAN HIGH SCHOOL



MHSAA TRACK AND FIELD REGIONAL 18
MAY 17, 2024 | 05:00 PM





BOYS REGIONAL SCRATCH SHEET

FIELD EVENTS AND PRELIMINARY RUNNING EVENTS

Coach: If you are scratching any athletes, their names must appear on this sheet. For a relay team scratch, write "scratch relay". This sheet must be turned in to the meet manager before the deadline established by the host.

School: _____ **Coach:** _____

EVENT	SCRATCHES ONLY • NO ALTERNATES	
Boys Discus		
Boys Shot Put		
Boys Long Jump		
Boys High Jump		
Boys Pole Vault		
Boys 100 M Dash		
Boys 110 M High Hurdles		
Boys 200 M Dash		
Boys 3200 M Relay* (4 × 800)		

DUE BY: _____ THURSDAY
 2:00 PM _____ FRIDAY
 _____ SATURDAY



GIRLS REGIONAL SCRATCH SHEET

FIELD EVENTS AND PRELIMINARY RUNNING EVENTS

Coach: If you are scratching any athletes, their names must appear on this sheet. For a relay team scratch, write "scratch relay". This sheet must be turned in to the meet manager before the deadline established by the host.

School: _____ **Coach:** _____

EVENT	SCRATCHES ONLY • NO ALTERNATES	
Girls Discus		
Girls Shot Put		
Girls Long Jump		
Girls High Jump		
Girls Pole Vault		
Girls 100 M Dash		
Girls 110 M High Hurdles		
Girls 200 M Dash		
Girls 3200 M Relay* (4 × 800)		

DUE BY: _____ THURSDAY
 _____ 2:00 PM _____ FRIDAY
 _____ SATURDAY



BOYS REGIONAL SCRATCH SHEET

FINAL RUNNING EVENTS

Coach: If you are scratching any athletes, their names must appear on this sheet. For a relay team scratch, write "scratch relay". This sheet must be turned in to the meet manager before the deadline established by the host.

School: _____ **Coach:** _____

EVENT	SCRATCHES ONLY • NO ALTERNATES	
Boys 800 m Relay (4 x 200)		
Boys 1600 M Run		
Boys 400 M Relay (4 x 100)		
Boys 400 M Dash		
Boys 300 M Intermediate Hurdles		
Boys 800 M Run		
Boys 3200 M Run		
Boys 3200 M Run		
Boys 1600 M Relay(4 x 400)		

DUE BY: _____ THURSDAY
 4:00 PM _____ FRIDAY
 _____ SATURDAY



GIRLS REGIONAL SCRATCH SHEET

FINAL RUNNING EVENTS

Coach: If you are scratching any athletes, their names must appear on this sheet. For a relay team scratch, write "scratch relay". This sheet must be turned in to the meet manager before the deadline established by the host.

School: _____ **Coach:** _____

EVENT	SCRATCHES ONLY • NO ALTERNATES	
Girls 800 m Relay (4 x 200)		
Girls 1600 M Run		
Girls 400 M Relay (4 x 100)		
Girls 400 M Dash		
Girls 300 M Intermediate Hurdles		
Girls 800 M Run		
Girls 3200 M Run		
Girls 3200 M Run		
Girls 1600 M Relay (4 x 400)		

DUE BY: _____ THURSDAY
 4:00 PM _____ FRIDAY
 _____ SATURDAY