

**Division 3 Track and Field Regional #26**  
**Hosted at Madison High School**  
**3498 Treat Hwy**  
**Adrian, Mi 49221**

**Date** Saturday, May 18, 2024

**Location** Madison High School

**Regional Manager** Josh Powers Fax: 517-265-5635  
Phone: 517-605-5276 Email: [josh.powers@madisonk12.us](mailto:josh.powers@madisonk12.us)

**Athletic Director** Kris Isom: 517-403-7097 Email: [kris.isom@madisonk12.us](mailto:kris.isom@madisonk12.us)

**Entries** **Due Tuesday, May 14 by 11:59 p.m.** All entries will be done on **athletic.net**. Follow all instructions and regulations found on the MHSAA website for track and field under regional entry procedures.

**Please remember to send your *MHSAA Master Eligibility Lists* to Sandi Roback: Email no later than Monday, May 13 at 3:00 pm.**  
[sandi.roback@madisonk12.us](mailto:sandi.roback@madisonk12.us)

You may enter three athletes in individual events but must scratch to two unless all entries of three or more have met the additional regional qualifying standards. Please see the additional regional qualifying standards on the MHSAA website.

Athletes or relay teams that do not have times submitted or with incorrect times submitted, will be placed in the last heat or first section without seeding consideration.

**Late Entries for CLERICAL ERRORS ONLY**

- \$50 must be paid before the contestant or team will be allowed to participate.
- There are to be no late entries after the Regional individual positions are set.
- The late fee may not be used to change any time, height or distance.
- The only changes which are permitted after 11:59 p.m. the day of the entry date will be scratches, or clerical errors.

**Athletic.net** Times must be entered as FAT times to the hundredth or handheld equivalent, adjusted by +.24. Also, be sure to enter relay legs and a seed time (can be changed day of meet). Relay seeds do not automatically pull from the system like individual performances do. Entries will be locked at 11:59 p.m. on Tuesday, May 14. Please contact Josh Powers if you have questions on how to use athletic.net.

<b>Participating School Info.</b>	Please read all the information on the MHSAA website for Track and Field participating school information.
<b>Coaches Meeting</b>	8:30 a.m. in the Team Room behind the press box. Enter through the East side (side facing the school). The room will be open by <b>8:00 a.m.</b>
<b>Morning Scratches</b>	Must be turned in <b>at the 8:30 Coaches Meeting</b>
<b>Implement Weigh-in</b>	<b>8:15-9:15 a.m. Ticket Booth at track entrance gate</b>
<b>Field Events</b>	<b>9:00 a.m.</b> Boys Pole Vault <b>9:30 a.m.</b> Girls High Jump and Shot Put Boys Long Jump, and Discus
<b>3200 M Relay</b>	<b>10:45</b>
<b>Preliminary Running Events</b>	<b>11:15</b> 100m dash, 110m Hurdles, 100m Hurdles, 200m dash
<b>Afternoon Scratches</b>	<b>Due at noon</b> in the finish line tent ( <b>please turn in regardless of having scratches</b> )
<b>Finals Running Events</b>	One hour after the Semifinals (approx. 1:00 p.m.) Will run sooner if possible.
<b>Starters/Referees/Clerks</b>	Ralph Piepkow, Nick Marshall, Ozzie Hashley, Fred Bowers, Brad Brown
<b>Bus Parking</b>	Drop off at the turnaround drive at the track, then park across the street from the school at the baseball/softball complex.
<b>Admission/Tickets</b>	All tickets will be digital, sold via GoFan and cost \$7.00. A mobile device is required. Links for GoFan will be on each site hosts GoFan account found at <a href="http://www.GoFan.com">www.GoFan.com</a>
<b>Parking</b>	<b>Parking is available at the North, East, and South ends of the school.</b>
<b>Seating</b>	<b>Bleachers on the East and West sides are for spectators only. No team areas in the bleachers. No spectators inside the track.</b>
<b>Team Camps</b>	Team camps will be designated areas in the Northwest corner of the track. Spaces along the fence in those areas are first come first serve.

One section per school. Do not claim one section for boys and one section for girls.

<b>Warm-Ups</b>	The track infield (football field) will be available for warm-up activity. The track will be available until 15 minutes before the start of the finals.
<b>Trainer</b>	We will have a trainer on site.
<b>Bathrooms</b>	Located in the concession stand building and also port-a-pottys around the facility
<b>Inclement Weather</b>	In case of severe inclement weather each school will be designated a classroom inside the high school.
<b>Marking Substances</b>	Chalk
<b>Spike Size</b>	1/4 or 1/8 Pyramids are allowed. No pin or Christmas tree spikes.
<b>Timing System</b>	Flash Timing FAT System-Madison
<b>Starting Blocks</b>	We will furnish starting blocks. Please do not bring your own. The only exception will be non-traditional blocks, and these must be approved by meet management prior to their use in the meet.
<b>Scoring</b>	10-8-6-5-4-3-2-1 for all events
<b>Awards/Results</b>	<b>Live Results on Athletic.net.</b> Medals will be awarded for places 1-8 in all events, including relays. Duplicate medals will be ordered for tied positions. Medals are to be picked up approximately 15 minutes after the conclusion of the 1600 M Relay at the finish line tent. The trophy presentation will take place on the start finish line on the track.
<b>Concessions</b>	Concessions will be available.
<b>T-Shirts</b>	TBD
<b>State Qualifiers</b>	The first two placers in each event, plus any contestant who equals or betters the published additional qualifier standard, shall qualify to the State Meet. Please see MHSAA website for state qualifying marks. Efforts in the preliminary trials of the long jump, shot put and discus may qualify the competitor to the State Meet. State

Qualifiers will compete on Saturday, June 1 @ Kent City High School

**Seed Lists** Seed lists will be sent to all schools Wednesday or Thursday of Regional Week and posted on Athletic.net.

**Practice Time** **The track and field areas will not be available for practice before the regional date.**

## **Field Events**

### **Long Jump**

The long jump will use the “open pit” format. The pit will be open for one hour and 30 minutes; all contestants are allowed 3 preliminary jumps. The finals will begin approximately 15 minutes after the finalists are announced and will include the top nine contestants from preliminary jumps for three additional jumps. All ties for ninth place will go to the finals.

**Spectator viewing will be on the East side of the Long Jump.**

### **Discus and Shot Put**

Flights will be arranged from worst entry performance to best. A brief warm-up period will be allowed between flights. There will be three trials in the preliminaries. The top nine performers will get three additional trials. All ties for ninth place will go to the finals. The finals will begin approximately 15 minutes after the finalists are announced. All implements must be weighed and labeled during the weigh-in session from 8:15-9:15 a.m.

**Spectator viewing will be on the South and East sides of the Shot put area**

### **High Jump**

Starting Heights and raises for boys 5'4", 5'7", 5'10", 6'

Starting Heights and raises for girls 4'4", 4'7", 4'9", 4'11"

**Spectator Viewing will be outside the fence on the North side of the track.**

### **Pole Vault**

Cards will be available before the meet for coaches to sign and verify pole and athlete weights.

Starting Heights and raises for girls 6'6", 7'3", 7'9", 8'3", 8'9"

Starting Heights and raises for boys 10', 10'6", 11', 11'6", 12'

**Spectator Viewing will be on the West side of the Pole Vault area.**

### **Check-in**

It is the contestant's responsibility to notify officials if

**Procedures**

he/she must leave one event for another. Running events have precedence over field events. **Athletes must report to the clerk after first call.** Ten minutes will be allowed for a return to the field event after the contestant has competed in a running event.

**Jury of Appeals**

Girls Coach: Rich DeWald (Clinton)  
Boys Coach: Zach Phillips (Hudson)  
Meet Manager: Josh Powers (Madison)  
Field Event Judge: Fred Bowers  
Starter: Meet Official  
Alternate: Jay Yockey (Whiteford)

## **Running Events (Boys Run First)**

One round of Preliminaries will be run in the 100 M Dash, 100/110 M Hurdles, and the 200 M Dash. Qualifying procedures for the finals will be heat winners plus the next fastest times.

The 800m, 1600m, 3200m and 4x800m relay will use a double waterfall start.

The 3200m and 4x800m will have one section per gender.

The 1600m will have one section unless the number of entries is over 24 competitors. If two sections are needed, the last heat (or fast heat) will have 16 competitors including ties.

The 800m will have two heats if there are more than 20 entries. If two sections are needed, the last heat (or fast heat) will have 12 competitors including ties. If there are more than 24 entries, the last heat will have 16 competitors including ties.

The 300m hurdles, 400m, 4x100 relay, 4x200 relay and 4x400 relay will be run in sections with the slowest qualifying times in section one.

Contestants should report to the staging area on first call and no later than second call if involved in a field event. The staging area is located at the south end of the straightaway.

**Results will be live on athletic.net during the meet.**

Our track is new. The old photo below is edited to show updated information.  
\$\$\$-Spectator viewing

NORTH



## **2024 Division 3 Regional #26 Time Schedule**

- 8:15-9:15**                    **Implement Weigh-In-- Ticket Booth at track entrance gate**
- 8:30**                            **Coaches Meeting/ Morning Scratches Due (Team Room behind the press box. Enter through the door on the East side (side facing the school))**
- 9:00**                            **Girls Pole Vault**
- 9:30**                            **Boys High Jump and Shot Put  
Girls Discus and Long Jump**
- Boys run first in all races**
- 10:45**                         **3200 M Relay**
- Preliminary(Semifinal) Running Events (immediately after 3200 M Relay)**
- 100 M Dash**
- 110/100 M Hurdles**
- 200 M Dash**
- 12:00**                         **Afternoon Scratches Due**
- 1:00**                            **Running Event Finals (1 hour after Semifinals)**
- 110/100 M Hurdles**
- 100 M Dash**
- 800 M Relay**
- 1600 M Run**
- 400 M Relay**
- 400 M Dash**
- 300 M Low Hurdles**
- 800 M Run**
- 200 M Dash**
- 3200 M Run**
- 1600 M Relay**
- Trophy Presentation**