

2024 MHSAA Track & Field

Saturday May 18th

SCHEDULE

Implement Weigh-In

8-8:45

Coaches Meeting

9:15

Location of Meeting Back side of the

concession stand.

All Field Events and First Round Running Event Scratches are due by 9:00 am at the building behind the concession stand location.

Field Events 9:30 am (Pole Vault will start at this time) All other Field events will start at 10:00 am

(*Boys HJ/Shot Put; Girls Discus/Long Jump/ Pole Vault*)

Field Events (These field events will take place at the conclusion of the previous field event)

(*Boys Discus/LJ/Pole Vault; Girls HJ/Shot Put*)

NOTE: For all running events in 2024, Boys will run first

3200m Relay

11:00

(*This is done before the first round of Running Events*)

Running Event Semifinals

11:30

Boys 100 M Dash

Girls 100 M Dash

Boys 110 M Hurdles

Girls 100 M Hurdles

Boys 200 M Dash

Girls 200 M Dash

All Remaining Event Scratches are due at (time) 12:00 pm

Finals - National Anthem (time) 1:00 pm

Running Event Finals Begin 1:00 pm

Boys 110 MH/ Girls 100 MH

100 M Dash

800 M Relay (4 x 200)

1600 M Run

400 M Relay (4 x 100)

400 M Dash

Girls 300 MH/Boys 300 MH

800 M Run

200 M Dash

3200 M Run

1600 M Relay (4 x 400)

Presentation of Awards and trophies at conclusion of all events

ADDITIONAL INFORMATION

ADMISSION/TICKETS – All tickets will be digital, sold via GoFan and cost \$7.00. A mobile device is required. Links for GoFan will be on each site hosts GoFan account found at <http://www.gofan.co/> . Please make sure that you let all of your spectators know.

WARM-UPS - The track/infield will be available for warm-up activity until 9:45 at which time all participants must clear the areas for competition. The track will be available during the break before Finals until 12:45.

TRAINER - An athletic trainer will not be at the meet. Ice and water will not be provided.

TEAM PARKING - Team buses/vans can drop off near the entrance and then go park at the church across the street.

TEAM CAMPS - Team tents/gatherings may not be set up in the infield of the track. They may be set up outside the perimeter of the track. Remind teams that they must removed trash from their areas before leaving the facility.

LOCKER ROOMS - Showers/Lockers will be available to participants.

SECURITY - Remind your athletes to not leave bags unattended.

RESULTS will be available for coaches approximately after each race on athletic.net.

Teams Attending -

[Baldwin](#)

[Brethren](#)

[Fruitport Calvary Christian](#)

[Holland Calvary](#)

[Holton](#)

[Hudsonville Libertas Christian](#)

[Mason County Eastern](#)

[Muskegon Catholic Central](#)

[Muskegon Heights Academy](#)

[Muskegon Western Michigan Christian](#)

[Onkama](#)

[Pentwater](#)

[Walkerville](#)

[White Cloud](#)

[Wyoming Tri-Unity Christian](#)

[Wyoming West Michigan Luthern](#)