

MHSAA REGIONAL 38 DIV 4 TRACK & FIELD MEET INFORMATION

SATURDAY MAY 18TH, 2024 DECKERVILLE HIGH SCHOOL - 2633 BLACK RIVER
ST PHONE 810-376-3875 MEET MANAGER MONICA SPRANGER

ADMISSION

Tickets will be digital, sold via www.GoFan.co and cost \$7.00. We will have a cash box available for those who do not have a mobile device to purchase through GoFan.

AD's and Coaches: Please send me your Master Eligibility as soon as possible
mspranger@deckerville.k12.mi.us **Earbuds, headphones or any listening devices OR unmanned aerial vehicle (DRONE) are strictly prohibited during competition.**
Teams will be responsible for bringing their own FIRST AID kit. An AED will be available on the grounds near the announcing booth.

TIME SCHEDULE:

8:00 - 8:45 AM IMPLEMENT WEIGH IN - (Football Weight Room N.E. of the track)

8:30 AM COACHES MEETING/MORNING SCRATCHES DUE
9:00 AM GIRL'S POLE VAULT (BOYS TO FOLLOW)
9:30 AM BOY'S HIGH JUMP (GIRLS TO FOLLOW)
BOY'S SHOT PUT (GIRLS TO FOLLOW)
GIRL'S DISCUS (BOYS TO FOLLOW)
LONG JUMP (OPEN ORDER)

***RUNNERS NEED TO CHECK IN AT THE TABLE AT WEST END OF THE TRACK ***

10:30 AM 3200 RELAY FINALS
100 DASH FIRST ROUND
110/100 HURDLE FIRST ROUND
200 DASH FIRST ROUND

Afternoon scratches due at the conclusion of the Running Preliminaries and BEFORE the break!

NOTE: If there are **8 or fewer competitors** remaining after scratches in any of the events with the preliminaries in the 100m, 200m, 100/110 hurdles - we will not run prelims but have a 2 heat seeded final based on the entered times. Those finals will be ran in their appropriate order of events, after the break when running finals begin. If there are no prelims in any of the three events, we will have a break in the preliminary order to afford athletes appropriate recovery from any doubling up. **BE PREPARED TO LISTEN TO ANNOUNCEMENTS ON MEET DAY!**

There will be a 30 to 60 min break depending on the weather and the timing of the break will be discussed during the coached meeting the morning of the meet.

TIMED RUNNING FINALS: NO EARLIER THAN NOON! BOYS RUN FIRST:

NATIONAL ANTHEM
110/100 HURDLE FINALS (2 HEATS B/G)
100 DASH FINALS (2 HEATS B/G)
800 RELAY FINALS (MULTIPLE HEATS B/G)
1600 RUN FINALS (1 OR 2 HEATS B/G)
400 RELAY FINALS (MULTIPLE HEATS B/G)
400 DASH FINALS (MULTIPLE HEATS B/G)
300 HURDLE FINALS (MULTIPLE HEATS B/G)
800 RUN FINALS (1 OR 2 HEATS B/G)
200 DASH FINALS (2 HEATS B/G)
3200 RUN FINALS (1 HEAT B/G)
1600 RELAY FINALS (MULTIPLE HEATS B/G)

COACHES MEETING:

There will be a coaches meeting at 8:30 am in the Football Weight Room.

ENTRIES:

Entries are due Tuesday, May 14th at 11:59pm. Your entry would consist of your Master Eligibility list sent via fax: 810-376-3875 and meet entries entered into athletic.net. Entries must be FAT or converted to FAT by rounding up a hand time to a higher tenth and then adding 0.24 to a hand time. For example a hand time of 26.63 must be converted to 26.7 and then 0.24 added for the entered hand time

JURY OF APPEALS:

The jury of appeals will consist of the Meet Manager and a Girl's coach representative and a Boy's coach representative. They will be announced at the Coaches Meeting.

MULTI-EVENT ATHLETES:

Multi-event athletes must check out of one event to report to another. If the athlete is in two field events at the same time the athlete may have to move back and forth between the events. When the multi-event athlete finishes one event, the athlete will have 5 minutes at the conclusion of that event or trial, to report back to the other event. *It is up to those athletes to keep the event judges aware of where they are. Running events take precedence over the field events.*

PARKING:

Buses and school use vehicles can be parked in the north parking lot behind the school.

PARTICIPATING SCHOOL INFORMATION:

Please download and read the information from the MHSAA website.

QUALIFICATIONS FOR STATE MEET:

The top two athletes in the finals, per event, will automatically qualify for the state meet. In addition, during the finals of a regional running event, any contestant who equals or betters the published additional qualifier standards shall qualify to the Final Meet in that division. Efforts in the preliminary trials of the long jump, shot, and discus may qualify a contestant to the appropriate Final Meet.

STARTING BLOCKS:

YOUR STARTING BLOCKS MUST BE APPROVED BY THE STARTER BRING THEM TO THE COACHES MEETING FOR APPROVAL!!!

SCHEDULE:

We will give calls prior to the start of each race/event. It is the coach's and athlete's responsibility to:

- Check in at the TABLE AT THE WEST END OF THE TRACK or Person in charge of field events
- Report to the CLERK on the track at the appropriate time
- Make sure to check in with the CLERK when the call is made for your event
- An Athlete may have another teammate stand in for (while waiting to help the CLERK) the individual that is participating in a field event

SCORING & AWARDS:

8 Places score in this meet (10-8-6-5-4-3-2-1). 1st - 8th places will receive medals in all events. A team trophy will be given to the first place team at the conclusion of the meet.

SPIKES:

Quarter inch pyramid spikes only!!!

For more meet related questions you may email; Monica or Allison at mspranger@deckerville.k12.mi.us or

althea1212@hotmail.com Or call the school at 810-376-3875

REGIONAL 38 DIV 4 TRACK & FIELD MEET SATURDAY, MAY 18TH, 2024
PARTICIPATING SCHOOLS

5/18/2024

Host: Deckerville

Location: Deckerville Community Schools

Akron-Fairgrove

Brown City

Capac

Carsonville-Port Sanilac

Caseville

Deckerville

Harbor Beach

Kimball New Life Christian

Kinde North Huron

Kingston

Marlette

Mayville

Peck

Ubley

Unionville-Sebewaing