

**Michigan High School Athletic Association**  
**2024 Region 6-1 Track & Field Championships**

Livonia Stevenson High School / Friday, May 17th

**Event Schedule**

1:00 PM	Pole Vault	<i>Girls First</i>	<i>Boys After</i>
1:00 PM – 2:00 PM	Weigh In for Shot Put & Discus – <i>Inside Stadium Entrance</i>		
2:00 PM	Shot Put	<i>Boys First</i>	<i>Girls After</i>
	Discus	<i>Girls First</i>	<i>Boys After</i>
	High Jump	<i>Boys First</i>	<i>Girls After</i>
	Long Jump	<i>Girls First</i>	<i>Boys After</i>
2:00 PM	Preliminary Scratches Due		
3:30 PM	Coaches Meeting – <i>Infield Common Finish Line</i>		
3:55 PM	National Anthem		
4:00 PM >>> Prelims <i>*Prelims to Finals: Heat Winners + Next Fastest Times to Fill 8 Lanes</i>	4 x 800m Relay – <i>First Timed Final Event</i>		
	100m – <i>Prelims</i>		
	100m Hurdles/110m High Hurdles – <i>Prelims</i>		
	200m – <i>Prelims</i>		
5:15 PM	Final Scratches Due		
5:55 PM	National Anthem		
6:00 PM >>> Finals <i>*Boys First in 2024</i>	100m Hurdles/110m High Hurdles		
	100m		
	4 x 200m Relay		
	1600m – <i>2 Heats if &gt; 24 Entries, 2<sup>nd</sup> Heat 16 Fastest</i>		
	4 x 100m Relay		
	400m		
	300m Hurdles		
	800m - <i>2 Heats if &gt; 24 Entries, 2<sup>nd</sup> Heat 16 Fastest</i>		
	200m		
	3200m – <i>1 Heat Regardless of Entries</i>		
4 x 400m Relay			
Conclusion of Meet	Trophy Presentation		

**\*Stevenson High School Dismissal Time = 2:20, Parking Lot Busy from 2:20 – 2:40**

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**Schools**

Canton (CANTON)	Northville (NORTHVLE)
Dearborn (DEARBORN)	Novi (NOVI)
Dearborn Edsel Ford (DEDSLFRD)	Redford Thurston (REDTHURS)
Dearborn Heights Crestwood (DHTCREST)	Salem (SALEM)
Livonia Churchill (LIVCHURH)	South Lyon (SOLYON)
Livonia Franklin (LIVFRANK)	South Lyon East (SLYEAST)
Livonia Stevenson (LIVSTEVE)	Wayne Memorial (WAYNEMEM)
Plymouth (PLYMOUTH)	John Glenn (WSTJGLEN)

**Meet Information**

School Address	Livonia Stevenson High School: 33500 Six Mile Rd/Livonia, MI 48152	
Facility	<ul style="list-style-type: none"> <li>• Metric Track</li> <li>• Eight Lanes</li> <li>• 42" Lane</li> <li>• Latex Rubber Surface</li> <li>• ¼" Inch Spikes Only</li> <li>• Shot Put &amp; Discus = Concrete Slabs</li> <li>• Long &amp; High Jump, Pole Vault = Latex Rubber Runway</li> <li>• Chalk Only – No Tape!</li> </ul>	
Meet Directors	Athletic Director, Arnie Muscat <a href="mailto:amuscat@livoniapublicschools.org">amuscat@livoniapublicschools.org</a> (734) 744-2660, x48994	Track & Field Coach, Chris Inch <a href="mailto:chrisinch@ymail.com">chrisinch@ymail.com</a> (248) 910-9481
Entries	Each team can enter three entries per event but only two may compete unless all athletes have met the regional additional qualifying mark in the event. All additional qualifying marks must have been completed in competition by 8:00 PM on Tuesday, May 14, 2024.	
Scoring	Top Eight Score: 10-8-6-5-4-3-2-1	
Medals	Top Eight Places Medal > State Qualifiers recognized at event conclusion.	
False Times	Confirmed false times will be placed in last position or first section without seeding. The coach challenged must submit verification. Please do not put your athletes in this position.	
<b>Entries are due Tuesday, May 14<sup>th</sup> by no later than 11:59 PM.</b>		

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Athletic Trainer	Available on site. Please bring your own water and taping supplies.
Packet Pickup	Report to the tent near the infield common finish line for packet pickup.
Throws Weigh-In	Shot Put and Discus weigh-in will take place near the flagpole next to the track. Weigh-in will be from 1:00 PM – 2:00 PM.
Infield Area	Only competing athletes and coaches with a pass will be allowed in the infield area - passes are in packet. No tents, footballs, frisbees, food, etc. are allowed in the infield area.
Athlete Check-In	Athletes will check in with the clerk at the northwest end of the track for Prelims and 100/110 Hurdles Finals and 100m Finals. All other Final Events will be clerked at the southwest end of the track (see map). A first call, second call, last call system will be used. Athletes should check in early and use a teammate as a stand in if they are at a field event. Athletes who do not check in will be scratched.
Results	Live Results available at <a href="http://www.athletic.net">www.athletic.net</a>
Blocks	Traditional starting blocks will be provided. Non-traditional blocks must be approved by the referee/starter prior to the event.
Tents	Tents are allowed in designated, marked areas on the grass at the north end of the track.
Coaches Meeting	3:30 PM – Questions & Meet Review by Infield Common Finish Line
Phones & Headphones	Phones and ear-covering headphones are not permitted in the competition area.
Pictures	Photos may only be shared with athletes in non-restricted areas.
Warm-Up Area	All warm-ups must be done outside the track area. No athletes will be allowed on the field or track for warm-up.
Admission	\$7.00 per Ticket at GoFan ( <a href="http://www.gofan.co">www.gofan.co</a> )
Concessions	The concession stand will be open during the meet.
Restrooms	Restrooms are available at the pavilion entrance to the stadium.
Meet Shirts	MHSAA merchandise from EA Graphics will be available for purchase.
Pole Vault	<ul style="list-style-type: none"> <li>• Girls start at 1:00 PM. Boys start one hour after girls.</li> <li>• Girls Starting Height: 8-3, 8-9, 9-3, 9-9, 10-3</li> <li>• Boys Starting Height: 11-3, 11-9, 12-3, 12-9, 13-3</li> <li>• The event will run in rotations of “five-alive” when possible.</li> </ul>

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High Jump	<ul style="list-style-type: none"> <li>Boys start at 2:00 PM. Girls start one hour after the boys.</li> <li>Boys Starting Height: 5-8, 5-10, 6-0, 6-2</li> <li>Girls Starting Height: 4-8, 4-10, 5-0, 5-2</li> <li>The event will run in rotations of “five-alive” when possible.</li> </ul>
Long Jump	<ul style="list-style-type: none"> <li>Girls start at 2:00 PM. Boys start one hour after girls.</li> <li>Open order for one hour</li> <li>Top Nine to Finals after Prelims Conclusion</li> </ul>
Shot Put	<ul style="list-style-type: none"> <li>Boys start at 2:00 PM. Girls start 30 minutes after boys.</li> <li>Event will be run in flights throwing 1-1-1</li> <li>Top Nine to Finals, 10 minutes after conclusion of prelims</li> <li>Finals will be in reverse order of best throws from prelims.</li> </ul>
Discus	<ul style="list-style-type: none"> <li>Girls start at 2:00 PM. Boys start 30 minutes after girls.</li> <li>Event will be run in flights throwing 1-1-1</li> <li>Top Nine to Finals, 10 minutes after conclusion of prelims</li> <li>Finals will be in reverse order of best throws from prelims.</li> </ul>

### Meet Officials

Assistant Meet Manager	Jim Gibbons
Referee	Rob Philips
Field Referee/Asst. Meet Referee	Ron Buchanan
Finish Line	Dennis Betts
Boys Starter	Ed Gabrys
Girls Starter	Darlene Barber
Girls Clerk	Deborah Karabees-Betts
Boys Clerk	Jim Gibbons
Head Umpire/Marshall	Steve Boyak
Umpire/Marshall	Larry Freeman, Mark Lauzon
FAT Timing	Steve Aspinall/Fairchild Sports Timing
Announcer	Dave Kocina
Jury Of Appeals	TBD

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**Summary of Rules Infractions**

*Good meets require preventative officiating and good coaching.*

*Coaches – Please emphasize these points to keep your athletes in the meet.*

*Thanks in advance for helping!*

Infraction	<ul style="list-style-type: none"> <li>• Stepped on or over inside line for three consecutive steps.</li> <li>• Impeded another competitor by jostling.</li> <li>• Impeded another competitor by running across opponent’s path.</li> <li>• Ran on or inside of corner curved line for three consecutive steps.</li> <li>• Illegally ran outside of the assigned lane or course.</li> </ul>
Hurdling	<ul style="list-style-type: none"> <li>• Did not attempt to clear each hurdle.</li> <li>• Advanced or trailed a leg or foot alongside of hurdle.</li> <li>• Ran over hurdle not in the assigned lane.</li> <li>• Ran around a hurdle.</li> <li>• Impeded another hurdler.</li> </ul>
Relays	<ul style="list-style-type: none"> <li>• Violation of substitution.</li> <li>• Failure to pass baton in the exchange zone.</li> <li>• Baton not handed between runners.</li> <li>• Incoming runner pushes outgoing runner.</li> <li>• Throwing the baton after race is ended.</li> </ul>
Uniforms	<ul style="list-style-type: none"> <li>• Failure to wear the school uniform.</li> <li>• Failure to wear assigned contestant number.</li> <li>• Failure of relay team to wear matching school uniforms.</li> </ul>
Conduct	<ul style="list-style-type: none"> <li>• Disrespectfully addressing an official.</li> <li>• Using profanity.</li> <li>• Criticizing an opponent or an official.</li> <li>• Willful failure to follow an official’s direction.</li> <li>• Pacing or assisting a contestant.</li> <li>• Leaving track and re-entering to continue race.</li> <li>• Contestants joining hands in a tie.</li> <li>• Using an aid during the race.</li> </ul>

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**Overview/Parking/Bus Map**



