

# Montague Frea Public Schools

## **Montague High School – Athletic Department**

4900 Stanton Blvd. – Montague, MI 49437 – Fax 231-893-0609

Jay A. Mulder – Athletic Director / mulderj@mapsk12.org / Office: 231-981-4537 / Cell: 231-730-2626

Dawn Misiora – AD Secretary / misiorad@mapsk12.org / Office: 231-981-4559

# MHSAA Region 23 - Track & Field Championship Saturday, May 18, 2024

Location: EG Townsend Athletic Complex, Montague HS, 4900 Stanton Blvd., Montague, MI 49437

Participating Schools: Fennville, Grand Rapids Covenant Christian, Grand Rapids North Pointe Christian, Grand Rapids Wellspring Prep, Grandville Calvin Christian, Grant, Holland Black River, Kent City, Lakeview, Montague, Morley Stanwood, North Muskegon, Ravenna, Saranac, Wyoming Potters House Christian

Meet Manager: Jay Mulder - AD / 231-730-2626 / mulderj@mapsk12.org

Master Eligibility Roster: Due by Monday, May 13 by 3:00 p.m.

Email it to Dawn Misiora. misiorad@mapsk12.org

Entries: All Entries need to be made on Athletic.net before 11:59 p.m., May 14, 2024

**Schedule:** 8:15 a.m. - Gates Open

8:30 a.m.- 9:15 a.m. - Implement Weigh-in (Home Team Room at Stadium)

9:15 a.m. - Coaches Meeting - (Home Team Room at Stadium)

9:30 a.m. - Field Event Scratches Due

9:30 a.m. - Girls Pole Starts (Begin checking in poles at 8:45 a.m.)

10:00 a.m. - All Field Events will begin

Girls - Discus, Long Jump

Boys - High Jump, Shot Put

10:30 a.m. - Prelim Scratch's due

11:00 a.m. - 3200 M Relay followed by Prelims (100 M, 110 M H., 100 M H., 200M)

Prelims-Winner of heats plus best times advance to Finals

12:00 p.m. - Final Scratches Due

### 1:00 p.m. - Finals will begin after the National Anthem

Boys 110 M Hurdles Girls 100 M Hurdles Bovs 100 M Dash Girls 100 M Dash Boys 800 M Relay Girls 800 M Relay Boys 1600 M Run Girls 1600 M Run Bovs 400 M Relay Girls 400 M Relay Bovs 400 M Dash Girls 400 M Dash Boys 300 M Hurdles Girls 300 M Hurdles Boys 800 M Run Girls 800 M Run Bovs 200 M Dash Girls 200 M Dash Boys 3200 M Run Girls 3200 M Run Boys 1600 M Relay Girls 1600 M Relay

### Trophy Presentation will be at the conclusion of the Boys 1600 M Relay

Scoring: Scoring in all events is done to 8 places: 10-8-6-5-4-3-2-1

Top 2 relay teams and individuals qualify for the MHSAA Division 3 State Meet as well as any who qualify using the additional qualifying standards.

#### **Additional Qualifiers**

Starting Heights: <a href="https://www.mhsaa.com/sites/default/files/Track%20Field-">https://www.mhsaa.com/sites/default/files/Track%20Field-</a>

Boys/2024/Additional%20Qualifiers%20-%20HJ%20-

%20PV%202024.pdf?time=1715000052777

**Starters/Referees:** Bill Bainton, Johnny Robinson

Timing Finish Line

**Scoring:** Michiana Timing F.A.T.

**Results:** All meet results will be uploaded to Athletic.Net. LIVE results will be available during the meet at: <a href="https://michianatiming.com/results/">https://michianatiming.com/results/</a> The MHSAA will post results on their website at their earliest convenience.

#### Designated

**Areas/Restrictions:** Only athletes warming up or competing are allowed on the infield during competition. *No coaches / parents / spectators / non-competing athletes* are allowed

**Track Marking:** Chalk only for runway and track marking. No tape allowed.

Spike Size: 1/4 inch pyramid spikes. No pin or Christmas tree spikes

**Emergency Info:** In case of severe weather we will follow MHSAA protocol and postpone the meet. Coaches and athletes should return to their buses. Spectators should return to their vehicles.

**Trainer:** A trainer will be onsite. Water and ice will be available.

**Parking:** Please have your buses park on the WEST side of the Montague NBC Middle School. Please refer to the map below.

**Team Tents / Camps:** Locations will be on a first come first serve basis, but we have a considerable amount of space for tents around the perimeter of the track and field areas. Please make every effort to keep your tent areas clean of debris.

**Security:** Teams are reminded not to leave their valuable items unattended. Montague Area Public Schools and the MHSAA will not be held responsible for lost or stolen items.

Admission: GoFan - \$7.00 per ticket <a href="https://gofan.co/event/1513711?schoolId=MI10243">https://gofan.co/event/1513711?schoolId=MI10243</a>

Concessions: Will be available

T-Shirt Sales: MHSAA Regional T-shirts will be available

### **Facility Map:**

