

# MHSAA TRACK & FIELD REGIONAL

DATE: FRIDAY, MAY 16TH 2025

REGION 10-1

Hosted By: Romeo H.S.

Address: 62300 Jewell Road, Washington, MI 48094

## Meet Officials

- Head Referee & Meet Monitor - James Cleverley
- Field Referee - Myles Cleverley
- Girl's Starter - Beth Reinhold
- Boy's Starter - Tom Eschman
- Recall Starter - Mark Broucheau
- Clerk - Glenn Craze
- Clerk - Tony Pankowski

### Time Schedule

2:00 p.m. - Field Events

2:30 p.m. - 3200 Relay

3:30 p.m. - Prelims

5:30 p.m. - Finals

[Click Link Athletic.net Schedule](#)

- Meet Manager - Cody Smith (Athletic Director)
  - [cody.smith@romeok12.org](mailto:cody.smith@romeok12.org) - 586-281-1145
- Meet Manager (Track) - Michael Buslepp (Track and Field Coach)
  - [michael.buslepp@romeok12.org](mailto:michael.buslepp@romeok12.org) - 586-770-2591
- Meet Manager (Field) - Michael Lee (Track and Field coach)
  - [c21michaelllee@hotmail.com](mailto:c21michaelllee@hotmail.com) - 586-531-8895
- Head Timer - Bob Busquaert (Eastside Racing Company)
  - [fastbob.hrm@gmail.com](mailto:fastbob.hrm@gmail.com) - 586-822-3608

## Teams Competing.



Chippewa Valley, Fraser, L'anse Creuse, Dakota, L'anse Creuse North, Anchor Bay, Port Huron, Port Huron Northern, Sterling Heights, Troy Athens, Sterling Heights Stevenson, Utica, Utica Eisenhower, Utica Ford



HOSTED BY:

ROMEO HIGH SCHOOL



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## **COACHES RESPONSIBILITIES**

12:30 p.m.-1:30 p.m.	Implement Weigh In/Check	1:30 p.m.	Field Event Scratches
1:30 p.m.	Coaches Meeting - Finish Line	2:00 p.m.	Prelim Scratches Due
		5:00 p.m.	Finals Scratches Due

*\*Scratches can be done at the finish line. A Scratch Window will be open in A-Net until Friday 5/16 @ 5pm.*

*\*Scratch sheets are in your packet, and can be referenced using the following link [Scratch Sheet Link](#)*

## **FIELD EVENT SCHEDULE - *Scratches Due @ 1:30 p.m. - Anet Scratch Window Open***

★ 2:00 p.m.	Boys Pole Vault	(Run Event to Conclusion)
★ 2:00 p.m.	Girls & Boys Long Jump	(Finals Follow Immediately)
	<b><i>Double Pit Running Simultaneously - OPEN PIT for 90 minutes</i></b>	
★ 2:00 p.m.	Girls Shot Put	(Finals Follow Immediately)
★ 2:00 p.m.	Girls High Jump	(Run Event to Conclusion)
★ 2:00 p.m.	Boys Discus	(Finals Follow Immediately)

## **BEGINS 30 MINUTES AFTER PREVIOUS COMPETITION - Listen to the PA announcements**

★ PA Announcement	Girls Discus	(Finals Follow Immediately)
★ PA Announcement	Adaptive Shot	(Immediately Following Girls Shot Put)
★ PA Announcement	Boys Shot	(Finals Follow Immediately)
★ PA Announcement	Girls Pole Vault	(Run Event to Conclusion)

## **BEGINS 30 MINUTES AFTER PREVIOUS COMPETITION - Listen to the PA announcements**

★ PA Announcement	Boys High Jump	(Run Event to Conclusion)
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## **PRELIMINARY RUNNING SCHEDULE - *Scratches Due @ 2:00 p.m. - Anet Scratch Window Open***

★ 2:30 p.m.	3200 Relay
★ 3:30 p.m.	Prelims (100 Meter Dash, 110/100 Meter Hurdles, 200 Meter Dash)
★ 4:30 p.m.	BREAK - Coaches Hospitality in RHS cafeteria - Use Wristband

## **FINALS RUNNING SCHEDULE - *Final Scratches Due @ 5:00 p.m. - Anet Scratch Window Open***

★ 5:20 p.m.	NATIONAL ANTHEM
★ 5:30 p.m.	110m/100m Hurdles
★ 5:40 p.m.	100m Dash ( <i>Adaptive 100m to Follow</i> )
★ 5:55 p.m.	800m Relay
★ 6:15 p.m.	1600m Run
★ 6:45 p.m.	400m Relay
★ 7:05 p.m.	400 Dash ( <i>Adaptive 400m to Follow</i> )
★ 7:45 p.m.	300m Hurdles
★ 8:15 p.m.	800m Run
★ 8:40 p.m.	200m Dash ( <i>Adaptive 200m to Follow</i> )
★ 8:50 p.m.	3200m Run
★ 9:20 p.m.	1600m Relay

**GIRLS Run First in 2025**

**Athletes Check-In @ 100m Bullpen**

**Trophy Presentation: 10 min after 1600 Relay**

[Facility Map Link](#)

**The following schedule will not run more than 10 minutes ahead of the "estimated" time schedule. If we do fall behind, we will move to a rolling schedule. This should help coaches/athletes know the earliest they will be running their events.**

**We will follow all event staggers, exchange zones, and officials commands as listed on the 2025**

**MHSAA officials pal [Click Link for more information - Official Pal](#)**



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## **SPECTATOR ADMISSION**

- ★ Spectator Cost is \$7.00 per entrant, and tickets can be purchased on [GO FAN - Click Link](#).
- ★ Spectators will be only admitted at the Main Entrance of the Romeo HS Track and Field Facility.

## **ENTRIES**

- ★ All entries need to be made on [Athletic.net](#) by 11:59 pm, Tuesday, May 13th, 2025.
- ★ Each team is allowed to enter **1 relay per team** and **3 entries per event** and must [scratch down to 2 contestants](#). A team may enter more than 3 athletes, provided all athletes have met the regional additional qualifying standards. Teams not scratching down to 2 will have the lowest time/mark scratched if not meeting the AQ once the scratch window closes.
  - (Overrides will not be accepted, only confirmed times)
- ★ All performances shall have been achieved prior to 11:59 pm on May 14th, 2024.
  - Times must be entered as FAT to the hundredth (.00) or the handheld adjusted to the FAT equivalent.
  - Handheld Times must be converted. The handheld times shall first be rounded up to the slower one tenth of a second (10.42 rounded to 10.5) then a conversion factor of .24 must be added ( $10.5 + .24 = 10.74$ ).
- ★ Athletes or relay teams that do not have times submitted, or with incorrect times submitted, will be placed in the slow heat without seeding consideration. We will not reseed!
- ★ Please do not wait until the last minute to work on your entries. Late Entries for CLERICAL ERRORS ONLY. Start the process early. **IF ENTRIES ARE LATE:**
  - \$50 must be paid before the contestant or team will be allowed to participate. There are to be no late entries after the Regional individual positions are set.
  - The only changes which are permitted after 11:59 pm, May 14th, 2024 will be scratches or clerical errors so double check entries for accuracy.

## **ATHLETE CHECK-IN AND SCRATCHES**

- ★ Scratches can be done with the meet timer at the finish line or **directly online in Athletic.net**. Please be prompt with scratches. Once scratched, the athlete cannot be added back in.
- ★ Athletes will check in with the clerk located at the 100, bullpen located in the northwest corner of the track (by the 100m start).
- ★ Call System: 1st, 2nd, 3rd (last) call will be used. Athletes should check in early and use a teammate or coach as a stand in if they are at a field event. Athletes will receive hip numbers for heat assignments at the event.
- ★ Athletes that do not check in will be listed as DNS and the event will count against their total.

## **AWARDS AND RESULTS**

- ★ Scoring is 10-8-6-5-4-3-2-1 for places 1st - 8th
- ★ Team awards packets may be picked up at the press box after the conclusion of the 4x400m relay.
- ★ Results will be posted to athletic.net, and Live Results will be updated throughout the meet.
- ★ MHSAA State Finals qualifier information will be posted on [www.mhssa.com](#)

## **LIVE TIMING**

- ★ Live Timing and scoring will be made available through athletic.net on the main page
  - [Athletic.Net - Link](#)      [Live Timing Link](#)

## **TEAM CAMPS**

- ★ NO TEAM CAMPS on the infield. NO TEAM CAMPS in the Field Event area.
- ★ Please set up your team camps in the designated areas located on the facility map. Teams also may station under the home bleachers if preferred. Click Link [Team Camp Map](#)



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## **WARM UP AREA**

- ★ Only athletes preparing for their event, and are checked in may use the northwest side of the track (closest to the entrance) for warming up. The Finish Line from the 30 yard line will be completely roped off. Athletes will not be allowed to enter this area unless leaving after finishing your race. Only coaches and checked in athletes should be on the infield.
- ★ Athletes must leave the competition and warm-up area once finished with their races. Coaches please help police this. Warm-up Cool-down areas for athletes not checked in include:
  - ★ Crushed Limestone Path Behind Romeo High School
  - ★ Soccer Fields @ Hevel Elementary
  - ★ Macomb Orchard Trail
  - ★ See [\(Warm-Up Facility Maps - Link\)](#)

## **BARNABO FIELD TRACK**

- ★ The track is an eight-lane Polyetherimide surface. Spikes that are no longer than 1/4" will be allowed. All exchange zones and waterfall markings have been updated and will be utilized per MHSAA guidelines.
- ★ Field Events are all in one area of the facility, located behind the visiting bleachers. We will be running 2 simultaneous pits of the Long Jump, separated by genders.

## **MARKING MATERIAL**

- ★ Chalk is the only acceptable marking method and will be provided.
- ★ LJ and PV-chalk marks are to be on the outside of the runway lines. Runways are marked and a tape will be laid.
- ★ HJ-chalk marks are limited to 2 per athlete and no marks should be made near the takeoff area. Marks should be no more than 6' and identifying marks should be reasonable.
- ★ Relays-chalk marks should be reasonable in size and considerate of others who will be making marks after your heat. Absolutely **NO TAPE**...thank you in advance

## **CONCESSIONS/BATHROOMS**

- ★ Concessions will be available throughout the meet and are located at the main entrance of the stadium. Bathrooms are also available in this area.

## **MHSAA RULES & MEET MANAGEMENT RULES TO BE AWARE OF**

- ★ Air pods/headphones usage are not permitted in the competition area per MHSAA rules. Coaches, remind your athletes of this as officials will be policing this.
- ★ Removing shirts while in the competition area or changing in the competition area is prohibited. This is a point of emphasis, officials will be monitoring this. Remind your athletes.
- ★ Athletes not in competition (checked-in), are not permitted to be on the infield during competition.
- ★ Coaches permitted on the infield (wristband only), we have been instructed to not run back and forth point to point on the track. We don't plan to use coaches boxes on the infield, so please help us with this.

## **COACHES PASS/USE OF THE INFELD**

- ★ We want coaches to be able to have an opportunity to coach their athletes. There will be Coach's passes included in your packet, and we will be limiting this to 5 wristbands per school, which will grant coaches access to the infield, field event areas, and hospitality.
- ★ During the break, we will provide hospitality (food and beverages) to all coaches with a wristband in the RHS cafeteria.
- ★ Coaches, be mindful of the coned off areas so the timers and officials can do their jobs.
- ★ Coaches, remind athletes **NOT** in competition, that they need to leave the field, and spectate outside of the track/field areas. Athletes will only be considered in competition if they are checked in for their event, and are warming up. We need to keep the field mostly cleared throughout the day. Athletes can use the track for warm-ups during the break between prelims and finals.





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## SCHOOL DISMISSAL, BUS DROP-OFF, AND PARKING

[PARKING MAP - SPECTATORS AND COACHES](#) ← CLICK LINK

[BUS PARKING MAP](#) ← CLICK LINK

- ★ **Romeo H.S. dismisses @ 2:15 p.m.**, and will be still in session when Field Events begin. **NO ATHLETES, SPECTATORS or COACHES** should be going into the school throughout the school day. Thank you in advance.
- ★ Parking will be available while school is in session, but will be spread out prior to 2:00 p.m., so please plan accordingly. Click the Parking map link above for details.
  - Parking is available entirely around the school in the RHS lots, and behind the 9th grade academy. The 9th grade lot is virtually empty throughout the day.
  - Overflow grass parking and shoulder parking along Jewell Rd can be utilized if needed.
  - There's construction on our baseball fields during this time, so you will need to walk around the 9th grade center if using this lot.
- ★ **ALL ATHLETES, COACHES, AND SPECTATORS...Parking between 2:00 p.m. - 2:45 p.m. will be difficult during school dismissal.** Please plan accordingly...be patient during this time as it will take longer.
  - We **STRONGLY** urge everyone to arrive before or after this time frame, if possible.
  - Inform athletes, coaches, and spectators about this time frame. If by chance you do arrive during this time due to events out of your control, the best lot to use will be behind the 9th grade center as dismissal buses and parents will be primarily in the main lot. Thank you in advance for your cooperation.
- ★ **Coaches inform your bus drivers**
  - Buses dropping off prior to 2:00 p.m. can use our main bus loop, and then station at the closed Rite Aid on 29 mile & Van Dyke. [See Bus Parking Map](#)
  - The bus loop will be **CLOSED** to track and field buses starting at 2:15 p.m. due to RHS dismissal, and will re-open at 2:40 p.m.. All buses arriving prior to 2:00 p.m. will need to be stationed at the Rite Aid on 29 mile road until 2:45 p.m. after dropping athletes.
  - All lots will be open for School buses after 2:40 p.m.





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## **ADAPTIVE EVENTS**

MHSAA Regional and Final Track & Field tournament will include a wheelchair Track & Field category for wheelchair participants in four events. These events will include the 100m , 200m , 400m and shot put. Participants in this category must be eligible team members, meeting all MHSAA eligibility requirements and be listed on the school's Master Eligibility list. Participants in this category at a Regional meet must have participated in these events during **TWO** regular season meets. Please enter athletes under adaptive.

## **ATHLETIC TRAINER/MEDICAL ATTENTION**

- ★ There will be a certified athletic trainer on site through the day (Kayla Bidus). Most of the meet she will be stationed at the start finish line. Don't hesitate to let us know if an athlete needs attention. Additionally, we will have water stationed throughout the west end of the track for athletes throughout the meet.

## **INCLEMENT WEATHER**

- ★ When lightning is observed or thunder is heard, the contest must be suspended. When lightning is observed or thunder is heard and the contest is suspended, contestants shall not return to competition until lightning has been absent from the local sky and thunder has not been heard for 30 minutes. We have a contingency plan in place in case of severe weather.

## **JURY OF APPEALS**

The Jury of Appeals shall consist of two meet officials (other than the Referee or Starter), the Meet Manager or their designee, one coach representing boys teams and one coach representing girls teams. The Jury of Appeals shall serve as the final authority. Any member of the Jury of Appeals who is a party to an appeal is not eligible to serve on the Jury for that appeal. The alternate selection shall replace them on the jury for that appeal. Judgment decisions may not be appealed. The following appeal form should be used - [Appeal Form - Link](#) There's also a hard copy in your packet.

- ★ James Cleverly - Head Referee & Meet Monitor
- ★ Tony Pankowski- Starter
- ★ Megan Berry - Utica High School (Boys Team Representative)
- ★ Paul Nevado - Port Huron Northern (Girls Team Representative)
- ★ Michael Buslepp - Romeo High School and Meet Manager
- ★ Terry Wilson - Chippewa Valley (Alternate Boys Team Representative)
- ★ Mike Timpa - Dakota (Alternate Girls Team Representative)

## **OFFICIALS & MEET MANAGEMENT**

- ★ Head Referee & Meet Monitor - James Cleverly
- ★ Field Referee -Myles Cleverley
- ★ Girl's Starter - Beth Reinhold
- ★ Boy's Starter - Tom Eschman
- ★ Recall Starter - Mark Broucheau
- ★ Clerk - Glenn Craze
- ★ Clerk - Tony Pankowski
- ★

**Meet Manager - Cody Smith (Athletic Director) - [cody.smith@romeok12.org](mailto:cody.smith@romeok12.org) - 586-281-1145**

**Meet Manager (Track) - Michael Buslepp - [michael.buslepp@romeok12.org](mailto:michael.buslepp@romeok12.org) - 586-770-2591**

**Meet Manager (Field) - Michael Lee - [c21michaellee@hotmail.com](mailto:c21michaellee@hotmail.com) - 586-531-8895**

**Head Timer - Bob Busquaert - [fastbobhrm@gmail.com](mailto:fastbobhrm@gmail.com) - 586-822-3608**



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## **Field Event Manager: Mike Lee**

- ★ Shot and Disc Weigh In: John Murray
- ★ **Long Jump: Brant Arendts**
  - Women's Board Calls: Lewis Page
  - Women's Pit Crew: Rose Paleotti, Andrew Pries, Brianna Wiegand, Jack Kelke
  - Women's Long Jump Anet Data Input: Isabella MacDonald
  - Men's Board Calls: Joe Gerow
  - Men's Pit Crew: Jack Wallace, Owen Sharnas, Brenden Weigand, Sydney Brickel, Rachel Kitchen
  - Men's Long Jump Anet Data Input: Andrew Lixey
- ★ **High Jump: Erin Schweihofter and Larry Russell**
  - High Jump Volunteers: Greg Brynaert, Craig Bryant, Mr. Gano
  - High Jump Anet Data Input: Erin Schweihofter
- ★ **Pole Vault - Keith Lemley**
  - Pole Vault Anet Data Input: Jim Jacks
  - Pole Vault Volunteers: Brooke Benedict, Ari Rosbolt, Kendall Lee, Jane Lekowski, Thales Schmidt
- ★ **Shot: Luke Heide, Louis Thom, Tom Anderson**
  - Shot Put Anet Data Input: Eva Dossin
  - Volunteer: Josh and Evan
- ★ **Disc: Laser Measured Event (Sub Contracted)**
  - Discus Anet Data Input: Pamela Lary, Joshua Felstow
  - This event will be laser measured

## **Track Events Manager: Mike Buslepp**

- ★ Finish Line Facility Management: Jim Charrette, Dave Sharnas, Erin Schweihofter, Melissa Arendts, Nathan Fraeyman
- ★ Lead Timer: Bob Busquaert (Eastside Racing)
- ★ Announcer: Jerry Fraeyman, Richard Cory
- ★ Booth Clock Management: Kim Lamb and Evan Lamb
- ★ Medal Sorter/Booth: Gina Charrette
- ★ Parking Coordinator/Bus Greeter: Melissa Arendts
  - Shift will only be 12:30 p.m. - 2:30 p.m.
- ★ Hurdle Crew: The Romeo Track Team (Nathan Fraeyman)
- ★ Head Athletic Trainer (At Finish): Kayla Bidus

## **Volunteer Coordinator: Cody Smith, Pamela Gedert, Kerry Wendt, and Kristen Wilkie**

- ★ Concessions/Tickets/T-Shirts: Cody Smith, Pam Gedert, Kerry Wendt (RACC and Serve)
- ★ Coaches Hospitality and Gate Security Volunteers: Maggie Guaresimo