



2025 MHSAA DIVISION 2 BOYS & GIRLS TRACK & FIELD REGIONAL #11

HOSTED BY CADILLAC HIGH SCHOOL

Friday, May 16, 2025

To: Athletic Directors, Coaches & Officials

Tournament Manager: Fred Bryant (Office) 231-876-5061
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COMPETING SCHOOLS

Alma	Bay City John Glenn	Big Rapids	Cadillac
Clare	Essexville-Garber	Freeland	Gaylord
Gladwin	Howard City-Tri County	Ludington	Ogemaw Heights
Petoskey	Saginaw Swann Valley	Shepherd	

TIME SCHEDULE

11:30 am – Gates open to visiting schools – **DO NOT ARRIVE EARLY!!**

12:30 pm – Coaches meeting (Garage behind the visitor's bleachers)

1:00 pm – Boys Pole Vault begins & Deadline for weighing

1:55 pm – Deadline for Scratch/Add sheets for all other field events

2:00 pm – All other field events begin

3:00 pm – 3200 M Relay Finals

3:30 pm – 100 M Dash Preliminaries

3:55 pm – 100 M & 110 M Hurdles Preliminaries

4:15 pm – 200 M Dash Preliminaries

4:30 pm – Mandatory 1 hour break

****In Shot Put, Long Jump & Discus, 3 attempts and top 9 get 3 more attempts. 1 hour between genders for these field events.**

****Girls Run first in all running events in 2025.**

FINALS

5:25 pm – **National Anthem**

5:30 pm – 100 M & 110 M Hurdle Finals

5:45 pm – 100 M Dash Finals

5:55 pm – 800 M Relays

6:15 pm – 1600 M Runs

6:35 pm – 400 M Relays

6:55 pm – 400 M Runs

7:20 pm – 300 M Hurdles

7:40 pm – 800 M Runs

8:00 pm – 200 M Dashes

8:15 pm – 3200 M Runs

9:00 pm – 1600 M Relays

****We will run ahead of schedule if possible and we do plan on being able to. However, the finals will not start earlier than 5:30 pm.**

- Entries:** Entry due date for electronic entries, in all Divisions is 11:59 pm on Tuesday, May 13th, 2025. A maximum of **THREE INDIVIDUALS** may be listed by a school for each bona fide team in **EACH INDIVIDUAL EVENT** at Lower Peninsula Regional Meets. Only two, however, may compete unless all three or more have met the additional qualifier (AQ) standard. AQ standards can be found on the MHSAA website. All times, distances and heights shall have been achieved prior to 11:59 pm on May 13th, 2025.
- Coaches Meeting:** The coaches meeting will take place in the garage behind the visitor's bleachers at 12:30 pm. We are hoping that all information will be communicated in advance so the coaches meeting will just be for turning in scratch sheets and to pass along any last minute details.
- Scratches:** Field event and prelim scratches will be due at the timing tent near the start/finish line before 12:30 pm. All remaining scratches will be due to the start/finish line at 5:00 pm.
- Parking:** Buses need to drop athletes at the East ticket booth in the bus loop by entering the facility off of Chestnut Street. Once the athletes have exited the buses, the buses need to park on the North side of the facility over by the tennis courts. Spectators will be able to park anywhere around the facility. We will be in school until 2:40 pm, most vehicles will be gone by 3:00 pm and there will be plenty of available parking after school dismisses for the day. Please see the attached map.
- Tents:** Please refer to the attached map on where you can set up your team tents. Tents set up along the fence line along the interior perimeter of the facility as long as it is not interfering with the sidewalks and field event areas. Please see the attached map for tent locations.
- Check-In:** Check in will be at the South end of the football field in the soccer shelter. Final check in for all races will be done at the starting line of each individual race by the Clerk. Athletes should check in no later than 3rd Call. If there are scratches beyond the scratch period, please communicate these to the Clerk so adjustments can be made.
- Emergency Information:** In case of severe weather, we will follow MHSAA Protocol and postpone the meet. All athletes and coaches should go to their buses. If necessary, the high school will be available.

Advancing from the Preliminary Round to 1 Heat (8 person) Final

Heat winners for each heat and then the fastest times to fill all remaining available lanes.

If 2 Heats – 2 heat winners, 6 fastest times to fill lanes

If 3 Heats – 3 heat winners, 5 fastest times to fill lanes

If 4 Heats – 4 heat winners, 4 fastest times to fill lanes

If 5 Heats – 5 heat winners, 3 fastest times to fill lanes

Awards &

Results: Each head coach will receive an awards envelope as soon as possible after the meet. The awards will be available in the main press box of the stadium. Points and medals will run through eighth place.

Scoring: Scoring in all events is done to 8 places: 10-8-6-5-4-3-2-1.
The top 2 teams and individuals qualify for the MHSAA Division 2 State Meet as well as any who qualify using the additional qualifying (AQ) standards.

Admission/

Tickets: ALL Tickets will be digital, sold via GoFan and cost \$7.00. Links to purchase tickets will be available on site. Card readers will also be available at the ticket booths.

Athletic

Trainer: Cadillac will have their Athletic Trainer on site for the regional meet and he will be located in the same soccer shelter as the check-in table.

Adaptive

Athletes: The MHSAA has established a **Track & Field category for adaptive and wheelchair participants** in four events. These events will include the 100m, 200m, 400m, and shot put. **To compete in a wheelchair event at a Regional meet, a student must have participated in that same event at two regular-season meets. Example: To compete in the wheelchair 100m at Regionals, the student must have raced in the 100m at two regular season meets.** Adaptive and Wheelchair heats of the 100m, 200m and 400 m will be conducted in the regular meet order of events between the boys and girls running heats of the same event. Wheelchair athletes will compete against other adaptive athletes in their heats and events for medals. Managers will receive medals for these athletes directly from the MHSAA prior to the competition.

Appeals:

The jury of Appeals shall consist of at least one meet official not involved in the appeal, the Meet Manager or their designee, one coach representing boys teams and one coach representing girls teams. The Jury of Appeals shall serve as the final authority. Any member of the Jury of Appeals who is a party to an appeal is not eligible to serve on the Jury for that appeal. The alternate selection shall replace them on the jury for that appeal. Judgment decisions may not be appealed. The attached appeal form should be used. The meet manager should select jury members.

Event

Apparel: EA Graphics will have a table selling official MHSAA apparel at the regional meet.

Shot/Discus: Lowest seed to highest seed – Throw 1-1-1 & top nine advance to the finals and throw in reverse order 1-1-1. ***Weigh-in for shot and discus will be located under the South end of the stadium.**

Pole Vault: The bar will be set at 7'3" for the girls and 10'9" for the boys.

High Jump: The bar will be set at 4'6" for the girls and 5'7" for the boys.

Long jump: Boys' open pit for one hour, top 9 to the finals then girls' open pit for one hour with top 9 advancing to the finals.

Meet

Officials:

Starters:	Kathy Hutfilz & Jill Sandro
Running	
Events:	Rudy Godefroidt
Field	
Events:	Dale Brecht
Clerk:	C.J. Sandro